



Quarterly Issue/Program List
January 1, 2016 – March 31, 2016

The attached report contains the following:

1. KCWI list of interviews conducted on the early morning show called Great Day.

This report was placed in our public inspection file on or before April 10, 2016 as required by the Federal Communications Commission.

CW Great Day
Jan 1st – March 31st

Monday, Jan 4

- 8:20- Bill Riley State Fair Talent Search
- 8:40- Let's Go Places with Toyota of DM
- 9:10- Stivers Downright Proud

Tuesday, Jan 5

- 7:50- Profile by Sanford Pt. 2 – Brittany Lane, Coach and Deb Ostrem, Member
- 8:20- REPLAY Ron the Car Guy
- 8:40- Iowa History Journal – Michael Swagner, Publisher and Editor
- 9:10- Dine on a Dime at Price Chopper
- 9:30- Grappler Report

Wednesday, Jan 6

- 7:50- Attorney Kim Baer
- 8:20- Peterson Painting- Cary Peterson and Kara Steele. – What's Catching on in Des Moines
- 8:40- Rekha Basu / REKHA's Voice
- 9:10- Terry Rich, Iowa Lottery - \$400 Million Powerball Jackpot
- 9:30 Soundstage: Max Dvorak

Thursday, Jan 7

- 8:20- Solo Stage: Tyler Folkerts at Shotgun Bettys
- 8:40- UnityPoint Health- Rally Against Cancer- Jen Witt, John Stoddard Cancer Center and Caleb Hegna, UnityPoint Health Foundation
- 9:10- Fork in the Road
- 9:30- Duffy
- 9:40- Roske on Politics

Friday, Jan 8

- 7:50- Fidelity Bank – Rick Davis, Fidelity Bank & Dave Harmeyer, Vista Real Estate/Development/investments – Ridge at Echo Valley and the Estates on the Ridge
- 8:20- Funny Bone – Rob Litt
- 8:40- Funny Bone
- 9:10- Great Food with Wini Moranville- Basque Cooking
- 9:30- Stivers Downright Proud: American Heart Association

Monday, Jan 10

- 8:20- Des Moines Sweethearts Charity Date Night Auction benefitting Young Variety – Doug Vinsand, Event Chair and Jon Phillips
- 8:40- Repertory Theater of Iowa "Driving Miss Daisy" – Tyrees Allen
- 9:10- Stivers Downright Proud: Alice's Avengers in Wonderland – Kristen Herridge Van Hauen

Tuesday, Jan 11

- 8:20- Young Non-Profit Professionals Network "Non-Con" – Brianne Sanchez, YNPN & Lynn Hicks, Des Moines Register
- 8:40- Bankruptcy Attorney Michael Jankins, Jankins Law Firm- Signs That You Might Need to Consult With a Bankruptcy Attorney
- 9:10- Dine on a Dime at Price Chopper
- 9:30- Grappler Report

Wednesday, Jan 12

- 8:20- Iowa Wild- Josh Fisher
- 8:40- Rekha Basu
- 9:10- Great Smiles with Steffany Mohan from Plaza Dental – Invisalign
- 9:30- Newsies

Thursday, Jan 13

- 8:20- “The Iowa Caucus” Author Rachel Paine Caufield, Political Science Professor at Drake University
- 8:40- American Red Cross – Heroes of the Heartland – Kara Kelly
- 9:10- Fork in the Road
- 9:30- Duffy
- 9:40- Roske on Politics

Friday, Jan 14

- 7:50- Iowa’s Great Outdoors with Chance Patrick and Dan Martin, National Wild Turkey Federation – Reconnecting individuals to the Outdoors Mentorship
- 8:20- Funny Bone – Rob Schneider
- 8:40- Funny Bone
- 9:10- Great Food with Wini Moranville and DLynn Proctor, Winemaking Ambassador Penfolds-Treasury Wine Estates
- 9:30- Stivers Downright Proud : DSMHack
- 9:40- Solo Stage: Kevin Burt

