#### **Issues Programs List**

**Quarterly Issues Programs List for:** 

WGBF-AM, WGBF-FM and WOMI-AM

October 1st - December 31st, 2022

#### Section I - Issues

The stations have identified the following issues as significant issues facing our community in this quarter:

A. STRIKES, SHUTDOWNS AND UNIONIZATION – Evansville has a significant CSX rail yard and the Evansville & Western Railway that service many industries in our community (some of which are international in scale). Recent talks of strikes and shutdowns have put many businesses on edge in an already strained economy. Additionally, most unions in the US have already established their organizations in the Tri-State or are looking to unionize in our area due to industry growth making many citizens question whether these are necessary in the current economy.

- **B. FUTURE OF REMOTE WORK** COVID-19 proved one thing to many businesses the definition of jobs and the workplace is changing. For Tri-State businesses, this has created a shortage of commercial space as companies downsize their facility needs while also creating a boom for real estate and IT establishments.
- <u>C. HIGHER EDUCATION COST CRISIS</u> Combining the area's teacher shortage with many watching their finances, many Universities and Colleges in the community are having to decide between additional layoffs or an increase in tuition in an industry already criticized for being too expensive.
- <u>D. PHARMACY DESERTS</u> Three counties in our listening area have significant cities with plenty of pharmacy options. However, with the consolidation of companies, retirement and migration of citizens to more populated areas, many communities have found themselves becoming "Pharmacy Deserts" and residents must travel to pick up medications.
- **E. RELIANCE ON HEALTHCARE** With medical professionals in southern Indiana and western Kentucky leaving the profession due to the stress of COVID-19 and other diseases, lifestyle coaches and facilities have begun changing their messaging and educational programs to promoting the need for preventative measures as hospital system's specialized care systems are strained with more and more procedures and appointments for issues that may have been preventable.
- <u>F. SUPPORTING AN ADDICT</u> Although meth addiction was once stronger in the Tri-State area, the recent increase of fentanyl has further strained the area's support agencies for the friends and family of addicts. A recent study showed Kentucky regularly in the top 5 states of worst drug use and arrest categories, while often being in the bottom 5 of rehab and support categories leaving local officials and facilities concerned. Indiana did not fare much better and was typically only a few places behind.

#### Section II. Responsive Programs

In our ongoing effort to serve the interests of the audiences receiving our programs, WGBF-AM, WGBF-FM and WOMI-AM broadcast Radio Health Journal and Viewpoints on the days and times listed below. These programs address issues identified as significant to our communities as well as a variety of other topics. A comprehensive description of the topics covered are found on the following pages.

WGBF-AM: Radio Health Journal- Sunday, 6am; Viewpoints- Sunday, 6:30am WGBF-FM: Radio Health Journal- Sunday, 6am; Viewpoints- Sunday, 6:30am

WOMI-AM: Radio Health Journal- Saturdays, 9am; Viewpoints- Saturdays, 9am & Sundays 8:30am



Program	22-40	Written & Produced	Kristen Farrah
Air Week	10/02/22	Production Manager	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:48
:48	SPOTBREAK 1: Macys "Hispanic Heritage Month"	:30
	Autozone "Services Mashup" OUTCUE:group 2021	:30
1:48	:02 PAUSE FOR LOCAL AVAIL	:02
1:50	SEGMENT 1: PHARMACY DESERTS: THE SHRINKING ACCESS TO HEALTHCARE	12:21
	Synopsis: Neighborhood pharmacies are closing across the nation, leaving their communities without close access to medication and other healthcare needs. Dr. Walter Mathis has researched pharmacy deserts and how they're affecting local communities. He explains possible solutions to this growing issue.  Host: Reed Pence. Producer: Kristen Farrah. Guests: Dr. Walter Mathis, Assistant Professor of Psychiatry, Yale School of Medicine; Justin Macy PharmD, Digital Health Senior Manager, National Association of Boards of Pharmacy  Compliancy issues covered: pharmacy deserts; pharmacy; healthcare; public health; medical access; food deserts; vulnerable populations; consumerism; corporatization; public transportation; public policy Links for information: <a href="https://medicine.yale.edu/profile/walter_mathis/">https://medicine.yale.edu/profile/walter_mathis/</a> <a href="https://pubmed.ncbi.nlm.nih.gov/35953379/">https://pubmed.ncbi.nlm.nih.gov/35953379/</a>	
	https://www.linkedin.com/in/justinmacy/ https://safe.pharmacy/	
14.11	SPOTBREAK 2: Procter & Gamble "Tide"	:30
	Progressive Insurance Co "Progressive" OUTCUE:states or situations	:30
15:11	:02 PAUSE FOR LOCAL AVAIL	:02
15:13	SEGMENT 2: AN ILLNESS AFFECTING MILLIONS OF UNSUSPECTING PEOPLE - POSSIBLY YOU	7:51
	Synopsis: Peripheral Artery Disease may not be a household name like stroke or heart attack, but it's just as common. Unfortunately, the lack of awareness means that many patients with PAD catch it too late and end up needing an amputation. Dr. Nick West discusses why public awareness is crucial to saving lives and limbs.  Host: Nancy Benson. Producer: Kristen Farrah. Guests: Dr. Nick West, Chief Medical Officer, Abbott Laboratories  Compliancy issues covered: global health emergency; public safety; amputations; excersize; physical health; patient safety; public awareness; disease awareness  Links for information: <a href="https://www.linkedin.com/in/nick-west-8050a1a0/">https://www.cardiovascular.abbott/us/en/patients/treatments-therapies/peripheral-artery-disease.html</a> <a href="https://www.cardiovascular.abbott/us/en/pc/disease-management/peripheral-artery-disease/clear.html">https://www.cardiovascular.abbott/us/en/pc/disease-management/peripheral-artery-disease/clear.html</a>	
23:04	SPOTBREAK 3: Procter & Gamble "Downy" Indeed "Indeed 2022 Upfront" Macys "Hispanic Heritage Month" KFC "Window 6 Campaign" OUTCUE:tax extra	:30 :30 :30 :30
25:04	Medical Notes & News. Host: Shel Lustig	1:22
26:26	SPOTBREAK 4: Pfizer Consumer Healthcare "Eliquis" Procter & Gamble "King C Gillette" OUTCUE:c gillette	:30 :31
27:27	Program Conclusion	:31
27:58	TOTAL TIME	



Program	22-41	Written & Produced	Kristen Farrah
Air Week	10/09/22	Production Manager	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:48
:48	SPOTBREAK 1: Macys "Hispanic Heritage Month"	:30
	Wendy's "Breakfast"  OUTCUE:breakfast hours	:30
1:48	:02 PAUSE FOR LOCAL AVAIL	:02
1:50	SEGMENT 1: DISSECTING THE EMERGENCY ROOM: EVERY PATIENT HAS A STORY	12:05
	Synopsis: As an ER doctor, Jay Baruch wears many hats. He's a healer, listener, traffic director, and so	
	much more during each shift. But in such a chaotic space, how can doctors maximize their time with	
	patients? Baruch explains his beliefs on medicine's moral center and changes that need to be implemented	
	to give patients the best outcomes.	
	Host: Reed Pence. Producer: Kristen Farrah. Guests: Dr. Jay Baruch, Emergency Physician, Professor of Emergency Medicine, Warren Alpert Medical School at Brown University, Author	
	Compliancy issues covered: emergency medicine; patient safety; healthcare; pandemic; hospital;	
	consumerism; insurance companies; medical records; creativity; medicine; public health	
	Links for information:	
	https://twitter.com/JBaruchMD?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor	
	https://www.jaybaruch.com/ https://vivo.brown.edu/display/jbaruchm	
13:55	SPOTBREAK 2: Pfizer Consumer Healthcare "Ibrance"  OUTCUE:loss of appetite	:60
14:55	:02 PAUSE FOR LOCAL AVAIL	:02
14:57	SEGMENT 2: A NEW HOPE FOR MEN WITH ADVANCED PROSTATE CANCER	7:28
	Synopsis: Treatments for metastatic hormone-sensitive prostate cancer have remained the same for seventy	
	years – until now. Scientists have created a medication, called Nubeqa, that pairs with the original treatments	
	and helps lengthen the lifespan of patients. An expert discusses why this is an optimistic time for MHSPC patients.	
	Host: Nancy Benson. Producer: Kristen Farrah. Guests: Dr. Neal Shore, Medical Director, Carolina Urologic	
	Research Center, Chief Medical Officer of Urology and Surgical Oncology, Genisis Care US	
	Compliancy issues covered: patient safety; prostate cancer; novel treatments; cancer; oncology; gender	
	issues; vulnerable population; radiation; chemotherapy	
	Links for information: <a href="https://www.genesiscare.com/us/our-doctors/dr-neal-d-shore">https://www.genesiscare.com/us/our-doctors/dr-neal-d-shore</a>	
	https://atlanticurologyclinics.com/physicians/neal-shore/ https://www.nubeqa-us.com/	
22:25	SPOTBREAK 3: Progressive Insurance Co "Progressive"	:30
	Procter & Gamble "Swiffer"	:30
	Pfizer Consumer Healthcare "Ibrance" OUTCUE:loss of appetite	:60
24:25	Medical Notes & News. Host: Shel Lustig	2:00
26:25	SPOTBREAK 4: Macys "Hispanic Heritage Month"	:30
	KFC "Window 6 Campaign" OUTCUE:tax extra	:31
27.26	Program Conclusion	:31
27:57	TOTAL TIME	



Program	22-42	Written & Produced	Kristen Farrah
Air Week	10/16/22	Production Manager	Jason Dickey

:00 INTRO	
	:48
:48 SPOTBREAK 1: Pfizer Consumer Healthcare "Orgovyx" OUTCUE:the facts dot of	om :59
1:47 :02 PAUSE FOR LOCAL AVAIL	:02
1:49 SEGMENT 1: THE CONDITION THAT EXPERTS SAY IS SEVERELY UNDERDIAGNOSED	10:52
Synopsis: Our upper and lower body movements are connected by two small joints called the SI joint. Any changes in this joint can cause severe pain and restricted mobility. Unfortunately, SI Joint Dysfunction is extremely hard to diagnose. An expert explains the difficulties in diagnosing and how the dysfunction can fixed using regenerative medicine.  Host: Reed Pence. Producer: Kristen Farrah. Guests: Dr. Niteesh Bharara, Director of Regenerative Medicine, Virginia Spine Institute; Kathryn Butterfield, Diagnosed with SI Joint Dysfunction Compliancy issues covered: regenerative medicine; back pain; stem cell therapy; chronic condition; patier safety; consumerism; vulnerable populations; public health; chronic pain; joint dysfunction Links for information: <a href="https://www.spinemd.com/our-team/physicians/dr-niteesh-bharara">https://www.spinemd.com/our-team/physicians/dr-niteesh-bharara</a>	be
https://www.instagram.com/doctor_bharara/?hl=en	
12:41 SPOTBREAK 2: Pfizer Consumer Healthcare "Ibrance" OUTCUE:loss of appe	tite :60
13:41 :02 PAUSE FOR LOCAL AVAIL	:02
13:43 SEGMENT 2: WHY WE NEED TO HAVE BETTER DISCUSSIONS AROUND MALE INFERTILITY	9:14
Synopsis: Did you know that men are just as affected by infertility as women? Yet, society tends to focus of female infertility more commonly. Because of the lack of discussion, many men wait too long to seek help fertility issues. Dr. Scott Lundy, a urologist at the Cleveland Clinic, discusses different causes of male infertility and common treatment options men may not know about.  Host: Nancy Benson. Producer: Kristen Farrah. Guests: Dr. Scott Lundy, Urologist, Glickman Urological at Kidney Institute at the Cleveland Clinic  Compliancy issues covered: fertility; male infertility; men's health; reproduction; assisted reproduction; lifestyle changes; public awareness; public health; reproductive technology  Links for information: <a href="https://my.clevelandclinic.org/staff/28398-scott-lundy">https://my.clevelandclinic.org/staff/28398-scott-lundy</a> <a href="https://www.urologyhealth.org/urology-a-z/m/male-infertility">https://www.urologyhealth.org/urology-a-z/m/male-infertility</a>	for
22:57 SPOTBREAK 3: Discover Products Inc "Discover Card Brand"  KFC "Window 6 Campaign"	:30 :30
Pfizer Consumer Healthcare "Ibrance" OUTCUE:loss of appe	
24:57 Medical Notes & News. Host: Shel Lustig	1:28
26:25 SPOTBREAK 4: Ebay "Ebay Parts & Accessories" Procter & Gamble "Oral B" OUTCUE:come and get	
27:25 Program Conclusion	:31



Progra	am 22-43	Written & Produced	Kristen Farrah	
Air We	eek 10/23/22	Production Manager	Jason Dickey	
Time	Segment			Dur.

