

Quarterly Issues Program List for WWJO-FM, KLZZ-FM, KMXK-FM, KZRV-FM, KXSS-AM
April 1, 2020 – June 30, 2020

Section I. Issues

The stations have identified the following issues facing our community in this quarter:

- A. **Health:** With the COVID-19 and the coronavirus pandemic continuing to greatly impact our lives in Minnesota and beyond, this topic is of utmost interest and importance in our community, and for the health our listening audience.

- B. **Racial Tensions & Policing:** With Minnesota being the epicenter of the recent racial tensions following the killing of George Floyd, the discussion of all sides of the issues and perspectives is essential to community health.

- C. **Economy:** The economic impact of the coronavirus is impacting all areas of our community, from local businesses to individuals.

- D. **Climate Change:** Climate change continues to be at the forefront of meaningful conversations in Minnesota. As this past winter and spring have been among the warmest on record, the focus on what we can do to individually impact our climate is important.

- E. **Mental Health:** The care and attention to mental health issues in our community are an integral part of the foundation of the people in our area.

- F. **Jobs and Labor:** Jobs and economic opportunity are always critical in affecting the vibrance of our community. With the effects of the current pandemic on unemployment and job security, these discussions are more important than ever.

Section II. Responsive Programming

2020-Q2 (April – June) Viewpoints Radio: Quarterly Report – Compliancy Issues & Programs List

Viewpoints airs Sunday mornings at 6:00 am on WWJO-FM, KLZZ-FM, KMXK-FM, KZRV-FM, KXSS-AM

- African American History
- Aging & Retirement
- Aircraft & Aviation
- Alcoholism
- Archaeology
- Art
- Business
- Career
- Child Development
- City Zoning
- Civil Rights
- Climate Change
- Coffee
- Comedy
- Communism
- Construction
- Consumer
- Creative Arts
- Critical Acclaim
- Culture
- Death
- Democracy
- Diversity
- DNA Testing
- Documentary
- Drug Addiction/Use Disorder
- Economics
- Education
- Engineering
- Excessive Force
- Family & Parenting
- Fantasy
- Film
- Fine Dining
- Food Processing
- Food Production
- Food Science
- Food Security
- Foreign Relations
- Gardening
- Gender
- Genealogy
- Global Economy
- Government
- Grief
- Health & Wellness
- History
- Hobby
- Hospitality
- Housing
- Independent Film
- Inequality
- Infectious Disease
- Invention
- Investing
- Jobs & Labor
- Law
- Lifestyle
- Literature
- Manufacturing
- Marriage
- Mental Health
- NASA
- Nonprofits
- Pandemic
- Parenting
- Personal Finance
- Photography
- Poetry
- Police & Law Enforcement
- Politics
- Poverty
- Privacy
- Protest
- Psychology
- Public Health & Safety
- Race & Identity
- Racial Tensions
- Relationships
- Restaurant Industry
- Revenue
- Salary
- Science
- Security
- Social Media
- Software Engineering
- Space
- Sports
- Streaming
- Systemic Racism
- Technology
- Travel
- Trivia
- TV
- Videogames
- Violence
- Virus
- Wealth
- Writing

Air Date: SUN 4/5/20

SEGMENT 1: OVERCOMING UNCERTAINTY IN THE MIDST OF COVID-19 (Duration 8:00)

Synopsis: With many unknowns hanging above our heads during this global pandemic, it's vital to stay present and positive. We discuss small steps you can take each day to find structure and the importance of looking at the long-term picture.

Host: Gary Price. Guests: Dr. Laura Schopp, professor, chair, department of health psychology, University of Missouri; Jessica Byrne, software engineer, founder, The Financial Mechanic.