Monday, Jan 18

- 8:10- Let’s Go Places with Toyota of Des Moines
- 8:20- AJ’s Steakhouse at Prarie Meadows- Eric McDowell, Sous Chef and Jeff Snowgren, Sous Chef
- 8:40- Solo Stage: The Old Hippie Machine promoting Indulge- A Wine, Cheese and Chocolate Affair. Also Mindy Toyne on set
- 9:10- Stivers Downright Proud: Big Brothers and Sisters of Central Iowa- Bowl For Kids Sake- Sarah Mowery, Donor Relations Manager
- 10:30- Record Blank Park Zoo Conservation Segment

Tuesday, Jan 19

- 7:50- Rick Santorum
- 8:00- Rick Santorum
- 8:20- Soundstage: Caucus the Musical
- 8:40- Replay: Joe The Other Car Guy- Westside Auto Pros: Did You Know?
- 9:10- Dine on a Dime at Price Chopper
- 9:30- Grappler Report

Wednesday, Jan 20

- 8:20- Focus on Business: The Good Feet Store- Opening New Location Near Jordan Creek Mall
- 8:40- Rekha Basu
- 9:10- Replay Blank Park Zoo Conservation
- 9:30- Rock for Chef D’s Rock Power Pizza

Thursday, Jan 21

- 7:50- Band Bombshell

8:20- Pazazz, The All-New Winter Apple- Fred Wescott, President, Honeybear Brands Contact: Kelly Plummer at kellyp@newsworthycommunications.com
8:40- UnityPoint Health- Atrial Fibrillation- Dr. Leen Navaravong, Unity Point Clinic
8:50- Healthy Eating In the New Year- Ricardo Salvador, Union of Concerned Scientists and Mark Bittman, Former New York Times Columnist and Cookbook
9:10- Fork in the Road
9:30- Duffy
9:40- Roske on Politics

Friday, Jan 22

7:50- Fidelity Bank
8:20- Funny Bone: Joe List
8:40- Funny Bone
9:10- Greta Food with Wini Moranville and Mike Crowover/Nick Illingworth, Laura Cocina
9:30- Stivers Downright Proud: Station One Records- Madison McConnell and Nadia Valentine
9:40- Author and Des Moines native Clark Eide- "A Monk's Way: The Path to Awareness"

Monday, Jan 25

8:10- Let's Go Places with Toyota of DM
8:20- Tax Identity Theft Awareness Week- Ben Hayden, Security Officer, Community State Bank
8:40- Replay: If Your Pets Could Talk
9:10- Stivers Downright Proud: Every Family Rocks- Leslie Garman
9:40- Soundstage: The Hector Achonado Band - Winter Blues Fest (402-215-3956)
10:30- Valentines Day Drinks

Tuesday, Jan 26

8:20- Latino Vote Iowa Caucus Campaign- Joe Enriquez Henry, State Director for the League of United Latin American Citizens of Iowa
8:40- Bankruptcy Attorney Michael Jenkins- Jenkins Law Firm- The Do's and Don'ts When Working with A Bankruptcy Attorney
8:50- "Broke, Busted and Discusted" Documentary- Adam Carroll
9:10- Dine on a Dime at Price Chopper
9:30- Grappler Report

Wednesday, Jan 27

8:20- Iowa Energy- Lindsay Ell Post Game Country Concert- Coach Bob Donewald and Alex Stepheson
8:40- Rekah Basu
9:10- Great Smils with Steffany Mohan from Plaza Dental
9:30- Schubert Winterreise- Des Moines Metro Opera- David Adam Moore, Baritone and David Neely, Pianist

Thursday, Jan 28

8:20- Privacy Professor- International Data Privacy Day
8:40- Soundstage: Steve and Michaela Mclain (steve mclain 641-451-1404)
8:50- Economist Mark Weisbrot- ""Failed: What the "Experts" Got Wrong About the Global Economy"
9:10- Fork in the Road – Honey
9:30- Duffy

