

FAITH RADIO NETWORK, INC.

QUARTERLY ISSUES AND PROGRAMS LISTING

FIRST QUARTER 2023

January 1, 2023 through March 31, 2023

The following issues were determined to be significant during the period from
January 1, 2023 through March 31, 2023.

QUARTERLY ISSUES AND PROGRAMS LISTING

ISSUES / PROGRAMS

1. Alcoholism and Drug
2. Family
3. Health
4. Morals
5. Crime
6. Public Service Announcements/Interviews
7. Miscellaneous

WFRF AM, W294CS FM, WLTG AM, W260DR FM

Addressed the issues above with the programming contained in the following ISSUES/PROGRAMS details.

ISSUES / PROGRAMS LIST

ISSUE #1

ALCOHOL & DRUGS

TOPIC/PROGRAM	DATE & TIME	GUEST(S)	PROGRAM SUMMARY	LENGTH
Alcohol & Drugs "UNSHACKLED!"	Saturdays & Sundays 4:30 pm	Various	Various personal testimonies of people whose lives were changed from depravity, drugs, alcohol, crime and abhorrent social behavior by the saving grace and power of Jesus Christ.	30:00
Alcohol & Drugs "UNSHACKLED!"	Monday thru Friday 6:30 p.m.	Various	Various personal testimonies of people whose lives were changed from depravity, drugs, alcohol, crime and abhorrent social behavior by the saving grace and power of Jesus Christ.	30:00

ISSUES / PROGRAMS LIST

ISSUE #2

Family

TOPIC/PROGRAM	DATE & TIME	GUEST(S)	PROGRAM SUMMARY	LENGTH
Family "Focus on the Family"	1/2/2023 1:00 p.m.	Shaunti Feldhahn	Uncovering the Secrets to a Happy Marriage (Part 1 of 2) Best-selling author Shaunti Feldhahn offers insights from research she's conducted on what makes for a happier, more fulfilling marriage. She also outlines practical ways to develop a more Christ-like relationship with your spouse.	28:30
Family "Family Life Today"	1/2/2023 6:03 p.m.	Brian Goins, Ron Deal, Shelby Abbott	BEST OF OUR PODCAST NETWORK PART 1 Ready for FamilyLife Podcast Network's best of the best? Catch slices of our best episodes in this mashup hosted by Brian Goins, Ron Deal, and Shelby Abbott.	27:00
Family "Focus on the Family"	1/3/2023 1:00 p.m.	Shaunti Feldhahn	Uncovering the Secrets to a Happy Marriage (Part 2 of 2) Best-selling author Shaunti Feldhahn offers insights from research she's conducted on what makes for a happier, more fulfilling marriage. She also outlines practical ways to develop a more Christ-like relationship with your spouse.	28:30
Family "Family Life Today"	1/3/2023 6:03 p.m.	Brian Goins, Ron Deal, Shelby Abbott	BEST OF OUR PODCAST NETWORK PART 2 Curious about other top players on the FamilyLife podcast network? Grab top-notch samples on how you are talking to your kids ... and reading your wife's mind.	27:00
Family "Focus on the Family"	1/4/2023 1:00 p.m.	Katharine Hill	The Joys and Challenges of Parenthood (Part 1 of 2) Katharine Hill offers practical advice and encouragement to parents of young children. She recommends stop trying to be a "superhero" parent and don't compare your family to others.	28:30
Family "Family Life Today"	1/4/2023 6:03 p.m.	Brian Goins, Ron Deal, Shelby Abbott	BEST OF OUR PODCAST NETWORK PART 3 Ready to dip into more from the FamilyLife podcast network? Don't miss all-star samples touching on topics from same-sex attraction to nagging in marriage.	27:00
Family "Focus on the Family"	1/5/2023 1:00 p.m.	Katharine Hill	The Joys and Challenges of Parenthood (Part 2 of 2) Katharine Hill offers practical advice and encouragement to parents of young children. She recommends stop trying to be a "superhero" parent and don't compare your family to others.	28:30
Family "Family Life Today"	1/5/2023 6:03 p.m.	Lisa Whittle	WHEN LIFE IS COMPLICATED: LISA WHITTLE When life is complicated, it's hard to see which way is up. Author Lisa Whittle explains how arranging your central priority shakes out all the rest.	27:00

Family "Focus on the Family"	1/6/2023 1:00 p.m.	Pastor Kyle Idleman	Discovering the Power of One Pastor Kyle Idleman's life was changed when he realized that when Jesus reached the multitudes, he actually focused on one person at a time. In this broadcast, Pastor Kyle Idleman discusses developing a mentality of compassion for others, using your words and actions to reach those in need, and loving those who many would deem "unlovable".	28:30
Family "Family Life Today"	1/6/2023 6:03 p.m.	Lisa Whittle	THE HARD GOOD: LISA WHITTLE How do you find the good after the hard? Author Lisa Whittle chats about the search for the "hard good," the freedom to be vulnerable, and your own comeback.	27:00
Family "Focus on the Family"	1/09/2023 1:00 p.m.	Dr. Miles Mettler	Simple Tips for Growing Closer to Your Kids Dr. Miles Mettler recommends parents "ask for permission" to talk to their kids – rather than barging in and interrupting what they're doing. That models respect and how parents want their kids to approach them. Overall, Miles' objective is to help parents build trust their children.	28:30
Family "Family Life Today"	1/09/2023 6:03 p.m.	Kirsten And Benjamin Watson	WHO AM I AGAIN? BENJAMIN & KIRSTEN WATSON Kirsten Watson and NFL Super Bowl champ Benjamin Watson know well the scrabble for identity apart from connections, accomplishments, and best-laid plans.	27:00
Family "Focus on the Family"	1/10/2023 1:00 p.m.	Jolene Philo	Applying Love Languages to Families With Special Needs Raising a child with special needs has many challenges. Jolene Philo will help you discover how to use Love Languages to express love to your child with special needs, as well as their siblings and your spouse! It's a terrific conversation you won't want to miss.	28:30
Family "Family Life Today"	1/10/2023 6:03 p.m.	Kirsten And Benjamin Watson	OUR STORY, THE NEXT CHAPTER: KIRSTEN & BENJAMIN WATSON Gods story for Kirsten Watson and NFL Super Bowl champ Benjamin Watson has spiraled them through 15 NFL seasons, seven kids, and plenty of plot twists.	27:00
Family "Focus on the Family"	1/11/2023 1:00 p.m.	Michelle Singletary	Being Wise With Your Money During a Crisis (Part 1 of 2) Michelle Singletary discusses wise money management during the economic downturn. She'll help you with the basics of getting out of debt, budgeting, and saving when money is tight.	28:30
Family "Family Life Today"	1/11/2023 6:03 p.m.	Kirsten And Benjamin Watson	SIS, TAKE A BREATH: KIRSTEN & BENJAMIN WATSON Mom of 7, wife of an NFL athlete, and podcaster Kirsten Watson is asked, "How do you do it?" She believes to take a breath of Gods Word is to exhale peace.	27:00
Family "Focus on the Family"	1/12/2023 1:00 p.m.	Michelle Singletary	Being Wise With Your Money During a Crisis (Part 2 of 2) Michelle Singletary discusses wise money management during the economic downturn. She'll help you with the basics of getting out of debt, budgeting, and saving when money is tight.	28:30