Compliance issued covered: Mental Health, Wellness, Psychology, Personal Finance, Economy, Disease, Business, Pandemic, Investing

SEGMENT 2: DREW BARRYMORE ON LIFE, LOVE & FAMILY (Duration 10:37)

Synopsis: Everyone remembers little Gertie from the movie E.T. the Extra-Terrestrial and the actress who played the part: Drew Barrymore. However, a lot has changed since then. Today, Barrymore is mother of two, accomplished actress, businesswoman and now, author. In her new memoir she opens up about growing up in Hollywood, fending for herself at age 14 and what she's learned over the years.

Host: Marty Peterson. Guests: Drew Barrymore, actress, director, producer, businesswoman, author, Wildflower.

Compliance issued covered: Sports, Social Media, Mental Health, Technology, Education, Career

CULTURE CRASH: HOLLYWOOD HITTING PAUSE ON BUSINESS (Duration 2:58)

Synopsis: Coronavirus has affected nearly every industry across the globe, including the entertainment biz. We discuss how several facets of Hollywood, from production to movie theatres, have adapted to the new reality.

Host: Evan Rook

Compliance issued covered: Film, Revenue, Streaming, Culture, Pandemic, Disease

Air Date: SUN 4/12/20

SEGMENT 1: DEPLOYING SCHOOL MEALS TO THOSE WHO NEED THEM MOST RIGHT NOW (Duration 11:40)

Synopsis: On a typical day, the National School Lunch Program serves 20.2 million free lunches to students in need, according to the USDA. With sweeping school closures across the U.S. in response to the COVID-19 pandemic, millions of students are going hungry. Viewpoints discusses the new reality foodservice workers face and the balance between staying safe and serving meals.

Host: Gary Price. Guests: Dan Giusti, founder, Brigaid; Betsy Zorio, vice president, U.S. programs and advocacy, Save the Children.

Compliance issued covered: Food Security, Disease, Public Health, Poverty, Education, Nonprofits

SEGMENT 2: WHY DO CROSSWORDS NEVER GO OUT OF STYLE (Duration 7:36)

Synopsis: The first published crossword was created in 1913 by journalist Arthur Wynne. Since then, the timeless puzzle has stayed in style and graces newspapers from the New York Times to USA Today. Self-acclaimed lovers of crosswords are known as ‘cruciverbalists’ and compete online as well as create these puzzles for publishing. We speak with crossword expert, Adrienne Raphel to find out more about this beloved word game.

Host: Marty Peterson. Guests: Adrienne Raphel, author Thinking Inside the Box: Adventures with Crosswords and the Puzzling People Who Can’t Live Without Them.

Compliance issued covered: Writing, Trivia, Education, Mental Health, Health, Hobby, Literature

CULTURE CRASH: **TAKING THE TIME TO TUCK INTO A GOOD BOOK** (Duration 2:18)

Synopsis: During this period of social distancing, the constant screen time while working from home and watching Netflix can get to be a bit overwhelming. Viewpoints discusses some of our favorite classic reads by prominent authors.

Host: Evan Rook

Compliance issued covered: Literature, Culture

Air Date: SUN 4/19/20

SEGMENT 1: **MODERN-DAY DRONES AND THE IMPLEMENTATION OF REMOTE IDENTIFICATION** (Duration 10:49)

Synopsis: Drones are already a multi-billion-dollar business and only set to grow in revenue over the next five years, reaching an estimated 63 billion by 2025. The unmanned aircraft systems can be applied to a wide breadth of tasks and are an essential resource during war, rescue and public health crises, including the COVID-19 pandemic. Viewpoints speaks with two drone experts about innovation and security challenges facing the industry.

Host: Gary Price. Guests: Brendan Schulman, vice president of policy and legal affairs, DJI; Dan Gettinger, co-director, center for the study of the drone, Bard College.

Compliance issued covered: Technology, Photography, Aircraft, Privacy, Law, Security, Public Health

SEGMENT 2: **A DORMANT FAMILY SECRET UNCOVERED THROUGH DNA TESTING** (Duration 8:19)

Synopsis: Imagine finding out at 54-years-old that the father who raised you wasn’t actually your biological dad. Novelist Dani Shapiro found herself in this position after she and her husband sent in an at-home DNA test to Ancestry.com and it came back with some unexpected results.