9:40- Solo Stage/ Roske on Politics

Friday, Jan 29

7:50- Iowa's Great Outdoors w/ Chance Patrick and Jack Bensink, Bensink Farms Hunting Preserve

8:20- Funny Bone- John Witherspoon

8:40- Funny Bone

9:10- Great Food- Rory Brown // Allspice

9:30- Stivers Downright Proud: Up With People and Downtown Kiwanis

9:40- Soundstage Sons of Texas

Monday, Feb 1

8:10- Let's Go Places with Toyota of DM

8:20- Girl Scouts Cookie Sales Begin

8:40- Senator Paul Strauss – District of Columbia

9:10- Stivers Downright Proud: AHA Red Dress Dash- Kevin Harrington and Kathleen Kirbach MC

Tuesday, Feb 2

8:20- Hypnotherapist Colin Christopher

8:40- Rollie Graham, Graham Auction Service- Iowa Auctioneers Association Annual Convention and Auctioneer Contest (<http://grahmauction.com>)

9:10- Dine on a Dime at Price Chopper

9:30- Grappler Report

9:40- "My Funny Valentine" – Temple Theater for Performing Arts

Wednesday, Feb 3

7:50- BBB- Jon Peterson, Dry Basement Foundation Repair

8-8:30- Funny Bone Headliner Steve- O From MTV's Jackass

8:40- Soundstage: Fat Tuesday and The Greasfire Horns (Scott Long 515-669-9525)

9:10- EDGE (Education Drives Our Greater Economy)- Mary Bontrager and Cyndi Harmeyer, Greater Des Moines Partnership

9:30- "A Gentleman's Guide to Love and Murder" – Civic Center

Thursday, Feb 4

7:50- Saint Jude Tournament of Hope Social Hour – Kelly Jo Abdo

8:20- Soundstage – Eastside Brothers

8:40- UnityPoint Health – Dr. Sushma Koneru- Women's Heart Health

8:50- Getaway To The Big Screen- Liz Gilman, Produce Iowa

9:10- Fork in the Road with Sheree Clark

9:30- Duffy

9:40- Roske on Politics

Friday, Feb 5

7:50- Glam Prom Fashion Show

8:20- Iowa's Great Outdoors w/ Chance Patrick – Ice Fishing

8:40- Blank Park Zoo Conservation Series-Dr. Jill Pruetz, ISU Dept. of Anthropology- Chimpanzees

9:10- Great Food- LIVE Segment with Wini in the Studio: (Restaurant News of Note)

9:30- Stivers Downright Proud: The Miracle League of Ankeny- A Night for Miracles: Hearts and Hands Gala- Todd Ashby and Dorothy Mathis

9:40- Soundstage: Drake Choir Singing Valentines- Amanda Lauritsen and Nathan Jacobson

Monday, Feb 8

- 7:50- Energy Independence In Iowa – Kevin Nordmeyer, BNIM Architecture Firm
- 8:10- Let's Go Places with Toyota of DM
- 8:20- Go Green with Metro Waste Authority
- 8:40- Solo Stage: Rob Lumbard
- 9:10- Stivers Downright Proud: Pink In the Rink Night with the Iowa Wild
- 9:40- Sara Blaedel – International Best-Selling Author of "The Forgotten Girls" and "The Killing Forest"

Tuesday, Feb 9

- 7:50- Bosen the Florist- Tom Boesen – Valentines Day
- 8:20- Soundstage: Scotty and the Wingtips- Winter Blues Fest
- 8:40- Bankruptcy Attorney Michael Jenkins- Jenkins Law Firm- What Happens to My Home if I file For Bankruptcy
- 8:50- Galentines Day at the Des Moines Social Club- Comedian Madeleine Russell
- 9:10- Dine on a Dime at Price Chopper
- 9:30- Grappler Report
- 9:40- Soundstage: "Murder Ballad" Des Moines OnStage