Family "Family Life Today"	1/12/2023 6:03 p.m.	Dan Orlovsky, Jon Kitna, Josh McCown	IS PRAYER OKAY IN THE NFL?: DAN ORLOVSKY Recently Damar Hamlin's accident on the field proved prayer matters in the NFL. ESPN announcer Dan Orlovsky's courage to pray on national TV came from the power he's experienced in prayer as well.	27:00
Family "Focus on the Family"	1/13/2023 1:00 p.m.	Brant Hansen	Letting Go of Offenses Radio host and author Brant Hansen discusses the importance of humility and forgiving others in a discussion based on his book <i>Unoffendable: How Just One Change Can Make All of Life Better</i> .	28:30
Family "Family Life Today"	1/13/2023 6:03 p.m.	Dan Orlovsky, Jon Kitna, Josh McCown	FAITH IN THE WORKPLACE? ESPN ANNOUNCER DAN ORLOVSKY SAYS YES After publicly praying on ESPN for Damar Hamlin's accident, Dan Orlovsky shares how prayer in an NFL locker room changed his life too. And why he models faith at work.	27:00
Family "Focus on the Family"	1/16/2023 1:00 p.m.	Dr. David D. Ireland	Reaching Across Cultural Divides (Part 1 of 2) Dr. David Ireland explains how Christians can help foster racial and ethnic diversity, and experience cross-cultural relationships in healthy, godly ways.	28:30
Family "Family Life Today"	1/16/2023 6:03 p.m.	Dave and Ann Wilson	WILL THE REAL MAN PLEASE STAND UP? DAVE & ANN WILSON What's the difference between a boy and a man? Host Dave Wilson draws a line between choices & actions that keep guys immature and what makes a real man.	27:00
Family "Focus on the Family"	1/17/2023 1:00 p.m.	Dr. David D. Ireland	Reaching Across Cultural Divides (Part 2 of 2) Dr. David Ireland explains how Christians can help foster racial and ethnic diversity, and experience cross-cultural relationships in healthy, godly ways	28:30
Family "Family Life Today"	1/17/2023 6:03 p.m.	Dave and Ann Wilson	REAL MEN START HERE: DAVE & ANN WILSON Ever wonder if you've got what it takes to be a man? Host Dave Wilson wrestled with his own weakness -- and searched out the makings of real men.	27:00
Family "Focus on the Family"	1/18/2023 1:00 p.m.	Dave and Ashley Willis	Being Completely Transparent With Your Spouse Marriage coaches Dave and Ashley Willis encourage couples to be completely open and honest with their spouse about 'private' struggles they may face, like depression or a secret addiction. They assert that transparency leads to a better marital relationship, and a better chance at healing!	28:30
Family "Family Life Today"	1/18/2023 6:03 p.m.	Dave and Ann Wilson	REAL WOMAN, REAL STRONG: ANN WILSON Leaning into womanhood can feel like a jigsaw puzzle without the box top. Ann Wilson discloses take on the pieces of a real woman and what gets in the way.	27:00

Family "Focus on the Family"	1/19/2023 1:00 p.m.	Natalie Frisk	Sharing Your Faith With Your Kids Natalie Frisk shares her insights as a parent and a curriculum developer to help equip parents to share their faith and disciple their children more intentionally at every age. Rather than focusing on morality, Natalie emphasizes the importance of helping your child find their identity in a relationship with Christ.	28:30
Family "Family Life Today"	1/19/2023 6:03 p.m.	Dave and Ann Wilson	REAL WOMEN LOOK LIKE THIS: ANN WILSON Feeling out the essence of femininity can be mystifying, even intimidating. Ann Wilson shares her insights and acronym for real women-- and real womanhood.	27:00
Family "Focus on the Family"	1/20/2023 1:00 p.m.	Todd and Kelly Hudnall	Don't Give Up: Stay Engaged in the Pro-Life Battle The executive director for Advocacy for Children at Focus on the Family, Robyn Chambers, and pastors Todd and Kelly Hudnall discuss the impact you can have on transforming hearts and minds toward a life perspective. From sharing God's love and grace to supporting Option Ultrasound, you can stand for life and make a difference.	28:30
Family "Family Life Today"	1/20/2023 6:03 p.m.	David and Meg Robbins	CLOSER: A MORE CONNECTED MARRIAGE: DAVID AND MEG ROBBINS You want a connected marriage. You have two very different people who want what they want. David and Meg Robbins chat about what helps them live unified.	27:00
Family "Focus on the Family"	1/23/2023 1:00 p.m.	Katharine Hill	If You Want a Great Marriage, Do This (Part 1 of 2) Katharine Hill, Director of Care for the Family in England, offers couples helpful reminders for cultivating a thriving marriage in a discussion based on her book <i>If You Forget Everything Else, Remember This: Building a Great Marriage</i> .	28:30
Family "Family Life Today"	1/23/2023 6:03 p.m.	Dave Carder	THE ANATOMY OF AN AFFAIR: DAVE CARDER Counselor Dave Carder, author of <i>The Anatomy of An Affair</i> , explains how attractions and addictions develop -- and how to guard your marriage against them.	27:00
Family "Focus on the Family"	1/24/2023 1:00 p.m.	Katharine Hill	If You Want a Great Marriage, Do This (Part 2 of 2) Katharine Hill, Director of Care for the Family in England, offers couples helpful reminders for cultivating a thriving marriage in a discussion based on her book <i>If You Forget Everything Else, Remember This: Building a Great Marriage</i> .	28:30
Family "Family Life Today"	1/24/2023 6:03 p.m.	Dave Carder	"MY SPOUSE IS HAVING AN AFFAIR": DAVE CARDER "My spouse is having an affair. What do I do now?" Affairs expert Dave Carder walks through searing betrayal, what you need to know, and what to do next.	27:00

