

3rd Quarter 2006

Community Issues Program List

All durations 30 minutes

Date	Time	Prog. No.	Series	Content	Host & Guests
7/2/2006	13:30:00	#150	Abundant Living	Building Better Bones I Paula and Curtis discuss diet and exercise to prevent bone loss and increase bone mass.	Curtis Eakins , Paula Eakins
7/9/2006	13:30:00	#151	Abundant Living	Paula and Curtis discuss diet and exercise to prevent bone loss and increase bone mass.	Curtis Eakins , Paula Eakins
7/21/2006	7:30:00	#152	Abundant Living	Paula and Curtis discuss diet and exercise to prevent bone loss and increase bone mass	Curtis Eakins , Paula Eakins
8/6/2006	13:30:00	#128	Abundant Living	Something's Fishy Paula and Curtis discuss the results of eating fish, and the benefits of Omega 3 fatty acids.	Curtis Eakins , Paula Eakins
8/18/2006	7:30:00	#129	Abundant Living	Paula and Curtis discuss the benefits of eating raw vegetables and fruits, nut and grains.	Curtis Eakins , Paula Eakins
9/22/2006	7:30:00	#134	Abundant Living	Be Healed Pt. 1 Paula and Curtis discuss how lifestyle and diet can help the healing process.	Curtis Eakins , Paula Eakins
9/24/2006	13:30:00	#135	Abundant Living	Paula and Curtis discuss how lifestyle and diet can help the healing process.	Curtis Eakins , Paula Eakins
7/1/2006	23:00:00	#18	Amazing Discoveries	Armageddon And The Seven Last Plagues Steven describes the events of the end of time.	Steve Wohlberg
7/8/2006	5:00:00	#19	Amazing Discoveries	The 144,000 The end time children of Israel.	Steve Wohlberg
7/29/2006	23:00:00	#22	Amazing Discoveries	The Unpardonable Sin Steve explains what the unpardonable sin is.	Steve Wohlberg
8/12/2006	23:00:00	#24	Amazing Discoveries	Heaven Is Waiting For You! Steve explains about the heaven that Jesus made for us to dwell in for eternity.	Steve Wohlberg
8/26/2006	23:00:00	#2	Amazing Discoveries	On The Eve Of The End Steve discusses the evening of end time events.	Steve Wohlberg
7/3/2006	3:00:00	#179	Health for a Lifetime	The Flu Don and David discuss the different types of Flu, and simple treatments to relieve symptoms.	Don Mckintosh *, David DeRose

7/17/2006	3:00:00	#181	Health for a Lifetime	Hypertension Don and William teach how dieting and exercise can help control your blood pressure.	Don Mckintosh *, Williams Dewitt
7/31/2006	3:00:00	#183	Health for a Lifetime	Vitamin B-12 Don and George describe the foods that are high in vitamin B-12 and the importance of this vitamin.	Don McKintosh *, George Guthrie
8/9/2006	18:30:00	#162	Health for a Lifetime	Cardiovascular Risk Don and Tim define what causes a person to be at risk for cardiovascular disease.	Don Mckintosh *, Tim Lawton
8/14/2006	3:00:00	#163	Health for a Lifetime	Achieve And Maintain A Healthy Weight Don and Tim discuss diet and exercise to achieve and maintain healthy weight.	Don McKintosh *, Tim Lawton
9/6/2006	18:30:00	#184	Health for a Lifetime	Fasting Don and George discuss different types of fasting and their benefit.	Don Mckintosh *, George Guthrie
9/11/2006	3:00:00	#185	Health for a Lifetime	Longevity Don and George discuss the importance of Bible study,a good diet and exercise to increase the length of your life.	Don Mckintosh *, George Guthrie
9/25/2006	3:00:00	#187	Health for a Lifetime	The Cause And Effect Of Eating Disorders Don and Jennifer Jill discuss the causes and effects of eating disorders.	Don Mckintosh *, Jennifer Jill Schwirzer
9/3/2006	6:30:00	#236	Help Yourself to Health	Allergies Dr Thrash, Dr Miller and Rhonda discuss the symptoms of allergies, and home remedies to relieve the symptoms.	Agatha Thrash *, Don Miller , Rhonda Clark
9/14/2006	13:00:00	#237	Help Yourself to Health	Cardiac Concerns Pt 1 Dr Thrash, Dr Miller, and Rhonda discuss cardiac concerns.	Agatha Thrash *, Don Miller , Rhonda Clark
9/17/2006	6:30:00	#238	Help Yourself to Health	Cardiac Concerns Pt. 2 Dr Thrash, Dr Miller, and Rhonda discuss cardiac concerns.	Agatha Thrash *, Don Miller , Rhonda Clark
9/24/2006	6:30:00	#239	Help Yourself to Health	Home Remedies Pt.1 Drs Agatha and Calvin Thrash and Dr Miller provide several helpful home remedies.	Agatha Thrash *, Calvin Thrash , Don Miller
7/6/2006	4:00:00	#10	Liberty Insider	The Patriot Act, Real Id's And Privacy: Dr. James Standish, esq. discusses the patriot act and what it means to religious people in the USA	James Standish *
7/13/2006	4:00:00	#11	Liberty Insider	Labor Unions And Rights Of Prisoners: Dr. James Standish, esq. discusses religious liberty and the power of labor unions and the religious rights of prisoners.	James Standish *
7/1/2006	16:00:00	#15	Marriage in God's Hands	Please Understand Me Tom and Alane discuss the importance in a marriage of understanding each	Alane Waters , Tom Waters