Time	Segment	Dur.		
:00	INTRO	:48		
:48	SPOTBREAK 1: Pfizer Consumer Healthcare "Ibrance" OUTCUE:loss of appetite	:60		
1:48	:02 PAUSE FOR LOCAL AVAIL	:02		
1:50	SEGMENT 1: "FIELD IN CRISIS": DOCTORS NEED 26.7 HOURS IN A DAY TO CARE FOR PATIENTS	11:12		
	Synopsis: Primary care physicians have been experiencing a shortage in recent years. Couple that with a			
	demanding patient load and it's no surprise that both doctors and patients are feeling slighted. Experts			
	discuss the systemic changes needed to turn the field around.			
	Host: Reed Pence. Producer: Kristen Farrah. Guests: Dr. Russ Phillips, Primary Care Physician, Director,			
	Harvard Medical School Center for Primary Care; Dr. Justin Porter, Primary Care Physician, Assistant			
	Professor of Medicine, University of Chicago			
	Compliancy issues covered: primary care; physician shortage; multidisciplinary care; fee-for-service; value-			
	based care; patient health; public health; consumerism; education			
	Links for information: https://www.uchicagomedicine.org/find-a-physician/physician/justin-porter			
	https://link.springer.com/article/10.1007/s11606-022-07707-x https://primarycare.hms.harvard.edu/faculty-			
	staff/russ-phillips			
13:02	SPOTBREAK 2: Pfizer Consumer Healthcare "Orgovyx" OUTCUE:facts dot com	:60		
14:02	:02 PAUSE FOR LOCAL AVAIL	:02		
14:04	SEGMENT 2: CAN DREAMS DEEPEN OUR UNDERSTANDING OF MENTAL ILLNESS?	8:28		
	Synopsis: Even with a growing awareness of mental health, researchers say our compassion for those with			
	mental illness hasn't improved. Dr. Melanie Rosen, an assistant professor of philosophy, thinks the lack of			
	societal empathy could be fixed in our sleep. She explains how the delusional nature of dreams could help			
	us better understand the daily lives of those with mental illnesses, such as schizophrenia.			
	Host: Nancy Benson. Producer: Kristen Farrah. Guests: Dr. Melanie Rosen, Assistant Professor of			
	Philosophy, Trent University			
	Compliancy issues covered: dreams; sleep; mental health; mental illness; virtual reality; delusions; public			
	health; mental health awareness; empathy; neuroscience			
	Links for information: <a href="https://www.trentu.ca/philosophy/faculty-research/melanie-rosen">https://www.trentu.ca/philosophy/faculty-research/melanie-rosen</a>			
	https://www.youtube.com/watch?v=i40-x3Tp8Z0 https://journals.ub.uni-			
	heidelberg.de/index.php/IJoDR/article/view/83147			
22:32	SPOTBREAK 3: Macy's "Breast Cancer Awareness"	:30		
	Procter & Gamble "Gain"	:30		
	Wendy's "Wendy's Value"	:30		
	Progressive Insurance Co "Progressive" OUTCUE:all agents	:30		
24:32	Medical Notes & News. Host: Shel Lustig	1:57		
26:29	SPOTBREAK 4: Pfizer Consumer Healthcare "Orgovyx" OUTCUE:facts dot com	:60		
27:29	Program Conclusion	:30		
27:59	TOTAL TIME			



27:59

**TOTAL TIME** 

Progra	<b>m</b> 22-44	Written & Produced	Kristen Farrah	
Air We		Production Manager	Jason Dickey	
Time	Segment			Dur.
:00	INTRO			:48
:48	SPOTBREAK 1: Pfizer Consumer Healthcare "Orgovyx" OUTCUE:facts dot com			:59
1:47	:02 PAUSE FOR LOCAL AVAIL	Tor Froditioaro Orgovyx	001002ladio doi 00111	:02
1:49	SEGMENT 1: THE CONVERSA	TION AROUND STILL BIR	TH THAT'S LONG OVERDUE	12:22
14:11	Synopsis: Elizabeth O'Donnell e. Action, a non-profit that helps we prevention needs to be a public of Host: Reed Pence. Producer: Kr Neil Mandsager, Maternal Fetal Center, Medical Adviser, Count to Compliancy issues covered: stillleducation; non-profit; legislation; Links for information: <a href="https://www.https://twitter.com/neilmandsager?la">https://www.https://twitter.com/neilmandsager?la</a>	xperienced a stillbirth in 20 pmen in similar situations, in conversation — one that car isten Farrah. Guests: Eliza Medicine Physician, Director he Kicks pirth; stillbirth prevention; preconsumerism; public health and a saliyahinaction.org/meet-the-ing=enhttps://www.instagram.comercyone.org/desmoines/profesrc=twsrc%5Egoogle%7Ctw	20. Through her grief, she created Aaliyah in n honor of her daughter. She believes stillbirth n save thousands of babies. beth O'Donnell, Founder, Aaliyah in Action; Dr. or of Obstetrician, MercyOne Des Moines Medical regnancy; children at risk; vulnerable populations; th founder-elizabeth om/aaliyahinaction/?hl=en wider/neil-mandsager-md-maternal-and-fetal-medicine	:30
	Procter & Gan		OUTCUE:come and get it	:30
15:11	:02 PAUSE FOR LOCAL AVAIL			:02
15:13	SEGMENT 2: HOW SLEEP RES	SEARCH IS IMPROVING (	COMMUNICATION TECHNOLOGY	7:35
	progress communication technol uncover some of the questions a future of bridging our brains with Host: Nancy Benson. Producer: General Hospital, Instructor, Har Compliancy issues covered: pub physically disabled; memory; technically disabled; me	ogy for the physically disable round sleep. He explains he technology for instantaneous Kristen Farrah. Guests: Dr. vard Medical School lic health; communication; hnologymassgeneral.org/doctors/209rubin-md-phd/ https://www.jne	Daniel Rubin, Neurologist, Massachusetts  consumerism; sleep; neurology; neuroscience;  38/daniel-rubinhttps://mobile.twitter.com/dbrubin	
22:48	SPOTBREAK 3: Pfizer Consum			:60
		ner Healthcare "Orgovyx"	OUTCUE:facts dot com	:60
24:48	Medical Notes & News. Host: Sh			1:41
26:29	SPOTBREAK 4: Macy's "Breas			:30
		nble "Vicks Quils"	OUTCUE:use as directed	:30
27:29	Program Conclusion			:30
0 = 0				



Program	22-45	Written & Produced	Kristen Farrah & Polly Hansen
Air Week	11/06/22	Production Manager	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:48
:48	SPOTBREAK 1: Pfizer Consumer Healthcare "Prevnar" OUTCUE:with prevnar twenty	:60
1:48	:02 PAUSE FOR LOCAL AVAIL	:02
1:50	SEGMENT 1: HAVE WE RELIED TOO MUCH ON HEALTHCARE?	13:04
	Synopsis: Hospitals are a foundational part of our health, but Dr. Michael Stein, a primary care physician, believes we may be depending too much on medicine. He explains the difference between healthcare and public health, arguing that we should pay more attention to preventing conditions before they occur. Host: Reed Pence. Producer: Kristen Farrah. Guests: Dr. Michael Stein, Primary Care Physician, Professor, Boston University School of Public Health; Dr. Franchell Hamilton, Bariatric Surgeon, Obesity Weight loss Specialist, Founder, NeuroSwitch Weight Loss Compliancy issues covered: public health; healthcare; preventive medicine; politics; public policy; vulnerable populations; hunger crisis; housing crisis; consumerism; nutrition; health Links for information: <a href="https://www.bu.edu/sph/profile/michael-stein/">https://www.bu.edu/sph/profile/michael-stein/</a> <a href="https://www.michaelsteinbooks.com/">https://www.michaelsteinbooks.com/</a> <a href="https://www.instagram.com/dr.fhamilton/?hl=en">https://www.instagram.com/dr.fhamilton/?hl=en</a> <a four="" href="https://www&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;th&gt;&lt;/th&gt;&lt;th&gt;https://health.gov/our-work/nutrition-physical-activity/white-house-conference-hunger-nutrition-and-health&lt;/th&gt;&lt;th&gt;&lt;/th&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;14:54&lt;/td&gt;&lt;td&gt;SPOTBREAK 2: Pfizer Consumer Healthcare " outcue:four="" rheum"="" td="" xeljanz="" xeljanz<=""><td>:60</td></a>	:60
15:54	:02 PAUSE FOR LOCAL AVAIL	:02
15:56	SEGMENT 2: HOW ORDINARY PEOPLE BECAME AMERICA'S FIRST PARAMEDICS	7:10
	Synopsis: In 1966, Americans were more likely to die from a car crash than soldiers in the Vietnam War. Most people needing emergency assistance were carried to the hospital in the back of a police car. In his new book, Kevin Hazzard uncovers how our modern-day paramedics came to be. Host: Nancy Benson. Producer: Polly Hanson. Guests: Kevin Hazzard, Paramedic, Author, American Sirens, The Incredible Story of The Black Men Who Became America's First Paramedics Compliancy issues covered: paramedic; ambulance; public health; race; healthcare; vulnerable populations; consumerism; patient safety; life expectancy Links for information: <a href="https://www.kevinhazzard.com/">https://www.kevinhazzard.com/</a> <a href="https://twitter.com/goes_by_hazzard">https://twitter.com/goes_by_hazzard</a>	
23:06	SPOTBREAK 3: Macys "Big Brothers and Sisters" Procter & Gamble "Olay Body" Pfizer Consumer Healthcare "Prevnar" OUTCUE:with Prevnar twenty	:30 :28 :60
25:04	Medical Notes & News. Host: Shel Lustig	1:23
26:27	SPOTBREAK 4: Pfizer Consumer Healthcare "Xeljanz Rheum" OUTCUE:four four xeljanz	:60
27:27	Program Conclusion	:30
27:57	TOTAL TIME	



Program	22-46	Written & Produced	Kristen Farrah
Air Week	11/13/22	Production Manager	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:48
:48	SPOTBREAK 1: Pfizer Consumer Healthcare "Orgovyx" OUTCUE:facts dot com	:60
1:48	:02 PAUSE FOR LOCAL AVAIL	:02
1:50	SEGMENT 1: ANTIBIOTICS: THE GROWING HEALTH CRISIS WE'RE NOT TALKING ABOUT, PART 1	11:01
	Synopsis: People around the world have heavily relied on antibiotics to fight off infections for decades. Unfortunately, this dependency has created a global resistance to some of the drugs, leading to the deaths of more than one million people in 2019. Dr. John McKillip discusses the overuse, overprescribed, and misprescribed issues that, if left unchecked, could result in up to ten million deaths each year due to antibiotic resistance.	
	Host: Reed Pence. Producer: Kristen Farrah. Guests: Dr. John McKillip, Professor of Microbiology, Ball State University; Milan Patel, CEO and Co-Founder, PathogenDx Compliancy issues covered: antibiotics; antibiotic resistance; public health; public health crisis; patient safety; global crisis; biotechnology; overprescribing; genetics; bacteria; pharmaceutical industry Links for information: <a href="https://www.bsu.edu/academics/collegesanddepartments/biology/about/faculty-staff/biofaculty/mckillipjohn">https://www.bsu.edu/academics/collegesanddepartments/biology/about/faculty-staff/biofaculty/mckillipjohn</a> <a four="" href="https://www.bsu.edu/academics/collegesanddepartments/biology/about/faculty&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;12:51&lt;/td&gt;&lt;td&gt;SPOTBREAK 2: Pfizer Consumer Healthcare " outcue:four="" rheum"="" td="" xeljanz="" xeljanz<=""><td>:60</td></a>	:60
13:51	:02 PAUSE FOR LOCAL AVAIL	:02
13:53	SEGMENT 2: HOW TO OVERCOME YOUR MENTAL BLOCKS TO REACH SUCCESS	8:36
	Synopsis: Mental toughness is usually a term reserved for athletes. However, Dr. Haley Perlus, an expert in performance psychology, explains why it's so important for everyone to work on their mental fortitude. Perlus joins us this week to offer tips on how to work past those mental blocks and achieve your goals.  Host: Nancy Benson. Producer: Kristen Farrah. Guests: Dr. Haley Perlus; Author, Public Speaker, Doctor of Sport and Performance Psychology  Compliancy issues covered: mental health; mental toughness; athletics; neurology; public health; goal setting; relationships; strength; mindset  Links for information: <a href="https://drhaleyperlus.com/">https://drhaleyperlus.com/</a> <a href="https://twitter.com/sportpsychology?lang=en/">https://twitter.com/sportpsychology?lang=en/</a> <a href="https://www.youtube.com/channel/UC8cH78p4ZaR_F-S7iLSE0PQ">https://www.youtube.com/channel/UC8cH78p4ZaR_F-S7iLSE0PQ</a>	
22:29	SPOTBREAK 3: Macys "Big Brothers and Sisters"  Pfizer Consumer Healthcare "Paxlovid"	:30 :30
	Pfizer Consumer Healthcare "Orgovyx" OUTCUE:facts dot com	:60
24:29	Medical Notes & News. Host: Shel Lustig	2:00
26:29	SPOTBREAK 4: Pfizer Consumer Healthcare "Xeljanz Rheum" OUTCUE:four four xeljanz	:60
27:29	Program Conclusion	:30
27:59	TOTAL TIME	



22:29

24:29

26:27

27:26

27:57

### Program Log for Radio Health Journal

Progra	m 22-47	Written & Produced	Kristen Farrah	
Air We	ek 11/20/22	Production Manager	Jason Dickey	
Time	Segment			Dur.
:00	INTRO			:48
:48	SPOTBREAK 1: Pfizer Consum	ner Healthcare "Orgovyx"	OUTCUE:facts dot com	:60
1:48	:02 PAUSE FOR LOCAL AVAIL			:02
1:50			AND WOMEN WHO SERVED OUR COUNTRY?	11:44
	members? Though the VA Healt Gordon exposes our society's insolutions to help right these wron Host: Reed Pence. Producer: Kr Veterans Healthcare Policy Instit New Terrain of Veterans Affairs; Veteran Compliancy issues covered: veter vulnerable populations; government Links for information: <a href="https://suzhttps://www.va.gov/health-care/">https://www.va.gov/health-care/</a>	hcare system is a great respectively and the ment of t	vww.dukeupress.edu/our-veterans	
13:34	SPOTBREAK 2: Pfizer Consum	ner Healthcare "Xeljanz Rh	eum" OUTCUE:four four xeljanz	:60
13:34	:02 PAUSE FOR LOCAL AVAIL	•		:02
13:36	SEGMENT 2: ANTIBIOTICS PA	RT 2: WE ARE WHAT WE	EAT	8:53
	animal agriculture. Two-thirds of impact to people who ultimately Host: Nancy Benson. Producer: Epidemiology, University of Penr	the yearly antibiotic supply eat these antibiotic-ridden i Kristen Farrah. Guests: Dr. nsylvania School of Veterin biotics; agriculture; global of	crisis; antibiotic resistance; animal agriculture;	

Links for information: https://www.med.upenn.edu/apps/faculty/index.php/q5455356/p8127742

SPOTBREAK 3: Pfizer Consumer Healthcare "Ibrance"

Medical Notes & News. Host: Shel Lustig

**Program Conclusion** 

TOTAL TIME

Procter & Gamble "Downy"

SPOTBREAK 4: Pfizer Consumer Healthcare "Xeljanz Rheum"