Family "Focus on the Family"	1/25/2023 1:00 p.m.	Ginger Hubbard	Taming Your Child's Tongue In a discussion based on her book <i>I Can't Believe You Just Said That!</i> , Ginger Hubbard offers parents a Biblically-based three-step plan for dealing effectively with their children's back talk, whining and lying. She also stresses the importance of dealing with matters of the heart, rather than simply addressing outward behavior.	28:30
Family "Family Life Today"	1/25/2023 6:03 p.m.	John and Debra Fileta	PROTECTING YOUR MARRIAGE How do we protect our marriages in a world that tries to pull us apart? John and Debra Fileta break down three main areas of needed protection and share invaluable advice from their own marriage.	27:00
Family "Focus on the Family"	1/26/2023 1:00 p.m.	Chad Robichaux	The Heart Of a Warrior War veteran Chad Robichaux uses a story of nearly being captured by the Taliban in Afghanistan to make an important point: when we are at a critical juncture in our life, we need to recognize that fact and then make a move. He calls it being "on the X." Chad goes on to share how he almost committed suicide while suffering PTSD, and encourages his audience to fight against suicidal thoughts. He concludes by describing how a mission to save his Afghan interpreter turned into a huge evacuation of anyone targeted by the Taliban after American forces left Afghanistan.	28:30
Family "Family Life Today"	1/26/2023 6:03 p.m.	Rosie Makinney	FIGHT FOR LOVE AFTER PORN: ROSIE MAKINNEY From her own blistering story, author and podcaster Rosie Makinney offers biblically-based, proactive action to take back your marriage from porn.	27:00
Family "Focus on the Family"	1/27/2023 1:00 p.m.		Investing in Your Child for the Teen Years A panel of parents join with Jim Daly and John Fuller to discuss preparing their children for the teen years and adulthood, providing a biblical perspective on sexuality, peer relationships and technology.	28:30
Family "Family Life Today"	1/27/2023 6:03 p.m.	Rosie Makinney	YOUR STORY AFTER PORN: ROSIE MAKINNEY Author and podcaster Rosie Makinney knows the aftermath of a porn-wrecked marriage. She offers hope and steps forward for a radically different tomorrow.	27:00
Family "Focus on the Family"	1/30/2023 1:00 p.m.	Pastor Doug Fields	Making Parenting Fun (Part 1 of 2) Pastor Doug Fields shares humorous stories about his own parenting journey and offers nuts-and-bolts ideas on how to raise children who display confidence, good moral character and convictions, compassion, and competence.	28:30
Family "Family Life Today"	1/30/2023 6:03 p.m.	Wayne Grudem	"WHAT DOES THE BIBLE SAY ABOUT DIVORCE?" WAYNE GRUDEM What does the Bible say about divorce? Does God truly say it's out of the question? Theologian Wayne Grudem articulates what changed his mind.	27:00

Family "Focus on the Family"	1/31/2023 1:00 p.m.	Pastor Doug Fields	Making Parenting Fun (Part 2 of 2) Pastor Doug Fields shares humorous stories about his own parenting journey and offers nuts-and-bolts ideas on how to raise children who display confidence, good moral character and convictions, compassion, and competence.	28:30
Family "Family Life Today"	1/31/2023 6:03 p.m.	Wayne Grudem	"SHOULD I GET A DIVORCE?" WAYNE GRUDEM "Should I get a divorce?" You're in an unspeakably painful place. Theologian Wayne Grudem weighs in on dying marriages, separation, and calling it quits.	27:00
Family "Focus on the Family"	2/1/2023 1:00 p.m.	Rick Bulman	Overcoming the Betrayal of an Affair The Bulman's' marriage almost shattered when Rick discovered his wife Tiffany was having an affair. The day after the revelation, Rick remembered a conversation from their premarital counseling where the minister said if adultery necessitates divorce, then God is not big enough to fix a broken relationship. In this interview, Rick and Tiffany will share how their marriage was restored and offer hope to other couples.	28:30
Family "Family Life Today"	2/1/2023 6:03 p.m.	Roland Warren	SONS OF PROMISE: PARENTING ADVICE FOR SINGLE MOMS: ROLAND C. WARREN Author Roland Warren invites single moms on a journey to heal their hearts and offers parenting advice to raise healthy men, good husbands, and strong dads.	27:00
Family "Focus on the Family"	2/2/2023 1:00 p.m.	J. Warner Wallace	Investigating the Eyewitness Accounts of Jesus Christ (Part 1 of 2) Through his own faith journey and the context of his police-work analogies, J. Warner Wallace will provide a compelling evangelistic message that will challenge nonbelievers and inspire Christians to be bolder in their faith.	28:30
Family "Family Life Today"	2/2/2023 6:03 p.m.	Roland C. Warren	HOW TO FORGIVE YOUR DAD: ROLAND C. WARREN Wondering how to forgive your dad? Author Roland Warren knows the gravity of your pain and anger. He'll walk you down the road of forgiveness and freedom.	27:00
Family "Focus on the Family"	2/3/2023 1:00 p.m.	J. Warner Wallace	Investigating the Eyewitness Accounts of Jesus Christ (Part 2 of 2) Through his own faith journey and the context of his police-work analogies, J. Warner Wallace will provide a compelling evangelistic message that will challenge nonbelievers and inspire Christians to be bolder in their faith.	28:30
Family "Family Life Today"	2/3/2023 6:03 p.m.	Ron Deal	HOW VULNERABILITY AND GRIEF CAN CHANGE YOUR PARENTING: RON DEAL If you show your kids vulnerability or grief, will they feel insecure? Or just the opposite? Counselor Ron Deal weighs in on hard emotions in parenting.	27:00