				other.	
7/11/2006	13:00:00	#16	Marriage in God's Hands	Communication Breakers Tom and Alane discuss the importance of good communication for a good marriage.	Alane Waters , Tom Waters
7/15/2006	16:00:00	#17	Marriage in God's Hands	Honesty And Integrity Tom and Alane discuss how honesty and integrity are building blocks of a good marriage.	Alane Waters , Tom Waters
7/29/2006	16:00:00	#19	Marriage in God's Hands	Managing Money Tom and Alane discuss the importance of good money management.	Alane Waters , Tom Waters
8/26/2006	16:00:00	#23	Marriage in God's Hands	Keeping Love Alive Tom and Alane give helpful tips on how to keep your love alive and strong.	Alane Waters , Tom Waters
9/30/2006	16:00:00	#2	Marriage in God's Hands	Two Me's Or One Us Tom and Alane discuss the importance of being your own person.	Alane Waters , Tom Waters
7/22/2006	18:00:00	#240	Teen Pathways	The Three Types Of Friendships Doris Morris discusses the three different types of friendships.	Doris Morris
8/1/2006	6:30:00	#43	Teen Pathways	Dealing With Your Emotions - Depression Chester discusses the importance of dealing with your emotions and depression.	Chester Clark
8/8/2006	6:30:00	#44	Teen Pathways	Respecting Parents Chester discusses how parents should be treated with respect, this is one of God's Commandments.	Chester Clark
8/15/2006	6:30:00	#45	Teen Pathways	Trials And Troubles Chester Clark discusses how God guides you through trials and troubles and makes you stronger.	Chester Clark
8/22/2006	6:30:00	#46	Teen Pathways	Power Of The Tongue Chester Clark discusses how powerful the tongue is.	Chester Clark
7/2/2006	20:00:00	#405	Up Close	Is Suicide A Way Out? Kay talks about alternative suggestions on how to deal with concerns when one is considering suicide.	Kay Rizzo
7/16/2006	20:00:00	#407	Up Close	Facing The Tough Times Jay gives helpful hints on how to face the difficult times in our lives.	Jay Gallimore
7/30/2006	20:00:00	#409	Up Close	Obesity And Diet Gerard discusses the importance of keeping a healthy weight by eating a good diet.	Gerard McLane
8/11/2006	22:00:00	#410	Up Close	Taming Your Tv: Jason Seiber and live audience discuss the dangers of the media and how to overcome addiction to TV and other media.	Jason Seiber