Progressive Insurance Co "Progressive"

https://www.linkedin.com/in/laurel-redding-b510873/ https://ehp.niehs.nih.gov/doi/full/10.1289/EHP7327

:60

:30

:30

:59

:31

1:58

OUTCUE: ...states or situations

OUTCUE: ...four four xeljanz



Program	22-48	Written & Produced	Kristen Farrah
Air Week	11/27/22	Production Manager	Jason Dickey

Time	Segment	Dur.	
:00	INTRO	:48	
:48	SPOTBREAK 1: Pfizer Consumer Healthcare "Xeljanz Rheum" OUTCUE:four four xeljanz	:60	
1:48	:02 PAUSE FOR LOCAL AVAIL	:02	
1:50	SEGMENT 1: GUT FEELING: THE TRILLIONS OF BACTERIA IN CHARGE OF OUR IMMUNE SYSTEM	11:53	
	Synopsis: Trillions of bacteria live in our gut, creating an intricate system called the 'gut microbiome.' Dr. Robynne Chutkan, a gastroenterologist, explains how this network is a crucial component to our immune system. She also offers step-by-step guidance on how to strengthen your own microbiome. Host: Reed Pence. Producer: Kristen Farrah. Guests: Dr. Robynne Chutkan, Gastroenterologist, Digestive Center for Wellness, Author, The Anti-Viral Gut: Tackling Pathogens From The Inside Out Compliancy issues covered: public health; diet; gut microbiome; bacteria; immune system; gastroenterology;		
	nature; plant fiber; supplements; antibiotics; consumerism; digestion; autoimmune disease; allergies; cancer Links for information: <a href="https://robynnechutkan.com/">https://robynnechutkan.com/</a> <a href="https://robynnechutkan.com/anti-viral-gut-master-class/">https://robynnechutkan.com/anti-viral-gut-master-class/</a> <a href="https://www.joutube.com/channel/UC-NRgtMBH9ps1CGjfaP607A">https://www.joutube.com/channel/UC-NRgtMBH9ps1CGjfaP607A</a> <a href="https://twitter.com/drchutkan?lang=en">https://twitter.com/drchutkan?lang=en</a>		
13:43	SPOTBREAK 2: Pfizer Consumer Healthcare "Ibrance" OUTCUE:loss of appetite	:60	
14:43	:02 PAUSE FOR LOCAL AVAIL	:02	
14:45	SEGMENT 2: "LOVE THE PERSON, HATE THEIR BEHAVIOR" SUPPORTING AN ADDICT		
22,56	Synopsis: Addiction doesn't just affect one person; it can tear entire families apart. But how can you convince a loved one to get help, and is there a way to support them without enabling the addiction? An expert discusses the steps families can take to fight against substance use addiction.  Host: Nancy Benson. Producer: Kristen Farrah. Guests: Judy Mandel, Author, White Flag; Mike Gimbel, Drug Abuse Expert, Host, Straight Talk  Compliancy issues covered: drug abuse; addiction; homelessness; consumerism; drug epidemic; vulnerable populations; harm reduction; intervention; family issues; addiction resources; substance use disorder Links for information: <a href="https://judymandel.com/">https://judymandel.com/</a> https://judymandel.com/ <a href="https://www.linkedin.com/in/mike-gimbel-a6b57b65/">https://www.linkedin.com/in/mike-gimbel-a6b57b65/</a> https://www.linkedin.com/gimbel mike <a href="https://harfordtv.org/hcn_program/straight-talk/">https://harfordtv.org/hcn_program/straight-talk/</a>	-20	
22:56	SPOTBREAK 3: Macy's "Big Brothers and Sisters"  Pfizer Consumer Healthcare "Paxlovid"  Pfizer Consumer Healthcare "Ibrance"  OUTCUE:loss of appetite	:30 :30 :61	
24:57	Medical Notes & News. Host: Shel Lustig	1:31	
26:28	SPOTBREAK 4: Pfizer Consumer Healthcare "Xeljanz Rheum" OUTCUE:four four xeljanz	:60	
27:28	Program Conclusion	:31	
27:59	TOTAL TIME		



Program	22-49	Written & Produced	Kristen Farrah, Polly Hansen
Air Week	12/04/22	Production Manager	Jason Dickey

Time	Segment	Dur.			
:00	INTRO	:48			
:48	SPOTBREAK 1: Pfizer Consumer Healthcare "Xeljanz Rheum" OUTCUE:four four xeljanz	:60			
1:48	:02 PAUSE FOR LOCAL AVAIL	:02			
1:50	SEGMENT 1: HOW 'LONG COVID' HAS BROUGHT ATTENTION TO A NEGLECTED ILLNESS	10:33			
	Synopsis: Myalgic encephalomyelitis/chronic fatigue syndrome has long been a condition surrounded by				
	doubt in the medical community. How could someone be completely exhausted from doing a crossword				
	puzzle? Dr. Lucinda Bateman, an ME/CFS expert, explains the mental and physical toll that plagues the				
	people who suffer from this condition.				
	Host: Reed Pence. Producer: Polly Hansen. Guests: Dr. Lucinda Bateman, Founder and Medical Director,				
	Bateman Horne Center, ME/CFS Expert; Dr. Walter Koroshetz, Director of the National Institute of				
	Neurological Disorders and Stroke, NIH; Ann McDonald, Diagnosed with ME/CFS Compliancy issues covered: public health; long covid; covid; epidemic; vulnerable populations; exhaustion;				
	chronic conditions; disabilities; health care; infectious diseases; vaccinations				
	Links for information: https://twitter.com/oncnursestl?lang=en https://batemanhornecenter.org/				
	https://batemanhornecenter.org/about/staff/lucinda-bateman/ https://twitter.com/lbatemanmd?lang=en				
	https://www.ninds.nih.gov/about-ninds/who-we-are/staff-directory/walter-koroshetz				
	https://twitter.com/NINDSdirector?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor				
12:23	SPOTBREAK 2: Macy's "Big Brothers and Sisters"	:30			
	Pfizer Consumer Healthcare "Paxlovid" OUTCUE:sponsored by pfizer	:30			
13:23	:02 PAUSE FOR LOCAL AVAIL	:02			
13:25	SEGMENT 2: CHRONIC HEARTBURN ISN'T NORMAL IT CAN CAUSE MORE HARM THAN SMOKING	8:50			
	Synopsis: Acid reflux may seem like just an annoying condition, but when it becomes extreme, developing				
	into GERD, it can create permanent damage. In fact, ignoring your acid reflux can lead to esophageal				
	cancer. Dr. Samir Patel details how to properly treat your heartburn before it becomes a serious issue.				
	Host: Nancy Benson. Producer: Kristen Farrah. Guests: Dr. Samir Patel, Surgeon, AtlantiCare				
	Compliancy issues covered: GERD; acid reflux; cancer; heartburn; obesity; stomach issues;				
	gastroenterology; vulnerable populations; diet; pregnancy; chronic conditions				
	Links for information: <a href="https://providers.atlanticare.org/provider/Samir+M+Patel/1162507">https://providers.atlanticare.org/provider/Samir+M+Patel/1162507</a> <a href="https://www.mayoclinic.org/diseases-conditions/gerd/symptoms-causes/syc-">https://www.mayoclinic.org/diseases-conditions/gerd/symptoms-causes/syc-</a>				
	20361940#:~:text=Gastroesophageal%20reflux%20disease%20(GERD)%20occurs,reflux%20from%20time				
	%20to%20time.				
22:15	SPOTBREAK 3: Pfizer Consumer Healthcare "Ibrance"	:60			
	Pfizer Consumer Healthcare "Orgovyx" OUTCUE:facts dot com	:60			
24:15	Medical Notes & News. Host: Shel Lustig	2:12			
26:27	SPOTBREAK 4: Pfizer Consumer Healthcare "Xeljanz Rheum" OUTCUE:four four xeljanz	:60			
27:27	Program Conclusion	:31			
27:58	TOTAL TIME				
		L			



27:59

**TOTAL TIME** 

Progra			Written & Produced	Kristen Farrah		
Air We	ek 12/11/22		Production Manager	Jason Dickey		
Time	Segment					Dur.
:00	INTRO					:48
:48	SPOTBREAK	1: Pfizer Consum	er Healthcare "Orgovyx"		OUTCUE:facts dot com	:60
1:48	:02 PAUSE FO	R LOCAL AVAIL				:02
1:50	SEGMENT 1:	BEING SELFISH	IS SOMETIMES THE HEA	LTHIEST OPTION		11:29
	Synopsis: We're taught from a young age to always share and be kind, but Dr. Scott Kaufman thinks that's not always the right thing to do. His new research looks at the idea of 'healthy selfishness' – taking care of					
	_	•		•	selfishness and why setting	
	-	-	to grow a relationship.	e different forms of s	sellistilless and wity setting	
		•	sten Farrah. Guests: Dr. S	cott Kaufman, Cogn	itive Scientist Humanistic	
			or, Columbia University, Ho	-		
			and Psychology, Universit			
				-	erapy; relationships; healthy	
		rcissism; patholog		,		
	Links for inforr	nation: https://scot	tbarrykaufman.com/ https:	//www.instagram.coi	m/scottbarrykaufman/?hl=en	
	https://twitter.c	om/sbkaufman?re	f_src=twsrc%5Egoogle%7	Ctwcamp%5Eserp%	57Ctwgr%5Eauthor	
	https://www.pe	teloper.com/about	https://sc.edu/study/colleg	<u>jes_schools/medicin</u>	e/about the school/faculty-	
	staff/loper_pet					
13:19			er Healthcare "Xeljanz Rh	eum"	OUTCUE:four four xeljanz	:60
14:19		OR LOCAL AVAIL				:02
14:21			TUCK IN A CROWD IS M			8:09
			South Korea during Hallow			
					trophe. Crowd surges occur	
		• • •	•		of those unlucky enough to	
		-	explains what happens du	iring a crowd surge	and how to stay safe in the	
	middle of large	•	Kristen Farrah. Guests: Dr.	William H Warran	Chancellor's Professor of	
			ological Sciences, Brown U		Chancelloi s Professor of	
	•	•	•	•	death; crowd safety; public	
	safety; crowd		ra oargoo, olampoaco, oro	wa aynaniioo, maoo	acain, crewa carety, pasiic	
			.brown.edu/display/wwarre	eni		
22:30			ege of Physicians "Nationa		eek"	:30
			er Healthcare "Paxlovid"			:30
		Pfizer Consum	er Healthcare "Xeljanz Rh	eum"	OUTCUE:four four xeljanz	:60
24:30	Medical Notes	& News. Host: Sh	el Lustig		-	1:58
26:28	SPOTBREAK	4: Pfizer Consum	er Healthcare "Orgovyx"		OUTCUE:facts dot com	:60
27:28	Program Cond	lusion				:31
<b></b>						



27:25

27:56

**Program Conclusion** 

TOTAL TIME

## Program Log for Radio Health Journal

Progra		Written & Produced	Kristen Farrah, Reed Pence	
Air We	<b>ek</b> 12/18/22	Production Manager	Jason Dickey	
Time	Segment			Dur.
:00	INTRO			:48
:48	SPOTBREAK 1: Pfizer Consumer Healthcare "Xeljanz Rheum" OUTCUE:four four xeljanz			
1:48	:02 PAUSE FOR LOCAL AVAIL	•		:02
1:50	SEGMENT 1: HOME FOR THE	HOLIDAYS: WHY ER VISIT	TS SPIKE AROUND CHRISTMAS	12:12
	you live in snowy Colorado or su and share tips on how to safely Host: Reed Pence. Producer: R Norwalk Hospital; Dr. Robert Klo Research, Huntington Medical F Dr. David Phillips, Professor Em Compliancy issues covered: put consumerism; emergency medic Links for information: https://www https://findcare.nuvancehealth.or	anny LA, accidents increase make it through the holidays end Pence. Guests: Dr. Chripner, Chief Science Officer a desearch Institute, Professor eritus of Sociology, Universiblic health; holidays; death; reine; emergency department w.linkedin.com/in/christopherg/provider/Christopher+J.+I	stopher Michos, Emergency Medicine Physician, and Scientific Director of Cardiovascular of Medicine, University of Southern California; ty of California at San Diego new years; chronic conditions; patient safety; ; first responders	
	https://sociology.ucsd.edu/peop		·	
14:02	SPOTBREAK 2: Pfizer Consur	*	OUTCUE:loss of appetite	:60
15:02	:02 PAUSE FOR LOCAL AVAIL			:02
15:04	SEGMENT 2: ENDING OVERD	OSE: MAKING THE ANTID	OTE MORE ACCESSIBLE THAN THE DRUG	7:49
	death for people age 18 to 45. In The organization informs and ar explains the signs of an overdos Host: Nancy Benson. Producer: Compliancy issues covered: over addiction; drug abuse; consume Links for information: https://enc	n an effort to save lives, The ms the public with the tools to e and how to use life-saving Kristen Farrah. Guests: The rdose; harm reduction; nalo rism; alcohol; overdose previoverdose.net/our-team/	o Krzywicki, Founder and CEO, End Overdose xone; paramedics; first responders; opioids; rention	
22:53	SPOTBREAK 3: Macys "Big Big	others and Sisters"		:30
		ner Healthcare "Paxlovid"		:30
		ner Healthcare "Xeljanz Rhe	um" OUTCUE:four four xeljanz	:60
24:53	Medical Notes & News. Host: Sl			1:32
26:25	SPOTBREAK 4: Pfizer Consur	ner Healthcare "Ibrance"	OUTCUE:loss of appetite	:60
.17.9E	Drogram Canalysian			