Wednesday, Feb 10

- 7:50- Ankeny Community Theater "Some Sweet Day"
- 8:20- Kinky Vodka Valentine's Day Drinks
- 8:40- LEAP – Leadership Education and Advancement Pipeline – Jennifer Chittenden, Des Moines Downtown Chamber of Commerce and Christiana Moffat, Crème Cupcake
- 8:50- Jessica Lang Dance – Des Moines Performing Arts
- 9:10- Great Smiles
- 9:30- Soundstage: Home Free

Thursday, Feb 11

- 8:20- StageWest Theatre Co. "Outside Mullingar"
- 8:40- Central Iowa Blues Society's Winter Blues Fest- Jeff Duskin, Central Iowa Blues Society
- 8:50- Soundstage: The Soul Searchers- Winter Blues Festive
- 9:10- Fork in the Road – Dehydrated Foods
- 9:30- Duffy
- 9:40- Roske on Politics

Friday, Feb 12

- 7:30- Fidelity Bank – Rick Davis- Fidelity Bank at the DM Home and Garden Show
- 8:10- Buddy – The Buddy Holly Story at Hoyt Sherman Place- Michael Perrie Jr.
- 8:20- Funny Bone- Jamie Lissow
- 8:40- Funny Bone
- 9:10- Great Food- Stephen Exel, Culinary Loft at the DM Social Club
- 9:30- Stivers Downright Proud: Corndog Checkoff- Peter Cownie, Iowa State Fair Blue Ribbon Executive Director
- 9:40- Soundstage- John Primer – Winter Blues Fest

Monday, Feb 15

- 7:50- Robert Warren- Hoyt Sherman Place
- 8:10- Let's Go Places with Toyota of DM – Pottawattamie County

8:20- Kyle Munson, DM Register- An idea to make peace with Stanford Band
8:40- Soundstage: The Pirates of Penzance Jr. – Class Act Productions Community Theatre in Altoona- Thatcher Williams, Director
8:50- Partnership for Drug Free Iowa- Peter Komendowski
9:10- Stivers Downright Proud: Chrysalis Conversations Speaker Series – The Dream Team- Terry Hernandez, Executive Director

Tuesday, Feb 16

8:20- Soundstage: Up With People Dance Instruction
8:40- Replay Ron the Car Guy
9:10- Dine on a Dime at Price Chopper
9:30- Grappler Report
9:40- Solo Stage : Korby Lenker

Wednesday, Feb 17

8:20- Broadlawns Construction Feature
8:40- DART forward plan
9:10- Des Moines Metro Opra Wine and Food Showcase- Michael Egel, DMMO and Lynn Pritchard, Table 128
9:30- Solo Stage- Jordan Mayland Promoting the DMMC's Backstage Ball. Justin Schoen, Past President, DMMC Board of Directors; on set.

Thursday, Feb 18

7:50- Victory Fighting Championship 48: Jackson vs Moreno – DM MMA Fighter Jordan Young and Ryan Stoddard, Owner, Victory Fighting Champion
8:20- Solo Soundstage: Jacob Jones
8:40- UnityPoint Health – Dr. Michael Page, Iowa Digestive Disease Center and Jenny Cataldo, Nurse Navigator at John Stoddard Cancer Center
9:10- Fork in the Road
9:30- Duffy
9:40- Roske on Politics

Friday, Feb 19

7:50- Iowa's Great Outdoors w/ Chance Patrick and Stuart Juarez, Firearms Instructor
8:20- Funny Bone – John Heffron
8:40- Funny Bone
9:10- Great Food- Sean Wilson, Proof
9:30- Stivers Downright Proud: Diverse Learners Resource Fair- Kari Paulsen, Heartland AEA
9:40- Blue Ribbon Bacon Festival- The New Bacon Queen, Hacksaw Jim Duggan, Iowa Bacon Board Members

Monday, Feb 22

7:40- DM Women's Club 108th Annual Art Exhibition at Hoyt Sherman Place- Beth Oberender and Jane Bowlin
8:10- Let's Go Places with Toyota of DM
8:20- National Youth Football Organization Iowa- Jason Mills
8:40- Soundstage: Wellington International Ukelele Orchestra (Joe Puelo 219-898-5538)
9:10- Stivers Downright Proud: Bowl For Kids Sake- Brianne Fitzgerald, Marketing and Communicatoins Director