Family "Focus on the Family"	2/6/2023 1:00 p.m.	Dr. Erwin Lutzer	Living a Life of Bold Faith (Part 1 of 2) Dr. Erwin Lutzer implores Christians to stand for their faith and refuse to hide. Dr. Lutzer helps Christians to defend biblical truth with confidence and compassion. The discussion also helps equip us for suffering that may come as we stand for our faith in a culture that desperately needs God.	28:30
Family "Family Life Today"	2/6/2023 6:03 p.m.	Ron Deal	BIOLOGICAL MOMS, STEPMOMS: CAN WE REALLY GET ALONG? Biological moms and stepmoms can be malicious, competitive, even wounding. But Ron Deal tells of two women who found healing in their toxic relationship.	27:00
Family "Focus on the Family"	2/7/2023 1:00 p.m.	Dr. Erwin Lutzer	Living a Life of Bold Faith (Part 2 of 2) Dr. Erwin Lutzer implores Christians to stand for their faith and refuse to hide. Dr. Lutzer helps Christians to defend biblical truth with confidence and compassion. The discussion also helps equip us for suffering that may come as we stand for our faith in a culture that desperately needs God.	28:30
Family "Family Life Today"	2/7/2023 6:03 p.m.	Michael Sytsma, Shaunti Feldhahn	BETTER MARRIED SEX: SHAUNTI FELDHAHN & DR. MICHAEL SYTSMA What's normal in bed? Researcher Shaunti Feldhahn and sex therapist Dr. Michael Sytsma offer tips for better, fulfilling, and connected married sex.	27:00
Family "Focus on the Family"	2/8/2023 1:00 p.m.	Kirsten Watson	Hope and Encouragement for Moms Kirsten Watson offers encouragement for moms in the trenches. As a mom of seven and wife of NFL veteran Benjamin Watson, Kirsten reminds you to embrace your identity in Christ and trust God through the everyday-ness of motherhood.	28:30
Family "Family Life Today"	2/8/2023 6:03 p.m.	Michael Sytsma, Shaunti Feldhahn	"MY SPOUSE DOESN'T WANT ME": DIFFERENCES IN SEXUAL DESIRE Feeling undesired, unattractive? On FamilyLife Today, Dave and Ann Wilson host researcher Shaunti Feldhahn & sex therapist Michael Sytsma, who get real about differences in sexual desire—and how to deal.	27:00
Family "Focus on the Family"	2/9/2023 1:00 p.m.	Debra Fileta	Inviting God Into Your Dating Relationship (Part 1 of 2) Debra Fileta discusses finding your identity before you make it your relationship, having emotional boundaries, and focusing on Christ as the true healing and fulfillment in your life. Her practical advice and fun stories are something you don't want to miss!	28:30
Family "Family Life Today"	2/9/2023 6:03 p.m.	Lisa Whittle	YOUR LIFE, LESS COMPLICATED: LISA WHITTLE Looking for a less complicated version of your life? Author Lisa Whittle offers one critical strategy to simplifying everything—and why it works.	27:00

Family "Focus on the Family"	2/10/2023 1:00 p.m.	Debra Fileta	Inviting God Into Your Dating Relationship (Part 2 of 2) Debra Fileta discusses finding your identity before you make it your relationship, having emotional boundaries, and focusing on Christ as the true healing and fulfillment in your life. Her practical advice and fun stories are something you don't want to miss!	28:30
Family "Family Life Today"	2/10/2023 6:03 p.m.	Lisa Whittle	JESUS OVER EVERYTHING: LISA WHITTLE Could actually putting Jesus over everything flip your relationships on their heads? Author Lisa Whittle discusses the difference of one critical choice.	27:00
Family "Focus on the Family"	2/13/2023 1:00 p.m.	Greg and Erin Smalley	How to Stay Crazy in Love With Your Spouse (Part 1 of 2) Greg and Erin Smalley discuss the importance of couples prioritizing time together, connecting on a deeper emotional level. They stress the importance of physical intimacy in marriage; urging men to care for their wives and encouraging women to "prepare" themselves for intimacy.	28:30
Family "Family Life Today"	2/13/2023 6:03 p.m.	Paul Miller	HOW TO TURN YOUR SPOUSE'S CRITICISM CONSTRUCTIVE: PAUL MILLER Could your spouse's constructive criticism shape you into a better person? Author Paul Miller chats about chucking defensiveness and recovering humility.	27:00
Family "Focus on the Family"	2/14/2023 1:00 p.m.	Greg and Erin Smalley	How to Stay Crazy in Love With Your Spouse (Part 2 of 2) Greg and Erin Smalley discuss the importance of couples prioritizing time together, connecting on a deeper emotional level. They stress the importance of physical intimacy in marriage; urging men to care for their wives and encouraging women to "prepare" themselves for intimacy.	28:30
Family "Family Life Today"	2/14/2023 6:03 p.m.	Paul Miller	LOVE WITHOUT AN EXIT STRATEGY: PAUL MILLER We've lost the definition of real love. But on FamilyLife Today, Dave and Ann Wilson host author Paul Miller, who's found that the Bible's brand of love --; with no exit strategy -- changes everything.	27:00
Family "Focus on the Family"	2/15/2023 1:00 p.m.	Deborah Pegues	Choosing the Right Attitude Author Deborah Pegues encourages listeners to embrace God's promises and focus on His divine perspective as a way of cultivating a more positive outlook on life.	28:30
Family "Family Life Today"	2/15/2023 6:03 p.m.	Paul Miller	A LOVING LIFE: MY STORY: PAUL MILLER "How does Jesus' love people?" It's the question author Paul Miller asked after he and his wife drifted. And it is how, he is found, to live a loving life.	27:00
Family "Focus on the Family"	2/16/2023 1:00 p.m.	Dr. Meg Meeker	Helping Your Daughter Become a Confident Woman (Part 1 of 2) Dr. Meg Meeker outlines the powerful influence that fathers have on their daughters, especially when it comes to counteracting the negative influences of our culture.	28:30