:31



Program	22-52	Written & Produced	Kristen Farrah, Reed Pence
Air Week	12/25/22	Production Manager	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:47
:47	SPOTBREAK 1: Pfizer Consumer Healthcare "Xeljanz Rheum" OUTCUE:four four xeljanz	:60
1:47	:02 PAUSE FOR LOCAL AVAIL	:02
1:49	SEGMENT 1: TRYING TO FIX THE BIASED LAB TESTING THAT'S COST COUNTLESS LIVES	12:05
	Synopsis: If left untreated, kidney disease can eventually lead to death which is why early testing is so important. However, the main test has historically had different threshold requirements based on race, which has led to lower diagnosing rates and higher death rates from the condition in people of color. Experts dissect how a new testing equation will help even the scales and give accurate results for all patients. Host: Reed Pence. Producer: Kristen Farrah. Guests: Dr. La'Tonzia Adams, MS, FCAP, Pathologist, VA Portland Health Care System; Dr. Jonathan Genzen, FCAP, Chief Medical Officer, ARUP Laboratories, Professor of Clinical Pathology, University of Utah Compliancy issues covered: kidney disease; race issues; racial inequality; public health; lab testing; consumerism; vulnerable populations Links for information: <a href="https://www.aruplab.com/experts/genzen">https://www.aruplab.com/experts/genzen</a>	
	https://healthcare.utah.edu/fad/mddetail.php?physicianID=u0865746&name=jonathan-robert-genzen	
13:54	SPOTBREAK 2: Pfizer Consumer Healthcare "Prevnar" OUTCUE:prevnar twenty	:60
14:54	:02 PAUSE FOR LOCAL AVAIL	:02
14:56	SEGMENT 2: THE DOCTOR THAT CAN ACTUALLY FEEL HIS PATIENTS' PAIN	7:34
	Synopsis: Mirror-touch synesthesia is a sensory processing disorder where a person can feel the sensations of another. As you can imagine, this condition can be an asset for certain people, like Dr. Joel Salinas. He's a neurologist who can diagnose patients just by being able to feel their symptoms in his own body. He explains the condition and what it's like living with his empathy on overdrive.  Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Joel Salinas, Neurologist, Harvard Medical School and Massachusetts General Hospital Department of Neurology  Compliancy issues covered: synesthesia; neurology; empathy; vulnerable populations; patient safety; sensory issues  Links for information: <a href="https://joelsalinasmd.com/">https://joelsalinasmd.com/</a> <a href="https://www.instagram.com/joelsalinasmd/?hl=en/https://www.massgeneral.org/neurology/research/salinas-lab-joel-salinas-md/">https://www.hsph.harvard.edu/health-happiness/people/joel-salinas-md/</a>	
22:30	SPOTBREAK 3: Macys "Big Brothers and Sisters" Pfizer Consumer Healthcare "Paxlovid" Pfizer Consumer Healthcare "Xeljanz Rheum" OUTCUE:four four xeljanz Medical Notes & News. Host: Shel Lustig	:30 :30 :60
26:25	SPOTBREAK 4: Pfizer Consumer Healthcare "Prevnar"  OUTCUE:prevnar twenty	:60
27:25	Program Conclusion	:31
27:56	TOTAL TIME	.01
27.00	TOTAL TIME	1



Program	VP 22-40	Written & Prod.	Amirah Zaveri, Ebony McMorris, Evan Rook
Air Week	10/02/2022	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Progressive/For Three	:30
	Taco Bell/Cheesy Friend OUTCUE:vary tax extra.	:30
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: WORKERS ARE FED UP: THE CONTINUING STRIKES & UNIONIZATIONS IN THE U.S.	9:37
	Synopsis: Just last month, the railway industry narrowly averted a strike that would've resulted in more than 100,000 railway workers walking off the job. This dispute over pay, hours and working conditions would've shut down the U.S. railway system, costing billions of dollars in lost revenue from commuter travel and a stall in commodities and goods shipments. Over the past year, headlines covering workers striking or pushing to unionize have become commonplace. What's driving this labor revolt? Stay tuned this week. Host: Gary Price. Guests: Daisy Pitkin, Deputy Organizing Director, Workers United; Maxford Nelsen, Director of Labor Policy, The Freedom Foundation.  Links for more info: <a href="https://www.workman.com/authors/daisy-pitkin">https://twitter.com/maxfordnelsen?lang=en</a> <a href="https://news.gallup.com/poll/398303/approval-labor-unions-highest-point-1965.aspx">https://news.gallup.com/poll/398303/approval-labor-unions-highest-point-1965.aspx</a> Compliancy Issues Covered: Labor Rights, Labor Issues, Wealth Distribution, Equity, Health, Career	
11:24	SPOTBREAK 2&3: Macy's/Hispanic Heritage Round Up	:30
	Swiffer/Pet Swiffer	:30
	Rocket Mortgage/Quicken Loans Black American Anthem OUTCUE:member 30-30.	:60
13:24	:02 PAUSE FOR LOCAL AVAIL	:02
13:26	SEGMENT 2: THE POWER OF PHOTOGRAPHY	8:10
24.20	Synopsis: The beauty of a photo is that it freezes a specific moment in history forever. A single snapshot has the power to convey a scene better than words ever could. We speak with author and activist Philip Allen about the role photography and videography played during the Civil Rights Movement and the role it still plays today in capturing racial bias & inequality  Host: Marty Peterson. Guest: Philip Allen, activist, author, <i>The Prophetic Lens: The Camera and Black Moral Agency From M-L-K to Darnella Frazier.</i> Links for more info: <a href="https://www.smithsonianmag.com/smithsonian-institution/emmett-tills-open-casket-funeral-reignited-the-civil-rights-movement-180956483/">https://www.smithsonianmag.com/smithsonian-institution/emmett-tills-open-casket-funeral-reignited-the-civil-rights-movement-180956483/</a> <a href="https://www.barnesandnoble.com/w/the-prophetic-lens-phil-allen-jr/1140892044">https://www.barnesandnoble.com/w/the-prophetic-lens-phil-allen-jr/1140892044</a> <a href="Compliancy Issues Covered">Compliancy Issues Covered</a> : Photography, Art, History, Segregation, Discrimination, Civil Rights	200
21:36	SPOTBREAK 4: Macy's/Hispanic Heritage Round Up	:30
00.00	Gain/Missed Connections OUTCUE:longer lasting scent.	:30
22:36	VIEWPOINTS EXPLAINED: A ROYAL CROWN  Synopsis: The crown jewels are a distinct symbol of the British monarchy. We highlight the history & worth of one piece that was highly visible last month during the funeral procession for Queen Elizabeth II. Host: Ebony McMorris  Compliancy Issues Covered: History, Culture, Fashion	1:46
24:22	CULTURE CRASH: A REVIEW OF "THE PATIENT"	2:06
	Synopsis: The new Hulu drama series, "The Patient" stars Steve Carrell and Domhnall Gleeson. We review the first few episodes of Season 1.  Host: Evan Rook  Compliancy Issues Covered: TV, Culture	
26:28	SPOTBREAK 5: Vicks/Worried About Dad	:30
	Indeed/Boot Camp OUTCUE:and conditions apply.	:30
27:28	Program Conclusion	:32
28:00	TOTAL TIME	



Program	VP 22-41	Written & Prod.	Amirah Zaveri, Ebony McMorris, Evan Rook
Air Week	10/09/2022	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Macy's/Hispanic Heritage Round Up	:30
	Indeed/Skin Care OUTCUE:and conditions apply.	:30
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: THE STATE OF JOURNALISM: A NEW, EXPANDING FORMAT	8:38
	Synopsis: Americans are increasingly busy, and there's more content than ever before vying for a piece of their time. In this new landscape, many media are outlets shifting their formats to better compete with social media and Americans' reduced attention spans. Co-founder of Axios Roy Schwartz joins us this week to talk about how everyone, and not just journalists, can use this stylistic change to improve both their writing and presenting.  Host: Gary Price. Guest: Roy Schwartz, co-founder, president, Axios, author, <i>Smart Brevity: The Power of Saying More With Less</i> .  Links for more info: <a href="https://www.axios.com/https://www.axios.com/https://www.amazon.com/Smart-Brevity-Power-Saying-More/dp/1523516976">https://www.amazon.com/Smart-Brevity-Power-Saying-More/dp/1523516976</a> Compliancy Issues Covered: Journalism, Media, Technology, Writing, Oral Communication, Social Media	
10:25	SPOTBREAK 2&3: Ibrance/Team Cheer	:60
	Macy's/Hispanic Heritage Round Up	:30
	Eliquis/I Didn't Wait OUTCUE:Squibb and Pfizer.	:30
12:25	:02 PAUSE FOR LOCAL AVAIL	:02
12:27	SEGMENT 2: PHONE GUIDELINES FOR KIDS	8:22
	Synopsis: It seems like every preteen has their own cellphone these days. Just last week, I saw a kid (possible 9 or 10 years old) walking down the street talking to someone through their smartwatch. Who would've thought? With more young people owning tech at an earlier age, it's important for both parents and kids to sit down from the get-go and talk about how to stay safe online, minimize social media use and more. Host: Marty Peterson. Guest: Catherine Pearlman, licensed social worker, author, <i>First Phone: A Child's Guide to Digital Responsibility, Safety and Etiquette.</i> Links for more info: <a href="https://www.consumerreports.org/smartphones/how-to-use-parental-controls-on-a-smartphone-a4120021016/">https://www.consumerreports.org/smartphones/how-to-use-parental-controls-on-a-smartphone-a4120021016/</a> <a href="https://www.internetmatters.org/parental-controls/social-media/instagram/">https://www.internetmatters.org/parental-controls/social-media/instagram/</a> <a href="https://www.tomsguide.com/us/best-parental-control-apps,review-2258.html">https://www.tomsguide.com/us/best-parental-control-apps,review-2258.html</a> <a href="https://support.apple.com/en-us/HT201304">https://support.apple.com/en-us/HT201304</a> <a href="Compliancy Issues Covered">Compliancy Issues Covered</a> : Technology, Parenting, Addiction, Cyber Safety, Child Development	
20:49	SPOTBREAK 4: Ibrance/Stealing Second OUTCUE:loss of appetite.	:60
21:49	VIEWPOINTS EXPLAINED: CIVIL UNREST IN IRAN	2:02
	Synopsis: Hundreds of thousands of Iranians have taken to the streets in protest in recent weeks following the death of 22-year-old woman, Mahsa Amini. We discuss some of the norms and policies in this Islamic Middle East country and how these tensions have escalated in recent years.  Host: Ebony McMorris  Compliancy Issues Covered: Culture, Law Enforcement, Religion	
23:51	CULTURE CRASH: THE DECLINE OF AMERICA'S FAVORITE PASTTIME	2:33
	Synopsis: More Americans are watching less baseball these days. What changed? We discuss some theories as to why the sport is seeing a downturn.  Host: Evan Rook Compliancy Issues Covered: TV, Sports, Culture	
26:24	SPOTBREAK 5: Macy's/Hispanic Heritage Round Up	:30
	Downey/Cycle Beats. OUTCUE:rinse and refresh.	:30
27:24	Program Conclusion	:33
27:57	TOTAL TIME	



Program	VP 22-42	Written & Prod.	Amirah Zaveri, Grace Galante, Ebony McMorris, Evan Rook
Air Week	10/16/2022	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Orgovyx/Guitarist OUTCUE:effects dot com.	:60
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: ELECTRIC VEHICLES: REDUCING SKY HIGH COSTS & A LACK OF ACCESSIBILITY	7:05
	Synopsis: The electric vehicle market is booming. Nearly every automaker is pledging to invest in this technology and is rolling out sleek new models with all the bells and whistles. While electric is seen as the future, for many Americans these newer cars are often out of reach because of the hefty price tag. We speak with two experts about this current market and what progress is being made to make EV's more available to all.  Host: Gary Price. Guests: Alessandra Carreon, manager, Carbon-Free Mobility Team, Rocky Mountain Institute; Kristin Dziczek, automotive policy advisor, Federal Reserve Bank of Chicago's Detroit Branch. Links for more info: <a href="https://www.npr.org/2022/10/01/1126079120/auto-companies-are-racing-to-meet-an-electric-future-and-transforming-the-workfo">https://www.npr.org/2022/10/01/1126079120/auto-companies-are-racing-to-meet-an-electric-future-and-transforming-the-workfo</a> <a href="https://www.cargroup.org/person/kristin-dziczek/">https://rmi.org/people/alessandra-r-carreon/</a> <a href="https://www.washingtonpost.com/climate-solutions/2022/08/10/electric-vehicle-ev-ira-credit-bill/">https://www.ashingtonpost.com/climate-solutions/2022/08/10/electric-vehicle-ev-ira-credit-bill/</a> <a href="https://www.axios.com/2022/10/05/ev-adoption-loyalty-electric-cars">https://www.axios.com/2022/10/05/ev-adoption-loyalty-electric-cars</a> <a href="Complex text-additation-loyalty-electric-cars">Compliancy Issues Covered: Transportation, Clean Technology</a> , Auto Manufacturing, Climate Change,	
	Environmental Policy	
8:52	SPOTBREAK 2&3: GEICO/Walk Up	:30
	Indeed/Fro Yo	:30
	Orgovyx/Guitarist OUTCUE:effects dot com.	:60
10:52	:02 PAUSE FOR LOCAL AVAIL	:02
10:54	SEGMENT 2: DISCOVERING DEATH: ANSWERS FROM A MORTICIAN	10:54
	Synopsis: What happens if you pass away in the Arctic, or in outer space? How do people in Thailand or India mourn their dead differently than people in the U.S.? We answer these questions and more with the help of mortician Caitlin Doughty.	
	Host: Marty Peterson. Guest: Caitlin Doughty, mortician, author, Will My Cat Eat My Eyeballs? Big Questions from Tiny Mortals About Death.	
	Links for more info: <a href="https://www.amazon.com/Will-Cat-Eat-Eyeballs-Questions/dp/039365270X">https://www.amazon.com/Will-Cat-Eat-Eyeballs-Questions/dp/039365270X</a> Compliancy Issues Covered: Death, Culture, Societal Norms, Career, Grief, History, Literature	
21:48	SPOTBREAK 4: Paxlovid/Act Fast	:30
0	Tide/Tide Aqua OUTCUE:terms and conditions.	:30
22:48	VIEWPOINTS EXPLAINED: GOODWILL GOES ONLINE	1:34
	Synopsis: Nonprofit thrift store, Goodwill just launched a new store online called Goodwill Finds. We talk about the new initiative and how proceeds from both in-store and online purchases directly funnel back into helping local communities.  Host: Ebony McMorris  Compliancy Issues Covered: Consumerism, Nonprofit, Online Retail	
24:22	CULTURE CRASH: A NEW LOOK AT DAHMER	2:06
	Synopsis: The recent Netflix series, "Dahmer – Monster: The Jeffrey Dahmer Story" has been met with mixed reviews. We discuss some of the differing opinions on this new true crime series.  Host: Evan Rook Compliancy Issues Covered: Culture, TV	
26:28	SPOTBREAK 5: Orgovyx/Guitarist OUTCUE:effects dot com.	:60
27:28	Program Conclusion	:32
28:00	TOTAL TIME	