Tuesday, Feb 23

- 7:50- Hair Stylist Cozy Friedman- Tips to Fix the Child Hair Care Nightmare
- 8:20- SOLO STAGE: Dilana
- 8:40- Bankruptcy Attorney Michael Jenkins – Jenkins Law Firm- What is the Bankruptcy Meeting of Creditors all about?
- 9:10- Dine on a Dime at Price Chopper
- 9:30- FINAL Grappler Report
- 9:40- SOLO Stage: Matt Whipkey (opening for Dwight Yoakam) 402-672-6253

Wednesday, Feb 24

- 8:20- Soundstage: Cashed Out, Johnny Cash Tribute at Woolly's
- 8:40- Rekha Basu
- 9:10- Great Smiles with Steffany Mohan from Aspen Dental
- 9:30- Solo Stage: Megan Jensen promoting Heartland Youth Choir's "Partners in Artistry" Fundraising Event at Noce. Barbra Sletto and Max Wellman
- 9:40- The Realish Housewives of Waukee

Thursday, Feb 25

- 8:20- Iowa Barnstormers Home Opener with either Jeff Lamberti or John Pettit
- 8:40- Soundstage: Brett Newski
- 9:10- Fork in the Road
- 9:30- Duffy
- 9:40- Roske on Politics

Friday, Feb 26

- 7:50- Fidelity Bank-Amber Lampe and Kalen Ludwig, Residential Real Estate Agent at Peoples Co.
- 8:10- Oscars Movie Preview
- 8:20- Funny Bone – Auggie Smith
- 8:40- Funny Bone
- 9:10- Great Food- Aaron Holt, RoCA
- 9:30- Stivers Downright Proud: Home Instead Senior Care Program- "Give 65" – Bob Baumgart and Amy Alden
- 9:40- Soundstage: Blue Mafia – Des Moines Area Bluegrass Festival

Monday, Feb 29

- 7:40- Accumold Job Fair- Roger Hargens CEO/President
- 8:10- Let's Go Places With Toyota of DM- Czech Village in Cedar Rapids
- 8:20- Countdown to 100 at the DM Community Playhouse
- 8:40- Privacy Professor Rebecca Herold
- 9:10- Stivers Downright Proud: Free Community Health Fair March 5

Tuesday, March 1

- 8:20- Soundstage: Opera Project DSM
- 8:40- Free Extreme Couponing Workshop – Maryann Collier, TLC's Extreme Couponing and Mates Rounds, Regional Sales and Marketing Manager Gannett Publishing Co.
- 9:10- Dine on a Dime at Price Chopper
- 9:30- Tim Read, Children's Illustrator, Author and Entertainer and Sue Woody, DM Public Library
- 9:40- Pho King Cook Off- Iowa Asian Alliance- Nu Huynh

Wednesday, March 2

8:20- Indoor Fun with STEM Activities- Erica Douglas DM Moms Blog

8:40- Rekha Basu

9:10- Caberet- DM Performing Arts

9:30- SOUNDSTAGE: Dust Radio – March 4th at Leftys

11:30- Record Iowa Great Outdoors Segment for Friday

Thursday, March 3

8:20- Healthy Homes DesMoines-Claire Richmond, Healthy Homes DM and Marci Cordaro, DMPS

8:40- UnityPoint Health – Dr. Donald Hilledrand, Center for Liver Disease – Hepatitis C

8:50- Celtic Music Association – Virgil Kleinhesselink

9:10- Fork in the Road

9:30- Duffy

9:40- Roske on Politics

Friday, March 4

7:40- Broadlawns Medical Center- Kendall Reed, DO-Gastroenterology

7:50- Iowa's Great Outdoors with Chance Patrick- IA Deer Classic- Pre-Recorded

8:20- Funny Bone – Nick Griffin

8:40- Funny Bone

9:10- Great Food- Persillade

9:20- Solo Stage/ Stivers Downright Proud: Jason Brown at the Variety Telethon (641-891-7302)

