



Call Letters: _____

Weekly Public Affairs Program

QUARTERLY ISSUES REPORT, JULY-SEPTEMBER, 2020

Show # 2020-27

Date aired: _____ Time Aired: _____

Robert Cialdini, PhD, social psychologist, Regents' Professor Emeritus of Psychology and Marketing at Arizona State University, former visiting Professor of Marketing, Business and Psychology at Stanford University and the University of California at Santa Cruz, author of "*Pre-Suasion: A Revolutionary Way to Influence and Persuade*"

Dr. Cialdini talked about the science behind persuasion. He said it's not so much about the message, but what happens in the moment before the message is delivered. He explained how consumers can recognize when they are the target of this sales technique. He also discussed how it can be used in job interviews and other common daily activities.

Issues covered:
Consumer Matters
Career

Length: 9:54

Ateev Mehrotra, MD, Senior Investigator and Associate Professor of Health Care Policy at Harvard Medical School

Increasingly powerful computers are playing a greater role in our lives every year. Could a computer match, or even outperform, human physicians in diagnosing illnesses? Dr. Mehrotra led a study that found that humans still have the upper hand--for now. He outlined several possible ways that computers may play a greater role in future healthcare scenarios.

Issues covered:
Personal Health
Technology

Length: 7:11

Show # 2020-28

Date aired: _____ Time Aired: _____

Sean O'Leary, MD, Associate Professor, Pediatrics-Infectious Diseases at the University of Colorado School of Medicine, Director of the Colorado Pediatric Practice-Based Research Network, member of the American Academy of Pediatrics Committee on Infectious Diseases

As the school season approaches and the pandemic continues, administrators are struggling with plans to educate the nation's children. Dr. O'Leary was an author of new guidelines from the American Academy of Pediatrics that encourages having students physically present in school. He explained why remote learning has largely failed, and emphasized that there are major health, social and educational risks to keeping children at home.

Issues covered:
Education
Coronavirus

Length: 9:06

Morgan Seybert, Managing Director of US analytics at Nielsen

In the aftermath of consumer panic connected to COVID-19, Americans are now finding fewer choices on store shelves. Mr. Seybert said some companies plan to stick with fewer choices when the pandemic fades. He noted that baby care products, tobacco and frozen goods have seen the biggest reductions in varieties offered. He said restaurants are also thinning menus as the virus changes how they can seat and serve customers.

Issues covered:
Consumer Matters
Economy
Coronavirus

Length: 8:08

Show # 2020-29

Date aired: _____ **Time Aired:** _____

Adam Levin, founder of security management and resolution company IDT911, author of "*Swiped: How to Protect Yourself in a World Full of Scammers, Phishers, and Identity Thieves*"

With online breaches of massive databases becoming increasingly common, identity theft is a fact of life. Mr. Levin explained the most common schemes used by scammers, to steal consumers' private information. He said beyond simple identity theft, other forms such as medical-related, tax fraud-related and child identity theft are all increasing rapidly. He offered suggestions for consumers on how to avoid becoming a victim.

Issues covered:
Identity Theft
Consumer Matters

Length: 9:29

Deborah Carr, PhD, Professor of Sociology, Interim Director of the Institute for Health, Health Care Policy and Aging Research at Rutgers University

A recent federal report noted that, no matter how advanced their age, older men are far more likely to be married than older women. Dr. Carr said life expectancy explains only part of this gray gender gap. She discussed the economic, social and health effects of this issue. She also explained why many older women are content to be single anyway.

Issues covered:
Women's Issues
Senior Citizens
Retirement

Length: 7:40

Show # 2020-30

Date aired: _____ **Time Aired:** _____

Federico E. Vaca, PhD, Professor of Emergency Medicine and Director of the Yale Developmental Neurocognitive Driving Simulation Research Center (DrivSim Lab)

Teens are getting drivers licenses later than previous generations and missing critical safety training as a result, according to Dr. Vaca's research. He discussed the importance of Graduated Driver Licensing requirements, which are typically not required after a person turns 18. He outlined potential policy changes that could expand and improve driver safety training, regardless of age.

Issues covered:

Length: 8:26

**Traffic Safety
Teen Concerns**

John-Tyler Binfet, PhD, Psychologist, Associate Professor of Education at the University of British Columbia Okanagan

Dr. Binfet discussed his research into kids and kindness, which challenges media stereotypes that teens are common perpetrators of bullying, cyber harassment and schoolyard fights. He said most parents would be surprised at how kind their children are to others outside of the home. He also suggested ways for parents to encourage their kids to be kind.