Family "Family Life Today"	2/16/2023 6:03 p.m.	Philip Yancey	WHERE THE LIGHT FELL: PHILIP YANCEY Bestselling author Philip Yancey, author of Where the Light Fell, recounts his unexpected path from strict fundamentalism to a life of compassion and grace.	27:00
Family "Focus on the Family"	2/17/2023 1:00 p.m.	Dr. Meg Meeker	Helping Your Daughter Become a Confident Woman (Part 2 of 2) Dr. Meg Meeker outlines the powerful influence that fathers have on their daughters, especially when it comes to counteracting the negative influences of our culture.	28:30
Family "Family Life Today"	2/17/2023 6:03 p.m.	Philip Yancey	MY PAST, MY PRESENT, MY STORY: PHILIP YANCEY Bestselling author Philip Yancey describes how religious pressure sent him toward healing his toxic faith, but his brother into a self-destructive spiral.	27:00
Family "Focus on the Family"	2/20/2023 1:00 p.m.	Roland Warren	Help For Single Moms Raising Boys (Part 1 of 2) Roland Warren, who was raised by a single mom, offers help and encouragement for single moms with boys. He describes the importance of acknowledging loss and seeking healing.	28:30
Family "Family Life Today"	2/20/2023 6:03 p.m.	Tim Kimmel	THE HIGH COST OF CONTROLLING BEHAVIOR: TIM KIMMEL Why is high control so dangerous? Author Tim Kimmel exposes various types and causes of controlling behavior, from passive manipulation to aggressive control.	27:00
Family "Focus on the Family"	2/21/2023 1:00 p.m.	Roland Warren	Help For Single Moms Raising Boys (Part 2 of 2) Roland Warren, who was raised by a single mom, offers help and encouragement for single moms with boys. He describes the importance of acknowledging loss and seeking healing.	28:30
Family "Family Life Today"	2/21/2023 6:03 p.m.	Tim Kimmel	HOW DO I IDENTIFY A CONTROLLING PERSONALITY? TIM KIMMEL How do you identify a controlling personality? (Could you be one?) Author Tim Kimmel offers ideas to break free from pain and develop secure relationships.	27:00
Family "Focus on the Family"	2/22/2023 1:00 p.m.	Ryan and Selena Frederick	Centering Your Marriage on Christ Ryan and Selena Frederick describe how, early in their marriage, his severe health problems compelled them to become more intentional about putting Christ at the center of their relationship. They explain what that means and offer couples help for doing the same.	28:30
Family "Family Life Today"	2/22/2023 6:03 p.m.	Tim Kimmel	"WHY AM I SO CONTROLLING?" TIM KIMMEL Ever wondered, "Why am I so controlling?" Author Tim Kimmel offers five essential reasons we control and truths to set ourselves (and others) free at last.	27:00

Family "Focus on the Family"	2/23/2023 1:00 p.m.	Pastor Greg Laurie	My Passion For the Harvest (Part 1 of 2) Pastor Greg Laurie describes his troubled past, growing up in the turbulent 1960's. As an illegitimate child, Greg questioned whether his life had any meaning or purpose. While his single mom was out partying, Greg sought solace through drugs and alcohol in his pre-teen years. A chance meeting with a winsome Christian girl led Greg into a relationship with Jesus Christ, where he found the love and security he so desperately needed. Greg reminds listeners that we're all in a search that can only be satisfied by a relationship with God, through Jesus Christ.	28:30
Family "Family Life Today"	2/23/2023 6:03 p.m.	Paul David Tripp	"HELP! I'M A CHRISTIAN PARENTING TEENS. (ENOUGH SAID.)" PAUL DAVID TRIPP On FamilyLife Today, Dave and Ann Wilson host Paul David Tripp--who insists those annoying moments with teens are doorways to mind-blowing opportunities as a Christian parenting teens. Find out how.	27:00
Family "Focus on the Family"	2/24/2023 1:00 p.m.	Pastor Greg Laurie	My Passion For the Harvest (Part 2 of 2) Pastor Greg Laurie describes his troubled past, growing up in the turbulent 1960's. As an illegitimate child, Greg questioned whether his life had any meaning or purpose. While his single mom was out partying, Greg sought solace through drugs and alcohol in his pre-teen years. A chance meeting with a winsome Christian girl led Greg into a relationship with Jesus Christ, where he found the love and security he so desperately needed. Greg reminds listeners that we're all in a search that can only be satisfied by a relationship with God, through Jesus Christ.	28:30
Family "Family Life Today"	2/24/2023 6:03 p.m.	Paul David Tripp	TURNING EPIC PARENTING FAILURE TO MIND-BLOWING OPPORTUNITY: PAUL DAVID TRIPP Dealing with epic parenting failure? Author Paul David Tripp hands you hope, truth, and practical ideas to transform failure into unforgettable opportunity.	27:00
Family "Focus on the Family"	2/25/2023 1:00 p.m.	Dr. Tim Muehlhoff	Seeing God's Grace in a Broken World (Part 1 of 2) Dr. Tim Muehlhoff returns to share how God provides us with miracles in our everyday lives. He proves that through science, communication, and even war, God's sovereign hand is on us at all times, and His grace abounds.	28:30
Family "Family Life Today"	2/25/2023 6:03 p.m.	Heather Holleman	REMAIN SEATED (WITH CHRIST): HEATHER HOLLEMAN In pride and despair, we constantly compare ourselves in our unending pursuit of perfection. Author Heather Holleman helps us remain seated... with Christ.	27:00
Family "Focus on the Family"	2/28/2023 1:00 p.m.	Dr. Tim Muehlhoff	Seeing God's Grace in a Broken World (Part 2 of 2) Dr. Tim Muehlhoff returns to Focus on the Family to share how God provides us with miracles in our everyday lives. He proves that through science, communication, and even war, God's sovereign hand is on us at all times, and His grace abounds.	28:30