9:40- Soundstage: Fullbloods- Vaudeville Mews Ross Brown (913-948-3038)

Monday, March 7

7:40- Principal Charity Classic- Greg Conrad, Tournament Director and Jeanne Swenson, Volunteer Services

8:10- Let's Go Places with Toyota of DM

8:20- DM Corporate Games- Jay Byers, Greater Des Moines Partnership and Kevin Bourke, Iowa Sports Foundation

8:30- The Glass Menagerie – Karla Kash, Director and Benjamin Sheridan "Tom"

8:40- Soundstage: Jacob County and the Damaged Goods

9:10- Stivers Downright Proud: Fools Ball Fundraiser for Stage West Theatre Co.

Tuesday, March 8

8:20- National Pancake Day- Stephen Linnettk, IHOP and Miss Iowa 2015 Taylor Wiebers

8:40- Replay- Ron the Car Guy

9:10- Dine on a Dime at Price Chopper

9:30- Soundstage: Rocky Raccoon (Beatles Tribute Band with Tom Murphy)

Wednesday, March 9

8:20- Iowans 4 Medical Cannabis

8:40- Rekha Basu

9:10- Great Smiles with Steffany Mohan from Plaza Dental

9:30- DM Performing Arts New Season Announcement- Eric Olmscheid, Director of Programming and Education

Thursday, March 10

7:40- Portrait of Maquoketa Exhibit at State Historical Museum- Andrew Harrington, Exhibits Manager at State Historical Museum of Iowa

8:20- IngeniOz Vodka

8:40- Soundstage: Rocky Raccoon (pre-recorded)
9:10- Sheree Clark/ Fork in the Road – Getting Juicy
9:30- Duffy
9:40- Roske on Politics

Friday, March 11

6:20- Hoops Scoop
6:40- Jeanne Moos CNN Feature
7:20- ARL
7:40- Fidelity Bank – Rick Davis, Fidelity Bank and Justin Bauer, The Courtyards at Rock Creek
8:20- Funny Bone – Tony Rock
8:40- Funny Bone
9:10- Great Food with Wini Moranville and Michael Leo, Strudl Haus/ David Baruthio, Baru 66
9:30- Pawty 4 Paws – Janet Schultz and Christina King – Boone Area Humane Society

Monday, March 14

8:10- Let's Go Places with Toyota of DM
8:20- REPLAY: If Your Pets Could Talk – Cathy Erickson
8:40- SOLO Stage: Sara Routh
9:10- Stivers Downright Proud: Guns N Hoses Hockey- Travis Hamilton, Guns N Hoses and Nikita Pavlychev, DM Buccaneers

Tuesday, March 15

8:20- Solo Stage: Tropical Steel at Music in the East Village- Erik Ullestad, Capital Hill Lutheran Church (Stan Dahl solo performance)
8:40- The Hound Society – Haylee Bergeland
9:10- Dine on a Dime at Price Chopper
9:30- Nurse Force – Laura Grage and Jane Jones

Wednesday, March 16

8:20- Small Biz Saturday Spring Shopalooza- Shannon Stimple
8:40- Rekha Basu
8:50- Bankruptcy Attorney Mike Jenkins
9:10- Jazz at Caspe Terrace Spring Series – Abe Goldstein
9:30- Solo Stage: Rae Davis

Thursday, March 17

8:20- Montgomery: The Rest of the Story with Valda Harris Montgomery, PHD-Geral Blanchard
8:40- UnityPoint Health- Window Safety Awareness – Janna Day, Blank Children's Hospital and Gretta Geneser, Hannah Geneser Foundation
9:10- Fork in the Road
9:30- Duffy
9:40- Roske on Politics

Friday, March 18

8:20- Funny Bone – Jeff Dye
8:40- Funny Bone
9:10- Great Food- Cyd Koehn, Cyd Koehn, Catering
9:20- Riverdance – DM Performing Arts – Dancers Jason O'Neill and Ciara Sexton