Issues covered:
Children's Issues
Parenting
Mental Health

Length: 8:48

Show # 2020-31

Date aired: _____ **Time Aired:** _____

Jonathon Wai, PhD, Psychologist, Research Scientist at the Duke University Talent Identification Program

Dr. Wai is one of the researchers involved in a 45-year study of intellectually gifted children. He noted that kids who test in the top 1% tend to become the nation's eminent scientists and academics, Fortune 500 CEOs and federal judges, senators and billionaires. He said, because of the focus on lower performing students, youngsters who show an early aptitude for subjects like science and math tend not to receive the help they need. He offered several simple steps schools can take to help gifted students reach their full potential.

Issues covered:
Education
Parenting

Length: 9:00

Joann S. Lublin, Management News Editor for the Wall Street Journal, author of "*Earning It: Hard-Won Lessons from Trailblazing Women at the Top of the Business World*"

Ms. Lublin said that, although career prospects have improved, progress is still frustratingly slow for women hoping to break the glass ceiling in large companies. She explained what it takes for women to climb to corporate heights in America, such as finding a career mentor.

Issues covered:
Women's Issues
Workplace Matters

Length: 8:13

Show # 2020-32

Date aired: _____ Time Aired: _____

Sofia Cienfuegos, Dietitian, Intermittent Fasting Researcher, Human Nutrition PhD Candidate at the University of Illinois at Chicago

Ms. Cienfuegos led a study that examined the effectiveness of intermittent fasting for weight loss. She found that obese adults lost an average of 3% of their body weight in two months without counting calories, simply by confining their eating to a 6-hour window each day. She said the weight loss led to other significant health improvements, as well.

Issues covered:

**Personal Health
Obesity
Nutrition**

Length: 8:00

Simone Bruce, Psy.D., visiting therapist at the Behavioral Wellness Clinic in Connecticut, expert in mental health issues related to racism and discrimination

Dr. Bruce said that the impact of race-based stress and trauma on the mental health of black people has been ignored far too long. She said that mental health professionals' lack of education in this area often results in misdiagnosis and mistreatment. She explained how the death of George Floyd sparked a serious increase in stress, anxiety and fear in the black community.

Issues covered:

**Racism
Mental Health**

Length: 9:23

Show # 2020-33

Date aired: _____ Time Aired: _____

Sophie Egan, former Director of Health and Sustainability Leadership for the Strategic Initiatives Group at The Culinary Institute of America, author of "*How to Be A Conscious Eater: Making Food Choices That Are Good for You, Others, and the Planet*"

Ms. Egan offered easy-to-remember suggestions for making practical decisions about food. She explained why the organic label is important for certain specific foods. She outlined the concerns relating to some canned foods, particularly for children and pregnant women. She also explained how to choose foods that have the least impact on the environment.

Issues covered:

**Nutrition
Food Safety
Environment
Consumer Matters**

Length: 8:55

Bindu Kalesan, PhD, MPH, Assistant Professor of Medicine, Assistant Professor of Community Health Services at the Boston University School of Public Health

Dr. Kalesan led a study that examined gun suicides in rural America. She said that rather than firearm confiscation, efforts to reduce these suicides should be focused on addressing other diseases of despair which are connected to suicide, such as heart and liver diseases, diabetes and accidental opioid overdose. She said it is critical that those at risk of suicide and opioid addiction are treated by mental health professionals, rather than just untrained support from families or friends.

Issues covered:

Length: 8:29

**Suicide
Mental Health
Gun Control
Drug Abuse**

Show # 2020-34

Date aired: _____ **Time Aired:** _____

Melanie Cullen, management and technology consultant, author of *"Get It Together: Organize Your Records So Your Family Won't Have To"*

Ms. Cullen said disorganization can be a nightmare for those who need to step in to help an elderly person as a caregiver or estate executor. She offered simple ways to organize important records like passwords, financial records, insurance policies, funeral arrangements, and other personal information.

Issues covered:

Length: 8:36

**Senior Citizens
Retirement Planning**

Peter Mazareas, PhD, worked with the U.S. Congress on legislation to create 529 savings plans, co-author of *"Plan and Finance Your Family's College Dreams: A Parent's Step-By-Step Guide from Pre-K to Senior Year"*

Planning and paying for a college education is a daunting task for most parents. Dr. Mazareas discussed the merits and complexities of 529 savings plans, which allow parents to save tax-free for higher education expenses. He said that there are numerous free and easy-to-access tools for parents to plan for the costs of college.

