

1st Quarter 2006

Community Issues Program List

All durations 30 minutes

Date	Time CST	Prog. No.	Series	Content	Guests
1/2/2006	3:00:00	#22	Health for a Lifetime	Smoking This program provides information about the effects smoking has on the body.	Don Mackintosh , Joel Sabangan
1/16/2006	3:00:00	#24	Health for a Lifetime	Heart Disease Pt. 1 This program describes what heart disease is, and steps to avoid getting heart disease.	Don Mackintosh , Neil Nedley
1/25/2006	18:30:00	#25	Health for a Lifetime	Heart Disease Pt. 2 This program describes what heart disease is, and steps to avoid getting heart disease	Don Mackintosh , Neil Nedley
2/24/2006	6:00:00	#29	Health for a Lifetime	High Blood Pressure This program gives you suggestions on how to control your blood pressure.	Don Mackintosh , Neil Nedley
2/27/2006	3:00:00	#30	Health for a Lifetime	Addictions This program gives suggestions on how to overcome addictions.	Don Mackintosh , Neil Nedley
3/6/2006	3:00:00	#154	Health for a Lifetime	Mercury Fillings Pt 1 This series of programs inform you of the effects that mercury has on our system.	Don Mckintosh * , Chester Clark Jr.
3/15/2006	18:30:00	#155	Health for a Lifetime	Mercury Fillings Pt 2 This series of programs inform you of the effects that mercury has on our system.	Don Mckintosh * , Chester Clark Jr.
3/20/2006	4:30:00	#156	Health for a Lifetime	Mercury Fillings Pt 3 This series of programs inform you of the effects that mercury has on our system.	Don Mckintosh * , Chester Clark Jr.
3/29/2006	18:30:00	#157	Health for a Lifetime	Mercury Fillings Pt 4 This series of programs inform you of the effects that mercury has on our system	Don Mckintosh * , Chester Clark Jr.
1/15/2006	6:30:00	#203	Help Yourself to Health	Urological Diseases In Children This program informs parents of urological conditions that	Agatha Thrash * , Don Miller

				affect children.	
1/22/2006	6:30:00	#204	Help Yourself to Health	Genitourinary Problems This program defines problems with the genitourinary system and helpful hints.	Agatha Thrash *, Don Miller , Justina Thomas
1/29/2006	6:30:00	#205	Help Yourself to Health	Fibromyalgia This program describes the symptoms and helpful hints to relieve the symptoms of Fibromyalgia.	Agatha Thrash *, Don Miller , Justina Thomas
2/19/2006	6:30:00	#208	Help Yourself to Health	How To Travel Healthfully This program gives you suggestions on how to pack for traveling.	Agatha Thrash *, Don Miller
3/23/2006	13:00:00	#212	Help Yourself to Health	101 Uses Of Charcoal This program explains the use of charcoal for many different ailments.	Agatha Thrash *, Don Miller
2/23/2006	4:00:00	#5	Liberty Insider	Christian Activism And Sabbath Rights: James Standish, esq. discusses Christian Activism and Sabbath rights in the work place and politics	James Standish *
3/9/2006	4:00:00	#9	Liberty Insider	The Patriot Act, Real Id's And Privacy: Dr. James Standish, esq. discusses the patriot act and what it means to religious people in the USA	James Standish *
1/17/2006	6:30:00	#122	Teen Pathways	Obedience This program explains the benefits of living in obedience to God's will.	Reggie Dupard
1/19/2006	6:30:00	#137	Teen Pathways	Do You Want To Be A Wise Guy?	Cheri Peters
1/23/2006	17:00:00	#65	Teen Pathways	Daily Choices This program gives suggestions of how the choices we make daily can effect our lives.	Ron Whitehead
1/24/2006	6:30:00	#123	Teen Pathways	It`s All About Love	Reggie Dupard
1/31/2006	17:00:00	#143	Teen Pathways	God's Unconditional Love And Relationships This program describes God's love for us and how it affects our relationships.	Joan Kang