8/27/2006	20:00:00	#413	Up Close	Dealing With Loneliness: Shelley Quinn with live audience demonstrates several methods of coping with loneliness	Shelley Quinn
9/15/2006	22:00:00	#402	Up Close	Escaping Drug And Alcohol Addictions: Cheri Peters, ex drug pusher, with live audience discuss strategies for escaping drugs and alcohol addictions in yourself and among your loved ones.	Cheri Peters
7/3/2006	20:00:00	#329	Wonderfully Made	Weight Loss: George Guthrie and Tim Arnott discuss diet and exercise for weight loss.	George Guthrie , Tim Arnott
7/6/2006	2:30:00	#350	Wonderfully Made	High Blood Pressure Don Miller discusses exercise and diet to lower blood pressure.	Don Morgan
7/11/2006	22:30:00	#340	Wonderfully Made	Coronary Artery Disease Dr. Christine Salter discusses diet and exercise to prevent coronary artery disease.	Christine Salter
7/12/2006	12:30:00	#345	Wonderfully Made	Winning The Battle With Breast Cancer Allan, Mollie, and Stoy discuss how to win the battle with breast cancer.	Allan Handysides , Mollie Steenson , Stoy Proctor
7/13/2006	2:30:00	#351	Wonderfully Made	Starting A Physical Activity & Exercise Program	Don Morgan
7/14/2006	14:30:00	#358	Wonderfully Made	Could I Have A Heart Attack? Shelley and Dr. Marcum discuss who is at risk to have a heart attack.	Shelley Quinn *, James Marcum
7/17/2006	20:00:00	#331	Wonderfully Made	Cholesterol: George and Tim discuss dietary changes and exercise to lower cholesterol levels.	George Guthrie , Tim Arnott
7/18/2006	22:30:00	#341	Wonderfully Made	Diabetes Dr Christine Salters discusses options on how to control your diabetes with diet and exercise.	Christine Salter
7/19/2006	12:30:00	#347	Wonderfully Made	Back Pain: Allan and Stoy discuss what is back pain, how to avoid it, and simple things you can do at home to treat it as well as medical technology to treat it.	Allan Handysides , Stoy Proctor
7/21/2006	14:30:00	#359	Wonderfully Made	It's Not Too Late! Treatment After A Heart Attack	Shelley Quinn *, James Marcum
7/23/2006	4:30:00	#365	Wonderfully Made	Sleep As A Medicine Dr Christine Salter discusses prevention of diseases and regular screening	Daniel Miller , Jim Marcum
7/24/2006	20:00:00	#332	Wonderfully Made	Plant Foods George Guthrie and Tim Arnott discuss different types of plant foods and their benefits.	George Guthrie , Tim Arnott

7/25/2006	22:30:00	#342	Wonderfully Made	Prevention And Screening Dr Christine Salter discusses prevention of diseases and regular screening.	Christine Salter
7/26/2006	12:30:00	#348	Wonderfully Made	Coping With Arthritis Allan and Stoy discuss diet and exercise and how to deal with the pain of arthritis.	Allan Handysides , Stoy Proctor
7/27/2006	2:30:00	#355	Wonderfully Made	Stepping Into Health Don Morgan discusses how exercise will benefit our health.	Don Morgan
7/28/2006	14:30:00	#361	Wonderfully Made	Stressed Out - Managing Stress Shelley and Dr. Marcum discuss the effects stress has on the body and ways to deal with stress.	Shelley Quinn *, James Marcum
7/30/2006	4:30:00	#366	Wonderfully Made	Getting People Moving (Exercise) Daniel Miller and Jim Marcum discuss the benefits of exercising, to your health.	Daniel Miller , Jim Marcum
7/31/2006	20:00:00	#333	Wonderfully Made	Drinking Water George Guthrie and Tim Arnott discuss the importance of good clean water for good health.	George Guthrie , Tim Arnott
8/3/2006	2:30:00	#356	Wonderfully Made	Physical Activity And Adult Obesity Don Morgan discusses how lack of physical activity can cause adult obesity.	Don Morgan
8/4/2006	14:30:00	#342	Wonderfully Made	Prevention And Screening Dr Christine Salter discusses prevention of diseases and regular screening.	Christine Salter
8/7/2006	20:00:00	#334	Wonderfully Made	Sun Exposure George Guthrie and Tim Arnott discuss the effect of the suns rays on the skin.	George Guthrie , Tim Arnott
8/8/2006	22:30:00	#371	Wonderfully Made	Medicinal Charcoal Pt.2 Dr Christine Salter and Pastor John Dinzey discuss the benefits of charcoal.	Christine Salter , John Dinzey
8/9/2006	12:30:00	#353	Wonderfully Made	The Concepts Of Preventive Medicine Dr. Meshach Samuel discusses preventive medicine.	Dr. Meshach Samuel
8/10/2006	2:30:00	#357	Wonderfully Made	Physical Activity And Childhood Obesity Don Morgan discusses the link between physical activity and childhood obesity.	Don Morgan
8/11/2006	14:30:00	#370	Wonderfully Made	Dr Christine Salter and Pastor John Dinzey discuss the benefits of charcoal.	Christine Salter , John Dinzey
8/14/2006	20:00:00	#335	Wonderfully Made	Homocystine George Guthrie and Tim Arnott discuss the importance of having a good homocystine level.	George Guthrie , Tim Arnott
8/15/2006	22:30:00	#350	Wonderfully Made	The Health & Spiritual Dimensions Of Leading A Physically Active Lifestyle	Don Morgan