Issues covered:

Length: 8:38

**Education
Consumer Matters
Parenting**

Show # 2020-35

Date aired: _____ Time Aired: _____

Laura Makaroff, DO, Senior Vice President of Prevention and Early Detection at the American Cancer Society

The American Cancer Society has updated its guidelines for diet and physical activity for cancer prevention. Dr. Makaroff said the new recommendations increase the suggested levels of physical activity and place an increased emphasis on reducing the consumption of processed and red meat, sugar-sweetened beverages, processed foods, and alcohol.

Issues covered:
Cancer Prevention
Personal Health
Physical Fitness

Length: 8:05

Christine Carter, PhD, sociologist, Senior Fellow at the Greater Good Science Center at the University of California Berkeley, author of "*The New Adolescence: Raising Happy and Successful Teens in an Age of Anxiety and Distraction*"

Prof. Carter discussed recent parenting research, along with her own real-world experiences as the mother of four teenagers. She also said that teens are struggling more than ever with suicidal thoughts, depression and anxiety, and that many of the challenges facing today's teens didn't exist when their parents were young. She outlined what she believes are the three most critical skills that parents need to teach their kids.

Issues covered:
Parenting
Teenage Concerns
Mental Health

Length: 9:12

Show # 2020-36

Date aired: _____ Time Aired: _____

Stephanie Ruest, MD, FAAP, Pediatric Emergency Medicine Fellow at Rhode Island Hospital, fellow of the American Academy of Pediatrics

Dr. Ruest's research on behalf of the American Academy of Pediatrics found that the more time children spend using digital devices, the less likely they are to finish their homework. Children who spent two to four hours a day using computers, videogames, tablets and smartphones had 23 percent lower odds of always or usually finishing their homework, compared to children who spent less than two hours. Dr. Ruest offered advice to parents on how to monitor and control digital usage.

Issues covered:
Education
Parenting

Length: 7:39

Laura Adams, Senior Insurance Analyst for insuranceQuotes.com

Ms. Adams outlined a new study by insuranceQuotes that found that 86% of Americans are unaware that insurers use the claims history of previous homeowners to set premiums for new policies. She explained why consumers are unaware of this database, what it contains, and how they can obtain a free report for their property.

Issues covered:
Consumer Matters
Home Ownership

Length: 9:26

Show # 2020-37

Date aired: _____ **Time Aired:** _____

Sam Emaminejad, PhD, Assistant Professor of Electrical and Computer Engineering at the UCLA Samueli School of Engineering

Prof. Emaminejad has developed an add-on for existing smartwatches that allows the device to monitor drug levels inside a person's body in real time. He said the wearable technology could be incorporated into a more personalized approach to medicine -- where an ideal drug and dosages can be tailored to an individual. He believes the cost will be low and it could be available to consumers within two or three years.

Issues covered:
Personal Health
Technology

Length: 8:52

Lisa Boucher, RN, author of "*Raising the Bottom: Making Mindful Choices in a Drinking Culture*"

Ms. Boucher said many Americans quarantined are feeling more and more disconnected, which can easily lead to substance abuse. She added that people who may already have drinking problems are drinking more because they are alone, and alcohol can be easily ordered online and delivered to their homes. She outlined warning signs and what help is available for those struggling with alcohol abuse.

Issues covered:
Substance Abuse
Coronavirus

Length: 8:18

Show # 2020-38

Date aired: _____ **Time Aired:** _____

Danielle Holly, CEO of Common Impact, a nonprofit organization headquartered in Boston, which encourages skills-based volunteerism

Ms. Holly's organization recently issued a report that examined the impact of the COVID-19 pandemic on nonprofit organizations. She said the effect has been staggering, and the skills and expertise of corporate employees are a critical part of restoring and sustaining non-profit organizations. She outlined the core challenges different non-profit groups are facing, and ways that Americans can help, through philanthropic and skilled volunteer support.

Issues covered:
Volunteerism
Charitable Contributions
Coronavirus

Length: 8:44

Ray Dorsey, MD, David M. Levy Professor of Neurology and Director of the Center for Health + Technology at the University of Rochester Medical Center, co-author of "*Ending Parkinson's Disease: A Prescription for Action*"

Dr. Dorsey said brain diseases are now the world's leading cause of disability. The fastest growing of these is Parkinson's: the number of impacted patients has doubled to more than six million over the last twenty-five years and is projected to double again by 2040. He believes more resources must be placed into research, because while cases are on the rise, the most effective treatment is now a half century old.