Family "Family Life Today"	2/28/2023 6:03 p.m.	Heather Holleman	GUT-PUNCHING YOUR FEAR & SHAME: HEATHER HOLLEMAN Want to walk out on the fight for acceptance? Ditch fear? Leap free from shame-cycles? On FamilyLife Today, Dave and Ann Wilson host Heather Holleman, who's got the key: staying seated in Christ.	27:00
Family "Focus on the Family"	3/1/2023 1:00 p.m.	Dr. Kevin Leman	Game Plan for Raising Well-Behaved Children (Part 1 of 2) Psychologist and best-selling author Dr. Kevin Leman explains how you can avoid common parenting mistakes and implement "reality discipline," in which real-life consequences teach children rather than you lecturing, reminding or rescuing them.	28:30
Family "Family Life Today"	3/1/2023 6:03 p.m.	Nan Deal, Ron Deal	KICKING SHAME TO THE CURB: RON & NAN DEAL Shame: It can gut you like a fish. Counselor Ron Deal chats about shame, his own story, and why giving shame the boot is non-negotiable.	27:00
Family "Focus on the Family"	3/2/2023 1:00 p.m.	Dr. Kevin Leman	Game Plan for Raising Well-Behaved Children (Part 2 of 2) Psychologist and best-selling author Dr. Kevin Leman explains how you can avoid common parenting mistakes and implement "reality discipline," in which real-life consequences teach children rather than you lecturing, reminding or rescuing them.	28:30
Family "Family Life Today"	3/2/2023 6:03 p.m.	Nan Deal, Ron Deal	HIDING THE REAL ME: RON & NAN DEAL "I feel like I'm always holding back the real me." Counselor Ron Deal knows shame can keep us fake, isolated, and voiceless. He also knows the way out.	27:00
Family "Focus on the Family"	3/3/2023 1:00 p.m.	Robertson McQuilkin	Love in the Midst of Alzheimer's Muriel began repeating her stories without realizing it. Alzheimer's disease had begun its insidious attack and would ultimately take over her mind. Her husband left his prestigious career behind to care for her full-time. It was a decision that had been made in his heart, years earlier, when he vowed "in sickness or in health." Hear the lessons Robertson McQuilkin learned about true love as he provided full-time care for Muriel for over a decade.	28:30
Family "Family Life Today"	3/3/2023 6:03 p.m.	Nan Deal, Ron Deal	HOW SHAME IS KILLING YOUR MARRIAGE: RON AND NAN DEAL Could shame be killing your marriage? Counselor Ron Deal and his wife Nan know shame can keep you from being intimate and vulnerable. Time to fight back.	27:00
Family "Focus on the Family"	3/6/2023 1:00 p.m.	Drs. Greg Smalley and Bob Paul	Combating the Lies That Can Destroy Your Marriage (Part 1 of 2) Drs. Greg Smalley and Bob Paul describe how cultural myths and fairy-tale expectations about marriage have a detrimental effect on couples, and how knowing and applying biblical truth can help those couples develop a thriving marriage.	28:30
Family "Family Life Today"	3/6/2023 6:03 p.m.	Dane Ortlund	HOW CAN GOD FORGIVE ME? DANE ORTLUND "How can God forgive me?" If fear or guilt keep you from God, bestselling author Dane Ortlund offers a surprising, even overwhelming picture of Jesus.	27:00

Family "Focus on the Family"	3/7/2023 1:00 p.m.	Drs. Greg Smalley and Bob Paul	Combating the Lies That Can Destroy Your Marriage (Part 2 of 2) Drs. Greg Smalley and Bob Paul describe how cultural myths and fairy-tale expectations about marriage have a detrimental effect on couples, and how knowing and applying biblical truth can help those couples develop a thriving marriage.	28:30
Family "Family Life Today"	3/7/2023 6:03 p.m.	Dane Ortlund	SURPRISED BY JESUS: DANE ORTLUND Ready to be surprised by Jesus? Bestselling author Dane Ortlund reflects on subversive grace as it uniquely emerges in each of the four Gospels.	27:00
Family "Focus on the Family"	3/8/2023 1:00 p.m.	Rosaria Champagne Butterfield	Accepting My True Identity in Christ (Part 1 of 2) Rosaria Champagne Butterfield shares her dramatic testimony of coming to faith in Jesus Christ after living as a lesbian who was vehemently opposed to Christianity and the Bible.	28:30
Family "Family Life Today"	3/8/2023 6:03 p.m.	Dane Ortlund	A GRACE-FILLED HOME: 5 IDEAS, WITH DANE ORTLUND Want ideas for a grace-filled home? Bestselling author Dave Ortlund offers real-life ways to marinate your family in God's scandalous, subversive kindness.	27:00
Family "Focus on the Family"	3/9/2023 1:00 p.m.	Rosaria Champagne Butterfield	Accepting My True Identity in Christ (Part 2 of 2) Rosaria Champagne Butterfield shares her dramatic testimony of coming to faith in Jesus Christ after living as a lesbian who was vehemently opposed to Christianity and the Bible.	28:30
Family "Family Life Today"	3/9/2023 6:03 p.m.	Ron Deal	WOWING YOUR BLENDED FAMILY WITH WHAT THEY NEED MOST: RON DEAL Could grace, played out in the nitty-gritty, revolutionize your stepfamily? Counselor Ron Deal chats about how to pull undeniable grace into real life.	27:00
Family "Focus on the Family"	3/10/2023 1:00 p.m.	Kenn Kington	Seeing the Funny Side of Life As a full-time comedian, Kenn Kington works hard to see the funny side of life. Whether he's traveling by plane or by car, situations arise that can produce frustration or laughter, and Kenn tries to choose joy whenever possible.	28:30
Family "Family Life Today"	3/10/2023 6:03 p.m.	David and Meg Robbins	SHOWING UP WITH THE GRACE YOUR MARRIAGE CRAVES: DAVID AND MEG ROBBINS Your spouse has questions: "Am I enough? What happens when I seriously blow it?" David Robbins and wife Meg explore ushering grace into everyday marriage.	27:00
Family "Focus on the Family"	3/13/2023 1:00 p.m.	Courtney DeFeo	Fun Ways to Instill Virtues in Your Children (Part 1 of 2) Blogger and speaker Courtney DeFeo offers practical suggestions and fun ideas on how parents can make biblically-based values, love and laughter a part of everyday life in the home.	28:30
Family "Family Life Today"	3/13/2023 6:03 p.m.	John Marriott	WHAT TO KNOW ABOUT A FAITH CRISIS: JOHN MARRIOTT When someone's losing their faith, what do they—or those who love them—need to know? Dr. John Marriott digs into the real culprits in faith crisis.	27:00