8/16/2006	12:30:00	#372	Wonderfully Made	Heart Disease Pt.1 Dr. Neil Nedley and Rise Rafferty describe different heart diseases and the causes.	Neil Nedley , Rise Rafferty
8/17/2006	2:30:00	#358	Wonderfully Made	Could I Have A Heart Attack? Shelley Quinn and Dr. Marcum discuss who is at risk to have a heart attack.	Shelley Quinn *, James Marcum
8/21/2006	20:00:00	#336	Wonderfully Made	Diet George Guthrie and Tim Arnott discuss the benefits of a good diet.	George Guthrie , Tim Arnott
8/23/2006	12:30:00	#373	Wonderfully Made	Heart Disease Pt.2 Dr. Neil Nedley and Rise Rafferty describe different heart diseases and the causes.	Neil Nedley , Rise Rafferty
8/24/2006	2:30:00	#359	Wonderfully Made	It's Not Too Late! Treatment After A Heart Attack Shelley Quinn and Dr. James Marcum discuss treatments after a heart attack.	Shelley Quinn *, James Marcum
8/28/2006	20:00:00	#337	Wonderfully Made	Avoiding Cancer George Guthrie and Tim Arnott discuss measures that we can take to avoid getting cancer.	George Guthrie , Tim Arnott
8/29/2006	22:30:00	#352	Wonderfully Made	Benefits & Barriers To Starting A Physical Activity Program Don Morgan discusses physical activity benefits and barriers.	Don Morgan
8/30/2006	12:30:00	#374	Wonderfully Made	Frontal Lobe Dr. Neil Nedley and Rise Rafferty discuss the functions of the frontal lobe of the brain.	Neil Nedley , Rise Rafferty
9/7/2006	2:30:00	#330	Wonderfully Made	Type 2 Diabetes George Guthrie and Tim Arnott discuss causes and symptoms of type 2 diabetes.	George Guthrie , Tim Arnott
9/3/2006	4:30:00	#354	Wonderfully Made	Preventive Medicine & Diabetes Dr. Meshach Samuel discusses preventive medicine and diabetes.	Dr. Meshach Samuel
9/22/2006	14:30:00	#362	Wonderfully Made	In The Beginning: Where Does Cv Disease Start? Shelley Quinn and Dr. James Marcum discuss where CV disease starts.	Shelley Quinn *, James Marcum
9/6/2006	12:30:00	#363	Wonderfully Made	Rhythms Of The Heart Daniel Miller and Dr Jim Marcum discuss the normal rhythm of the heart.	Daniel Miller , Jim Marcum
9/13/2006	12:30:00	#364	Wonderfully Made	Heart Valves Daniel Miller and Dr. Jim Marcum discuss the function of the heart valves and diseases of the heart valves.	Daniel Miller , Jim Marcum

FCC Rule 73.3526 requires this material for the Fourth Quarter 2006 to be placed in the Public File by January 10, 2007.

Party Posting Material

Signature of Responsible Party: _____

A handwritten signature in black ink, appearing to read "Daniel N. Reed", is written over a horizontal line. The signature is fluid and cursive, with a large initial 'D'.

Actual Date Posted: 8 January 2007