Pr	rogram	VP 22-43	Written & Prod.	Amirah Zaveri, Ebony McMorris, Evan Rook
Ai	r Week	10/23/2022	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Orgovyx/Guitarist OUTCUE:effects dot com.	:60
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: FEEDING MORE MOUTHS MORE SUSTAINABLY	8:13
	Synopsis: Scientists are thinking big to voyage to Mars and one day possibly inhabit the far away planet. One big challenge is building a food production model from the ground up. We speak with one food scientist about how these food systems and people's diets on Mars may look one day and what we can learn from these advancements to improve our current food systems on Earth.  Host: Gary Price. Guests: Lenore Newman, food scientist, director, Food and Agriculture Institute, University of the Frasier Valley, British Columbia, Canada, co-author, <i>Dinner on Mars</i> .  Links for more info: <a href="https://www.amazon.com/Dinner-Mars-Technologies-Transform-Agriculture/dp/1770416625">https://www.amazon.com/Dinner-Mars-Technologies-Transform-Agriculture/dp/1770416625</a> <a href="https://www.ufv.ca/food-agriculture-institute/meet-the-team/lenore-newman.htm">https://www.ufv.ca/food-agriculture-institute/meet-the-team/lenore-newman.htm</a> <a href="Compliancy Issues Covered: Space">Covered: Space</a> , Food Science, Food Production, Agricultural Innovation, Science, Engineering, Natural Resources	
10:00	SPOTBREAK 2&3: Macy's/Breast Cancer Research	:30
	Oral B/Come and Get It	:30
	Ibrance/Stealing Second OUTCUE:loss of appetite.	:60
12:00	:02 PAUSE FOR LOCAL AVAIL	:02
12:02	SEGMENT 2: GETTING ORGANIZED: FINDING THE TIME	9:44
	Synopsis: Constantly crossing off items from your daily or weekly 'To-Do List' but feel like you never actually have time to do the things you really want to do? Acclaimed time management expert Laura Vanderkam joins us this week to share some unique tips on how to get through your mundane tasks quicker and regain more of your time.  Host: Marty Peterson. Guest: Laura Vanderkam, time management expert, author, <i>Tranquility By Tuesday</i> . Links for more info: <a href="https://www.amazon.com/Tranquility-Tuesday-Ways-Chaos-Matters-ebook/dp/B09Q7SWZRV">https://www.amazon.com/Tranquility-Tuesday-Ways-Chaos-Matters-ebook/dp/B09Q7SWZRV</a> <a href="https://twitter.com/Ivanderkam?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor">https://twitter.com/Ivanderkam?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor</a> Compliancy Issues Covered: Organization, Time Management, Career, Relationships, Personal Development, Health, Mental Health	
21:46	SPOTBREAK 4: Orgovyx/Guitarist OUTCUE:effects dot com.	:60
22:46	VIEWPOINTS EXPLAINED: A CLEAN RECORD FOR FEDERAL MARIJUANA CHARGES	1:33
	Synopsis: President Biden has wiped out federal marijuana convictions for thousands of Americans. What does this move mean, and what's next?  Host: Ebony McMorris  Compliancy Issues Covered: Drug Policy, Inequality, Criminal Justice, Law	
24:19	CULTURE CRASH: THREE HALLOWEEN HORROR PICKS	2:09
	Synopsis: We highlight three spooky (and very scary) Halloween films that will leave you needing to keep the bedroom light on at night.  Host: Evan Rook  Compliancy Issues Covered: Culture, Film	
26:28	SPOTBREAK 5: Macy's/Breast Cancer Research	:30
	Mr. Clean Magic Eraser/Erase and Sheets OUTCUE:cleaning look easy.	:30
27:28	Program Conclusion	:32
28:00	TOTAL TIME	
	1	l



Program	VP 22-44	Written & Prod.	Amirah Zaveri, Grace Galante, Ebony McMorris, Evan Rook
Air Week	10/30/2022	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Orgovyx/Guitarist OUTCUE:effects dot com.	:60
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: AFRICAN AMERICANS IN WWII	8:29
	Synopsis: More than 1.3 million African Americans served as part of the U.S. military and helped with war efforts during WWII. Yet rarely is this population ever fairly represented in blockbuster movies or TV shows about this era. Matthew Delmont, a history professor at Dartmouth College, joins us this week to shed some light on the contributions of African Americans who stepped up and served despite the discrimination, bias and violence they faced.  Host: Gary Price. Guest: Matthew Delmont, professor, history, Dartmouth College, author, Half American: The Epic Story of African Americans Fighting World War II at Home and Abroad.  Links for more info: <a 09="" 2022="" articles="" href="https://history.dartmouth.edu/people/matthew-f-delmont/https://twitter.com/mattdelmont/https://www.penguinrandomhouse.com/books/624655/half-american-by-matthew-f-delmont/https://www.nationalww2museum.org/war/topics/african-americans-world-war-ii-https://www.history.com/news/black-soldiers-world-war-ii-discrimination  Compliancy Issues Covered: U.S. History, African American History, War, Race, Inequality, Civil Rights&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;10:16&lt;/td&gt;&lt;td&gt;SPOTBREAK 2&amp;3: Macy's/Breast Cancer Research&lt;/td&gt;&lt;td&gt;:30&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;10.10&lt;/td&gt;&lt;td&gt;Wendy's/Real Song&lt;/td&gt;&lt;td&gt;:30&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;&lt;/td&gt;&lt;td&gt;Quicken Loans/Black Amer Kitchen OUTCUE:member 30-30.&lt;/td&gt;&lt;td&gt;:60&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;12:16&lt;/td&gt;&lt;td&gt;:02 PAUSE FOR LOCAL AVAIL&lt;/td&gt;&lt;td&gt;:02&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;12:18&lt;/td&gt;&lt;td&gt;SEGMENT 2: THE FUTURE OF REMOTE WORK&lt;/td&gt;&lt;td&gt;8:55&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;&lt;/td&gt;&lt;td&gt;Synopsis: Of all job holders in America, 58 percent – or 92 million people – say they have the option to work their positions remotely at least part of the week, according to a recent nationwide survey conducted by consulting firm, McKinsey &amp; Co. Will this way of working continue long term? What are some of the challenges that companies are facing in this still relatively new landscape? We answer these questions and more this week on Viewpoints.  Host: Marty Peterson. Guest: Gleb Tsipursky, human resource expert, CEO, Disaster Avoidance Experts.  Links for more info: &lt;a href=" https:="" news="" the-future-of-workwhats-the-future-of-in-person-work.html"="" www.uc.edu="">https://www.uc.edu/news/articles/2022/09/the-future-of-workwhats-the-future-of-in-person-work.html</a> <a href="https://www.washingtonpost.com/technology/2022/10/21/permanent-remote-work-employees/https://disasteravoidanceexperts.com/">https://disasteravoidanceexperts.com/</a> Compliancy Issues Covered: Career, Technology, Labor Trends, Hiring, Human Resources, Culture	
21:13	SPOTBREAK 4: Macy's/Breast Cancer Research	:30
	Gillette/Style Master OUTCUE:King C Gillette.	:31
22:14	VIEWPOINTS EXPLAINED: A DECLINE IN STANDARDIZED TESTING SCORES	2:00
	Synopsis: The Class of 2022 scored lower on the SAT than any other graduating high school class over the past 30 years. What does this worrying dip in testing scores telling us?  Host: Ebony McMorris  Compliancy Issues Covered: Standardized Testing, Higher Education	
24:14	CULTURE CRASH: AN OVERFLOW OF LEGACY SEQUELS	2:14
	Synopsis: Starting to feel like there's an overflow of superhero releases? Or a constantly new extension to the <i>Star Wars</i> world? We touch on a few picks that, in our opinion, have been overdone.  Host: Evan Rook  Compliancy Issues Covered: Culture, Film	
26:28	SPOTBREAK 5: Orgovyx/Guitarist OUTCUE:effects dot com.	:60
27:28	Program Conclusion	:31
27:59	TOTAL TIME	



Р	rogram	VP 22-45	Written & Prod.	Amirah Zaveri, Ebony McMorris, Evan Rook
Ai	ir Week	10/30/2022	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Macy's/Big Bro Big Sis	:30
	Wendy's/Real Song OUTCUE:Alaska and Hawaii.	:31
1:46	:02 PAUSE FOR LOCAL AVAIL	:02
1:48	SEGMENT 1: THE HIGHER EDUCATION COST CRISIS: PART 1	8:23
	Synopsis: Student loan debt in the U.S. has burgeoned to 1.7 trillion dollars. And over the past two years, many borrowers have paused on paying these loans because the government paused on payment deadlines due to the COVID-19 pandemic. Last month, Biden's administration vowed to cancel \$10,000 of student loan debt for the average borrower and up to \$20,000 for Pell Grant recipients. We highlight what this move achieves (and doesn't) and what solutions are needed to solve this problem long-term. Host: Gary Price. Guest: Sandy Baum, higher education expert, nonresident senior fellow, Center on Education Data and Policy, Urban Institute.  Links for more info: <a href="https://studentaid.gov/debt-relief/application">https://studentaid.gov/manage-loans/forgiveness-cancellation/debt-relief-info/https://www.nerdwallet.com/article/loans/student-loans/idr-waiver/https://www.urban.org/author/sandy-baum</a>	
	Compliancy Issues: Higher Education, Education Policy, Government, Politics, Career, Personal Finance	
10:11	SPOTBREAK 2&3: Quicken Loans/Kitchen  Mr Clean/Magic Eraser Erase and Sheets  Progressive/Get Off The Phone  Comirnaty/Blind Date  OUTCUE:Pfizer and BioNTech.	:30 :30 :30 :30
12:11	:02 PAUSE FOR LOCAL AVAIL	:02
12:13	SEGMENT 2: NEW YORK: A PEOPLE'S HISTORY	9:15
21:28	Synopsis: New York is America's largest metropolis with a population of more than eight million people. Longtime resident and <i>New York Times</i> journalist, Sam Roberts joins us this week to highlight the stories behind some of the remarkable people who made the Big Apple the innovative and bustling city it is today. Host: Marty Peterson. Guest: Sam Roberts, journalist, <i>The New York Times</i> , author, <i>The New Yorkers: 31 Remarkable People, 400 Years and the Untold Biography of the World's Greatest City.</i> Links for more info: <a href="https://www.nytimes.com/2022/10/25/books/review/the-new-yorkers-sam-roberts.html">https://www.nytimes.com/2022/10/25/books/review/the-new-yorkers-sam-roberts.html</a>	



	Program	VP 22-46	Written & Prod.	Amirah Zaveri, Ebony McMorris, Evan Rook
-	Air Week	11/13/2022	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Wendy's/Real Song	:30
	Vicks/Worried About Dad OUTCUE:use as directed.	:30
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: THE HIGHER EDUCATION COST CRISIS: PART 2	8:14
	Synopsis: The average cost of attending a four-year, public college has ballooned to \$27,800 per year. This equates to more than \$110,000 spent to have an undergraduate degree. Even with current financial aid, for millions of students, it's not feasible to dig themselves into lifelong debt. We speak with two higher education experts about what needs to change with financial aid in America.	
	Host: Gary Price. Guests: Mark Kantrowitz, financial aid expert; Sandy Baum, higher education expert, nonresident senior fellow, Center on Education Data and Policy, Urban Institute.  Links for more info: <a href="https://www.nasfaa.org/issue_brief_double_pell">https://www.nasfaa.org/issue_brief_double_pell</a> <a 0761177310"="" book-questions-revised-updated="" dp="" href="https://studentaid.gov/manage-loans/forgiveness-cancellation/debt-relief-info-https://www.nerdwallet.com/article/loans/student-loans/idr-waiver_https://www.urban.org/author/sandy-baum_Compliancy_Issues: Higher Education, Debt, Personal Finance, Government Policy, Equality, Equal Access&lt;/a&gt;&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;10:01&lt;/td&gt;&lt;td&gt;SPOTBREAK 2&amp;3: Macy's/Big Bro Big Sis&lt;/td&gt;&lt;td&gt;:30&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;&lt;/td&gt;&lt;td&gt;Tide/Bargain&lt;/td&gt;&lt;td&gt;:30&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;&lt;/td&gt;&lt;td&gt;Sketchers/Howie Long OUTCUE:footwear is sold.&lt;/td&gt;&lt;td&gt;:60&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;12:01&lt;/td&gt;&lt;td&gt;:02 PAUSE FOR LOCAL AVAIL&lt;/td&gt;&lt;td&gt;:02&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;12:03&lt;/td&gt;&lt;td&gt;SEGMENT 2: EXPLORING THE QUESTIONS THAT HAVE NO RIGHT ANSWER&lt;/td&gt;&lt;td&gt;8:53&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;&lt;/td&gt;&lt;td&gt;Synopsis: We all want answers to the complicated questions in life, but sometimes just asking the questions are enough to make us think deeply about our lives and our world. We talk to bioethicist Dr. Gregory Stock who's made a living asking questions that sometimes have no hard and fast answers. In all reality, sometimes the process of coming to an answer is often more important than any one answer itself.&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;&lt;/td&gt;&lt;td&gt;Host: Marty Peterson. Guest: Dr. Gregory Stock, bioethicist, author of &lt;i&gt;The Book of Questions&lt;/i&gt;.  Links for more info: &lt;a href=" https:="" www.amazon.com="">https://www.amazon.com/Book-Questions-Revised-Updated/dp/0761177310</a> Compliancy Issues: Philosophy, Communication, Psychology, Ethics, Relationships, Personal Development	
20:56	SPOTBREAK 4: Macy's/Big Bro Big Sis	:30
	Geico/Kickstart OUTCUE:things you love.	:30
21:56	VIEWPOINTS EXPLAINED: THE FATAL EFFECTS OF CROWD SURGE	2:22
	Synopsis: Last month, more than 150 people died after extreme crowding trapped hundreds of people celebrating Halloween in a popular neighborhood in Seoul, South Korea. We talk about why this phenomenon is so fatal and what to do if you find yourself in an unsafe situation.	
	Host: Ebony McMorris Compliancy Issues Covered: Public Safety, Crowd Safety, Health	
24:18	CULTURE CRASH: A PERFECT POST-MEAL HOLIDAY MOVIE	2:10
	Synopsis: There's a lot of films that fit the bill for Halloween and countless for Christmas, but what about Thanksgiving? We offer up a classic rom com that we love but not many movie lovers know about. Host: Evan Rook Compliancy Issues Covered: Culture, Film	
26:28	SPOTBREAK 5: Orgovyx/Guitarist OUTCUE:effects dot com.	:60
27:28	Program Conclusion	:32
28:00	TOTAL TIME	