Issues covered:
Parkinson's Disease
Personal Health

Length: 8:34

Show # 2020-39

Date aired: _____ **Time Aired:** _____

Karen L. Margolis, MD, MPH, Executive Director of Research at HealthPartners Institute in Minneapolis

Dr. Margolis led a study that found that people enrolled in a pharmacist-led telemonitoring program to control high blood pressure were about half as likely to have a heart attack or stroke compared to those who received routine primary care. She explained how the approach differs from typical treatment programs. She also found that, with fewer medical complications, telemonitoring and phone visits translated into a \$1,900 savings on average, per patient.

Issues covered:
High Blood Pressure
Personal Health

Length: 9:59

Honora Englander, MD, Associate Professor of Medicine in the Oregon Health & Science University School of Medicine

Opioid abuse and overdoses are rising rapidly, in the wake of COVID-19 lockdowns. Dr. Englander studied 486 patients who entered an in-hospital addiction medicine intervention at OHSU, and found that three-quarters came into the hospital using more than one substance. She said medical personnel must be ready to offer additional support to patients using multiple drugs. She said participants in general abused fewer substances in the months after working with the hospital-based addictions team than before.

Issues covered:
Drug Addiction

Length: 7:12

© 2020 Syndication Networks Corp. All Rights Reserved.

Quarterly Report of Compliancy Issues & Programs List 2020-Q3 (July - September) – Radio Health Journal

- Aging
- Animal Health
- Alcohol and Substance Abuse & Treatment
- Autism
- Business & Industry
- Climate Change
- Communications
- Consumerism & Consumer Safety
- Disabilities
- Disasters & Preparedness
- Discrimination
- Eating Disorders
- Economics
- Education
- Elderly & Senior Citizens
- Elected Officials
- Employment & Workplace Issues
- Environment & Outdoors
- Ethics
- Family & Parenting Issues
- Federal Government
- Flooding
- Health Care
- Infectious Disease
- Individual Rights
- Interpersonal Relations
- Labor Issues
- Mental Health Issues
- Minority Issues
- National Defense
- Obesity
- Organ Donors
- Pets & People
- Pollution
- Poverty
- Public Health
- Public Safety
- Sports & Recreation
- Technology
- Terrorism
- Vaccination
- Violence & Threats
- Youth at Risk

Program: 20-27
Air Week: 7/5/2020

Writers/Producers: Reed Pence
Studio Production: Jason Dickey

<u>Time</u>	<u>Segment</u>	<u>Dur.</u>
1:50	SEGMENT 1: AUTISM AND SUBSTANCE ABUSE	12:20

Synopsis: Studies show that people with autism are twice as likely as others to engage in substance abuse, contrary to previous belief that they are extremely unlikely to use drugs or alcohol. An expert and an author who has used alcohol to cope with his autism discuss the developments and their impact.

Host & Producer: Reed Pence.

Guests:

- Elizabeth Kunreuther, Clinical Instructor, University of North Carolina Wakebrook Addiction Treatment Center and co-author, *Drinking, Drug Use and Addiction in the Autism Community*
- Matthew Tinsley, Asperger syndrome patient and co-author, *Asperger Syndrome and Alcohol: Drinking to Cope*

Compliance issues covered: autism; disabilities; alcohol and substance abuse and treatment; education

Links for more information:

- <https://www.med.unc.edu/psych/directories/faculty/elizabeth-kunreuther>
- <http://www.asperger-training.com/matthew-tinsley/>

15:12	SEGMENT 2: CONTRACT TRACING AND QUARANTINE: HOW FAR CAN WE GO?	7:45
-------	--	------

Synopsis: The next step in beating the COVID-19 pandemic may be stepped up contact tracing and quarantine of people who've had contact with COVID-positive individuals. However, many people see that as too expensive and intrusive to be practical. An expert discusses how it might work, and how it might not.

Host: Nancy Benson.