Host: Marty Peterson. Guests: Dani Shapiro, author, Inheritance: A Memoir of Genealogy, Paternity and Love & creator, host, podcast Family Secrets.

Compliance issued covered: DNA Testing, Family, Genealogy, Public Health, Technology, Science

CULTURE CRASH: **GETTING LOST IN THE WORLD OF VIDEO GAMES** (Duration 2:26)

Synopsis: Videogames are a great way to pass time. As many of us are trying to do exactly that these days, we delve into the fantasy world and discuss some of our favorite classic and new release picks.

Host: Evan Rook

Compliance issued covered: Videogames, Fantasy, Sports, Pandemic

Air Date: SUN 4/26/20

SEGMENT 1: THE SLOW-LOOMING, INVISIBLE CRISIS OF CLIMATE CHANGE (Duration 9:24)

Synopsis: With billions across the world staying home right now due to coronavirus, air pollution in many major cities has cleared making way for blue skies and new views of nature. This week, Viewpoints speaks with journalist and author Thomas Kostigen about the role of geoengineering in tackling another approaching global crisis: climate change.

Host: Gary Price. Guests: Thomas Kostigen, journalist, author, Hacking Planet Earth: How Geoengineering Can Help Us Reimagine the Future.

Compliance issued covered: Climate Change, Science, Engineering, Technology

SEGMENT 2: THE DIRE STATE OF AFFORDABLE HOUSING IN AMERICA (Duration 9:37)

Synopsis: The COVID-19 pandemic has exacerbated the housing crisis as many millions of Americans can no longer afford to pay rent or their monthly mortgage. Viewpoints speaks with two housing experts about why so many people struggle to find affordable housing in the U.S. and one possible solution to the problem.

Host: Marty Peterson. Guests: Conor Dougherty, New York Times economic reporter, author, Golden Gates, Fighting for Housing in America; Patricia Foreman, tiny homeowner, author, A Tiny Home to Call Your Own, Living Well in Just-Right Houses.

Compliance issued covered: Housing, Inequality, Wealth, Construction, City Zoning, Government

CULTURE CRASH: FINDING INDIE FILMS (Duration 2:36)

Synopsis: Older films are hard to find these days on mainstream streaming platforms like Netflix and Hulu. We delve into how to track down some of the best indie, classic and foreign films to watch from your home sofa.

Host: Evan Rook

Compliance issued covered: Film, History, Independent Film, Streaming

Air Date: SUN 5/3/20

SEGMENT 1: FROM LUXURY INGREDIENTS TO FOOD STYLING: THE QUIRKY INNER WORKING OF THE FOOD BIZ (Duration 9:33)

Synopsis: Could you ever imagine that some imported white asparagus could cost upwards of \$250? Neither did we. This week on Viewpoints, we delve into the niche world of luxury and on-trend ingredients as well as roles in the food industry you've probably never heard of.

Host: Gary Price. Guests: Carrie Nahabedian, executive chef, co-owner, Brindille, Kostali; Susan Spungen, food stylist, cookbook author, Open Kitchen: Inspired Food for Casual Gatherings.

Compliance issued covered: Food, Restaurant Industry, Business, Culture, Fine Dining, Food Production

SEGMENT 2: TO EAT OR NOT TO EAT? THE PROCESSED FOOD CONUNDRUM (Duration 9:32)

Synopsis: Complex ingredients like maltodextrin and ferrous sulfate can seem scary, but are they actually bad for you in the long-term? We speak with chemist and author, George Zaidan about how food processing took hold in early human history and what to keep in mind when it comes to keeping a healthy diet.

Host: Marty Peterson. Guests: George Zaidan, chemist, journalist, author, *Ingredients: The Strange Chemistry of What We Put In Us and On Us*.