Program	VP 22-47	Written & Prod.	Amirah Zaveri, Grace Galante, Ebony McMorris, Evan Rook
Air Week	11/20/2022	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Orgovyx/Guitarist OUTCUE:effects dot com.	:60
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: IN PURSUIT OF BETTER SLEEP	9:21
	Synopsis: About 70 million people in the U.S. struggle with sleep. We speak with sleep expert and psychologist Aric Prather about how to fix your sleep problems without relying on sleep aids.  Host: Gary Price. Guest: Aric Prather, sleep expert, psychologist, author, <i>The Sleep Prescription: Seven Days to Unlocking Your Best Rest.</i> Links for more info: <a href="https://profiles.ucsf.edu/aric.prather">https://profiles.ucsf.edu/aric.prather</a> <a href="https://www.amazon.com/Sleep-Prescription-Seven-Days-Unlocking-ebook/dp/B09RPLPN5V">https://www.amazon.com/Sleep-Prescription-Seven-Days-Unlocking-ebook/dp/B09RPLPN5V</a> <a href="https://www.mayoclinic.org/diseases-conditions/insomnia/in-depth/insomnia-treatment/art-20046677">https://www.mayoclinic.org/diseases-conditions/insomnia/in-depth/insomnia-treatment/art-20046677</a> Compliancy Issues: Sleep Health, Psychology, Wellness, Mental Health, Medication, Technology	
11:08	SPOTBREAK 2&3: Ebay/New Driver Oral B/Come And Get It Geico/Ghouls Paxlovid/Act Fast OUTCUE:sponsored by Pfizer.	:30 :30 :30 :30
13:08	:02 PAUSE FOR LOCAL AVAIL	:02
13:10	SEGMENT 2: CELEBRITY GOSSIP: ITS EVOLUTION INTO A MULTI-BILLION DOLLAR INDUSTRY	8:30
	Synopsis: Millions of people follow celebrity culture sites, social accounts, and outlets. How did this industry of celebrity news become the billion-dollar machine it is today? We speak with two media experts about its evolution and pros and cons to this form of entertainment.  Host: Marty Peterson. Guests: Sharon Marcus, professor, English and Comparative Literature, Columbia University; Frank McAndrew, professor, psychology, Knox College.  Links for more info: <a acclaimed="" and="" banshees="" by="" compliancy="" covered:="" culture,="" director="" evan="" film<="" host:="" href="https://www.vox.com/the-goods/22164190/deuxmoi-instagram-celebrity-gossip-https://www.knox.edu/academics/faculty/mcandrew-frank-https://english.columbia.edu/content/sharon-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marcus-marc&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;21:40&lt;/td&gt;&lt;td&gt;SPOTBREAK 4: Orgovyx/Guitarist OUTCUE:effects dot com.&lt;/td&gt;&lt;td&gt;:60&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;22:40&lt;/td&gt;&lt;td&gt;VIEWPOINTS EXPLAINED: THE MODERN LOTTERY  Synopsis: In recent years, there's been several lottery prize winnings that have totaled more than one billion dollars. What factors are feeding into these bigger and bigger lotteries?&lt;/td&gt;&lt;td&gt;1:38&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;&lt;/td&gt;&lt;td&gt;Host: Ebony McMorris  Compliancy Issues Covered: Gambling, Business, Culture&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;24:18&lt;/td&gt;&lt;td&gt;CULTURE CRASH: AN IRISH DRAMA&lt;/td&gt;&lt;td&gt;2:08&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;&lt;/td&gt;&lt;td&gt;Synopsis: We review the new movie, " inisheerin"="" issues="" martin="" mcdonaugh.="" of="" rook="" td="" the="" writer=""><td></td></a>	
26:28	SPOTBREAK 5: Rocket Mortgage/Quicken Loans Paxlovid/Act Fast OUTCUE:sponsored by Pfizer.	:30 :30
27:28	Program Conclusion	:32
28:00	TOTAL TIME	
	I .	l



Pro	gram	VP 22-48	Written & Prod.	Amirah Zaveri, Ebony McMorris, Evan Rook
Air '	Week	11/27/2022	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Viacom/Paramount	:30
	Paxlovid/Some People Get It OUTCUE:sponsored by Pfizer.	:30
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: THE 2024 PRESIDENTIAL ELECTION	6:57
	Synopsis: President Donald J. Trump announced his intentions earlier this month to run in the 2024 Presidential Election. With this news making headlines, we go back in American history to uncover some of the stories of previous one-term presidents that preceded Trump. We also highlight how campaigns have evolved and what stands out for modern voters when selecting the next Commander in Chief. Host: Gary Price. Guest: Ronald Gruner, presidential historian, author, We the Presidents: How American Presidents Shaped the Last Century.  Links for more info: <a href="https://www.amazon.com/We-Presidents-American-Shaped-Century/dp/1737823101">https://www.amazon.com/We-Presidents-American-Shaped-Century/dp/1737823101</a> <a href="https://www.cnn.com/2022/11/15/politics/trump-2024-presidential-bid">https://www.cnn.com/2022/11/15/politics/trump-2024-president-grover-cleveland-donald-trump/</a> <a href="https://time.com/6234562/nonconsecutive-terms-president-grover-cleveland-donald-trump/">https://time.com/6234562/nonconsecutive-terms-president-grover-cleveland-donald-trump/</a> <a href="https://communication">Compliancy Issues: American History</a> , Government, Politics, Culture, Communication, Psychology, Voting	
8:44	SPOTBREAK 2&3: Sketchers/Bob Have Pets	:30
0.11	Macy's/Big Bro Big Sis	:30
	Paxlovid/Act Fast	:30
	Viacom/Paramount OUTCUE:on Paramount Plus.	:30
10:44	:02 PAUSE FOR LOCAL AVAIL	:02
10:46	SEGMENT 2: THE MILITARY'S MOST CHALLENGING RECRUITING YEAR YET	10:45
	Synopsis: Recruiting across the military's branches has hit record lows. With the pandemic and overall slowing interest, the military desperately needs to up its numbers as members at its higher rungs begin to retire from service. We speak with military expert, Katherine Kuzminski about what's feeding into less Americans signing up and how the government aims to kickstart interest.  Host: Marty Peterson. Guest: Katherine Kuzminski, senior fellow, director, Military Veterans of Society Program, Center for a New American Security.  Links for more info: <a href="https://www.cnas.org/people/katherine-kuzminski">https://recruiting.army.mil/pao/facts</a> figures/ <a href="https://twitter.com/klkuzminski?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor">https://twitter.com/klkuzminski?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor</a> Compliancy Issues: Military, Military Recruitment, War, Army, Homeland Security, Culture, Politics	
21:31	SPOTBREAK 4: Macy's/Big Bro Big Sis	:30
	Taco Bell/Taco Bell OUTCUE:participation which vary.	:30
22:31	VIEWPOINTS EXPLAINED: GIVING BACK THIS HOLIDAY SEASON	1:36
	Synopsis: We explore the many ways you can give back this holiday, whether it be volunteering your time or donating via Zelle or Apple Pay to organizations like The Salvation Army or Toys for Tots.  Host: Ebony McMorris  Compliancy Issues Covered: Poverty, Technology, Volunteering	
24:07	CULTURE CRASH: A REVIEW OF "DON'T WORRY DARLING"	2:18
	Synopsis: We review the new film "Don't Worry Darling" which boasts an all-star cast starring Florence Pugh, Harry Styles, Olivia Wilde and more. Host: Evan Rook Compliancy Issues Covered: Film, Culture	
26:25	SPOTBREAK 5: Paxlovid/Some People Get It	:30
	Viacom/Paramount OUTCUE:on Paramount Plus.	:30
27:25	Program Conclusion	:33
	1	1



Program	VP 22-49	Written & Prod.	Amirah Zaveri, Ebony McMorris, Evan Rook
Air Week	12/04/2022	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Paxlovid/Some People Get It	:30
	Macy's/Big Bro Big Sis OUTCUE:com slash purpose.	:30
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: THE RISE & FALL OF GENERAL ELECTRIC	10:36
	Synopsis: General Electric was once valued at 650 billion dollars. For decades, it was globally recognized for its innovation in electric, aviation, healthcare, and financial services. Today, it's a much different story. The company is preparing to split into three separate entities to increase its value and is in the process of downsizing from its large headquarters in Boston. Business expert and author William D. Cohan joins us this week to share the story of General Electric.	
	Host: Gary Price. Guest: William D. Cohan, financial journalist, author, <i>Power Failure: The Rise and Fall of an American Icon.</i> Links for more info: <a "="" href="https://www.amazon.com/Power-Failure-Rise-General-Electric/dp/0593084160/ref=sr-1-1?crid=2M2O9RAPH9M9K&amp;keywords=power+failure+william+cohan&amp;qid=1646853567&amp;sprefix=power+failure+william+cohan%2Caps%2C184&amp;sr=8-1&lt;/a&gt; Compliancy Issues: Business, Leadership, History, Culture, Innovation, Invention&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;12:23&lt;/td&gt;&lt;td&gt;SPOTBREAK 2&amp;3: Orgovyx/Guitarist&lt;/td&gt;&lt;td&gt;:60&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;&lt;/td&gt;&lt;td&gt;Paxlovid/Some People Get It&lt;/td&gt;&lt;td&gt;:30&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;&lt;/td&gt;&lt;td&gt;Taco Bell/Taco Bell OUTCUE:participation which vary.&lt;/td&gt;&lt;td&gt;:30&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;14:23&lt;/td&gt;&lt;td&gt;:02 PAUSE FOR LOCAL AVAIL&lt;/td&gt;&lt;td&gt;:02&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;14:25&lt;/td&gt;&lt;td&gt;SEGMENT 2: LEARNING TO BAKE FOR THE HOLIDAYS&lt;/td&gt;&lt;td&gt;7:05&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;&lt;/td&gt;&lt;td&gt;Synopsis: Boozy Pecan, French Silk, Key Lime Pie. The many pie flavors out there are endless – and just because Thanksgiving and all-things pumpkin have passed, doesn't mean an end to holiday sweets. Viewpoints speaks with cookbook author Ken Haedrich about the prevalence of pie in American culture and how anyone – at any skill level – can learn to bake this dish.  Host: Marty Peterson. Guest: Ken Haedrich, food writer, cookbook author, &lt;i&gt;Pie Academy&lt;/i&gt;. Links for more info: &lt;a href=" https:="" recipes-and-videos="" thepieacademy.com="">https://thepieacademy.com/recipes-and-videos/</a> <a href="https://www.delish.com/food-news/a42006051/great-british-baking-show-holidays-2022/">https://www.delish.com/food-news/a42006051/great-british-baking-show-holidays-2022/</a>	
	Compliancy Issues: Culinary Arts, Cooking, Self-Development, Consumer Science, Literature	
21:30	SPOTBREAK 4: Macy's/Big Bro Big Sis	:30
	Paxlovid/Some People Get It OUTCUE:sponsored by Pfizer.	:31
22:31	VIEWPOINTS EXPLAINED: A REBOUNDING AVIATION SECTOR	1:22
	Synopsis: This past summer was a rocky one for many major airlines as they dealt with labor shortages, scheduling snafus and more. As Americans gear up to travel for the holidays once again, will the aviation industry be ready?  Host: Ebony McMorris  Compliancy Issues Covered: Travel, Public Safety, Business, Labor Issues	
23:53	CULTURE CRASH: FEELING FESTIVE WITH SOME CLASSIC TUNES	2:30
	Synopsis: We highlight some of our favorite odes to Christmas that never get old.  Host: Evan Rook Compliancy Issues Covered: Music, Culture	
26:23	SPOTBREAK 5: Orgovyx/Guitarist OUTCUE:dot com.	:60
27:23	Program Conclusion	:32
27:55	TOTAL TIME	



