

Trinity Broadcasting Network

WDLI-TV

Canton, Ohio

April, May June 2014

Eastern Time

Leading Community Issues

Youth

Economy

Health

Crime

Education

Civic Affairs

Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
Youth							
Joy in Our Town #1670		28:45	13:30	L	PA/O/E	04/28/2014	11:30 AM
						04/29/2014	4:00 AM
						05/01/2014	4:00 AM
						05/02/2014	1:00 PM
						05/03/2014	4:00 AM
						05/08/2014	4:30 AM
						05/15/2014	4:30 AM

Laurie Cramer, Executive Director of the Autism Society of Greater Akron Autism explained autism as a complex neurological condition that affects how a person behaves, communicates and interacts with others. One in 68 children has an autism diagnosis by the age of eight years old. Parents who are aware of and understand the signs and symptoms of autism should talk to their pediatrician if they are concerned about their child not meeting developing milestones by the age of 18 months. Autism can range from very high functioning level to a profound cognitive disability which coined the term "autism spectrum". There are three million people living with autism in the United States. Many famous people have autism and are beginning to speak out to raise awareness of what autism is and what it is not. Although research continues there is no substantial evidence to pinpoint the cause of autism. There is no cure for autism however early intervention is important as is community awareness.

Youth

Joy in Our Town #1670		28:45	13:30	L	PA/O/E	04/28/2014	11:30 AM
						04/29/2014	4:00 AM
						05/01/2014	4:00 AM
						05/02/2014	1:00 PM
						05/03/2014	4:00 AM
						05/08/2014	4:30 AM
						05/15/2014	4:30 AM

Laurie Cramer, Director of the Autism Society of Greater Akron, talked about some of the challenges that a person living with autism faces. Early intervention is important therefore getting a diagnosis as soon as possible is critical. Speech and occupational therapies although very beneficial to those with autism are usually not included in health insurance plans. Depending on the severity of autism, the autistic child needs 24/7 care and this can take its toll on the caregiver. Our area is fortunate to have respite care which gives the caregiver an opportunity to refresh and rest. Caregivers that get burnt out or don't take care of themselves become ill. Too often the caregiver will die before the patient which can completely upset the world of the one with autism. People with autism do best when they have a routine, and can be very challenging when things are not normal. Children on the autism spectrum have an IEP (Individualized Education Plan) which provides both functional and academic support. Community awareness and education are challenges as well. Those that aren't aware of the challenges of someone living with autism tends to stare: Laurie wants to get the word out that it is not ok to stare. She, being a mother of an autistic child, would rather answer questions about her child rather than have people staring from a distance.

Youth

Joy in Our Town #1634		28:45	13:30	L	PA/O/E	05/12/2014	11:30 AM
						05/13/2014	4:00 AM
						05/15/2014	4:00 AM
						05/22/2014	4:30 AM
						05/29/2014	5:00 AM

Linda Tucci-Teodosio, Summit County Juvenile Court Judge, works with kids in the community that has gotten themselves into trouble. Delinquent children have done something that would be a crime if committed by an adult. The majority of the cases that the judge handles are shoplifting and criminal trespassing or criminal damaging. The cases that are more time consuming as well as troubling are the kids that commit violent or more serious acts often involving a gun. The majority of children involved in these cases tend to have some kind of risk factor whether it is an undiagnosed or untreated mental illness, a substance abuse issue or past trauma. Statistics show that when a low risk child is placed in a high risk sanction the risk of recidivism increases so the judge limits incarceration to only those kids that have committed violent acts or are a high flight risk. It is important to address the issues that is causing the behavior whether it is mental health issues, substance use or just being with the wrong crowd.

Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
Youth							
Joy in Our Town #1634		28:45	13:30	L	PA/O/E	05/12/2014	11:30 AM
						05/13/2014	4:00 AM
						05/15/2014	4:00 AM
						05/22/2014	4:30 AM
						05/29/2014	5:00 AM

Linda Tucci-Teodosio, Summit County Juvenile Court Judge says there are a number of reasons that a child might be labeled as at-risk such as undiagnosed or untreated mental illness, substance abuse, and poverty. Statistics show that about 70% of the kids that become incarcerated have an untreated or undiagnosed mental health disorder, about 60% have a substance abuse issue and many suffer from early adolescent trauma. Children that find themselves in court need consequences however if the underlying issue is not addressed they will appear before the judge over and over again. The Family Resource Center allows the court to take a look at children and their families to determine their needs and to link them with the services that will help meet those needs. Children not engaged in positive activities will find something to do to fill their time whether it is sitting in front of video games for hours while their parents are working or hanging out with the wrong crowd. Positive mentors are extremely important for young people; not only do they provide encouragement for a child they often become a confidante which all children need.

Youth							
Joy in Our Town #1664		28:45	13:30	L	PA/O/E	05/23/2014	1:00 PM
						05/26/2014	11:30 AM
						05/29/2014	4:00 AM
						06/05/2014	4:00 AM
						06/12/2014	5:00 AM

Last year there were about 65,000 children nationwide that were injured on skateboards because they were not wearing protective gear. Akron Children's Hospital's Injury Prevention Coordinator Heather Trnka talked about the importance of helmet use to prevent TBI (Traumatic Brain Injury). Children who wear a helmet are less likely to suffer a TBI than those that do not wear a helmet or that wear a helmet incorrectly. The helmet should sit on top of the child's head, no more than two fingers above their eyebrows and the straps should form the letter V around the ear. Bicycle helmets prevents 70% of all traumatic brain injuries related to bicycle crashes. Parents need to model good safety techniques by wearing their helmet when they ride. The injury pattern at Akron Children's hospital shows that wearing a helmet every time is the best option to preventing serious injuries.

Youth							
Joy in Our Town #1664		28:45	13:30	L	PA/O/E	05/23/2014	1:00 PM
						05/26/2014	11:30 AM
						05/29/2014	4:00 AM
						06/05/2014	4:00 AM
						06/12/2014	5:00 AM

Last year there were over 6,000 children who drowned nationwide. Heather Trnka, injury prevention coordinator for Akron Children's Hospital tells that one drowning is too many. Drowning is a very preventable incident. Children have a fascination with water however they often do not have a good understanding of how dangerous water can be. Supervision is the key in preventing pediatric accidental drowning. Homeowners that have pools on their property should always have a gate that is locked to prevent children from getting into the pool. Another important fact is to never swim alone. Swimming in unfamiliar waters increases the risk of drowning due to not knowing the depth of the waters or possibility of getting caught in a current. Parents should know CPR in the event that their child does get into water it is important to begin CPR as quickly as possible. Small children can drown in a very small amount of water and therefore it is extremely important to empty wading pools or make sure children do not have access to them when unsupervised. Life jackets can be lifesaving especially for children if they are used correctly.

Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
Youth							
Joy in Our Town #1663		28:45	13:30	L	PA/O/E	06/06/2014	1:00 PM
						06/07/2014	4:00 AM
						06/09/2014	11:30 AM
						06/10/2014	4:00 AM
						06/12/2014	4:00 AM
						06/19/2014	4:30 AM
						06/26/2014	5:00 AM

Heather Trnka, injury prevention coordinator for Akron Children's Hospital tells that car seats are the number one way to prevent injury and death during a car crash. Car seat must be installed properly as well as used correctly to prevent injury. Car seat have height and weight restriction as well as expiration dates. Ohio laws states that infants under 20 pounds should ride in a rear facing carrier type seat until the age of 1 year; however the American Academy of Pediatrics recommends that they remain rear facing until they are two years of age. Parents or caregivers should not purchase a car seat based on its appearance or price. About 71% of all death that occur within a motor vehicle crash could have been prevented with the proper seat. Safety coalitions around the state offer car seat checks to make sure the car seats are installed properly and that they child is fastened correctly.

Economy

Joy in Our Town #1653		28:45	13:30	L	PA/O/E	04/07/2014	11:30 AM
						04/08/2014	4:00 AM
						04/11/2014	1:00 PM
						05/01/2014	5:00 AM

Canton is the smallest of the eight largest cities in Ohio. David Kaminski, Director of Energy and Public Affairs for the Canton Regional Chamber of Commerce, tells that the key to population growth is to provide good jobs and to keep people interested in their community. Travel and tourism and the business development area are closely related. The oil and gas boom has brought about the need for more lodging and restaurants in the Stark County area. In honor of the Chamber's 100th anniversary, they have been working on a 5 year strategic plan. The main areas of focus are to understand and help the community come together on workforce issues whether it is developing professionals or work training issues or making sure that students graduate high school with enough college credits for them to easily go to college. It is important to have a trained workforce in place for potential businesses. The chamber will focusing on talking about laws and regulations that would help improve the business climate. Doing so, makes businesses more profitable and gives them the opportunity to employ more people thus creating a more prosperous community.

Economy

Joy in Our Town #1653		28:45	13:30	L	PA/O/E	04/07/2014	11:30 AM
						04/08/2014	4:00 AM
						04/11/2014	1:00 PM
						05/01/2014	5:00 AM

David Kaminski, Director of Energy for the Canton Regional Chamber of Commerce, talked about the oil and gas production in our area. Two area most important now are the use of natural gas as a commercial transportation fuel such as compressed natural or liquid gas and the opportunity to fully expand the plastics and chemical industry. There is a lot coming out of the Utica besides natural and heavier gases. A lot of the energy found in the Utica can be converted into feed stocks for chemicals and plastics manufacturing. David believes that the United States, the canton area, can take a big leap forward in creating plastics (cups, utensils) many of which are now being made overseas. Our area is getting in position to manufacture plastic much more cheaply and have it here in the biggest consumer market in the world. In doing so, it would create many jobs not only in manufacturing but in distribution and sales of these products. Ohio has been an oil and gas state for 150 years with 64,000 active oil and gas wells; only about 400-500 of those are Utica wells. Oil and gas drilling and production is around for a long time and a great resource to the Ohio economy.