Family "Focus on the Family"	3/14/2023 1:00 p.m.	Courtney DeFeo	Fun Ways to Instill Virtues in Your Children (Part 2 of 2) Blogger and speaker Courtney DeFeo offers practical suggestions and fun ideas on how parents can make biblically-based values, love and laughter a part of everyday life in the home.	28:30
Family "Family Life Today"	3/14/2023 6:03 p.m.	John Marriott	WALKING WITH SOMEONE THROUGH DECONSTRUCTION: JOHN MARRIOTT Walking with someone through faith deconstruction? Dr. John Marriott helps you understand what's going on, navigate wisely, and love deeply.	27:00
Family "Focus on the Family"	3/15/2023 1:00 p.m.	TobyMac	Trusting God That Hope is On the Way Grammy award-winning artist TobyMac shares about faith, family, and music, as he encourages you to trust Christ in all circumstances. Toby shares about the tragic loss of his oldest son and the dark valley his family has walked through while holding onto their hope in God.	28:30
Family "Family Life Today"	3/15/2023 6:03 p.m.	John Marriott	"HELP! SOMEONE I LOVE IS DECONSTRUCTING THEIR FAITH": JOHN MARRIOTT When someone you care about is deconstructing, your pain and fear is real. Dr. John Marriott extends genuine help for trying to prevent faith loss.	27:00
Family "Focus on the Family"	3/16/2023 1:00 p.m.	Shaunti Feldhahn and Dr. Michael Sytsma	Answering Questions About Sex in Marriage (Part 1 of 2) Shaunti Feldhahn and professional sex therapist Dr. Michael Sytsma join Jim and John to discuss common questions that married couples ask about physical intimacy. Whether you just tied the knot, or you've been married for decades, there are bound to be questions surrounding the topic of sex -- and that's okay!	28:30
Family "Family Life Today"	3/16/2023 6:03 p.m.	John Marriott	RECIPE FOR DISASTER: JOHN MARRIOTT ON DECONVERSION Why are so many walking away from the faith? Professor John Marriott identifies four ways churches and parents unwittingly contribute to deconversion.	27:00
Family "Focus on the Family"	3/17/2023 1:00 p.m.	Shaunti Feldhahn	Answering Questions About Sex in Marriage (Part 2 of 2) Shaunti Feldhahn and professional sex therapist Dr. Michael Sytsma join Jim and John to discuss common questions that married couples ask about physical intimacy. Whether you just tied the knot, or you've been married for decades, there are bound to be questions surrounding the topic of sex -- and that's okay!	28:30
Family "Family Life Today"	3/17/2023 6:03 p.m.	John Marriott	HOW TO INSTILL FAITH THAT ENDURES: JOHN MARRIOTT The statistics on deconversion can be downright scary for parents. Dr. John Marriott offers research-based tips for shaping a faith that endures.	27:00

Family "Focus on the Family"	3/20/2023 1:00 p.m.	Abby Johnson	Experiencing God's Mercy After Leaving the Abortion Industry (Part 1 of 2) Abby Johnson recounts what God has done in her life since she originally released her book <i>Unplanned</i> and shares stories of the ways she's helped women leave the abortion industry through her ministry, <i>And Then There Were None</i> . She shares stories about women she's counseled, how God restored her desire to have children after leaving Planned Parenthood, and how she had to lean on God's mercy while following the Kermit Gosnell trial.	28:30
Family "Family Life Today"	3/20/2023 6:03 p.m.	Justin & Lindsey Holcomb	"WHERE DO BABIES COME FROM?" JUSTIN AND LINDSEY HOLCOMB "Where do babies come from?" Don't break out in a sweat just yet. Justin and Lindsey Holcomb help parents start the conversation with basic, biblical tools.	27:00
Family "Focus on the Family"	3/21/2023 1:00 p.m.	Abby Johnson	Experiencing God's Mercy After Leaving the Abortion Industry (Part 2 of 2) since she originally released her book <i>Unplanned</i> and shares stories of the ways she's helped women leave the abortion industry through her ministry, <i>And Then There Were None</i> . She shares stories about women she's counseled, how God restored her desire to have children after leaving Planned Parenthood, and how she had to lean on God's mercy while following the Kermit Gosnell trial.	28:30
Family "Family Life Today"	3/21/2023 6:03 p.m.	Justin & Lindsey Holcomb	ON HAVING "THE TALK": JUSTIN AND LINDSEY HOLCOMB When it comes to having "the Talk," where do you start? Authors Justin and Lindsey Holcomb hand parents' pointers for establishing healthy sexual worldview.	27:00
Family "Focus on the Family"	3/22/2023 1:00 p.m.	Lisa Jacobson and Phylcia Masonheimer	Creating a Marriage Full of Love and Laughter Lisa Jacobson and Phylcia Masonheimer discuss the series of "flirtation experiments" they created to rekindle their connection with their husbands. Through simple acts of love and kindness, these women were able to start a chain reaction that resulted in happier, stronger marriages.	28:30
Family "Family Life Today"	3/22/2023 6:03 p.m.	Phil And Priscilla Fretwell	SECRETS IN MARRIAGE: PHIL AND PRISCILLA FRETWELL Secrets in marriage nearly capsized Phil and Priscilla Fretwell's marriage, as his sexual betrayal morphed to addiction. But it didn't get the last word.	27:00
Family "Focus on the Family"	3/23/2023 1:00 p.m.	Dr. Erwin Lutzer	How to Be a Prayer Warrior for Your Child Dr. Erwin Lutzer shows parents how to abandon their routine lists of requests and trade them for scriptural prayers, immersing them in God's promises and will.	28:30
Family "Family Life Today"	3/23/2023 6:03 p.m.	Phil And Priscilla Fretwell	OVERCOMING SEXUAL ADDICTION: OUR STORY: PHIL AND PRISCILLA FRETWELL Phil and Priscilla Fretwell articulate their complex, shared path to overcoming his sexual addiction—and the hope hovering on the other side.	27:00