Compliance issued covered: Food Science, Food Processing, Health, History, Science, Literature

CULTURE CRASH: EXPLORING THE TECH SHOW “HALT AND CATCH FIRE” (Duration 2:32)

Synopsis: Have you pretty much watched everything on your list at this point? All four seasons of the AMC series *Halt and Catch Fire* are now available on Netflix. While you’ve probably never heard of the show, it’s definitely a binge-worthy watch.

Host: Evan Rook

Compliance issued covered: Culture, Television, Technology, Streaming

Air Date: SUN 5/10/20

SEGMENT 1: AN ESSENTIAL INDUSTRY: CONSTRUCTION IN THE U.S. (Duration 10:53)

Synopsis: In most states, construction is deemed an essential service during the COVID-19 pandemic. With roadways fairly clear and schools temporarily closed, crews are getting to work while still adhering to social distancing rules. In effect, construction spending was up 4.7 percent in March 2020 compared to March 2019. Viewpoints speaks with two people working in the industry to get an inside view on growth and job opportunities as well as current challenges facing the sector.

Host: Gary Price. Guests: Paul Robinson, CEO & Founder, ConstructReach; Jocelyn Lipscomb, carpenter.

Compliance issued covered: Construction, Jobs, Economy, Business, Career, Diversity, Gender, Health

SEGMENT 2: THE RISE OF COFFEE CAPITALISM (Duration 8:08)

Synopsis: Even as Americans shelter-in-place, coffee consumption is up in the first four months of 2020. Why is coffee a drink that is so popular across the globe? The drink was first consumed by Sufi monks in the fifteenth century as part of a religious ceremony, but quickly gained popularity across the Middle East where it then eventually spread to Europe. Viewpoints discusses the complicated history of coffee production and American’s reliance on this caffeine-packed drink.

Host: Marty Peterson. Guests: Augustine Sedgewick, author, *Coffeeland: One Man’s Dark Empire and the Making of Our Favorite Drug*.

Compliance issued covered: Coffee, Labor, History, Business, Food Production, Global Economy

CULTURE CRASH: THE FATE OF THE OSCARS (Duration 2:36)

Synopsis: How will the upcoming award’s season be affected by COVID-19? We discuss the state of the film industry and how the Academy is changing its rules during this unprecedented time.

Host: Evan Rook

Compliance issued covered: Film, Culture, Revenue, Critical Acclaim

Air Date: SUN 5/17/20

SEGMENT 1: THE INNER TOLLS OF WORKING IN DINNING - A FEATURE WITH CHE ILIANA REGAN

(Duration 9:46)

Synopsis: Iliana Regan has worked in the restaurant industry for more than two decades in almost every position imaginable. From fast service to high-end fine dining, she's a self-taught, Michelin-starred chef that's known for her ability to create masterful dishes using naturally sourced and foraged ingredients. As her career has skyrocketed up, she's also had several low points in her life that have impacted who she is today.

Host: Gary Price. Guests: Iliana Regan, Michelin star chef, owner, Elizabeth, Milkweed Inn & author, Burn the Place.

Compliance issued covered: Career, Alcoholism, Drug Addiction, Mental Health, Hospitality, Business

SEGMENT 2: MILLENIAL MONEY: LEVERAGING YOUR WORTH (Duration 9:20)

Synopsis: Jessica Byrne is a 26-year-old software engineer from Portland that's saved more than \$300,000 in a very short span of time. We speak with Byrne about how she grew her skill base in order to up her salary and then quickly save thousands through compounding interest, investing and maintaining a frugal lifestyle.

Host: Marty Peterson. Guests: Jessica Byrne, software engineer, founder, blog, Financial Mechanic; Ashley Feinstein Gerstley, money coach, author, 30-Day Money Cleanse, founder, blog, The Fiscal Femme.

Compliance issued covered: Personal Finance, Software Engineering, Salary, Career, Retirement, Lifestyle

CULTURE CRASH: THE ATHLETE, THE LEGEND: MICHAEL JORDAN (Duration 2:32)

Synopsis: The sports documentary, Save the Last Dance, has received high praise over the last several weeks. We discuss the 10-part docuseries now streaming on the ESPN app.