9:30- Stivers Downright Proud: 3rd Annual Heroes for Hope Dinner- Jed Hammen and Jen Douma, Hope Animal Rescue and Dog

9:40- Soundstage: Josh Merritt- Lefty's Phone 270-903-9233 jjmerritt63@me.com

Monday, March 21

8:10- Let's Go Places w/ Toyota of DM

8:20- REPLAY: Children of a Lesser God

8:40- SOUNDSTAGE: Ballet DM – Peter Pan- Serkan Usta, Artistic Director

9:10- Stivers Downright Proud: Youth Leadership Initiative – Nathan Ritz

Tuesday, March 22

8:20- Couture For a Cause – Children's Cancer Connection

8:40- REPLAY: Ron the Car Guy

9:10- Dine on a Dime at Price Chopper

9:30- Iowa History Journal – Michael Swanger <http://iowahistoryjournal.com>

Wednesday, March 23

7:50- Bridal Elegance

8:20- Magician Nate Staniforth

8:40- Reha Basu

8:50- Severe Weather Awareness Week- Brian O'Keefe, DM Fire Department

9:10- Great Smiles with Steffany Mohan from Plaza Dental – Invisalign and Whitening

9:30- Solo Stage: Royce Johns

Thursday, March 24

8:20- Author Jennifer Wilson – "Water"

8:40- Soundstage Brazilian 2wins

9:10- Fork in the Road – Nut Milk (pre-recorded)

9:30- Duffy

9:40- Roske on Politics

Friday, March 25

8:20- Funny Bone – Mark Viera

8:40- Funny Bone

9:10- Great Food- CJ Bienert, The Cheese Shop of DM

9:30- Stivers Downright Proud: Cops Against Cancer Survivorship Conference- Craig Phinney, Cops Against Cancer and Jennifer Cataldo, John Stoddard

Monday, March 28

8:10- Let's Go Places with Toyota of Des Moines

8:20- Michael Gettler, North High School – JROTC Air Rifle National Championship- Lexis Smith, Jessica Ebersole, James Ellefson and Zane Simonton

8:40- Bankruptcy Attorney Mike Jenkins

9:10- Stivers Downright Proud: Iowa Arboretum "Run For the Trees"- Joe McNally, IA Arboretum

9:30- Ames Main Street Cultrual District

Tuesday, March 29

7:50- DM Mayor Frank Cownie- City Hall Relocation

8:20- Mills Fleet Farm – Todd Gisi, Mills Fleet Farm and James Cladwell, Cargill

8:40- SOLO Stage: DMACC Fashion Show – Mixed Messages- Samantha Wright and Breanna Owen on set and three models

9:10 – REPLAY: Ron The Car Guy
9:30- SOUNDSTAGE: Heartland Swing Festival
9:40- Chrysalis Conversation Series – Cancer Survivor Jenne Fromm

Wednesday, March 30

8:20- Soundstage: VooDoo 3
8:40- Rekha Basu
9:10- Five Monkeys Inc. “Feed The Fish” Art Show – Diana Bechman
9:30- The Big DIF (DM Improv Festival) at the Last Laugh Comedy Theater – Josh Chamberlin

Thursday, March 31

8:20 – Solo stage
8:40- Unity Point Health - Organ Donation – Michael and Tara Porche and Dr. Qasim Chaudhry,
Transplant Surgeon
9:10- Fork in the Road
9:30- Duffy
9:40- Roske on Politics

Friday, April 1

7:50- Author Larry Monger- “As the Dust Settles”
8:20- Funny Bone – Ryan Hamilton
8:40- Funny Bone
9:10- Great Food- John Andres and Students, Culinary Arts Program at DM Central Campus
9:30- Stivers Downright Proud: Martial Artists for Children and Community (MACC) Foundation’s
Annual 5K Fundraiser
9:40- Soundstage: Waukeee H.S. Presents Les Miserables- Chelsea Haaland, Director