Guests:

- Dr. Lauren Childs, Assistant Professor of Mathematics, Virginia Tech University

Compliance issues covered: public health; consumerism; economics; individual rights; infectious disease

Links for more information:

- <https://sinews.siam.org/Details-Page/choosing-intervention-strategies-during-an-emerging-epidemic>

Program: 20-28
Air Week: 7/12/2020

Writers/Producers: Reed Pence
Studio Production: Jason Dickey

Time	Segment	Dur.
1:50	SEGMENT 1: ORTHOREXIA: OVERDOING A GOOD THING	12:50

Synopsis: Therapists report an increase in orthorexia, a not-yet recognized eating disorder where people become fixated on eating only healthy things and/or exercising hours per day. It can take over an afflicted person's life and result in physical symptoms much like anorexia. Experts discuss diagnosis and treatment.

Host & Producer: Reed Pence.

Guests:

- Claire Mysko, Chief Executive Officer, National Eating Disorders Association
- Dr. Jennifer Carter, Clinical Associate Professor of Psychiatry and Behavioral Health, Ohio State University Wexner Medical Center
- Dawn White, Registered, Licensed Dietician, Timberline Knolls Residential Treatment Center, Lemont, IL

Compliance issues covered: eating disorders; mental health issues; health care; consumerism; youth at risk

Links for more information:

- <https://wexnermedical.osu.edu/find-a-doctor/jennifer-carter-phd-22765>
- <https://www.eatingdisorderhope.com/virtual-conference-3/claire-mysko>
- <https://www.globenewswire.com/news-release/2020/02/19/1987163/0/en/Timberline-Knolls-Celebrates-National-Eating-Disorders-Awareness-Week.html>
- National Eating Disorders Association Hotline 800-931-2237

15:42	SEGMENT 2: TICK PARALYSIS: WHEN A TICK BITE CAN BE FATAL	7:15
-------	--	------

Synopsis: Summer is tick season, and tick bites are common. However, bites from a couple of types of ticks can produce paralysis and even death if the tick is not removed quickly. An expert discusses.

Host: Nancy Benson.

Guests:

- Dr. Mark Dworkin, Infectious disease specialist, University of Illinois at Chicago School of Public Health

Compliance issues covered: health care; public health; youth at risk; outdoors and environment

Links for more information:

- <https://publichealth.uic.edu/global-health-program/mark-s-dworkin>

Program: 20-29

Writers/Producers: Reed Pence

Air Week: 7/19/2020

Studio Production:

Jason Dickey

Time	Segment	Dur.
-------------	----------------	-------------

1:49	SEGMENT 1: DEALING WITH THE RISE IN OSTEOPOROSIS	12:33
-------------	---	--------------

Synopsis: Osteoporosis is increasing as America ages. However, fewer people are being tested for bone density and are agreeing to treatment because of side effects of osteoporosis medications. Experts discuss the devastating effects of increased broken bones and what can now be done to prevent them.

Host & Producer: Reed Pence.

Guests:

- Dr. Sundeep Khosla, Professor of Medicine, Mayo Clinic College of Medicine
- Dr. Ether Siris, Director, Toni Stabile Osteoporosis Center, New York Presbyterian Hospital and Columbia University Medical Center

Compliance issues covered: health care; public health; aging; elderly and senior citizens; consumerism

Links for more information:

- <https://www.mayo.edu/research/faculty/khosla-sundeep-m-d/bio-00078126>
- <https://www.nyp.org/physician/essiris/>

15:24	SEGMENT 2: DOCTOR BURNOUT: IT STARTS EARLY	7:19
--------------	---	-------------

Synopsis: Doctors already say they're burned out, but the COVID-19 pandemic is making it worse. A noted physician educator discusses how burnout starts with the way future doctors are taught.

Host: Nancy Benson.

Producer: Reed Pence.

Guests:

- Dr. Saul Weiner, Professor of Medicine, Pediatrics and Medical Education, University of Illinois at Chicago; Director, Center of Innovation for Complex Chronic Health Care, US Dept of Veterans Affairs and author, *On Becoming A Healer: The Journey From Patient Care to Caring About Your Patients*

Compliance issues covered: health care; public health; education; infectious disease

Links for more information:

- <https://chicago.medicine.uic.edu/departments/academic-departments/medicine/academic-internal-medicine-and-geriatrics/people/name/saul-weiner/>

Program: 20-30
Air Week: 7/26/2020

Writers/Producers:
Studio Production:

Reed Pence
Jason Dickey

Time	Segment	Dur.
1:46	SEGMENT 1: PUBLIC HEALTH OFFICIALS RESIGNING UNDER PRESSURE	12:31

Synopsis: State and local public health officials have been under pressure like never before in the COVID-19 pandemic, as citizens and elected officials push back against tough restrictions designed to curb the virus. Some officials have even been threatened. Feeling their bosses don't have their backs, a higher proportion of officials are quitting than normal, and these essential jobs will be hard to fill with qualified health experts.