Family "Focus on the Family"	3/24/2023 1:00 p.m.	Pastor John Burke	Making Waves of Good News Pastor John Burke encourages listeners to create opportunities to reach others for Christ by building relationships and providing a judgment-free "come as you are" learning space. Hear inspiring stories of how you can engage with others in everyday life, leading to lasting change.	28:30
Family "Family Life Today"	3/24/2023 6:03 p.m.	Phil And Priscilla Fretwell	OUR SAVAGE MARRIAGE: PHIL AND PRISCILLA FRETWELL Phil and Priscilla Fretwell, creators of Savage Marriage, continue their story of his sexual addiction, telling their kids—and the ways honesty transformed their family.	27:00
Family "Focus on the Family"	3/27/2023 1:00 p.m.	Gary Thomas	Cherish Your Spouse, Change Your Marriage (Part 1 of 2) Author Gary Thomas describes what it means to truly cherish your spouse, offering practical advice to help you build a more satisfying and fulfilling marriage.	28:30
Family "Family Life Today"	3/27/2023 6:03 p.m.	Scott Sauls	STARING REGRET IN THE FACE: SCOTT SAULS What do you do when regret, fear, and hurt feel like more than you can lift? Scott Sauls gets real about his -- and a God who shoulders our greatest shame.	27:00
Family "Focus on the Family"	3/28/2023 1:00 p.m.	Gary Thomas	Cherish Your Spouse, Change Your Marriage (Part 2 of 2) Author Gary Thomas describes what it means to truly cherish your spouse, offering practical advice to help you build a more satisfying and fulfilling marriage.	28:30
Family "Family Life Today"	3/28/2023 6:03 p.m.	Scott Sauls	"WE'RE ALL IN RECOVERY": SCOTT SAULS From his own darkness, Scott Sauls chose to share his shame and fear—and discovered we're all in recovery. Beautiful people, he says, don't just happen.	27:00
Family "Focus on the Family"	3/29/2023 1:00 p.m.	Elisa Morgan	Restoring the Broken Pieces of Our Lives (Part 1 of 2) Elisa Morgan shares stories of brokenness from her own family to assure other wives and mothers that God uses tragedy to create beauty here on earth.	28:30
Family "Family Life Today"	3/29/2023 6:03 p.m.	Scott Sauls	BEAUTIFUL PEOPLE DON'T JUST HAPPEN: SCOTT SAULS Beautiful people don't just happen, insists author and pastor Scott Sauls. So what's it look like to shape true beauty in the souls within our four walls?	27:00
Family "Focus on the Family"	3/30/2023 1:00 p.m.	Elisa Morgan	Restoring the Broken Pieces of Our Lives (Part 2 of 2) Elisa Morgan shares stories of brokenness from her own family to assure other wives and mothers that God uses tragedy to create beauty here on earth.	28:30
Family "Focus on the Family"	3/30/2023 6:03 p.m.	Jason & Tori Benham	BEAUTY IN BATTLE: JASON AND TORI BENHAM Wondering how to lean into struggles rather than avoiding? Authors Jason and Tori Benham tell how they recovered beauty and purpose in everyday battles.	27:00

<p>Family "Focus on the Family"</p>	<p>3/31/2023 1:00 p.m.</p>	<p>Josh and Christi Straub</p>	<p>Inviting Your Child Into the Easter Story Josh and Christi Straub want to help Christian parents introduce their young children to the story of Jesus Christ's life, death and resurrection in age-appropriate ways. Exposing kids to the gruesome fact of Christ's execution is challenging, yet the Straubs believe parents are too quick to fast-forward to the joy of Resurrection Sunday.</p>	<p>28:30</p>
<p>Family "Family Life Today"</p>	<p>3/31/2023 6:03 p.m.</p>	<p>Jason & Tori Benham</p>	<p>"WHERE'D THE PASSION IN MY MARRIAGE GO?" JASON AND TORI BENHAM Where'd all the passion in marriage go? Authors Jason and Tori Benham were losing the spark—until Jason realized how to recover that first-love intensity.</p>	<p>27:00</p>

ISSUES / PROGRAMS LIST

ISSUE #3

HEALTH

TOPIC/PROGRAM	DATE & TIME	GUEST(S)	PROGRAM SUMMARY	LENGTH
Family "Focus on the Family"	0/00/2023 1:00 p.m.			28:30
Family "Family Life Today"	0/00/2023 6:03 p.m.			27:00

ISSUES / PROGRAMS LIST

ISSUE #4**MORALS**

TOPIC/PROGRAM	DATE & TIME	GUEST(S)	PROGRAM SUMMARY	LENGTH
Morals "UNSHACKLED!"	Saturdays & Sundays 4:30 pm	Various	Various personal testimonies of people whose lives were changed from depravity, drugs, alcohol, crime and abhorrent social behavior by the saving grace and power of Jesus Christ.	30:00

ISSUES / PROGRAMS LIST

ISSUE #5**CRIME**

TOPIC/PROGRAM	DATE & TIME	GUEST(S)	PROGRAM SUMMARY	LENGTH
Crime "UNSHACKLED!"	Saturdays & Sundays 4:30 pm	Various	Various personal testimonies of people whose lives were changed from depravity, drugs, alcohol, crime and abhorrent social behavior by the saving grace and power of Jesus Christ.	30:00

ISSUES / PROGRAMS LIST

ISSUE #6**Public Service Announcements/Interviews**

TOPIC/PROGRAM	DATE & TIME	GUEST(S)	PROGRAM SUMMARY	LENGTH
PSA's – Enrique Yanez				0:00
PSA's –				

ISSUES/ PROGRAMS LIST

ISSUE #7

MISCELLANEOUS

TOPIC/PROGRAM	DATE & TIME	GUEST(S)	PROGRAM SUMMARY	LENGTH
Miscellaneous "On Target with the Word – Hispanic Program"	6:30 p.m. Weekly Saturday evenings	Enrique Yanez	This is a target time to minister to Hispanics. This is totally in Spanish, Christian music, Christian discussion and Biblical discussion and preaching.	120:00