Program	VP 22-50	Written & Prod.	Amirah Zaveri, Polly Hansen, Ebony McMorris, Evan Rook
Air Week	12/11/2022	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Pfizer Consumer Healthcare "Paxlovid"	:30
	Macys "Big Brothers and Sisters"  OUTCUE:slash purpose	:31
1:46	:02 PAUSE FOR LOCAL AVAIL	:02
1:48	SEGMENT 1: THE EFFECTS OF EXTREME WEATHER FELT ACROSS THE GLOBE	9:45
	Synopsis: From the Mississippi River's historic low water levels to Pakistan's non-stop flooding, the effects of extreme weather are being felt across the globe. Experts explain the common denominator between these seemingly opposite weather events, and the health and financial toll of natural disasters.  Host: Gary Price. Guest: Dr. Colin Phillips, assistant professor of civil and environmental engineering, Utah State University; Dr. Daniel Swain, climate scientist, University of California Los Angeles's Institute of the Environment and Sustainability  Links for more info: <a href="https://www.ioes.ucla.edu/person/daniel-swain/">https://www.ioes.ucla.edu/person/daniel-swain/</a> <a href="https://weatherwest.com/https://wwatherwest.com/https://wwrl.usu.edu/people/faculty/phillips-colin/https://twitter.com/Weather West?ref src=twsrc%5Etfw%7Ctwcamp%5Eembeddedtimeline%7Ctwterm%5Escreen-name%3AWeather West%7Ctwcon%5Es1 c1  Compliancy Issues: Climate Change, Science, Natural Disasters, Engineering, Infrastructure, Innovation&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;11:33&lt;/td&gt;&lt;td&gt;SPOTBREAK 2&amp;3: Pfizer Consumer Healthcare " orgovyx"<="" td=""><td>:60</td></a>	:60
	Pfizer Consumer Healthcare "Paxlovid"	:30
	Autozone "Services Mashup" OUTCUE:autozone dot com	:30
13:33	:02 PAUSE FOR LOCAL AVAIL	:02
13:35	SEGMENT 2: GRIEVING AMIDST THE HOLIDAYS	8:07
	Synopsis: Just because it's the holidays doesn't mean it's a time of joy and happiness for everyone. Millions of Americans during this period struggle to just make it through the commitments, pressure, and difficult memories that these months bring. We speak with psychologist Mary Lamia about how to sit with your emotions, communicate with loved ones and set realistic expectations this month.  Host: Marty Peterson. Guest: Mary Lamia, practicing clinical psychologist, professor, Wright Institute.  Links for more info: <a href="https://marylamia.com/">https://marylamia.com/</a> https://www.wi.edu/psyd-faculty-mary-lamia <a href="https://www.psychologytoday.com/us/blog/intense-emotions-and-strong-feelings/202211/grief-holidays-and-sensory-memories">https://www.psychologytoday.com/us/blog/intense-emotions-and-strong-feelings/202211/grief-holidays-and-sensory-memories</a> Compliancy Issues: Psychology, Mental Health, Grief, Loss, Communication, Self-Development, Travel	
21:42	SPOTBREAK 4: Pfizer Consumer Healthcare "Orgovyx" OUTCUE:facts dot com	:60
22:42	VIEWPOINTS EXPLAINED: THE ERUPTION OF MAUNA LOA	1:24
	Synopsis: Mauna Loa is the world's largest active volcano. After a 40-year hiatus, the Hawaiian volcano is erupting once again spewing lava and ash into the air.  Host: Ebony McMorris Compliancy Issues Covered: Natural Disasters, Public Safety, Environment	
24:06	CULTURE CRASH: A REVIEW OF "THE FABELMANS"	2:21
	Synopsis: We discuss Steven Spielberg's latest film "The Fabelmans" which gives an inside look at the director's journey into moviemaking.  Host: Evan Rook Compliancy Issues Covered: Culture, Film	
26:27	SPOTBREAK 5: Macys "Big Brothers and Sisters"	:30
1	Pfizer Consumer Healthcare "Paxlovid" OUTCUE:sponsored by pfizer	:30
27:27	Program Conclusion	:32
27:59	TOTAL TIME	
_:	<u> </u>	



Program	VP 22-51	Written & Prod.	Amirah Zaveri, Grace Galante, Ebony McMorris, Evan Rook
Air Week	12/18/2022	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Pfizer Consumer Healthcare "Paxlovid"	:30
	Ebay "Ebay Parts & Accessories" OUTCUE:let's ride	:30
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: HOW TO SKIP THE SUGAR WITHOUT GIVING UP DESSERT	8:49
	Synopsis: Many people think leading a healthy lifestyle means giving up sweets, but our two guests today prove them wrong. They explain how you can make easy substitutes when baking that produce decadent desserts without all the calories and sugar.	
	Host: Gary Price. Guests: Elif Yamangil, Blogger, Mini Batch Baker & Plenty Sweet; Jennifer Tyler Lee, Author, Half the Sugar All the Love Links for more info: <a href="https://www.pinterest.com/plentysweetblog/">https://www.pinterest.com/plentysweetblog/</a> <a href="https://www.pinterest.com/plentysweetblog/">https://www.pinterest.com/plentysweetblog/</a> <a href="https://www.pinterest.com/plentysweetblog/">https://www.pinterest.com/plentysweetblog/</a> <a href="https://www.instagram.com/elifyamangil/?hl=en">https://www.jonterest.com/plentysweetblog/</a> <a href="https://www.instagram.com/elifyamangil/?hl=en">https://www.jonterest.com/plentysweetblog/</a> <a href="https://www.instagram.com/elifyamangil/?hl=en">https://www.instagram.com/jennifertylerlee/?hl=en</a> <a href="https://www.instagram.com/jennifertylerlee/?hl=en">https://www.instagram.com/jennifertylerlee/?hl=en</a> <a and="" big="" brothers="" href="https:/&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;10:36&lt;/td&gt;&lt;td&gt;SPOTBREAK 2&amp;3: Macys " sisters<="" td=""><td>:30</td></a>	:30
10.00	KFC "Window 8 Campaign"	:30
	Pfizer Consumer Healthcare "Paxlovid"	:30
	Geico "2022 Upfront 4 <sup>th</sup> QTR"  OUTCUE:geico dot com	:31
12:37	:02 PAUSE FOR LOCAL AVAIL	:02
12:39	SEGMENT 2: IS LIVING IN THE AGE OF THE INTERNET A RIGHT OR PRIVELEDGE?	8:29
	Synopsis: Internet has become a necessity in our lives, but not everyone has access. With serious issues, like politics and education, being discussed almost exclusively online, more and more people are wondering if internet should be free. An expert explains the pros and cons of government-subsidized internet.  Host: Marty Peterson. Guest: Dr. Merten Reglitz, Senior Lecturer in Global Ethics, University of Birmingham Links for more info: <a href="https://www.affordableconnectivity.gov/">https://www.linkedin.com/in/merten-reglitz-0214593b/?originalSubdomain=uk</a> <a href="https://www.birmingham.ac.uk/staff/profiles/philosophy/reglitz-merten.aspx">https://www.birmingham.ac.uk/staff/profiles/philosophy/reglitz-merten.aspx</a> Compliancy Issues: internet; government subsidizing; politics; consumerism; capitalism; education	
21:08	SPOTBREAK 4: Skechers "Skechers" OUTCUE:footwear are sold	:60
22:08	VIEWPOINTS EXPLAINED: UPRISING IN CHINA	1:46
	Synopsis: In recent weeks, thousands of people across China took to the streets to protest the government's never-ending restrictions around COVID-19. While many countries have eased precautions, China is still upholding its stringent zero-COVID policy.  Host: Ebony McMorris  Compliancy Issues Covered: Culture, Government, Law, Public Health	
23:54	CULTURE CRASH: CAN AUTHORS PREDICT THE FUTURE?	2:33
	Synopsis: Amazon has recruited popular authors to take a stab at creating a Twilight Zone-esq, six-part book series.	
00.07	Host: Evan Rook Compliancy Issues Covered: Culture, Fiction	.20
26:27	SPOTBREAK 5: Macys "Big Brothers and Sisters"	:30
	Pfizer Consumer Healthcare "Paxlovid"  OUTCUE:sponsored by Pfizer	:30
27:27	Program Conclusion	:32
27:59	TOTAL TIME	



	Program	VP 22-52	Written & Prod.	Amirah Zaveri, Ebony McMorris, Evan Rook
-	Air Week	12/25/2022	Studio Producer	Jason Dickey