2/13/2006	17:00:00	#33	Teen Pathways	Peer Pressure In this program the teens discuss the peer pressures that are faced on a daily basis.	Reggie Dupard *, LaChanda Dupard
2/20/2006	17:00:00	#34	Teen Pathways	Your Body, The Temple Teens discuss how to treat your body as a Temple for The Holy Spirit to live in.	Reggie Dupard *, LaChanda Dupard
2/25/2006	18:00:00	#213	Teen Pathways	From The Bottom Of My Heart	Tuwan Ussey *, Becca Gallant , Casey Herbert
2/27/2006	17:00:00	#35	Teen Pathways	Keeping Youth In The Church This program gives suggestions on how to keep the youth in our churches.	Reggie Dupard *, LaChanda Dupard
3/7/2006	6:30:00	#161	Teen Pathways	Alternative Education This program touches on different aspects of alternative education.	Janet Evert
3/9/2006	6:30:00	#221	Teen Pathways	Dealing With Trials li This program gives suggestions on how to deal with lifetime trials.	LaChanda Dupard *, Adrienne Epps , Jazmine Reed
3/10/2006	17:00:00	#190	Teen Pathways	Morality This program gives suggestions from the Bible on morality issues.	Cindy Tutsch
3/13/2006	17:00:00	#37	Teen Pathways	Christian Lifestyle Teens discuss the differences in living a christian life verses a worldly life.	Reggie Dupard *, LaChanda Dupard
3/14/2006	6:30:00	#162	Teen Pathways	Who Can You Trust? Janet discusses what trust is, and who is worthy to be trusted.	Janet Evert
3/17/2006	17:00:00	#191	Teen Pathways	The Unpardonable Sin: Cindy will discuss the unpardonable sin and the effect that it will have on your salvation.	Cindy Tutsch
3/20/2006	17:00:00	#38	Teen Pathways	Broken Families Reggie and LaChanda discuss the effect of a broken family on all the members of the family.	Reggie Dupard *, LaChanda Dupard
3/21/2006	6:30:00	#163	Teen Pathways	Between Friends Ted discusses the relationship and trust between friends.	Ted Evert
3/23/2006	17:00:00	#225	Teen Pathways	Making Good Decisions La Chanda, Ivah, and James discuss the importance of making good decisions,	LaChanda Dupard *, Ivah Hunt , James Johnson

3/25/2006	18:00:00	#230	Teen Pathways	Temptations, How Do You Deal? Jose discusses how to deal with every day temptations.	José Medina *, Brittany Baugher , C.Michelle Wilson
3/27/2006	17:00:00	#1	Teen Pathways	Miracles Cheri discusses the miracles that we receive from God.	Cheri Peters
3/28/2006	6:30:00	#156	Teen Pathways	The Bible And You Janet discusses the importance of reading and studying the Bible.	Janet Evert
3/31/2006	17:00:00	#193	Teen Pathways	Dealing With Loneliness: Shelley Quinn with live audience demonstrates several methods of coping with loneliness	Cindy Tutsch
1/1/2006	20:00:00	#402	Up Close	Escaping Drug And Alcohol Addictions: Cheri Peters, ex drug pusher, with live audience discuss strategies for escaping drugs and alcohol addictions in yourself and among your loved ones.	Cheri Peters
1/15/2006	20:00:00	#404	Up Close	Teen Pregnancy: Donna Teat with live audience deals with being a teen and being a parent in a teen pregnancy situation	Donna Teat
1/22/2006	20:00:00	#404	Up Close		Donna Teat
2/19/2006	20:00:00	#409	Up Close	Obesity And Diet Gerard discusses the importance of keeping a healthy weight by eating a good diet.	Gerard McLane
2/26/2006	20:00:00	#410	Up Close	Taming Your Tv: Jason Seiber and live audience discuss the dangers of the media and how to overcome addiction to TV and other media.	Jason Seiber
3/10/2006	22:00:00	#410	Up Close		Jason Seiber
3/15/2006	9:00:00	#410	Up Close		Jason Seiber
3/22/2006	9:00:00	#413	Up Close	Dealing With Loneliness: Shelley Quinn with live audience demonstrates several methods of coping with loneliness	Shelley Quinn
3/31/2006	22:00:00	#401	Up Close	Dealing With Death: Marti Jones, hospital chaplain with live audience deals with the pain and grief of losing a loved one.	Marti Jones
1/1/2006	4:30:00	#401	Up Close		Marti Jones
1/9/2006	20:00:00	#345	Wonderfully Made	Winning The Battle With Breast Cancer Allan Handysides, Mollie Steenson and Stoy Proctor give helpful hints on how to	Allan Handysides , Mollie Steenson , Stoy Proctor