Host & Producer: Reed Pence.

Guests:

- Dr. Marcus Plescia, Chief Medical Officer, Association of State and Territorial Health Officials
- Lori Freeman, CEO, National Association of County and City Health Officials; Theresa Anselmo, Executive Director, Colorado Association of Local Public Health Officials

Compliance issues covered: health care; public health; public safety; violence and threats; elected officials; infectious disease

Links for more information:

- <https://www.astho.org/StatePublicHealth/ASTHOs-New-CMO-Brings-Clinical-Perspective-to-Public-Health/01-04-18/>
- <https://www.naccho.org/about/chief-executive-officer-lori-tremmel-freeman-mba>

15:19	SEGMENT 2: PTSD IN CHILDREN	7:09
-------	------------------------------------	------

Synopsis: Mental health experts once believed that children were too young to remember traumas well enough to suffer much from post-traumatic stress disorder. Now they know that children as young as 2 or 3 can be affected, often for the rest of their lives. An expert discusses PTSD in children and its treatment.

Host: Nancy Benson.

Producer: Ariana Kraft.

Guests:

- Dr. Michael Scheeringa, Professor of Child Psychiatry and Associate Professor of Clinical Pediatrics, Tulane University School of Medicine

Compliance issues covered: youth at risk; mental health; family and parenting issues

Links for more information:

- <http://www.infantininstitute.org/faculty-member/michael-s-scheeringa/>

Program: 20-31
Air Week: 8/2/2020

Writers/Producers: Reed Pence
Studio Production: Jason Dickey

Time	Segment	Dur.
-------------	----------------	-------------

1:47 **SEGMENT 1: PUBLIC HEALTH OFFICIALS RESIGNING UNDER PRESSURE**

12:07

Synopsis: Electroconvulsive therapy still has a stigma, with the reputation of being a painful, disturbing procedure that wipes out memories and, if movies are to be believed, even creates zombies. Experts explain the reality—that ECT is a quiet procedure that provokes a short brain seizure, releasing huge amounts of neurotransmitters to reset the brain in what is the quickest and most dependable treatment for severe and often suicidal depression.

Host: Reed Pence.

Producer: Ariana Kraft.

Guests:

- Dr. Sarah Lisanby, Director, Translation Research, National Institute of Mental Health and Director, NIMH Non-Invasive Neuro-Modulation Unit
- Dr. Dan Maixner, Associate Professor of Psychiatry, University of Michigan

Compliance issues covered: mental illness; health care; public health; technology

Links for more information:

- <https://www.nimh.nih.gov/news/science-news/2015/lisanby-chosen-to-lead-nimh-division-of-translational-research.shtml>
- https://www.mlive.com/news/ann-arbor/index.ssf/2016/07/u-m_hospital_finds_new_home_fo.html

14:56 **SEGMENT 2: LUNG TRANSPLANTS: THE LEAST-TRANSPLANTED MAJOR ORGAN**

8:03

Synopsis: Lung transplants are the least done of all major organ transplants because the lungs are so easily damaged in the death process. A lung transplant surgeon explains, using one particularly difficult case as an example.

Host: Nancy Benson.

Producer: Reed Pence.

Guests:

- Dr. Abbas Ardehali, Professor of Surgery and Medicine and Director, Heart, Lung, and Heart and Lung Transplantation, UCLA David Geffen School of Medicine

Compliance issues covered: organ donors; health care; public health

Links for more information:

- <https://www.uclahealth.org/abbas-ardehali>

Program: 20-32
Air Week: 8/9/2020

Writers/Producers: Reed Pence
Studio Production: Jason Dickey

Time	Segment	Dur.
1:47	SEGMENT 1: BACK TO SCHOOL 2020: CAN KIDS ATTEND, OR WILL REMOTE LEARNING RULE?	13:03

Synopsis: Many school districts are delaying decisions on whether students will attend in person or will be taught remotely once again to reduce the risk of COVID-19 to children and staff. Experts discuss the methods under consideration to lower risks and whether that will be enough to open for classes.

Host & Producer: Reed Pence.