Host: Evan Rook

Compliance issued covered: Documentary, Sports, History, Culture

Air Date: SUN 5/24/20

SEGMENT 1: 75 YEARS AFTER WWII: THE MEN OF THE 44TH BOMB GROUP (Duration 8:27)

Synopsis: Memorial Day is on Monday, May 25 this year. It is a day that we remember those who have served and lost their lives protecting this country. To honor our veterans, we highlight a unique story from World War II about the heroic men of the U.S. Air Force 44th Bomb Group.

Host: Gary Price. Guests: Mara Truslow, management consultant, applied researcher.

Compliance issued covered: War, History, Aviation, Technology, Mental Health, PTSD, Veterans

SEGMENT 2: THE STORY OF APOLLO 8 (Duration 10:34)

Synopsis: When we think back to the biggest space accomplishments in history, many of us instantly remember Apollo 11 – the mission that landed humans on the moon. However, we seldom talk about Apollo 8 when astronauts successfully orbited the moon. Author and historian, Jeffrey Kluger joins Viewpoints to discuss why Apollo 8 was a vital foundational mission for space travel and what it meant to the future of NASA.

Host: Marty Peterson. Guests: Richard Cahan, co-author, River of Blood: American Slavery From the People Who Lived It.

Compliance issued covered: Space, NASA, Travel, Technology, History, Aviation, Literature, Government

CULTURE CRASH: PARKS AND RECREATION: QUARANTINE EDITION (Duration 2:34)

Synopsis: The popular show, Parks and Recreation has returned for a special, one-time-only episode featuring the original cast. We discuss if the new release is a flop or worth the watch.

Host: Evan Rook

Compliance issued covered: TV, Streaming, Comedy

Air Date: SUN 5/31/20

SEGMENT 1: LOSING A PART OF YOUR HEART: DEALING WITH LOSS (Duration 11:52)

Synopsis: Losing someone you love – whether that’s a partner, friend or a part of your family – can be devastating. Is there a way to ‘correctly’ deal with the process of death and grieve after the person has passed? This week on Viewpoints.

Host: Gary Price. Guests: Michael Korda, author, Passing: A Memoir of Love and Death; Megan Devine, psychotherapist.

Compliance issued covered: Grief, Death, Relationships, Aging, Psychology, Mental Health, Health

SEGMENT 2: SERVED UP: POETRY WITH A SIDE OF DARK HUMOR (Duration 7:15)

Synopsis: 1,000,000 animal and plant species now face the threat of extinction. As more than The Epic of Gilgamesh is thought to be the oldest epic poem ever written, created in 2000 BCE. Throughout time, poetry has stayed constant, with greats like Walt Whitman, Emily Dickinson and Henry Thoreau publishing cherished works still topical today. John Kenney is a modern poet whose work is frequently featured in the New Yorker. He’s best known for his collection of Love Poems for Married People and joins Viewpoints this week to share his many musings and provide some words of advice when it comes to writing. In 80 percent of all global biodiversity lives on private land, what is the role of corporations when it comes to protecting these endangered species? Viewpoints speaks with Margaret O’ Gorman, president of the Wildlife Habitat Council, about the creative and adaptive policies companies can take to make a difference.

Host: Marty Peterson. Guests: John Kenney, poet, author, Love Poems for Married People, Love Poems for People with Children, Love Poems for Anxious People.

Compliance issued covered: Poetry, Art, Mental Health, Writing, Literature, Relationships, Creative Arts

CULTURE CRASH: THE LIFE OF WRITER & DIRECTOR LYNN SHELTON (Duration 2:27)

Synopsis: Lynn Shelton passed away earlier this month at age 54. We discuss some of her biggest achievements and legacy in Hollywood.

