

WSTG-FM/ WRIC-FM/WAEY-AM (simulcast)
2012 (4th Quarter)

COMMUNITY ISSUES/PROGRAM LIST

12-23-12 6:00AM 28 MINUTES

RADIO HEALTH JOURNAL

Program Topics: alcoholism; substance abuse and treatment; employment and the workplace;
mental illness; education; community services

Program information sheet including compliancy issues attached.

Radio Health Journal®

Program # 12-52

Air week: 12-23-12

Producers: Reed Pence and Polly Hansen

Production Director: Sean Waldron

<u>Time</u>	<u>Segment</u>	<u>Segment time</u>
:00	Intro	:60
1:01	SPOT BREAK #1—Purdue Pharma "A Good Night's Sleep" OUT Q: ...at SleepFoundation.org.	:61
2:02	:02 PAUSE FOR LOCAL AVAIL	:02
2:04	SEGMENT 1: High-functioning alcoholics	12:48

Synopsis: Many people have a strong stereotype that alcoholics look like someone who's "hit bottom." Experts—one who is an alcoholic herself—explain that some of the most successful people we know may have unseen home lives wrecked by alcohol.

Host: Reed Pence. Guests: Sarah Allen Benton, mental health counselor and author, Understanding the High-Functioning Alcoholic; Dr. Kimberly Dennis, Medical Director, Timberline Knolls Treatment Center, Lemont, IL

COMPLIANCY ISSUES COVERED: alcoholism, substance abuse and treatment; employment and the workplace

14:52	SPOT BREAK #2—Heart Rhythm Society "Holiday Heart Health" OUT Q:more holidays to come.	:53
15:45	:02 PAUSE FOR LOCAL AVAIL	:02
15:47	SEGMENT 2: Mental health first aid	8:22

Synopsis: Many people don't know mental illness when they see it, and most people don't know what to do if someone they meet is in crisis. A training program for people who work with the public seeks to educate others. Experts explain.

Host: Nancy Benson. Guests: Susan Partain, Director, Mental Health First Aid Operations, National Council for Community Behavioral Health Care; Julie Morrison, Supervisor, West Deerfield Township, Lake County, IL; Rev. Brian Roots, Pastor, Christ United Methodist Church, Deerfield, IL

COMPLIANCY ISSUES COVERED: mental illness; education; community services

24:09	SPOT BREAK #3—Purdue Pharma "In the Face of Pain"	:56
25:05	Medical Notes and News. Host: Shel Lustig	1:25
26:30	SPOT BREAK #4—Genentech "Are You That Guy"	:59
27:29	Conclusion of program	:30
27:59	TOTAL TIME	

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WSTG-FM/ WRIC-FM/WAEY-AM (simulcast)
2012 (4th Quarter)

COMMUNITY ISSUES/PROGRAM LIST

12-30-12 6:00AM 28 MINUTES

RADIO HEALTH JOURNAL

Program Topics: psychology; education; youth at risk; disabilities; consumerism

Program information sheet including compliancy issues attached.

Radio Health Journal®

Program # 12-53

Air week: 12-30-12

Producers: Polly Hansen and Reed Pence

Production Director: Sean Waldron

<u>Time</u>	<u>Segment</u>	<u>Segment time</u>
:00	Intro	:60
1:01	SPOT BREAK #1 — Purdue Pharma "In the Face of Pain" OUT Q: ...InTheFaceOfPain.com.	:55
1:56	:02 PAUSE FOR LOCAL AVAIL	:02
1:58	SEGMENT 1: Face blindness	13:36
<p>Synopsis: Many people aren't good at remembering names or faces. But some people with a rare neurological disorder cannot recognize or remember faces at all, even those of friends, families or spouses. A woman who suffers from this disorder, prosopagnosia, describes its impact, and two researchers explain research into its origins.</p> <p>Host: Reed Pence. Guests: Heather Sellers, Prof. of English, Hope College and author, <u>You Don't Look Like Anyone I Know</u>; Dr. Ken Nakayama, Prof. of Psychology, Harvard University and lead researcher, Prosopagnosia Research Center; Dr. Brad Duchaine, Assoc. Prof. of Psychological Brain Sciences, Dartmouth College and researcher, Prosopagnosia Research Center.</p> <p>COMPLIANCY ISSUES COVERED: psychology; education; youth at risk; disabilities</p>		
15:34	SPOT BREAK #2—Heart Rhythm Society "Holiday Heart Health" OUT Q:more holidays to come.	:54
16:28	:02 PAUSE FOR LOCAL AVAIL	:02
16:30	SEGMENT 2: Making and breaking habits	7:25
<p>Synopsis: The new year is a time for people to stop bad habits and start new, good routines. An expert discusses the psychology of habits and how people can be more successful in changing their lives for the better.</p> <p>Host: Nancy Benson. Guest: Jeremy Dean, psychologist and author, <u>Making Habits, Breaking Habits: Why We Do Things, Why We Don't, and How to Make Any Change Stick</u></p> <p>COMPLIANCY ISSUES COVERED: consumerism; education</p>		
23:55	SPOT BREAK #3—Donate Cars "Going to Do"	:59
24:54	Medical Notes and News. Host: Shel Lustig	1:36
26:30	SPOT BREAK #4—A Place for Mom	:60
27:30	Conclusion of program	:30
28:00	TOTAL TIME	

NOTICE: Your affidavit of performance for December is due to us after the airing of this program. It is very important to us. Visit www.mediatracks.com/affidavits to download affidavit in Word format. Fill it out, save, and email to affidavits@mediatracks.com.