Guests:

- Dr. Nathaniel Beers, President HSC Health Care System and pediatrician, Children's National Hospital
- Keith Gambill, President, Indiana State Teachers Association

Compliance issues covered: public health; children & youth at risk; education; labor issues; parenting issues; education

Links for more information:

- <https://hschealth.org/about/leadership/board/nathaniel-beers>
- <https://www.ista-in.org/get-to-know-keith-gambill-ista-president>

15:52	SEGMENT 2: WORK-AT-HOME BURNOUT AND "ZOOM FATIGUE"	6:59
-------	--	------

Synopsis: People working at home may have no commute and can work in their pajamas, but they may find themselves more exhausted than when they worked at the office. Two experts discuss reasons for this fatigue—patterns of working at home and the surprising stress of virtual meetings.

Host: Nancy Benson.

Producer: Reed Pence.

Guests:

- Dr. Greg Hammer, Professor of Pediatrics and Anesthesiology, Stanford University Medical School and author, *Gain Without Pain: The Happiness Handbook for Healthcare Professionals*
- Dr. Priti Shah, Professor of Psychology, University of Michigan

Compliance issues covered: employment; workplace issues; technology

Links for more information:

- <https://profiles.stanford.edu/gregory-hammer>
- <https://sites.lsa.umich.edu/shah-lab/people/>

Radio Health Journal is a registered trademark of MediaTracks, Inc.

Contents copyright 2020 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500

Affiliate downloads are available at <http://mediatracksdownloads.com> and www.mediatracks.com

Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net

Program: 20-33
Air Week: 8/16/2020

Writers/Producers: Reed Pence
Studio Production: Jason Dickey

Time	Segment	Dur.
1:50	SEGMENT 1: WHO GETS A VACCINE?	13:08

Synopsis: Development of a Coronavirus vaccine is proceeding at a breakneck pace. What needs to happen to make sure it's safe and effective? And if a vaccine is successfully made, who should get it first? Will enough people opt in to get back to normal life, or will COVID-19 be with us for years? Experts discuss.

Host & Producer: Reed Pence.

Guests:

- Lawrence Gostin, University Professor of Health Law and Director, O'Neill Institute of National and Global Health Law, Georgetown University
- Dr. Jacob Appel, Director of Ethics Education in Psychiatry, Icahn School of Medicine, Mt. Sinai, New York

Compliance issues covered: public health; public safety; federal government; economics; first responders; minority issues; ethics; vaccination; infectious disease

Links for more information:

- <https://oneill.law.georgetown.edu/faculty/Lawrence-Gostin/>
- <https://www.mountsinai.org/profiles/jacob-m-appel>

16:00	SEGMENT 2: STRESS AND TYPE 2 DIABETES	6:55
-------	---------------------------------------	------

Synopsis: A new study shows that people who have type 2 diabetes and are under chronic stress are more likely to have high blood sugar. The study's lead author and a patient discuss how stress can make diabetes worse and what people can do to counteract it.

Host: Nancy Benson.

Producer: Reed Pence.

Guests:

- Janice Harris, diabetes patient
- Dr. Joshua Joseph, Assistant Professor of Medicine, The Ohio State University Wexner Medical Center

Compliance issues covered: health care; public health

Links for more information:

- <https://medicine.osu.edu/find-faculty/clinical/internal-medicine/joshua-joseph-md>

Program: 20-34
Air Week: 8/23/2020

Writers/Producers: Reed Pence
Studio Production: Jason Dickey

<u>Time</u>	<u>Segment</u>	<u>Dur.</u>
1:50	SEGMENT 1: READING OUR MASKED FACES	12:52

Synopsis: With faces hidden behind masks for COVID-19, we are losing some of the visual information we depend on for smooth communication. Experts discuss the awkward encounters and specific looks we're likely to misinterpret when we can't see other people's mouths.

Host & Producer: Reed Pence.

Guests:

- Dr. David Matsumoto, Professor of Psychology, San Francisco State University and Director, Humintell
- Dr. Rebecca Brewer, Senior Lecturer in Psychology, Royal Holloway University of London

Compliance issues covered: interpersonal relations; communications; infectious disease

Links for more information:

- <https://www.humintell.com/dr-david-matsumoto/>
- [https://pure.royalholloway.ac.uk/portal/en/persons/rebecca-brewer\(65862865-a25e-49c0-8b14-1ad2c4d39aef\).html](https://pure.royalholloway.ac.uk/portal/en/persons/rebecca-brewer(65862865-a25e-49c0-8b14-1ad2c4d39aef).html)

15:42	SEGMENT 2: LISFRANC INJURIES: NOT JUST A SPRAINED FOOT OR ANKLE	7:19
-------	---	------

Synopsis: People who injure their foot often think they have a mere sprained foot or ankle when they actually have an injury that is potentially much more severe and disabling if not treated. Experts explain the Lisfranc joint and injuries that can hurt it.