Economy

Joy in Our Town #1655		28:45	13:30	L	PA/O/E	04/14/2014	11:30 AM
						05/01/2014	4:30 AM
						05/08/2014	5:00 AM

Aimee Wade, Compliance, Certification & Training Coordinator of Summit County ADM Board and Darryl Blake, Executive Director of Summit County Community Partnership talked about gambling addiction. Gambling is engaging in a game of chance whether the use is slot machines, dice, lottery tickets, cards or racing. Gambling and substance use are similar in that after the first win (drink or drug use) that euphoric feeling is not so easily obtainable. Some signs that gambling has become a problem is when a person is borrowing to get money to play, lying or embellishing on your winnings or losses, and being irritated if you are not gambling. 2012 studies show that men between the ages of 18-24 are at higher risk of gambling addiction. With more access to casinos the need for treatment will increase: Casinos put away 2% of their tax revenue to goes toward responsible gambling and treatment. Prevention and addiction services are important for problem gambling and gambling addiction. There are many people that are not aware of the help available. Self-exclusion programs are offered where people can sign themselves up for a year or 5 years or a lifetime to not enter the casino. Some people do not know that there is help so we are trying to spread awareness.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
<i>Economy</i>							
Joy in Our Town #1661		28:45	13:30	L	PA/O/E	05/16/2014	1:00 PM
						05/17/2014	4:00 AM
						05/19/2014	11:30 AM
						05/20/2014	4:00 AM
						05/22/2014	4:00 AM
						05/29/2014	4:30 AM
						06/05/2014	5:00 AM

On average there are between 12-16 million victims of identity theft a year; the average cost to the consumer is about 5 billion dollars. Living in an electronic age where people shop online and use credit or debit cards instead of cash can increase the risk of having one's identity stolen. Terrence Sullivan, Postal Inspector for the United States Postal Inspection Service, shared some tips on protecting ourselves against identity theft and fraud. Personal identifiers are things such as a birth certificate, social security number, bank or credit card information. Many people don't discover that their identity has been compromised for up to a year after the first incident. It is important for individuals to obtain their free credit reports once a year at each of the three credit bureaus. In doing so, if there is incorrect information such as addresses or accounts that do not belong to you, you can report it right away. Technology has made identity theft a faceless crime; one's identifiers can be stolen over the internet or electronically. Only about 4% of identity theft involves someone stealing mail from a mail box.

Economy

Joy in Our Town #1668		28:45	13:30	L	PA/O/E	06/20/2014	1:00 PM
						06/21/2014	4:00 AM

Hunger is a symptom of poverty. Dan Flowers, CEO of the Akron-Canton Regional Foodbank, tells that about 500 soup kitchens, homeless shelters and food pantries rely on the Food Bank in order to respond to the overwhelming need in the community. In Summit County alone there are over 90,000 people that live with food insecurity in their home. Since the recession in 2008 there has been an increase in the poverty rate here in the state of Ohio. The poor people in the country are poorer than they have been in many, many decades. There are 240,000 people within an eight county area that indicate to the USDA that at least some time during the year they do not have food to meet all of their needs. The mission of the Foodbank is to take surplus food from the grocery industry and distribute it to people in need. In a typical year the Foodbank serves between 180,000 – 200,000 individuals. Over half are seniors over 65 years of age and young children. The Foodbank serves a lot of working poor people that work several jobs and can't make ends meet. The Foodbank will distribute 20 million pounds plus of surplus food this year.

Economy

700 Club CBN NewsWatch #06062014	1:00:00	5:00	REC	PA/O/E	06/06/2014	3:00 PM
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CBN News Reporter Heather Sells Reports: Many Americans are not saving for retirement, and if they are, they're not saving enough, according to a recent survey. The 2014 survey found that just 18 percent of Americans are very confident in their ability to afford a comfortable retirement, 37 percent are somewhat confident, and 24 percent are not at all confident. Fifty three percent of workers say cost of living and day-to-day expenses are major reasons for not saving or not saving more. Existing debt is also an obstacle. Some believe our lack of saving has the United States headed toward a "retirement crisis." Another common mistake for many is overestimating how long they'll work. Here's some basic retirement savings tips: Plan on living longer than you think you might as life spans continue to grow. Save extra for healthcare because those costs going forward are difficult to estimate. Maximize your employer's 401K match and look into a Roth retirement account. Know why you are saving. Paint a picture of your retirement. It will sharpen your focus and motivation.

Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
Economy							
700 Club CBN NewsWatch #06132014		1:00:00	5:00	REC	PA/O/E	06/13/2014	3:00 PM

CBN News Chief Political Correspondent David Brody Reports: There is a famous saying that goes like this: "A dog is man's best friend." But how about this new saying: "A robot is man's best friend." A new wave of robotic technology is changing society and in the process, hopefully helping to improve the U.S. economy. We've all seen the sci-fi movies where robots are ready to take over the world. But that's fiction. At Purdue University they're working on real life scenarios. They're experimenting with human-like robots called "Baxter." Engineering and technology students are working to put Baxter in the operating room to help during surgery. The idea is to train Baxter for menial surgical tasks so human hands can be doing more important duties. Baxter could be performing in real life surgery settings in a couple years. Baxter is a pretty incredible robot. It can virtually do any command. If the surgeon calls out for, let's say a retractor, it hands it to him within seconds. Baxter isn't just headed to the medical field. Eyes are also on manufacturing and how Baxter can help in the workplace. What is really groundbreaking is that computer programming doesn't power this technology; it learns by demonstration. Baxter has cameras that observe the scene while humans wear sensorized clothing and a glove that does motion capturing. Baxter detects what the human is doing and repeats the motion. Baxter also uses facial expressions like a human. If something isn't right on the assembly line, he can let his human operator know about it. This technology is the brainchild of a company called Rethink Robotics. They're trying to move robotics to the next level, not replacing human workers but helping them. The thinking behind this is to help American companies compete with overseas manufacturing where workers do the job for less money. Robotics can help the American worker bring in a higher wage and be more efficient. Baxter isn't the only robot lurking around Purdue's campus. Robots are also lurking around the fire department. While the robot here doesn't have a name, it's all part of a pilot program with the South Korean government. If successful, robots like this could work with departments by going into dangerous places, taking photos with its thermal imaging camera and fighting fires. It turns out that this fire-fighting robot provides a valuable lesson. The Obama administration sees the value of robotic research. The president got a taste of the technology on a recent trip to Japan where he played a little soccer with a robot. The National Robotics Initiative will provide millions of dollars for additional research. So what does the future hold in this area? The possibilities are endless.

Health

Joy in Our Town #1655	28:45	13:30	L	PA/O/E	04/14/2014	11:30 AM
					05/01/2014	4:30 AM
					05/08/2014	5:00 AM

Kim Mozzochi, Care Management Supervisor for the Area Agency on Aging, shared information about chronic disease self-management. Healthy U is the state of Ohio's initiative to bring health and wellness to older adults. Healthy U is for those who struggle with any chronic illnesses such as diabetes, high blood pressure, high cholesterol, depression, cancer or anything for which that take prescription medication for on a regular basis. Understanding the importance of developing an action is vital in managing diseases. Patients often need to be more educated about their disease and how it affects their overall health. The action plan enables the patient to better manage the symptoms as well as have open communication with their doctors and family. Making small dietary changes and adding physical activity often bring about great results and alleviates many symptoms. Caregivers are encouraged to attend Healthy U with their loved one; in doing so they develop a better understanding about their loved one's condition.

Health

Joy in Our Town #1669	28:45	13:30	L	PA/O/E	05/05/2014	11:30 AM
					05/06/2014	4:00 AM
					05/08/2014	4:00 AM
					05/15/2014	5:00 AM

Suzanne Hughes, Clinical Education Project Coordinator for the American Heart Association says that over 80% of heart disease is preventable. Years ago the prototype of someone prone to heart attack was an overweight middle aged man. Since 1984 more women have died of heart disease than men. Women have a tendency to take care of everyone except themselves. A person having a heart attack may not perceive the feeling as "chest pain" but rather a feeling of heaviness or burning or pressure in the chest area. Someone with extreme heart burn may experience symptoms such as nausea, dizziness or an overwhelming sense of doom all of which are symptoms of heart attack. Being overweight, smoking tobacco, eating unhealthy diets increases ones risk of having a heart attack as does living a stressful life. Research has shown that heart attack rates increase in communities that experience natural disasters such as earthquakes and tornados. Being physically active, getting healthy nutrition, avoiding tobacco products and eliminating stress can decrease the risk of heart disease.

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Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
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Health

Joy in Our Town #1668	28:45	13:30	L	PA/O/E	06/20/2014	1:00 PM
					06/21/2014	4:00 AM

About 795,000 people suffer strokes every year. There are two kinds of stroke; 20% are hemorrhagic, meaning the blood got outside of the vessels and the other 80% is when blood doesn't get to the tissue and is referred to as ischemic. Dr. Susana Bowling, Director of Summa's Stroke Center, tells that there are preventable risk factors such as maintaining a healthy weight, eating good wholesome foods and exercising. Non-preventable risks are age, gender, ethnicity and family history. Women are more likely than men to suffer a stroke; 100,000 women particularly those women of child bearing age. Women that use birth control medication and elderly women have increased risk of suffering a stroke. The acronym FAST (Face, Arm, Speech, Time) can be used to quickly identify a stroke victim. Symptoms such as sudden weakness on one side of the face or sudden loss of strength in the arms or legs and or being unable to get correct words out when speaking calls for immediate action. Everyone goes to the doctor when they hurt but unfortunately strokes don't hurt.