1.45   SPOTBREAK 1: Paxlovid/Some People Get It GEICO/Ghouls OUTCUE:at GEICO.com   30   30   30   30   30   30   30   3	Time	Segment	Dur.
GEICO/Ghouls   OUTCUE:at GEICO.com   30	:00	INTRO	:45
1:45 :02 PAUSE FOR LOCAL AVAIL 1:47 SEGMENT 1: GIVING BIRTH BEHIND BARS 2 Synopsis: Dr. Carolyn Sufrin worked for years as an OB/GYN for inmates at a San Francisco Jail. She joins us this week to talk about the challenges pregnant prisoners face and what needs to change to make the prison system more humane, compassionate, and rehabilitation-focused for women in this situation. Host: Gary Price, Guest: Dr. Carolyn Sufrin, medical anthropologist, assistant professor, gynecology & obstetrics, Johns Hopkins University, Links for more indo: https://bropkinsmedicalhumanities.org/people/carolyn-sufrin-associate-director/ Compliancy Issues: Incarceration, Mental Health, Trauma, Rehabilitation, Healthcare, Women's Issues  9:27 SPOTBREAK 283: Macys/Big Bro Big Sis 30 Taco Bell/Recap Paxlovid/Some People Get It Skechers/Powerful Gift OUTCUE:footwear is sold. 30  11:27 :02 PAUSE FOR LOCAL AVAIL 11:29 SEGMENT 2: THE FIGHT TO SURVIVE ON THE BRINK OF EXTINCTION  10:29  Synopsis: Extinction is a normal part of evolution, but the speed at which the Earth is losing species is abnormal. Scientists estimate that today's extinction rate is hundreds, or even thousands, of times higher than the natural progression. It's hard to quantify the exact number of species and how can humans help more species survive?  Host: Marry Petreson. Guest: Michael Webster, professor, practice, Department of Environmental Studies, New York University, author, The Rescue Effect: The Key to Saving Life on Earth. Links for more inc'n thits://www.warazon.com/Rescue-Effect-Saving-Life-Earth/dol/1643261495 https://www.worldwildlife.org/species https://lanegoodall.org/our-impact/ https://www.worldwildlife.org/species https://lanegoodall.org/our-impact/ https://rhinos.org/ Compliancy Issues: Endangered Species, Extinction, Biodiversity, Climate Change, Wildlife Protection  20:258  VIEWPOINTS EXPLAINED: THE 2022 WORD OF THE YEAR  Synopsis: "Gaslighting" is this year's top word, according to dictionary giant Merriam-Webster. We explore the meaning of this te	:45	SPOTBREAK 1: Paxlovid/Some People Get It	:30
SEGMENT 1: GIVING BIRTH BEHIND BARS   Synopsis: Dr. Carolyn Sufrin worked for years as an OB/GYN for inmates at a San Francisco Jail. She joins us this week to talk about the challenges pregnant prisoners face and what needs to change to make the prison system more humane, compassionate, and rehabilitation-focused for women in this situation. Host: Gary Price. Guest: Dr. Carolyn Suffrin, medical anthropologist, assistant professor, gynecology & obstetrics, Johns Hopkins University.  Links for more into: https://arrwip.org/projects/pregnancy-in-prison-statistics-pips-project/ https://hopkinsmedicalhumanities.org/people/carolyn-sufrin-associate-director/ Compliancy Issues: Incarceration, Mental Health, Trauma, Rehabilitation, Healthcare, Women's Issues  9:27   SPOTBREAK 283: Macrys/Big Bro Big Sis Taco Bell/Recap Paxlovid/Some People Get It Skechers/Powerful Gift OUTCUE:footwear is sold. 30   30   30   30   30   30   30   30			
Synopsis: Dr. Carolyn Sufrin worked for years as an OB/GYN for inmates at a San Francisco Jail. She joins us this week to talk about the challenges pregnant prisoners face and what needs to change to make the prison system more humane, compassionate, and rehabilitation-focused for women in this situation. Host: Gary Price. Guest: Dr. Carolyn Sufrin, medical anthropologist, assistant professor, gynecology & obstetrics, Johns Hopkins University, Links for more info: https://arrwip.org/projects/pregnancy-in-prison-statistics-pips-project/ https://hopkinsmedicalhumanities.org/people/carolyn-sufrin-associate-director/ Compliancy Issues: Incarceration, Mental Health, Trauma, Rehabilitation, Healthcare, Women's Issues  9:27  SPOTBREAK 28:3: Macys/Big Bro Big Sis Taco Bell/Recap Padovid/Some People Get It Skechers/Powerful Gift OUTCUE:footwear is sold. 30  11:27  11:29  SEGMENT 2: THE FIGHT TO SURVIVE ON THE BRINK OF EXTINCTION  Synopsis: Extinction is a normal part of evolution, but the speed at which the Earth is losing species is abnormal. Scientists estimate that today's extinction rate is hundreds, or even thousands, of times higher than the natural progression. It's hard to quantify the exact number of species affected, but experts say it's at least 10,000 species per year that go extinct. What's driving this sped up process and how can humans help more species survive?  Host: Marty Peterson. Guest: Michael Webster, professor, practice, Department of Environmental Studies, New York University, author, The Rescue Effect: The Key to Saving Life on Earth.  Links for more info: https://www.amazon.com/Rescue-Effect-Saving-Life-Earth/op/1643261495 https://www.worldwildife.org/species https://janegoodall.org/our-impact/ https://thinos.org/ Compliancy Issues: Endangered Species, Extinction, Biodiversity, Climate Change, Wildlife Protection  21:58  SPOTBREAK 4: Macys/Big Bro Big Sis Geico/Walk Up OUTCUE:at Geico.com.  30  22:58  VIEWPOINTS EXPLAINED: The Equity Communication, History, Culture, Film  42:21  CULTURE	1:45	:02 PAUSE FOR LOCAL AVAIL	:02
us this week to talk about the challenges pregnant prisoners face and what needs to change to make the prison system more humane, compassionate, and rehabilitation-focused for women in this situation. Host: Gary Price. Guest: Dr. Carolyn Sufrin, medical anthropologist, assistant professor, gynecology & obstetrics, Johns Hopkins University.  Links for more info: https://morpinp.ord/profects/pregnancy-in-prison-statistics-pips-project/ https://hopkinsmedicalhumanities.org/people/carolyn-sufrin-associate-director/  Compliancy Issues: Incarceration, Mental Health, Trauma, Rehabilitation, Healthcare, Women's Issues  9:27  SPOTBREAK 283: Macyx/Big Bro Big Sis  Taco Bell/Recap Paxlovid/Some People Get It Skechers/Powerful Gift OUTCUE:footwear is sold. 30  11:27  :02 PAUSE FOR LOCAL AVAIL :02  SEGMENT 2: THE FIGHT TO SURVIVE ON THE BRINK OF EXTINCTION  Synopsis: Extinction is a normal part of evolution, but the speed at which the Earth is losing species is abnormal. Scientists estimate that today's extinction rate is hundreds, or even thousands, of times higher than the natural progression. It's hard to quantify the exact number of species affected, but experts say it's at least 10,000 species per year that go extinct. What's driving this sped up process and how can humans help more species survive? Host: Marty Peterson. Guest: Michael Webster, professor, practice, Department of Environmental Studies, New York University, author, The Rescue Effect: The Key to Saving Life on Earth. Links for more info: https://www.amazon.com/Rescue-Effect The Key to Saving-Life-Earth/dp/1643261495 https://www.worldwildlife-org/species https://ianegoodall.org/our-impact/ https://hinnso.org/ Compliancy Issues: Endangered Species, Extinction, Biodiversity, Climate Change, Wildlife Protection  21:58  SPOTBREAK 4: Macys/Big Bro Big Sis Synopsis: "Gaslighting" is this year's top word, according to dictionary giant Merriam-Webster. We explore the meaning of this term and its deep roots in American culture.  CULTURE CRASH: TIM BURTON STRIKE	1:47	SEGMENT 1: GIVING BIRTH BEHIND BARS	7:40
9:27 SPOTBREAK 2&3: Macys/Big Bro Big Sis		us this week to talk about the challenges pregnant prisoners face and what needs to change to make the prison system more humane, compassionate, and rehabilitation-focused for women in this situation.  Host: Gary Price. Guest: Dr. Carolyn Sufrin, medical anthropologist, assistant professor, gynecology & obstetrics, Johns Hopkins University.  Links for more info: <a href="https://arrwip.org/projects/pregnancy-in-prison-statistics-pips-project/">https://arrwip.org/projects/pregnancy-in-prison-statistics-pips-project/</a> <a href="https://hopkinsmedicalhumanities.org/people/carolyn-sufrin-associate-director/">https://hopkinsmedicalhumanities.org/people/carolyn-sufrin-associate-director/</a>	
Taco Bell/Recap Paxlovid/Some People Get It Skechers/Powerful Gift OUTCUE:footwear is sold. 30 11:27 :02 PAUSE FOR LOCAL AVAIL 11:29 SEGMENT 2: THE FIGHT TO SURVIVE ON THE BRINK OF EXTINCTION 10:29 Synopsis: Extinction is a normal part of evolution, but the speed at which the Earth is losing species is abnormal. Scientists estimate that today's extinction rate is hundreds, or even thousands, of times higher than the natural progression. It's hard to quantify the exact number of species affected, but experts say it's at least 10,000 species per year that go extinct. What's driving this sped up process and how can humans help more species survive? Host: Marty Peterson. Guest: Michael Webster, professor, practice, Department of Environmental Studies, New York University, author, The Rescue Effect: The Key to Saving Life on Earth. Links for more info: https://www.wamazon.com/Rescue-Effect-Saving-Life-Earth/dp/1643261495 https://www.wordwildlife.org/species https://ianegoodall.org/our-impact/ https://thinos.org/ Compliancy Issues: Endangered Species, Extinction, Biodiversity, Climate Change, Wildlife Protection 21:58 SPOTBREAK 4: Macys/Big Bro Big Sis Geico/Walk Up OUTCUE:at Geico.com. 30 22:58 VIEWPOINTS EXPLAINED: THE 2022 WORD OF THE YEAR 1:23 Synopsis: "Gaslighting" is this year's top word, according to dictionary giant Merriam-Webster. We explore the meaning of this term and its deep roots in American culture. Host: Ebony McMorris Compliancy Issues Covered: Language, Communication, History, Culture, Film CULTURE CRASH: TIM BURTON STRIKES AGAIN 2:05 Synopsis: The new show, "Wednesday" is topping Netflix charts this season. We explore why this TV spinoff of "The Addams Family" movie is fairing so well with younger audiences. Host: Evan Rook SPOTBREAK 5: Paxlovid/Some People Get It Autozone/Fix Finder OUTCUE:let's ride. 30 27:26 Program Conclusion	9:27		:30
Skechers/Powerful Gift   OUTCUE:footwear is sold.   :30			:30
11:27 :02 PAUSE FOR LOCAL AVAIL 11:29 SEGMENT 2: THE FIGHT TO SURVIVE ON THE BRINK OF EXTINCTION 10:29  Synopsis: Extinction is a normal part of evolution, but the speed at which the Earth is losing species is abnormal. Scientists estimate that today's extinction rate is hundreds, or even thousands, of times higher than the natural progression. It's hard to quantify the exact number of species affected, but experts say it's at least 10,000 species per year that go extinct. What's driving this sped up process and how can humans help more species survive? Host: Marty Peterson. Guest: Michael Webster, professor, practice, Department of Environmental Studies, New York University, author, The Rescue Effect: The Key to Saving Life on Earth. Links for more info: https://www.amazon.com/Rescue-Effect-Saving-Life-Earth/dp/1643261495 https://www.worldwildlife.org/species https://janegoodall.org/our-impact/ https://rhinos.org/ Compliancy Issues: Endangered Species, Extinction, Biodiversity, Climate Change, Wildlife Protection  21:58  SPOTBREAK 4: Macys/Big Bro Big Sis  Geico/Walk Up  OUTCUE:at Geico.com. 30  22:58  VIEWPOINTS EXPLAINED: THE 2022 WORD OF THE YEAR  Synopsis: "Gaslighting" is this year's top word, according to dictionary giant Merriam-Webster. We explore the meaning of this term and its deep roots in American culture. Host: Ebony McMorris  Compliancy Issues Covered: Language, Communication, History, Culture, Film  24:21  CULTURE CRASH: TIM BURTON STRIKES AGAIN  Synopsis: The new show, "Wednesday" is topping Netflix charts this season. We explore why this TV spinoff of "The Addams Family" movie is fairing so well with younger audiences. Host: Evan Rook  Compliancy Issues Covered: Culture, TV  26:26  SPOTBREAK 5: Paxlovid/Some People Get It Autozone/Fix Finder  OUTCUE:let's ride. 30  Autozone/Fix Finder		Paxlovid/Some People Get It	:30
11:29   SEGMENT 2: THE FIGHT TO SURVIVE ON THE BRINK OF EXTINCTION   10:29		Skechers/Powerful Gift OUTCUE:footwear is sold.	:30
Synopsis: Extinction is a normal part of evolution, but the speed at which the Earth is losing species is abnormal. Scientists estimate that today's extinction rate is hundreds, or even thousands, of times higher than the natural progression. It's hard to quantify the exact number of species affected, but experts say it's at least 10,000 species per year that go extinct. What's driving this sped up process and how can humans help more species survive?  Host: Marty Peterson. Guest: Michael Webster, professor, practice, Department of Environmental Studies, New York University, author, The Rescue Effect: The Key to Saving Life on Earth.  Links for more info: https://www.amazon.com/Rescue-Effect-Saving-Life-Earth/dp/1643261495  https://www.worldwildlife.org/species https://janegoodall.org/our-impact/ https://rhinos.org/  Compliancy Issues: Endangered Species, Extinction, Biodiversity, Climate Change, Wildlife Protection  21:58 SPOTBREAK 4: Macys/Big Bro Big Sis  Geico/Walk Up  OUTCUE:at Geico.com.  30  22:58 VIEWPOINTS EXPLAINED: THE 2022 WORD OF THE YEAR  1:23  Synopsis: "Gaslighting" is this year's top word, according to dictionary giant Merriam-Webster. We explore the meaning of this term and its deep roots in American culture.  Host: Ebony McMorris  Compliancy Issues Covered: Language, Communication, History, Culture, Film  24:21 CULTURE CRASH: TIM BURTON STRIKES AGAIN  Synopsis: The new show, "Wednesday" is topping Netflix charts this season. We explore why this TV spinoff of "The Addams Family" movie is fairing so well with younger audiences.  Host: Evan Rook  Compliancy Issues Covered: Culture, TV  26:26 SPOTBREAK 5: Paxlovid/Some People Get It  Autozone/Fix Finder  OUTCUE:let's ride.  30  Autozone/Fix Finder	11:27		:02
abnormal. Scientists estimate that today's extinction rate is hundreds, or even thousands, of times higher than the natural progression. It's hard to quantify the exact number of species affected, but experts say it's at least 10,000 species per year that go extinct. What's driving this sped up process and how can humans help more species survive?  Host: Marty Peterson. Guest: Michael Webster, professor, practice, Department of Environmental Studies, New York University, author, The Rescue Effect: The Key to Saving Life on Earth.  Links for more info: https://www.amazon.com/Rescue-Effect-Saving-Life-Earth/dp/1643261495 https://www.worldwildlife.org/species https://janeqoodall.org/our-impact/ https://rhinos.org/  Compliancy Issues: Endangered Species, Extinction, Biodiversity, Climate Change, Wildlife Protection  21:58 SPOTBREAK 4: Macys/Big Bro Big Sis  Geico/Walk Up  OUTCUE:at Geico.com. :30  22:58 VIEWPOINTS EXPLAINED: THE 2022 WORD OF THE YEAR  Synopsis: "Gaslighting" is this year's top word, according to dictionary giant Merriam-Webster. We explore the meaning of this term and its deep roots in American culture.  Host: Ebony McMorris  Compliancy Issues Covered: Language, Communication, History, Culture, Film  24:21 CULTURE CRASH: TIM BURTON STRIKES AGAIN  Synopsis: The new show, "Wednesday" is topping Netflix charts this season. We explore why this TV spinoff of "The Addams Family" movie is fairing so well with younger audiences.  Host: Evan Rook  Compliancy Issues Covered: Culture, TV  26:26 SPOTBREAK 5: Paxlovid/Some People Get It  Autozone/Fix Finder  OUTCUE:let's ride.  30  27:26 Program Conclusion	11:29	SEGMENT 2: THE FIGHT TO SURVIVE ON THE BRINK OF EXTINCTION	10:29
22:58 VIEWPOINTS EXPLAINED: THE 2022 WORD OF THE YEAR  Synopsis: "Gaslighting" is this year's top word, according to dictionary giant Merriam-Webster. We explore the meaning of this term and its deep roots in American culture. Host: Ebony McMorris Compliancy Issues Covered: Language, Communication, History, Culture, Film  24:21 CULTURE CRASH: TIM BURTON STRIKES AGAIN  Synopsis: The new show, "Wednesday" is topping Netflix charts this season. We explore why this TV spinoff of "The Addams Family" movie is fairing so well with younger audiences. Host: Evan Rook  SPOTBREAK 5: Paxlovid/Some People Get It Autozone/Fix Finder  OUTCUE:let's ride.  27:26 Program Conclusion  1:23  1:23  1:23	21:58	abnormal. Scientists estimate that today's extinction rate is hundreds, or even thousands, of times higher than the natural progression. It's hard to quantify the exact number of species affected, but experts say it's at least 10,000 species per year that go extinct. What's driving this sped up process and how can humans help more species survive?  Host: Marty Peterson. Guest: Michael Webster, professor, practice, Department of Environmental Studies, New York University, author, <i>The Rescue Effect: The Key to Saving Life on Earth.</i> Links for more info: <a href="https://www.amazon.com/Rescue-Effect-Saving-Life-Earth/dp/1643261495">https://www.amazon.com/Rescue-Effect-Saving-Life-Earth/dp/1643261495</a> <a href="https://www.worldwildlife.org/species">https://janegoodall.org/our-impact/</a> <a href="https://rinos.org/Compliancy Issues: Endangered Species">https://janegoodall.org/our-impact/</a> <a href="https://rinos.org/Compliancy Issues: Endangered Species">https://rinos.org/Compliancy Issues: Endangered Species</a> , Extinction, Biodiversity, Climate Change, Wildlife Protection SPOTBREAK 4: Macys/Big Bro Big Sis	
Synopsis: "Gaslighting" is this year's top word, according to dictionary giant Merriam-Webster. We explore the meaning of this term and its deep roots in American culture.  Host: Ebony McMorris Compliancy Issues Covered: Language, Communication, History, Culture, Film  24:21 CULTURE CRASH: TIM BURTON STRIKES AGAIN  Synopsis: The new show, "Wednesday" is topping Netflix charts this season. We explore why this TV spinoff of "The Addams Family" movie is fairing so well with younger audiences.  Host: Evan Rook Compliancy Issues Covered: Culture, TV  26:26 SPOTBREAK 5: Paxlovid/Some People Get It Autozone/Fix Finder OUTCUE:let's ride.  27:26 Program Conclusion :33	22:58	•	
Synopsis: The new show, "Wednesday" is topping Netflix charts this season. We explore why this TV spinoff of "The Addams Family" movie is fairing so well with younger audiences.  Host: Evan Rook  SPOTBREAK 5: Paxlovid/Some People Get It Autozone/Fix Finder  OUTCUE:let's ride.  27:26  Program Conclusion  Synopsis: The new show, "Wednesday" is topping Netflix charts this season. We explore why this TV spinoff of "The Addams Family" movie is fairing so well with younger audiences.  Compliancy Issues Covered: Culture, TV  :30  27:26  Program Conclusion  :33		Synopsis: "Gaslighting" is this year's top word, according to dictionary giant Merriam-Webster. We explore the meaning of this term and its deep roots in American culture.  Host: Ebony McMorris  Compliancy Issues Covered: Language, Communication, History, Culture, Film	
of "The Addams Family" movie is fairing so well with younger audiences. Host: Evan Rook Compliancy Issues Covered: Culture, TV  26:26 SPOTBREAK 5: Paxlovid/Some People Get It Autozone/Fix Finder OUTCUE:let's ride. 27:26 Program Conclusion :33	24:21		2:05
Autozone/Fix Finder OUTCUE:let's ride. :30 27:26 Program Conclusion :33	26:26	of "The Addams Family" movie is fairing so well with younger audiences.  Host: Evan Rook  Compliancy Issues Covered: Culture, TV	-30
27:26 Program Conclusion :33	20.20	•	
27:50 TOTAL TIME	27:26		
	27:59	TOTAL TIME	-