				win the battle with breast cancer.	
1/13/2006	14:30:00	#330	Wonderfully Made	Type 2 Diabetes George Guthrie and Tim Arnott discuss causes and symptoms of type 2 diabetes.	George Guthrie , Tim Arnott
1/16/2006	20:00:00	#346	Wonderfully Made	Food Supplements: Good Or Bad Allan Handysides and Stoy Proctor discuss food supplements, whether they are good or bad for you	Allan Handysides , Stoy Proctor
1/19/2006	2:30:00	#365	Wonderfully Made	Sleep As A Medicine Daniel Miller and Dr Marcum discuss how a good nights rest provides healing.	Daniel Miller , Jim Marcum
1/22/2006	4:30:00	#342	Wonderfully Made	Prevention And Screening Dr Christine Salters discusses prevention of diseases and regular screening.	Christine Salter
1/23/2006	20:00:00	#347	Wonderfully Made	Back Pain: Allan and Stoy discuss what is back pain, how to avoid it, and simple things you can do at home to treat it as well as medical technology to treat it.	Allan Handysides , Stoy Proctor
1/26/2006	2:30:00	#366	Wonderfully Made	Getting People Moving (Exercise) Daniel Miller and Jim Marcum discuss the benefits of exercising, to your health.	Daniel Miller , Jim Marcum
1/29/2006	4:30:00	#350	Wonderfully Made	The Health & Spiritual Dimensions Of Leading A Physically Active Lifestyle	Don Morgan
1/30/2006	20:00:00	#348	Wonderfully Made	Coping With Arthritis Allan and Stoy discuss diet and exercise and how to deal with the pain of arthritis.	Allan Handysides , Stoy Proctor
2/20/2006	20:00:00	#356	Wonderfully Made	Physical Activity And Adult Obesity Don Morgan discusses how lack of physical activity can cause adult obesity.	Don Morgan
3/3/2006	14:30:00	#337	Wonderfully Made	Avoiding Cancer George and Tim give helpful hints to avoid cancer.	George Guthrie , Tim Arnott

3/5/2006	4:30:00	#331	Wonderfully Made	Cholesterol: George and Tim discuss dietary changes and exercise to lower cholesterol levels.	George Guthrie , Tim Arnott
3/13/2006	20:00:00	#358	Wonderfully Made	Could I Have A Heart Attack? Shelley Quinn and Dr. Marcum discuss who is at risk to have a heart attack.	Shelley Quinn *, James Marcum
3/14/2006	22:30:00	#286	Wonderfully Made	Diabetes, Pt. 1 Marcel and Milton discuss the cause and effects diabetes has on your body.	Marcel Wiggers , Milton Teske
3/17/2006	14:30:00	#155	Wonderfully Made	False Beliefs David Sedlacek discusses the importance of knowing the truth.	David Sedlacek
3/19/2006	4:30:00	#333	Wonderfully Made	Drinking Water George Guthrie and Tim Arnott discuss the importance of good clean water for good health.	George Guthrie , Tim Arnott
3/20/2006	20:00:00	#359	Wonderfully Made	It's Not Too Late! Treatment After A Heart Attack	Shelley Quinn *, James Marcum
3/21/2006	22:30:00	#287	Wonderfully Made	Marcel and Milton discuss the cause and effects diabetes has on your body.	Marcel Wiggers , Milton Teske
3/23/2006	2:30:00	#221	Wonderfully Made	David discusses the meaning and issues of shame.	David Sedlacek
3/24/2006	14:30:00	#156	Wonderfully Made	Addiction: A Family Affair David discusses how addiction effects the entire family.	David Sedlacek
3/26/2006	4:30:00	#334	Wonderfully Made	Sun Exposure George Guthrie and Tim Arnott discuss the effect of the suns rays on the skin.	George Guthrie , Tim Arnott
3/27/2006	20:00:00	#361	Wonderfully Made	Stressed Out - Managing Stress Shelley and Dr. Marcum discuss the effects stress has on the body and ways to deal with stress.	Shelley Quinn *, James Marcum
3/28/2006	22:30:00	#288	Wonderfully Made	Bypassing Heart Disease Helmuth and Marcel discuss bypassing heart disease.	Helmuth Fritz , Marcel Wiggers
3/30/2006	2:30:00	#222	Wonderfully Made	Shame Based Families David discusses the meaning and issues of shame.	David Sedlacek

3/31/2006	14:30:00	#157	Wonderfully Made	Children Of Addicts David discusses the effects drug, alcohol, gambling, and sexual addictions have on their children.	David Sedlacek
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FCC Rule 73.3526 requires this material for the Fourth Quarter 2006 to be placed in the Public File by January 10, 2007.

Party Posting Material

Signature of Responsible Party:  _____

Actual Date Posted: 8 January 2007