Health

Joy in Our Town #1667	28:45	13:30	L	PA/O/E	06/23/2014	11:30 AM
					06/24/2014	4:00 AM
					06/26/2014	4:00 AM

Skin cancer is the most commonly diagnosed cancer; 3.5 million cases are diagnosed each year. About 76,000 cases of melanoma which is the deadliest form of skin cancer are reported each year. Shawna Borkoski, Senior Representative of American Cancer Society, tells that skin cancer is one of the most preventable diseases. The American Cancer Society's catch phrase for preventing skin cancer is "slip, slap, and wrap". Remembering to "slip" on a shirt, "slop" on SPF 30 or higher sunscreen and "slap" on a hat is the best protection against the sun's UV (ultraviolet) rays. Tanning beds are not a safe alternative because the exposure to UV rays still exist.

Health

Joy in Our Town #1667	28:45	13:30	L	PA/O/E	06/23/2014	11:30 AM
					06/24/2014	4:00 AM
					06/26/2014	4:00 AM

Shawna Borkoski, Senior Representative of American Cancer Society, tells that colon cancer is the most diagnosed cancer among men and women in the United States. In 2014 there will likely be more than 96,000 cases of colon cancer in the United States about 50,000 of those cases will result in death. Risks factors include ethnicity, diet, and cigarette and alcohol consumption. 90% of the people diagnosed with colon cancer are over the age of 50 years. Early detection is important; polyps usually non-cancerous can be removed if found early. Individuals with a higher risk of colon cancer should have screenings earlier than the recommended age of 50. The American Cancer Society would like to increase awareness of this preventable, treatable and it is beatable disease.

Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
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Health

Switch On Your Brain #013	28:30	28:30	REC	PA/O/E	04/08/2014	12:30 PM
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Today on Switch On Your Brain, Dr. Caroline Leaf discusses how no thought is harmless and no attitude can be hidden. You know what it feels like when you're around someone who is negative? It makes you feel horrible. When you're around someone who is joyful and happy you feel great. That's because our attitudes literally rub off on each other. You can't hide an attitude. No thought is harmless. It is a scientific fact that every thought that you build generates electromagnetic energy and it produces a state of mind, and that's part of nonverbal communication. We don't read each other's actual thoughts, but we can read each other's attitudes. We have all kinds of structures in our brain that help us to reflect back each other's emotions. For example the vagus nerve, insula, mirror nerve cells in our brain literally help us to cry together, laugh together, and be joyful together. It's almost as though God has designed us so that we can actually check each other's behaviors. Become aware of your attitude and the attitude of the people around you. Every single cell in your body is impacted by a negative thought. No thought is harmless and no attitude can be hidden. It will come through in the way that your eyes are shining and the way that you carry your body. Genesis 11:6 tells us that "Whatever they imagined they could do would not be impossible for them." The science of this scripture is that as you are thinking you are physically building substance. This science also tells us that whatever is substance in your brain you will act upon. You will live out whatever you have built, so therefore, no thought is harmless. The Bible does say that to just look upon a woman with adulterous thoughts is the same as the act. We know from science now that if you watch someone play tennis, the same areas in the brain will light up as the areas that will light up in the person who is actually doing the act. It says in the Bible that only God and you know your own thoughts but what I can pick up through my mirror neurons is your attitude which is your state of mind; it's the emotional state of your head. Every thought has an emotional feeling component and that is what we literally mirror in each other. Quantum physics actually explains this in terms of the theory of entanglement, which means we are all entangled in each other's lives. We are all connected with each other, so we feel each other's emotions. We can't hide it. We can't ever hide an attitude because of the design of the brain mirroring out the emotional energy literally from the thoughts that move into the conscious mind, we reflect those. The gene is an inanimate thing. It can't do anything until it is switched on. The dreaded diseases that people are suffering from are from the mind, seventy-five to ninety-eight percent. Even when you have a genetic mutation of something that comes through the blood line, it originally was not a mutation because Deuteronomy 30:19 says, "I lay before you life and death; blessing and cursing. Choose life so that you and your descendants may live." The decisions that your great, great, great whatever, made are in your head. You have a choice and that choice is to keep and to active those things or to kill them. What you think about, the choices that you make, will produce effects. That's pretty much the science of epigenetics showing how our choices impact spirit, soul, and body, this generation, and the next four generations. It's the sins of the father that will reach through to the third and the fourth generations. It's not an excuse because the Bible also says that you are not responsible for your parent's sins. You are not a victim of your biology. You are a victor over and above your biology. Imagination is not a nothing. Imagination is you visually thinking out. As you imagine, you are growing thoughts as well. As you are growing those thoughts you then act upon those thoughts. They did a research study where they taught people to play the keyboard in two groups. One group learned to play the keyboard actually using a keyboard. The other group learned through the power of imagination. They brought the two groups together and the group that used their imagination actually played better than the other group. You can't see your thoughts, but no thought is just some nonevent. No thought is harmless. Every thought is doing something. It's physical structure inside of your brain. We can't control the events and circumstances of our life, but we can control our reactions to those events and circumstances. We can choose to control our reactions. So therefore the hardest thing about being happy and peaceful and enjoying life and coping with life is the recognition that we can choose. You are able to choose and your choosing makes a difference in your life and the lives of this generation and the next four generations. Attitudes are never harmless. Attitudes impact people. Your attitude that you reflect, good or bad, is influencing other people's perceptions. This week make a strong concerted effort to actually observe your own attitudes and the impact of your attitudes on other people. You will be amazed at how when you smile and you're happy how that influences the people around you. How when you're whiney and negative how that influences the people around you. Increase your observation skills this week.

Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
Health							
Switch On Your Brain #001		28:30	28:30	REC	PA/O/E	04/29/2014	12:30 PM

Today on Switch On Your Brain, Dr. Caroline Leaf discusses the mind being the switch that helps to control the brain. The mind is your intellect, thinking, choices, feelings and emotions. These mind actions switch the brain on or off. Thoughts are real things that take up space in the brain and look like forests that have been built up since you were in the womb. We control our brain. Our brain does not control us. Through your mind, you have the ability to think and choose; the ability within yourself to change your world quite literally. Science has proven that the mind changes the brain. The mind changes the body. The mind is instrumental in developing the spirit. It was once believed that once a brain cell died, there was nothing more that could be done about it. Research now states that we can change our brain. We can redesign our own brain. Neuro means brain. Plastic means to change. Neuroplastic means the brain can change. You can change your brain. Now this is called brain surgery. You are completely unaware of ninety to ninety-nine percent of the activity going on inside your brain. Right now you are processing information through your five senses into your brain. Your mind activity is a signal that goes to the DNA, to the gene code, which is just sitting there dormant waiting for your signal, and then as soon as your signals comes, it switches on and you start making amino acids, which group into proteins and you grow trees in your brain which are thoughts, right now at 400 billion actions per second. You are creatively growing stuff inside of your brain. Mind over matter is total reality. The mind actually controls the body. The spirit controls the soul, and the soul's the mind realm, and the mind controls the body. We know from science now that the higher level is the mind and the lower level is the brain, so the brain actually represents what the mind has actually worked out. You're a thinking being. You think all day long. You're even thinking at nighttime while you're sleeping. But at nighttime you are sorting out your thinking for the next day. Even though every human's brain follows the same euro physiology and the structures of the brain and those kinds of things look the same, the way that you uniquely perceive the world means that you will design your own architectural landscape of your brain. So the way you perceive the world is reflected in the physical structure of the brain and we call that the law of diversity. We do not have fixed IQs. You are as intelligent as you want to be. Intelligence is something that increases constantly throughout your lifetime the more you use your brain. You are designed with free will. You are designed, enabled, and empowered to choose. You can choose whether you are going to believe the negative or the positive. You choose whether or not you are going to operate in peace. There are only two choices that we can really make: love or fear. The choices that you make, which are the result of the thoughts that you think, are going to become physical realities in your brain. We have to focus on what is important and make the good choices that we have to make because when we make the good choices we wire health into our body. We wire health into our brain. We wire health into our mind. We wire health into our spirit. Thoughts are real. Thoughts are growing on a moment by moment basis that you, with your mind, grow. As you are growing those thoughts they are changing the structure of your brain and impacting how you run your life. We need to be aware of our thought life. We must never let thoughts go unchecked through our brain. We must always be aware: What am I thinking about? What am I listening to? What am I reading? What is going on in my mind? As we create that awareness, we can start bringing those thoughts into captivity.

Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
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Health

Switch On Your Brain #002	28:30	28:30	REC	PA/O/E	05/06/2014	1:00 PM
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Today on Switch On Your Brain Dr. Caroline Leaf discusses the scientific term "You Are Wired For Love." Humans naturally are optimistic. Scientists correlate that with being wired for love. We actually have to learn fear. The brain is part of your body. You are designed in perfection. You are wired for love and you are well able to think in a perfect way. Fear is the opposite spiritual force. You have the spirit of power, love, and a sound mind. The norm is love, power, sound mind, made in His image, the mind of Christ. Research called "The Optimism Bias" shows that the natural inclination of man is one of being positive, making good choices, and thinking healthy thoughts. Scientifically, we have seen the brain circuitry for only positive choices, positive optimism, seeing the good in everything, wiring, neurochemicals, structural organization inside the brain, that is all in the direction of healthy thinking. Yet when you make a bad choice, because we have free will, we see this whole process being distorted, creating a physical change in the brain which impacts the body. This parallels with the Bible, which encourages us to think of healthy positive things, and if we don't, there are going to be consequences. The hardware that is fixed is the wired for love. We are made in God's image. That's our original design. That's our normal. That's our default mode. That is who we are, but God gave us free will. In life, we run the software, and that software is how we process the events and circumstances of life and how we actually design the landscape of our brain, so the software is how we uniquely process that information according to what is already inside of us. Moment by moment of every day we are thinking. So moment by moment of every day, we are changing the software and changing the reactions. We get stuck in certain habits. Whatever you think about the most will grow. So whatever program you design to work in that way, the hardware then responds. So if you don't change the software signal, and it's always the same signal, the hardware will just respond in the same way. But if your software says this hardware is not good, then you can change the software. This is all mind activity. By having an awareness of this life that we're living as hardware, we can use our mind to change that and bring ourselves into the natural state, which is wired for love. It's all choices. It's all mind work. The non-conscious part of your mind works at 400 billion actions per second. In the non-conscious part of your mind it guides the conscious part of your mind. The conscious part of your mind operates at 2,000 bits of information per second. The non-conscious mind is pretty much that part of who we are. It is all the thoughts that we have been building from conception to our current age, that are driving our conscious minds. At any given time there are only a few thoughts in our conscious mind. Thoughts move in and out of the conscious mind as they are required in order for you to function. The non-conscious mind has trillions and trillions of thoughts and they can be changed. Those thoughts that you have implanted in your mind can be altered and changed as they move into the conscious mind and then move back into the non-conscious mind. We have structures in the depths of our brain called the "Default Mode Network" which is a group of circuits that span the structures in the middle of the brain. The Default Mode Network, think of it as a conductor. All of the circuits inside your brain work together like an orchestra when you are using your mind properly. Research has shown that every seven to ten minutes you are supposed to slow down, become introspective, become self-reflective, become calm, switch off to the outside and switch on to the inside and get into the depths of who you are, and when you do that your brain moves into the highest intellectual state that it possibly can. On an FMRI scan, your brain goes into what is called gamma activity. Gamma activity is where you are super intelligent. When you have gamma activity happening in your brain, you are processing with wisdom, you are seeing things that you did not see before. The fear zone essentially is negativity; toxic thinking. Our choices have consequences and our bodies help us to understand these consequences. You have to choose to live a full life. You have to choose to be happy despite the circumstances. Spirit, soul, and body is a connected thing. Your mind is what you use to decide how connected you are going to be between your spirit, soul, and your body. It is with your mind that you process, intellectualize, experience your feelings, make your decisions, interface with your thoughts, and make your choices. The biggest thing in change is the recognition that we have choice. It is also the hardest thing to take responsibility for our own thought life and our own actions. The quicker we realize that we make choices and that our choices have consequences, it will set us on the path to healing with the recognition that we have the ability to choose. We are wired for love. We know right from wrong. Our natural default mode is one of love, which is choosing well. When you make a bad choice you are going to have a physical consequence inside the brain. Your brain has no structure for bad choices. We're wired for love. We were designed to make good choices. If you make bad choices you're going to have a negative physical reaction inside our brain, literally you will build a negative toxic tree inside of your brain, and that will impact your physical body, soul, and spiritual development. You are wired for love. Love is your normal. Everything about you is designed to be like God. You can make good decisions. You can think well because that is your norm. So when we choose badly, we're actually stepping into the fear zone, or the abnormal zone, and experiencing negative emotions. Because that is not your norm, it doesn't have to dominate or control you. You are able to get free because you are wired for love. Research shows that we are wired for love and we can change. Really focus on the fact that everything about you is geared in a positive direction. Your norm is to actually make good decisions.

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Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
Health							
Switch On Your Brain #003		28:30	28:30	REC	PA/O/E	05/13/2014	1:00 PM

Today on Switch On Your Brain Dr. Caroline Leaf discusses how making bad choices leads to toxicity. You are a thinking being. You're thinking all day long. Every time you think it automatically leads to a choice. As you are thinking and choosing your DNA actually expresses, which means it makes proteins, and those proteins group together and you grow thoughts that look like trees. Sometimes we choose badly. Instead of the proteins forming correctly they actually form incorrectly. You can actually see the result of a toxic choice inside the brain as literally this toxic tree. If you think of the analogy of a forest where there has been a forest fire, there's this huge black patch and that's kind of what our toxic thoughts look like. Our body recognizes it as an abnormal structure. Our brain actually reacts negatively to a toxic thought. Toxic thoughts are like these foreign invaders and they increase our vulnerability to disease. Seventy-five to ninety-eight percent of current mental, physical behavioral illnesses today come from toxic thinking. You're spirit, soul, and body. You are a triune being. Your spirit is your true you. It's your intuition, your conscience, and your communion; your communion being your worship with God. Your soul is your intellect, will and emotions. Your soul is basically your mind. You are thinking, you're choosing, you're feeling, all of that is the mind; soul activity. You live in a body. Your brain is part of your body. The design and the natural order that God has set up is that the Holy Spirit informs your spirit, your spirit informs your soul, and your soul controls your brain and your body. Your soul has one foot in the door of the spirit and one foot in the door of the body. It is the central point. The body simply is then going to house the consequence of your mental decisions of your mind; soul decisions. God gave you this ability to choose. When we think and choose badly and we wire those toxic thoughts into our brain, those toxic thoughts are seen as foreign invaders inside of our brain and this is because we are wired for love and we have to learn fear, so therefore the toxic choice is actually a fear response. Not fear as in scared, but fear as in negative; anything on the negative side like discouragement, despair, hatred, anxiety, worry, etc. You are in life processing. You're in these events and circumstances of life, those things are coming in through your five senses, you are thinking these things through, and you are reacting to these events and circumstances that have come in through your five senses as electromagnetic life forces that we can measure through quantum physics and describe through using quantum physics and brain science. So if with our mind we make a bad choice that spiritually is going to have a whole lot of consequences on the way that your mind is functioning as well as your spiritual development, but it also makes a huge impact on the way that the body functions. Current research tells us that seventy-five to ninety-eight percent of current mental, physical and behavioral illnesses today, come from our thought life, so these illnesses are very real things. They're talking about the big five as well as just down to getting a virus like a flu or something like that. These manifestations of illness and physical illness inside of our bodies, seventy-five to ninety-eight percent of it, comes from our thought life. It is our thoughts that change the physiology of our body. It is our thoughts that change the way you feel and function. When we have a flu or a virus or something passing through our body, our immune system is immediately activated to fight that invasion. So anything that is not part of the normal cycles or structure or function of the brain is treated in the same way. Our thinking produces physical realities in the brain, actual physical little thoughts that look like little trees. When it is a healthy thought, the trees look healthy and are balanced. But when we make a bad choice we literally throw our brain into neurochemical chaos. The dead tree represents a negative thought, a bad choice. When we make the decision to choose things incorrectly, we upset the natural function of the brain, which is for love. So every time you express your genetic expression happens, which is the result of your thinking. Your thinking is the signal that causes these proteins to express and to capture this information in the form of a tree. The green tree represents the healthy tree; this is your norm. Scientists have found that we are wired for love. You are wired to think well, choose life and build life into your brain. Our normal is a sound mind. The abnormal is an unsound mind. We're in a world that says depression is normal, anxiety is normal, the negative is normal, worrying, etc. is just a part of life. It's not part of life. It is the result of choices we have made. Scientists and medical research show the same thing. Toxic thinking, bottom line, makes you sick. When you think badly sickness will manifest in some way. When you make a bad decision and you choose to do the wrong thing, when you choose to think a negative thought or a toxic thought, your peace goes. When we are choosing incorrectly, we are going to grow toxic thoughts. We need to recognize that this is what causes a lack of peace in us, but this is not a death sentence. Your brain controls every single cell of your body. Your brain is designed to be controlled by your soul, which is your mind realm; your thinking, your choosing, and your feeling, changes the physical structure of your brain. Your brain and your body represent the physical result of the decisions of our mind, and if we make bad decisions, and we wire in the toxic zone, we will feel the impact inside of our body. Science is showing that when we aren't positive, when we're negative, when we don't forgive, when we do all the stuff that we're not supposed to do, and enter that zone, we will physically change the nature of our brain. As you think, and as you choose, and as you make proteins, you are growing branches, and the branches are all attached to these trees, and these trees are all intertwined in each other. Your brain is about the size of your two fists. Believe it or not, you have an infinite amount of space inside your brain. You can grow branches, and each branch contains information, for three million plus years and you still won't fill up your brain. Every time you think, you are going to grow branches, and these branches hold this information, which are your memories. When you make a good decision it looks healthy, but when you make a bad decision your heart gets affected, and everything gets affected, and it creates like a black cloud. So what we find inside of the brain when someone is not thinking like they should, when they're making bad decisions, operating in the negative domain, this causes a reaction in your heart, which causes a reaction in your DNA, which causes a reaction in the chemicals of your body and the result is that you actually build this distorted image which is recognized by the body as a viral invasion, or as an invasion. It is not seen as the norm. Now, when you cut yourself or you hurt yourself, immediately your body releases C-reactive protein, plus a bunch of other stuff, but C-reactive protein is a manager one, and the C-reactive protein goes to that site to try and help to heal. It's a part of the healing process, but in the healing process there is inflammation. The first reaction is inflammation occurs. When doctors are looking for signs of a viral invasion in a body, they look at the C-reactive protein count. If you have a lot of those in the body, there is something going on. Your body physiologically reacts to damage, to viral infections, to physical damage by releasing these C-reactive proteins. Research has shown that toxic thoughts also cause C-reactive proteins to flow. So the minute you choose badly, you will find inside the brain that all the electromagnetic balance,

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Switch on Your Brain #03 Continued

all the chemical flow, everything is distorted at that point. There will be a high level of C-reactive proteins, a high level of inflammation. Wherever there is inflammation in the brain, or throughout the human body that is not dealt with, inflammation that stays will brings disease. Science tells us that if you're going to change one of these ugly networks in your brain you have to have discipline. You have to direct your attention. You have to be very focused. You have to make a decision and rigorously push through a period of time to change that thing. It shows us in science that nothing happens until day twenty-one. It takes twenty-one days of major scientific stuff to break down the thoughts, and then once you've broken it down, it takes another two cycles of twenty-one days minimum to make that a habit in your life. Every choice you make has a consequence. You're a thinking being and moment by moment of every day, you are thinking and you are choosing, and those choices that you make become physical realities inside of your brain. This is a scientific fact as well as being a spiritual fact. So when we choose the wrong choices, the toxic choices, the despair, discouragement, irritation, frustration, you name it, we're going to have a physical result inside of our brain because thoughts are real and they take up mental real estate. The toxic choice impacts how you function. Remember, we cannot always control the events and circumstances of our life, because those events and circumstances are the result of other people's choices and other people's decisions, other people's thinking. But there is something you can control and that is your reactions to those events and circumstances of life. Your reactions to events and circumstances of life are the choices that you make about what you're doing with your life and how you are going to cope every day.

Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
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Health

Switch On Your Brain #004	28:30	28:30	REC	PA/O/E	05/20/2014	1:00 PM
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Today on Switch On Your Brain Dr. Caroline Leaf discusses stress. There is good and bad stress. Stress is how your brain and your body reacts to how you're thinking. When you are in a positive state of stress, which is stage one, your neurons are lining up and everything is happening like it should. Stage two and three of stress is considered negative stress. Your body goes into negative stress when you build toxic thoughts. Every cell in your body is subject to every toxic thought that you keep, increasing vulnerability to illness and disease. When we make a negative choice we throw our body into a state of toxicity. Science tells us that seventy-five to ninety-eight percent of current mental, physical, and behavioral illnesses come from our thought life. There are three stages of stress. Stress stage one is actually good. It is normal and is the natural flow of the brain in helping us as humans to focus and deal with life. When we make a bad choice, we actually upset the natural cycle of stress and upset the natural flow of chemicals and cause an imbalance in our thinking. So good stress becomes bad stress and we move into stage two of stress where we have neurochemical chaos. As we're thinking and processing information, we have about 30 neurotransmitters and 1,400 different chemical reactions happening while we are just living. But as we enter stage two of stress, which is caused by a bad decision, which is caused by a toxic thought that we physically build in our brain, we cause neurochemical chaos, upsetting those 1,400 chemical reactions and 30 neurotransmitters. Stage three of stress is when we stay in stage two of stress for a long time; when we've kept those bad habits, when we've kept those toxic thoughts, and we just don't move beyond and nurse those things and suppress them in our subconscious mind. When it's there for too long, eventually, the damage becomes greater and greater, and we shift over into stage three of stress, which is a good thing gone really bad and doctor's generally talk about that as the death zone. Stress is the body's reaction to the foreign invasion of a toxic thought. Your choice, which is your reaction, determines if stress will make or break you. Every single cell in our body has like little doorways on it. Every single cell has multiple receptors for a specific purpose, little doors and windows, each letting in certain chemicals, certain substances, at certain times, in certain amounts. It is called cell specificity. When it's all going like it should, when you are in stress stage one, which is the good stress, when you're thinking correctly and making right choices, when you are in line with your wired for love natural design, then the receptors work correctly. The minute we think and choose and make a toxic decision, when we move into the wrong way of thinking, out of alignment with our natural way of thinking that causes neurochemical chaos in the body. When we have neurochemical chaos in the body that literally causes the doorways to be ripped off the hinges, causing the windows to be shattered, removing protection from the cells. Now whatever is flowing through the bloodstream, whether it's chemicals that you've inhaled from a perfume that you've sprayed, or food that you've eaten, the incorrect balance of chemical signals from a toxic reaction. All of that is actually reality inside of our blood flow. Now that can enter into the cell and into the heart of the cell, which is the DNA, and affect the way in which the genes express and effect the way in which you hold thoughts. Your spirit is the true you. It's who you've really been created to be. Your soul is your intellect, your will and your emotions, so your soul is your mind realm. Your physical body houses your spirit and your soul, so your brain is part of your physical body. The way we are designed is that the Holy Spirit guides your spirit. Your spirit guides your soul. Your soul dominates your body. Your thinking mind controls matter. Your thinking is changing the structure of your brain and your body. The Holy Spirit lays down in your spirit what you know to be the correct thing, but it is with your mind that you must appropriate that. It is with your mind that you understand what the spirit knows. We've all been at the place where we know what we're supposed to do and can even quote the scripture, but our mind is still not really believing what is true. This is called in scientific terms: cognitive dissonance or lies. You are getting input through stimulus or signals from the external to the internal part of your mind through your five senses, so your five senses are the contact between the external world and the internal world of your mind. When these signals move into your mind they're moving as electromagnetic impulses, waves, and all kinds of fantastic things, and they are in a temporary state and they move through the hundred structures of your brain. You're in the events and circumstances of life and the enemy comes and distorts those events and circumstances. When someone speaks you receive those signals, you process and think about it with your mind. As you're thinking, you cause your brain to genetically express, which means your brain has a physical reaction to your thinking. Thinking is an electromagnetic wave, which is a signal that causes your brain to make proteins. Those proteins group together into little branches that hold information that you are hearing. The stuff from outside becomes a physical reality inside. You receive it, but you have a choice. You, with your mind, have to choose whether you are going to appropriate the truth of God and step into His grace, and the signal that changes your brain is your mind. What you are thinking changes your brain. Your brain then controls your body. Your brain then receives either a negative signal or a positive signal. The lie of the enemy has no strength, no substance, until you take it and make it physical substance. Whatever you think about will produce an action and words. Everything that you say and do in your life is first a thought that you have built inside of your head. Your thoughts are the source. As a man thinks in his heart so is he. You don't have stress chemicals in your body, you have chemicals that flow in the wrong quantities. Everything inside your brain and your body is designed for perfection. When we make bad choices we disrupt the natural rhythm of the physical body that we live in. There have been thousands of studies showing how the physical heart is linked to the brain. In the heart there is a mini little brain that has about 40,000 nerve cells. This little mini-brain inside your heart is connected to your brain and what happens is that as you are processing the events and circumstances of life, as you are reacting to the events and circumstances of life, as you the observer outside of the system are observing the events and circumstances of life, as you're intellectualizing through the events and circumstances of life, you are then going to make a choice. You will always make a choice. This is how you are designed. Thinking leads to a choice. Put your past behind you. Acknowledge, confess and repent to rewire your thinking. It's time to stand up and take responsibility for our thought life. Stress literally causes brain damage. We cause our own brain damage every time we make a toxic choice and throw our body into negative stress. Positive stress is good, that happens as you're thinking and making good choices. Negative stress stage two and three is when you've made a toxic choice and you've kept it there. We need to realize that we need to bring our thoughts into captivity and renew our minds. When we get rid of those toxic thoughts we decrease our vulnerability to illness.

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Health

Switch On Your Brain #007	28:30	28:30	REC	PA/O/E	06/10/2014	12:00 PM
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Today on Switch On Your Brain Dr. Caroline Leaf asks the question: "What Lies Are You Believing?" We need to be alert and discerning because there are truths and lies in every single situation that we face. In life there are all kinds of decisions that we have to make on a moment by moment basis and those decisions come from a pool of choices called probabilities. A probability is something that actually hasn't happened yet. When we believe a lie that means we have processed it through our brain. Whatever you think about the most will grow. One lie that you constantly think about can grow and grow and influence how you function. We need to catch those lies. We need to be more discerning and be aware of what lies are we actually believing in our brain. You are in life processing. In the events and circumstances of life those things are coming in through your five senses. You are thinking these things through and you are reacting to these events and circumstances that have come in through your five senses as electromagnetic life forces measured through using quantum physics and brain science. We cannot control the events and circumstances of life, but we can control our reactions to those events and circumstances. Lies are empty until we process them into something. We need to watch the lies that we're believing because people can say things into our lives. They can speak things and things can happen. We process that, and as that information comes, we think about that and it becomes these physical realities inside our brain. The minute they actually become physical realities, we start acting on them, because they become a part of our non-conscious mind and everything you say and do was first a thought inside your head. When someone says something to you or something happens, or a circumstance happens, and we make these assumptions, we are believing the lies of the enemy and we are taking it inside our mind and making it into physical realities. We have love, power, and a sound mind wired into our brain. Our norm is not to make bad choices. Our norm is to make good choices. We have to develop our spirit of discernment. We have to become much more aware of what we are doing with our mind. You are triune being: spirit, soul, and body. Your spirit is your true you. It is made up of your intuition, your communion, which is your worship, and your conscience. Your soul is your mind, your intellect, your will and your emotions. Your body is physical substance we can see. Now the way that you are designed is that the Holy Spirit speaks to your spirit. The spirit speaks to your soul. Your soul controls your brain. Your brain is in your body. Your brain and your body are subservient to the soul. The soul is the mind realm. Thoughts are connected. The brain is the size of your two fists. There are 100 billion thoughts in your brain. Each thought can grow up to 200,000 branches. You have three and a half million years' worth of space in your brain. Each thought becomes a universe. No thought is ever in isolation. Whatever negative toxic thought you have will grow little vines like a vine grows, and as you are thinking about it, it connects with other thoughts. The connection that occurs is almost like a cellular network as well, because we have other cells between the thoughts that carry the electromagnetic energy of those thoughts to other thoughts as well. We have so much more control than we actually realize. The love zone is represented by two trees. The larger green tree represents God. The smaller green tree represents you made in God's image. The toxic dead tree represents the fear zone. There are only two types of emotion. There are two basic spiritual forces: love, which is God, and fear, which is the counterfeit, the opposite spiritual force. You are either operating in love or fear. You must choose which of these zones you will run your life in. You have the ability to think and to choose. God is revealing the quantum level. The quantum world is telling more about Godly principles than any other form of physics that's ever been known. You're in life and life is filled with events and circumstances. You cannot control the events and circumstances of life, but you can control your reaction. What science quantum physic tells us is that there is this probability wave. The probability wave is that there are all these possible choices that you could make as an individual about this particular event or circumstance. Quantum mechanics can actually do a mathematical equation that can predict this probability, but can never tell you exactly what it is that you are going to choose. Until it has actually been chosen, until you have thought this thing through and made your choice, it's just a whole wave of probabilities. Then you, as an incredibly brilliant thinking human being, you think, you choose, and you make your choice. You as an observer outside of the probabilities, and as you choose, you collapse the probability wave, which means you turn something that is simply a probability into an actuality and it becomes a physical structure inside of your brain. Everything that you say and do is first a thought inside your head by you yourself. When we have this realization that these things inside of our head are not truth, that we've made them truth by actually processing them into physical realities in your brain, the realization that this is not truth, that you can actually rewire that, that will start freeing you. That realization that this is not who you are, that you can rewire it, that starts the process of freedom. As we think about things they grow. As you're in an event or a circumstance, as you're in a lie, as a lie is presented to you through whichever means, we take that into our brains and for twenty-four to forty-eight hours it stays flowing through the middle of our brain and it becomes what we call a temporary memory. Now if you ignore it, it will go away. If you don't think about it anymore that actually becomes heat energy, it converts and goes away. If you think about it, it starts going through the process up to seven days, fourteen days, twenty-one days, and it becomes a self-sustaining memory inside of our brain. If you start thinking about it more, you then act upon that because whatever we do is coming from these thoughts that we've built in our non-conscious mind. The more you think about it the bigger it gets. The more you meditate the bigger it gets. If you're in a crisis situation, what are you going to revert to? The thing you're thinking about the most. Heb 11:1 in reverse. Faith is substance. When you are building your faith in something you are building a physical network. Your brain is following the structure of your mind. Gen 11:6 Faith. Substance. Imagination. All of it is building substance. Substance is stuff; something physical. As you are thinking, you are creating thoughts. You first build a thought and then you see the evidence. The evidence is the words, the actions, and the manifestation. First the thought then the evidence. When you are in a circumstance that's bad and you're connected to the vine you are going to draw on the correct thing from your non-conscious mind to inform your conscious decision, but if you're not, you're going to draw on the negative to inform

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Switch On Your Brain #007 Continued

your conscious decision. How do we know what is truth in terms of making decisions about whether something is good or something is bad? First of all, you are wired for love. It's the scientific way of saying you are made in God's image. We know right from wrong. Within the depths of our spiritual part of who we are, in the depths of our intuition, the Holy Spirit will lay down truth. With our mind we need to understand what that truth is. We use our mind to understand the truth that is already inside of us, but that takes discipline, that takes walking by the spirit, that takes discipline practice about not letting thoughts just go crazy and unchecked through your mind, but stopping and evaluating "Is this thought in alignment with God or is it in alignment with the worldly way of thinking." We can train ourselves to discern because our basic nature is one of knowing good from evil. Whatever negative thing you are saying inside of your head, you've taken a lie, which was nothing, and made it something. A lie cannot be measured. Light is what we measure. Darkness is the absence of light. A lie is the absence of truth. We measure truth. We cannot measure a lie. If a lie is put in your soul, and in your mind, and you think, you're going to make proteins, and those proteins are going to become realities. They become physical substance in your body. Your mind controls your body even down to the subatomic level. That is why when you pray your words influence the subatomic level. Your thoughts change the C-reactive proteins in your body. Your thoughts, your words, change everything right down to the DNA level.

Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
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Health

Switch On Your Brain #008	28:30	28:30	REC	PA/O/E	06/17/2014	1:00 PM
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Today on Switch On Your Brain Dr. Caroline Leaf discusses how we walk through life with unnecessary baggage which are toxic thoughts that we've built. What we've stored in our minds is basically impacting how we function. Research shows that patterns for adulthood are layed down in childhood and the way that you function in the future is based on the now. Our mind is split into the conscious and the non-conscious. The conscious operates when you're awake. The non-conscious operates twenty-four hours a day and that's where all the thoughts, the good trees, the baggage, all that is stored in the non-conscious mind. We know from science that the non-conscious mind drives the conscious mind. So if your non-conscious mind is filled with baggage that is what is going to drive your conscious perception of how you deal with life. Cast all your burdens upon God. Get free from that baggage. You are spirit You are soul. You are body. Your spirit is your true you. Your soul is your intellect, your will, and your emotions. In other words, your mind. You live in a body which is dominated by the brain. Whatever you say and whatever you do, it first comes from a root, and that root is something that you have planted inside the depths of your mind. So it's a bit like we've taken these toxic things and we've put them in this baggage and we try to pull this along with us and we go to bed with it and we've always got this baggage with us and we never let it go and it's heavy and it makes us feel weighed down and that is literally what we're doing when you keep a negative thing in your life. When you keep an unforgiveness, anger, frustration, irritation, a way of reacting, being overemotional, whatever it may be, being oversensitive, taking offense, all these things, when we do that, this is baggage. This baggage will affect the way that we are perceiving life because this baggage is deep down in our non-conscious mind and the way we perceive life is going to be through these memories in our non-conscious mind. Each time something reminds us of an event or circumstance of life, it reminds us of that piece of baggage. It will move it to the conscious mind and influence how you handle that situation. Until you remove it you're going to continue in your toxic pathway. The Bible says, and so does science, you first build a thought and then you see the evidence. The evidence is the words, the actions, the manifestation. First the thought then the evidence. When you are in a circumstance that's bad and you're connected to the vine you are going to draw on the correct thing from your non-conscious mind to inform your conscious decision, but if you're not, you're going to draw on the negative to inform your conscious decision. Where are you putting your mind time? Where is your mind time focusing on? Train yourself to be aware of your thought. No thought should ever go unchecked through your mind. No thought is harmless. A negative toxic thought is doing damage in your brain. It's made up of proteins that have become distorted because we don't have any proteins in our brain for negative thinking. The proteins that we make are supposed to be made based on healthy choices. So when we make a negative toxic choice, we distort the proteins. So the proteins accumulate, and instead of it being a beautiful green tree, it's this wiry distorted, inflamed, awful looking kind of thought that affects the blood flow. The activity looks incorrect when you look at a brain scan. You can actually see negative things. And that's what happens in life as we're going on, we're building these thoughts. We build thoughts with our thinking, our mind, our intellect, our will and our emotions, the thing in the middle that impacts the spirit and the body. As we think, our brain is housing, and capturing, and building, these thoughts, and then these thoughts impact back into our mind because these thoughts get built and then they get layed down in the non-conscious part of our mind. Your thoughts are real. They occupy mental real estate. You think all day long. You're a thinking being designed in the image of God. At nighttime when you're sleeping you are still thinking, but you're sorting out your thoughts. Your non-conscious mind houses all these thoughts. Your non-conscious mind operates twenty-four hours a day, it's always going at 400 billion actions per second. Your non-conscious mind drives your conscious mind. Your conscious mind is what is awake now. It is through our conscious mind that we process information. Your first build a thought and then you speak. You live out of what you have built. If you have built toxicity in your brain, you are speaking toxicity. If you're not dealing with issues, if you've got unforgiveness, if you've got bitterness, it is toxic inside your non-conscious mind impacting how you are processing the world. Ninety-nine point nine percent of your perceptions are based upon what you have implanted in your non-conscious mind. That is why James 1:21 so correctly says that the implanted word of God will save your soul. We need to be memorizing scripture. We need to be meditating and practicing the presence of God. Everything about your life needs to be given over to God. Left unchecked, baggage will destroy your life. From your conception to your present age you have been building these thought trees. These thought trees are like the root of your words and your actions. So in your non-conscious mind, you've got these trillions and trillions of thoughts. Your conscious mind is driven by your non-conscious mind. So when you're in a situation and you start to have conflict, the conflict are signals that start to come in and you're building these toxic trees. Whenever you are in a similar situation, because you have not gotten rid of those toxic trees, they move into the conscious mind and there is conflict again. Seventy-five to ninety-eight percent of current illnesses today, mental, physical, etc. come from our thought life. These thoughts are not isolated. Thoughts are connected. We have the phenomenal ability to stand outside ourselves and to look at ourselves, and when these things occur, we are able to overcome them. When you choose badly you build death into your mind. You build it physically. So though your mind decisions, which is the soul realm, you create a physical reality in your brain and in your body, which is the body realm, and your mind has a foot in the door of the body and a foot in the door of the spirit, so in my mind is chaos, chaotic and confused, I build that physically into the physical nature of my brain and my body. I throw every chemical, every circuit, every part of my body into a negative toxic state. My body becomes vulnerable to illness and disease and seventy-five to ninety-eight percent of current mental, physical illnesses today come from our thought life. This is the death. When we keep negative things inside of us, when we keep the anger reactions, the unforgiveness, the bitterness, the frustrations, the things that people have done to us, when we keep these hurts inside of us, these are physical substance, real physical things, and if you keep enough of them it's like baggage, packing things into luggage, and they get heavier and heavier, and we drag these things with us and it weighs us down, and we feel emotionally weighed down. Inside of your brain that toxic thought looks different, it acts different, it creates inflammation, it sets you up for disease, because that baggage is what throws your body into stage two and three of stress, which is negative stress. It's that accumulation of those toxic negative thoughts that put you in that dangerous range of seventy-five to ninety-eight percent; the baggage of our thought life are the things that are causing the physical illnesses. We need to always remember that we operate from what we're building. So we're carry baggage and that's going to be determining how we perceive and manage life. We need to get rid of the baggage. We've wired it in, we can wire it out. It's a myth that you use only ten percent of your brain. You use it all. Every part of your brain has a function and most of your brain is active all the time. Inside of our brain God has

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
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Switch on Your Brain #08 (continued)

built this whole strip in different parts of our brain of these nerve cells that operate like mirrors. We literally are built in the design of our brain to reflect each other's emotions. We're built for relationship. These mirror neurons help us to cry together, laugh together, empathize with each other, feel each other's pain, and feel each other's joy. We're naturally entangled in each other's lives. These physical structures are just one of these tangible scientific ways of understanding these incredible truths of how we're all connected to each other. God says to cast all your cares upon Him. Your job is to forgive because if you don't forgive you are connected to that person and you have given the curse of cause to land in your life. You have to forgive. Otherwise your body is suffering, your mind is suffering, and your spiritual development is suffering. Quantum physics gives us tangible evidence of God's incredible grace. Science shows us that we're just not designed to carry unnecessary baggage. Unnecessary baggage in terms of science is all those toxic thoughts in our mind; that we've made bad decisions, and we've wired the stuff in, and we're operating from these in our non-conscious mind. Our non-conscious mind is filled with millions of thoughts and a lot of those are baggage thoughts. They're not healthy thoughts. They're weighing us down and they're impacting how we function on a day to day basis. We need to unpack those. We need to pray and ask God to help us unpack those. We need to get order back in our mind and that's done prayerfully, not on your own. You need to ask God. The Holy Spirit will lead us into all truth. The Holy Spirit will show us what we need to unpack; all the baggage that's weighing us down.