Host: Nancy Benson.

Producer: Ariana Kraft.

Guests:

- Dr. Mark Hardy, Balance Foot and Ankle Wellness Center, Lakewood, OH
- Dr. Bryan Waxman, orthopedic surgeon, Illinois Bone and Joint Institute

Compliance issues covered: health care; sports and recreation; disabilities

Links for more information:

- <http://www.balancecle.com/balance-foot-and-ankle/staff/dr-mark-hardy-dpm-facfas/>
- <https://www.ibji.com/doctors/waxman-bryan-md/>

Program: 20-35
Air Week: 8/23/2020

Writers/Producers: Reed Pence
Studio Production: Jason Dickey

<u>Time</u>	<u>Segment</u>	<u>Dur.</u>
1:47	SEGMENT 1: PLANNING FOR THE NEXT PANDEMIC	13:03

Synopsis: The next pandemic is only a matter of “when and what,” according to health security experts, who here discuss what’s needed to be ready for a variety of possible pandemics and infectious threats, both natural and terror.

Host & Producer: Reed Pence.

Guests:

- Dr. Dennis Hruby, Chief Scientific Officer, SIGA Technologies
- Dr. Phil Gomez, CEO, SIRI Technologies

Compliance issues covered: public health; public safety; federal government; disasters and preparedness; health care; terrorism; national defense; infectious disease

Links for more information:

- <https://www.siga.com/about-siga/>

15:52	SEGMENT 2: THIRD WORLD MEDICINE	6:54
-------	---------------------------------	------

Synopsis: Medicine in the Third World is vastly different than in the US, and American doctors sometimes run into unexpected hurdles when they try to bring modern medicine to impoverished nations. One such doctor describes his efforts.

Host: Nancy Benson.

Producer: Polly Hansen.

Guests:

- Dr. Aaron Berkowitz, Director of Global Health, Kaiser Permanente School of Medicine and author, *One By One By One: Making a Small Difference Amid a Billion Problems*

Compliance issues covered: health care; public health; poverty

Links for more information:

- <https://naturemicrobiologycommunity.nature.com/posts/changing-lives-one-by-one-by-one>

Radio Health Journal is a registered trademark of MediaTracks, Inc.

Contents copyright 2020 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500

Affiliate downloads are available at <http://mediatracksdownloads.com> and www.mediatracks.com

Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net

Program: 20-36
Air Week: 9/6/2020

Writers/Producers: Reed Pence
Studio Production: Jason Dickey

Time	Segment	Dur.
1:47	SEGMENT 1: THE LOOMING "HOTHOUSE EARTH"	12:48

Synopsis: Rising global temperatures have produced extreme weather and a rising sea level. Climate scientists fear we may soon reach the point of no return, resulting in a hothouse with large portions of the planet uninhabitable. Authors of a major report on this phenomenon explain:

Host & Producer: Reed Pence.

Guests:

- Dr. Diana Liverman, Professor of Geography and Development, University of Arizona
- Dr. Katherine Richardson, Professor of Biological Oceanography and leader, Sustainability Science Center, University of Copenhagen
- Dr. Kristina Dahl, Senior Climate Scientists, Union of Concerned Scientists

Compliance issues covered: environment; pollution; climate change; flooding; federal government; economics

Links for more information:

- <https://www.environment.arizona.edu/diana-liverman>
- <https://www.ecsj2017.com/profile/katherine-richardson>
- <https://www.ucsusa.org/bio/kristina-dahl-.W5Khv1KZPOY>

15:37	SEGMENT 2: IMPOSTER SYNDROME	7:05
-------	------------------------------	------

Synopsis: Many people who are smart, talented and successful still believe they are incompetent on the inside and that others will eventually find out. This "imposter syndrome" can undermine careers and lead to psychological distress. Two noted experts in the field discuss origins and how to deal with the phenomenon.

Host: Nancy Benson.

Producer: Ariana Kraft.

Guests:

- Dr. Valerie Young, founder, impostersyndrome.com and author, *The Secret Thoughts of Successful Women: Why Capable People Suffer from the Imposter Syndrome and How to Thrive In Spite of It*
- Dr. Pauline Rose Clance, