

89.7 KSGN
Issues and Programs
4th Quarter
October – December 2023

The following descriptions are examples of programs aired that address and meet community issues; this does not represent an exhaustive list of all the public service 89.7 KSGN provides.

1. Child Development
2. Disaster Preparedness
3. Education
4. Food Security
5. Healthcare
6. Health/Physical & Mental
7. Housing/Homelessness
8. Jobs/economy
9. Relationship-building

Local Programming

The following describes programming content that represent the station's issue-responsive programming for the preceding calendar quarter.

Date/Time	Show	Topic	Description	Length
10/9/2023 9:18 AM	Theresa Ross	Food Security	Mana Ministry, free groceries and hot lunch today in Yucaipa	0:46
10/9/2023 11:18 AM	Theresa Ross	Healthcare	Senior health fair this Wednesday at LLU Managed Healthcare department	0:55
10/10/2023 12:18 PM	Theresa Ross	Health/Physical & Mental	Experts say don't wrap food in aluminum foil when trying to save them. Use an air tight container instead	0:50
10/10/2023 3:18 PM	Scott & Sam	Health/Physical & Mental	Studies show that doing visualizations before sleep actually help to get a better night's sleep	1:18
10/11/2023 9:18 AM	Theresa Ross	Healthcare	Free health screenings and medical care advice at the Health Fair today	0:31
10/16/2023 10:18 AM	Theresa Ross	Food Security	Set free church Mana Ministry-free groceries and a hot lunch until noon today	0:39
10/15/2023 8:18 AM	Keep the Faith	Health/Physical & Mental	Justin McRoberts discusses the idea that not all rest is actual rest.	1:27
10/15/2023 8:36 AM	Keep the Faith	Health/Physical & Mental	Hosanna Wong talks about creating structure in order to have successful growth in life	1:37

10/18/2023 12:18 PM	Theresa Ross	Health/Physical & Mental	Super Senior Day at Loma Linda University this Friday --information on nutrition, wellness classes, fitness classes, massages, etc. are all available	1:01
10/20/2023 5:09 PM	Scott & Sam	Health/Physical & Mental	New study finds the use of sound can heal tumors in the liver	1:09
10/23/2023 5:09 PM	Scott & Sam	Health/Physical & Mental	American Heart Association finds that meditation can lower your risk for heart disease	0:26
11/7/2023 9:45	Theresa Ross	Health/Physical & Mental	Explanation of the 10,3,2,1 method for getting a better nights sleep	1:18
11/7/2023 10:18 AM	Theresa Ross	Health/Physical & Mental	Experts are saying that drinking too much lemon water can damage your teeth and cause acid reflux.	0:55
11/7/23 11:45 AM	Theresa Ross	Health/Physical & Mental	Study shows that walking backwards for 20-30 min can increase balance	0.0368
11/8/23 12:45 PM	Theresa Ross	Food Security	Food giveaway at Abundant Living Church for Thanksgiving meals.	0.0444
11/9/2023 5:09 PM	Scott & Sam	Health/Physical & Mental	New study finds that if you sleep an extra 29 min a night, your "auto-pilot" is much sharper than it usually is	1:14
11/13/2023 9:45 AM	Theresa Ross	Food Security	Mana ministry at Set Free Church-free groceries until noon	0:43
11/13/23 12:18 PM	Theresa Ross	Food Security	Thanksgiving food giveaway at Abundant Living Church in Rancho this Saturday	0.0347
11/16/23 4:09 PM	Scott & Sam	Health/Physical & Mental	Studies find that volunteering can help your mental, emotional and physical health	0.0361
11/17/23 10:18 AM	Theresa Ross	Health/Physical & Mental	Experts say ricotta cheese is the healthiest option out there	0.116
11/17/2023 10:45 AM	Theresa Ross	Food Security	Free Thanksgiving meals available at Westwing Park tomorrow between 7 am and 2 pm	0:38
11/17/2023 11:18 AM	Theresa Ross	Food Security	Abundant Living Family Church giving away turkeys and grocery store gift cards tomorrow	0:40
11/20/2023 3:36 PM	Scott & Sam	Health/Physical & Mental	Dr's have found ways to do implants in the spine to heal Parkinsons disease	1:30
11/20/2023 9:18 AM	Theresa Ross	Food Security	Manna ministry today until noon-- free groceries and a hot lunch	0:51

11/20/2023 12:45 PM	Theresa Ross	Food Security	Free Thanksgiving dinner from 12 pm - 2 pm at Central Community Christian Fellowship	0:42
11/28/2023 4:36 PM	Scott & Sam	Health/Physical & Mental	Studies show that exercising for just 15 min a day can add years onto your life. Also having a spouse adds 7 years of life to wives and 12 years for husbands	1:09
11/19/23 5:09 AM	Keep the Faith	Health/Physical & Mental	When you look for ways to be grateful for what you have, you will then have more joy	1:09
11/19/23 5:45 AM	Keep the Faith	Health/Physical & Mental	Our attitude towards difficult situations can change our entire outlook on life	1:35
11/19/2023 7:09 AM	Keep the Faith	Health/Physical & Mental	Finding things that are specific for each day that you're grateful for can cause you to feel more joy	1:27
11/19/2023 7:27 AM	Keep the Faith	Relationship-building	Learning how to communicate to others in relationships is very important	1:36
11/19/2023 8:45 AM	Keep the Faith	Child development	During the first year of adopting children, the parent's need to be sure they have a very strong bond and unit while being able to create the bond and unity with the child, while also maintaining their relationships with their current children	1:41

Public Service Announcements

The following lists public service announcements that the station broadcast in the preceding calendar quarter to address community issues.

Topic	Title	Length	Runs
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