Health

700 Club CBN NewsWatch #05202014	1:00:00	5:00	REC	PA/O/E	05/20/2014	3:00 PM
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CBN News Medical Reporter Lorie Johnson Reports: Gluten free is a growing trend and perhaps for good reason. Many people avoid gluten because they are allergic to it. But others are kicking the gluten habit for overall better health. To avoid gluten, means no wheat of any kind, not even whole wheat, and no rye, barley, or oats. Many people who suffer from gluten sensitivity are unaware they even have it and so are their doctors. People who experience the most extreme reaction to eating gluten have what's known as celiac disease. So for better health, consider going against the grain by giving up gluten. You could end up losing weight and feeling great.

Health

700 Club CBN NewsWatch #05222014	1:00:00	5:00	REC	PA/O/E	05/22/2014	3:00 PM
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CBN News Medical Reporter Lorie Johnson Reports: Out of all the videos viewed on our CBN News website last year, the most popular by far showed how coconut oil helps some Alzheimer's patients. More than 5 million people watched it. Now, some heavy-hitters within the Alzheimer's medical establishment are also taking notice. All these testimonials are turning the Alzheimer's community on its ear. Here's how it appears the coconut oil works. In patients with Alzheimer's, insulin resistance prevents their brain cells from accepting glucose, their primary fuel. Without it, the cells die. But there is an alternate fuel known as ketones, which cells easily accept. Ketones are metabolized in the liver after eating coconut oil. Insulin resistance doesn't just affect people with Alzheimer's but also folks with dementia, multiple sclerosis, diabetes, Parkinson's, ALS, even autism. So can coconut oil help these people, too? It appears so, at least some of them. So while not everyone has experienced great results with coconut oil, there are plenty who have, enough that the medical community will spend time and money learning exactly who it helps and why. Experts within the Alzheimer's community say the government dollars appropriated for the funding for Alzheimer's Disease research is disproportionately small.

Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
Health							
	700 Club CBN NewsWatch #06162014	1:00:00	5:00	REC	PA/O/E	06/16/2014	3:00 PM

CBN News Medical Reporter Lorie Johnson Reports: Inflammation is a serious health problem you can't even feel, but it does tremendous damage, especially over a long period of time. Scientists say inflammation could be behind heart disease, arthritis, cancer, ADD/ADHD, diabetes, stroke, migraines, thyroid issues, dental issues, and more. Although inflammation is caused by toxins like cigarette smoke and environmental pollutants, the biggest factor is an inflammatory diet. Many of the foods we eat causes inflammation and simply avoiding them can lead to immediate and dramatic improvements. Then on top of avoiding the bad foods, adding anti-inflammatory foods to your diet creates and even healthier you. Many people who follow an anti-inflammatory diet also lose weight. The Paleo Diet is about avoiding foods that cause inflammation. That means no sugar, no wheat, no trans fats or industrialized Omega-6 fats, and very little or no dairy. Sugar weakens your immune system and causes insulin problems. Wheat treats your body much the same way. In fact, many people who follow the Paleo Diet stop eating all grains, such as rice, corn and oats, in addition to wheat. Highly inflammatory trans fats and industrialized Omega-6 fats are Paleo no-nos. Trans fats are man-made oils that have been hydrogenated, meaning they have been infused with hydrogen for the primary purpose of prolonging the shelf-life of a processed food. Therefore, most trans fats are in packaged foods. You can recognize whether a product contains a trans fat by looking at the list of ingredients. If you see the word "hydrogenated," it's in there. Vegetable shortening and margarine are also trans fats. Industrialized Omega-6 fats are also highly inflammatory. Theoretically they could be considered safe if consumed in equal amounts as Omega-3 fats, such as fish oil. But the average American consumes 20 times the amount of Omega-6 fats as Omega-3 fats, and this imbalance causes inflammation. Industrialized Omega-6 fats are the vegetable and seed oils. These oils are on many grocery store shelves in the form of vegetable oil, corn oil, peanut oil, safflower oil, sunflower oil, and soybean oil. The Paleo Diet advises followers to steer clear from these oils as well as canola oil. The Paleo Diet also eschews dairy that can cause inflammation, allergic reactions, and stomach problems. People considering the Paleo Diet may wonder, after giving up sugar, grains, trans fats, industrialized Omega-6 fats and dairy, what's left to eat? As it turns out, a lot! Healthy fats include things like avocados, nuts and seeds, olive oil, fish oil, and coconut oil. Coconut oil is one of many saturated fats that the Paleo Diet encourages. Saturated fat from beef and pork are also encouraged. The endorsement of saturated fat is controversial. Some health professionals believe saturated fat leads to heart disease and should not be consumed. However, many recent studies, which are very reliable in that they are large and exhaustive, find no evidence that eating saturated fat is bad for your heart. Nevertheless, much of the medical community still relies on industry standards from the past that condemn the consumption of saturated fat, though the number of people holding to that belief is reducing every year. Of course, any diet is best when combined with exercise. Most of us know a sedentary lifestyle is hazardous to our health. But that doesn't mean we have to overdo it in the opposite direction by killing ourselves at the gym. But the key is to do it a lot. For those of us who have desk jobs, this can be a challenge. Walking before and after work, and taking several walking breaks throughout the day, can make a huge difference. Better yet, work at a treadmill desk. In addition to a good diet and exercise plan, a healthy lifestyle relies on proper sleep. Your body repairs itself when you sleep. Without enough sleep, our immune system suffers and we increase the secretion of hormones that make us hungry. If you have trouble getting to sleep at night, go without any caffeine after noon and avoid all electronics at least one hour before bedtime. So for an anti-inflammatory diet, try the Paleo eating plan. It's known for what it's missing: sugar, grains, trans fats, industrialized Omega-6 fats and dairy. That way you'll be left eating foods that keep you thin and healthy.

Crime

Joy in Our Town #1661	28:45	13:30	L	PA/O/E	05/16/2014	1:00 PM
					05/17/2014	4:00 AM
					05/19/2014	11:30 AM
					05/20/2014	4:00 AM
					05/22/2014	4:00 AM
					05/29/2014	4:30 AM
					06/05/2014	5:00 AM

Terrence Sullivan, Postal Inspector for the United States Postal Inspection Service, says that mail fraud is the act of criminals using schemes to defraud customers. Mail fraud may consist of offers that come in the mail, telephone calls or emails. Years ago mail fraud was considered when person ordered something via mail from a magazine or newspaper and either didn't receive the product or the product was insufficient for the price. Today's mail fraud involves more financial related crimes. Traditionally the victim was a senior citizen or elderly person that might be a little more trusting and were raised to be polite to anyone on the phone. Foreign lotteries are illegal and anyone that gets notification that they have won a lottery, especially a foreign lottery should stop to think "did I even enter a lottery?" before they respond.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
Crime							
Joy in Our Town #1662		28:45	13:30	L	PA/O/E	05/30/2014	1:00 PM
						05/31/2014	4:00 AM
						06/02/2014	11:30 AM
						06/03/2014	4:00 AM
						06/05/2014	4:00 AM
						06/12/2014	4:30 AM
						06/19/2014	5:00 AM

Ohio is the only state with the word "rehabilitation" in its name; Ohio Department of Rehabilitation and Correction. It is very important to provide services to those that are incarcerated if we want to have a positive impact on their life. Carol Briney, Founding Executive Director of Reentry Bridge Network, tells that Ohio has the lowest recidivism rate, nationally 40-44% return to prison, in Ohio greater than 70% does not go back. The number of programs considered and allowed in prisons today is the difference between night and day compared to eight years ago when the Reentry Bridge Network began. Carol says that these people need to understand that they are more than just flesh flying through a lifetime: When they understand their effect in society it opens the window of possibilities for them. They need more than just education and religion thrown at them while they are behind the prison walls. Programs that give them communications skills programs in the arts, business, leadership programs, college programs, deductive reasoning as well as self-value is extremely important in their success after being released back into society.

Crime							
Joy in Our Town #1662		28:45	13:30	L	PA/O/E	05/30/2014	1:00 PM
						05/31/2014	4:00 AM
						06/02/2014	11:30 AM
						06/03/2014	4:00 AM
						06/05/2014	4:00 AM
						06/12/2014	4:30 AM
						06/19/2014	5:00 AM

Carol Briney, Founding Executive Director of Reentry Bridge Network, believes that 100% of incarcerated people have trauma from their childhood that has not been resolved. Childhood traumas are often complex and usually happen early in life. By the age of five years old many children have full load of traumas for which they have no coping skills and no one positive adults mentoring them so they begin acting out which usually escalates until they end up in prison. The people behind the prison walls are doctors, attorneys, teachers, preachers and every one in between. They all have something wondering to bring the table however if they continue on without resolving the childhood trauma they will have rough road. The important thing to teach them is that the trauma they incurred as a child was not their fault and it is also not an excuse to continue making poor choices. About 20% of prisoners are not guilty; Carol has never had a guilty man tell her he wasn't however he doesn't know why he made such a poor decision. Providing programs and therapies inside the prison as well as out, offers hope to those who can find no reason to look for hope.

Crime							
Joy in Our Town #1663		28:45	13:30	L	PA/O/E	06/06/2014	1:00 PM
						06/07/2014	4:00 AM
						06/09/2014	11:30 AM
						06/10/2014	4:00 AM
						06/12/2014	4:00 AM
						06/19/2014	4:30 AM
						06/26/2014	5:00 AM

Human trafficking is rampant all over the country. It is a crime that out distances the drug trafficking trade and the illegal arms trade. Sister Barbara Catalano tells that human trafficking is basically modern day slavery; it involves one person buying and selling another person. Men, women and children are victims of human trafficking but children and young women are the most vulnerable. In the United States it is estimated that there are about 18 million people who are under trafficking conditions. More people are trafficked on any one day in 2014 than in all of the 400 years of the slave trade from Africa to the western hemisphere. In Ohio over one thousand children will be sucked into the trafficking situation every year. Young girls the average age of 13 years old often become victims of sex trafficking after running away from home. The trafficker is very adept at finding girls that are somewhat lost often picking them up at bus stations, gas stations or fast food location. He will gain her confidence, show her what appears to be a glamorous life, before he introduces her to the sex trafficking. The need exists to spread awareness of human trafficking.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
<i>Crime</i>							
Joy in Our Town #1665		28:45	13:30	L	PA/O/E	06/13/2014	1:00 PM
						06/14/2014	4:00 AM
						06/16/2014	11:30 AM
						06/17/2014	4:00 AM
						06/19/2014	4:00 AM
						06/26/2014	4:30 AM

Mayor William Healy says that crime has dropped in the last three to four years by about 30% however the crime rate in Canton is still way too high. Technology has been very instrumental in allowing police to go after the worst criminals such as those that are involved in drug and gang activity as well as theft. By targeting an organized criminal, hundreds of crimes have been eliminated. Most crime is not committed by folks that are beaten by poverty so they steal just to survive but more so by gang and drug related activity. Citizens often think that crime is worse than ever, however it shifts; as police knock down crime in one area of the city, it tends to rise up someplace else. Education is very important. When schools are doing well the crime rate is down when schools are doing poorly the crime rate goes up. Citizens are encouraged to stand against crime by starting a neighborhood watch group on their community or by getting involved in one of the 50 existing groups. Criminals prefer to do their illegal activity in communities that will not report crime.

Education

Joy in Our Town #1669		28:45	13:30	L	PA/O/E	05/05/2014	11:30 AM
						05/06/2014	4:00 AM
						05/08/2014	4:00 AM
						05/15/2014	5:00 AM

David James, Superintendent of Akron Public Schools, talked about common core academics. Years ago the focus was on memorization of facts and figures, today's education has a lot more information which requires the students to do more critical thinking. English and Language Arts classes rely on non-fictional test to allow students to analyze at a much high level than was required in the past. The four areas of focus are English/Language Arts, Mathematics, Science and Social Studies. Teachers work together to integrate what students are learning in each of the classes as well to provide a more hands on approach to learning. Common core is different for many parents and can be quite challenging when it comes to helping with homework. There are multiple ways at arriving at an answer, common core is challenging students to go deeper into learning to get a better understanding of the process. In this problem based learning, kids are using multiple skills sets to create the reports and in doing so students are becoming more responsible for their own learning.

Education

Joy in Our Town #1660		28:45	13:30	L	PA/O/E	05/09/2014	1:00 PM
						05/10/2014	4:00 AM
						05/22/2014	5:00 AM

It is very important to Superintendent David James to prepare students for their next stage in life whether that is going to college or starting a career. Some students may need to immediately go to work after high school to help their family out or perhaps they have a family of their own. Akron Public Schools offers over thirty career programs that not only provide education but real world work experience in culinary arts, cosmetology, nursing, welding and many other fields. Students interested in pursuing a college education may begin their learning process in middle school and may take advantage of dual enrollment where they earn both a high school credit and college credit. College is very expensive so taking advantage of dual enrollment eases some of the financial liabilities on families. We live in a global economy and it is important for every student to be adept in the area of science, technology, engineering and mathematics.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
Education							
	Joy in Our Town #1660	28:45	13:30	L	PA/O/E	05/09/2014	1:00 PM
						05/10/2014	4:00 AM
						05/22/2014	5:00 AM

Today's students are tomorrow's leaders so it is important to support their educational process. David James, Superintendent of Akron Public Schools, talked about the importance of community partnership with schools. Businesses, faith-based organizations as well as the city itself partners with Akron City Schools to encourage students to pursue their dreams by mentoring, offering visits to their facilities and providing emotional support. Providing tutoring to providing nutrition and donating materials to students whose families cannot afford them can still become successful. Businesses offer visits to their facilities for student to get a feel for what is involved in specific careers. Unfortunately parental involvement is not as strong as it was years ago however APS does provide opportunities to get the parents into the building often through providing free food nights. The success of students depends on the community as well as parents for support.

Education

Joy in Our Town #1639	28:45	13:30	L	PA/O/E	06/27/2014	1:00 PM
					06/28/2014	4:00 AM

Technology is an important piece of educating today's students. Adrian Allison, Superintendent of Canton City School District, talks about the Brighter Tomorrow plan that the district has been implementing. In the first phase, the district created interest based academies so students go to a school of their choice with their interests in mind instead of attending a school because they live near one. CCSD has taken time to regroup grade levels accordingly; kindergarten through fifth grade, sixth grade through eighth grade, and tenth through twelfth grade as well as creating a freshman academy for ninth graders. Although change brings about questions and concerns, the community is excited about the new opportunities for students. The CCSD created this comprehensive plan to provide college and career readiness for all students to ensure that they have the best education possible.

Education

Joy in Our Town #1639	28:45	13:30	L	PA/O/E	06/27/2014	1:00 PM
					06/28/2014	4:00 AM

Adrian Allison, Superintendent of Canton City School District, says that the landscape of education has changed and school districts need to change as well. There is an expectation for students to perform at higher level and for teachers to be held accountable for educating. Research has shown that third grade is a critical point in a child's academic success. The third grade reading guarantee states that by the end of the third grade all students that do not read on grade level are to be retained. The difficulty in achieving this guarantee is that each student is different and carries with them not only academic challenges but social and economical challenges as well. Not all children have access to quality preschool instruction and often begin school behind their peers that have the preschool experience. School districts must provide intervention programs for students that are not reading on grade level.

Issue/Problem	Program Title	Program Duration	Topic Segment Duration	Source	Type	Air-date	Time
	700 Club CBN NewsWatch #05022014	1:00:00	5:00	REC	PA/O/E	05/02/2014	3:00 PM

Education

CBN News Reporter Heather Sells Reports: Once upon a time, schools used folders and files to track students' progress. Today, teachers use their laptops to collect information throughout the day. The problem for school districts across the country right now -- What happens to the data after it's collected? In December, the Fordham Law School's Center on Law and Information Policy (CLIP) released a study showing that 95 percent of districts use a so-called computer cloud service or third party vendor to store all kinds of student information. The study also showed that policies for protecting the data are generally weak and non-transparent. For instance, only 25 percent of schools tell parents where their kids' information is stored. Also, only 7 percent of the contracts used with these vendors restrict the sale or marketing of student information. Many contracts allow vendors to keep student data forever. Confusion has led many states to re-examine privacy policies around their growing collections of student data. In Colorado, concerns over privacy led the state to completely sever its ties with its student data collection program. InBloom is just one service in a huge \$8 billion education technology market. Much of that market right now is focusing on collecting what are known as "data points" on kids. The hope is that schools can collect lots of data that vendors will help them organize. The resulting collection would theoretically help teachers customize lessons and help schools, districts, and state education departments assess educational practices. The potential is seemingly endless. InBloom also has attracted school districts by providing a convenient way to access student information from different sources. Plus, inBloom helped them attract federal funding, which rewards districts that set up systems to track students from pre-school to post-college. Today, Colorado and the other states that signed on with inBloom have ended their contracts, recently leading the start-up to close shop. Even with the demise of inBloom, the challenge of how to store and protect student data continues. Across the country, many state education departments are studying the issue in an effort to help their districts strategize and problem solve. Many states are also struggling to understand recent changes in the federal student privacy law known as FERPA. The scope of information that schools can collect is also much broader. For parents across the country, it's time to hit pause on this technology wave before it goes too far. Going forward, tough questions remain like how can parents access this data on their children? Can they opt out? How long is the data kept and who decides what will be deleted? For tech-savvy parents, student data represents a double-edged sword. It can help teachers individualize students' education. They worry, however, that personal pieces of information collected on their kids could someday be used against them.

Local Civic Affairs

Joy in Our Town #1665	28:45	13:30	L	PA/O/E	06/13/2014	1:00 PM
					06/14/2014	4:00 AM
					06/16/2014	11:30 AM
					06/17/2014	4:00 AM
					06/19/2014	4:00 AM
					06/26/2014	4:30 AM

Canton's park system is one of the best-selling features to new businesses and to potential residents. Canton has about 25 full access facilities and many other small neighborhood parks and playgrounds. Mayor William Healy talked about the merger between the park department and the recreation department in Canton. The departments, which have been separate for over one hundred years, run independent of the city. In merging the departments elected officials will be held more responsible for the upkeep as well as the operations of the park. Presently a resident might have go back and forth between both departments just to reserve a picnic shelter with an adjoining volleyball court. Mayor Healy told that the merger will be complete in three years and the system is already beginning to run a little more smoothly. The residents have a responsibility to clean up after themselves at the parks and to obey all signs. It is illegal to feed the geese at the park and although the city does not currently issue citations for breaking the law it may have to do so to help control the geese population in order to keep the parks clean and safe for the citizens.