Host: Evan Rook

Compliance issued covered: Film, TV, History, Culture

Air Date: SUN 6/7/20

SEGMENT 1: ONE COUNTRY, TWO SYSTEMS: THE DEEPENING POLITICAL CRISIS IN HONG KONG
(Duration 10:45)

Synopsis: Tensions between the people of Hong Kong and the Chinese communist government are quickly escalating in recent months. With the proposal of a new national security law in late May further tightening the grip on the semi-autonomous territory of Hong Kong, the city is a tipping point as protesters risk their lives to fight for political democracy and civil liberties.

Host: Gary Price. Guests: Antony Dapiran, lawyer, writer, author, City on Fire: The Fight for Hong Kong.

Compliance issued covered: Politics, Government, Democracy, Communism, Civil Rights, Foreign Relations, Law, Violence, Pandemic, Protest

SEGMENT 2: THE MANY FIRSTS THROUGHOUT HISTORY (Duration 8:20)

Synopsis: Imagine finding a rough, circular rock-like object and spending many minutes, if not hours, trying to pry it open to see what's inside. Once you finally cracked it open, who would slurp down the slimy, raw interior of an oyster, praying that it wouldn't kill them? We discuss the many firsts throughout history and the bold civilizations who uncovered these discoveries.

Host: Marty Peterson. Guests: Cody Cassidy, freelance writer, author, Who Ate the First Oyster?

Compliance issued covered: Invention, Science, History, Archaeology, Literature, Food, Manufacturing

CULTURE CRASH: REMAKING THE JUSTICE LEAGUE (Duration 2:31)

Synopsis: Zack Snyder's version of the movie The Justice League will premiere on streaming service HBO Max in 2021. We discuss the new release set to be a great improvement from the 2017 Warner Brothers version that was a blockbuster flop.

Host: Evan Rook

Compliance issued covered: Film, Streaming, Comics, Culture

Air Date: SUN 6/14/20

SEGMENT 1: THE MURDER OF GEORGE FLOYD: A DEEPENING PUBLIC HEALTH CRISIS (Duration 10:12)

Synopsis: George Floyd was 46 years old when he was murdered on the street by ex-Minneapolis police officer Derek Chauvin. The father of five moved to the Midwest city in 2014 where he worked driving a truck and providing security at a local restaurant. Due to the COVID-19 pandemic, Floyd lost his security job. On May 25, Floyd was suspected of using a counterfeit \$20 bill at a local store and officers were called to the scene. The question remains: how can a simple police call lead to the killing of an unarmed and unresisting man? For weeks, protests and outrage have spread across the U.S. and internationally as

the killing of Floyd brings racial inequality and police brutality into focus once again. Even in the midst of a pandemic, people are showing up to say they're fed up with the lack of equal justice, rights and opportunities for all.

Host: Gary Price. Guests: Gary Walker, cinematographer; Dr. Lauren Powell, social epidemiologist, executive director, Time's Up Healthcare.

Compliance issued covered: Race & Identity, Civil Rights, Protest, Poverty, Health, Police & Law Enforcement, Excessive Force, Government, Racial Tensions, Systemic Racism

SEGMENT 2: **NAVIGATING PEAK WEDDING SEASON DURING A PANDEMIC** (Duration 9:06)

Synopsis: The white hair, rosy cheeks and stark complexion are what we often picture when we think of our first president. But behind his looks and historic accomplishments, what are some facts that are not as well publicized? Viewpoints' speaks with history buff and author, Alexis Coe to learn more about the man, the myth: George Washington.

Host: Marty Peterson. Guests: Erika Hernandez-Fullerton, owner, The Greatest Adventure Weddings & Elopements.

Compliance issued covered: Business, Marriage, Health, Personal Finance, Pandemic, Technology

CULTURE CRASH: **THE VOICES OF AFRICAN AMERICAN AUTHORS** (Duration 2:17)

Synopsis: Reading the works of black authors is an important part to better understanding why racial inequities still plague our country. We offer up some recommendations to add to your reading list.

Host: Evan Rook

Compliance issued covered: Literature, Diversity, Race & Identity, African American History

Air Date: SUN 6/21/20

SEGMENT 1: **SHAKEUPS IN THE SALON & SKINCARE INDUSTRY** (Duration 10:09)

Synopsis: Business owners have had an extremely stressful year as COVID-19 forced millions of shops to close their doors for two plus months. Now, as much of the country is reopen, some salon, spa and wellness owners are still anxious about if many customers will return and the current changes to operations to protect both staff and clientele. We speak with three owners about adapting to this new reality and the challenges they're facing.

Host: Gary Price. Guests: Chi Taylor, owner, FlutterFab Boutique; Emma Graves, aesthetician and co-owner, Brooklyn Herborium; Dr. Carlos Charles, dermatologist and owner, Derma Di Colore.

Compliance issued covered: Wellness, Business, Personal Finance, Virus, Government, Public Health

SEGMENT 2: **EXPLORING THE WORLD OF WINE ONE GLASS AT A TIME** (Duration 8:44)

Synopsis: Finding the right wine is intimidating. Strolling through the wine aisle, it can sometimes be easier to give up and choose a bottle based off whether you like the label or not. Wine is complex. However, if you're interested in finding out more about the refreshment, you have to start somewhere. Sommelier Elizabeth Schneider joins Viewpoints this week to give us an introduction to all things wine.

Host: Marty Peterson. Guests: Elizabeth Schneider, certified sommelier, author, Wine for Normal People: A Guide for People Who Like Wine, But Not the Snobbery That Goes With It & podcast host, Wine for Normal People.

Compliance issued covered: Literature, Food & Drink, History, Consumer Interests

CULTURE CRASH: THE ROLLOUT OF HBO MAX (Duration 2:45)

Synopsis: The new streaming service, HBO Max can be a bit confusing. What does it cover that's not already on HBO Go or HBO Now? We discuss the differences and the hottest shows and films on the platform.

Host: Evan Rook

Compliance issued covered: TV, Film, Streaming, Business

Air Date: SUN 6/28/20

SEGMENT 1: THE CALMING NATURE OF TENDING TO A GARDEN (Duration 10:09)

Synopsis: Getting started gardening can seem like an overwhelming task, especially if you have trouble keeping a houseplant alive. But with some research and a small investment for tools, seeds and soil, the rewards of tending to a garden are huge. Fresh produce, flowers and herbs, as well as a renewed connection to nature are just some of the benefits of this increasingly popular outdoor hobby.

Host: Gary Price. Guests: Brooke Morgan, urban gardener; Amy Enfield, horticulturist, Bonnie Plants.

Compliance issued covered: Gardening, Food Production, Health, Food Supply, Personal Finance

SEGMENT 2: IS YOUR CHILD FEELING ANXIOUS RIGHT NOW? GIVING SUPPORT WITHOUT SHIELDING THEM FROM THE WORLD (Duration 9:20)

Synopsis: The days when election and campaign news dominated the news cycle seem so distant. It's safe to say that no one could've imagined this year would be such a curveball. Learning's been disrupted, many parents are continuing to work from home and fears over COVID-19 are still very much present. We speak with a family trauma expert, Dr. Abigail Gewirtz, about dealing with these anxieties as an adult and how to have important conversations with your child or teen if you're sensing that they're more irritable, worried or anxious lately.

Host: Marty Peterson. Guests: Dr. Abigail Gewirtz, professor, Department of Family Social Science, director, Institute for Translational Research in Children's Mental Health at the University of Minnesota.

Compliance issued covered: Mental Health, Parenting, Psychology, Child Development, Virus, Education

CULTURE CRASH: THE ROLLOUT OF HBO MAX (Duration 2:07)

Synopsis: Sometimes a new release fits into multiple genres but has to be classified into one specific genre. Star Wars is labeled as a space opera – but what exactly does that mean? Viewpoints discusses these conundrums.

Host: Evan Rook

Compliance issued covered: Art, Film, Literary Culture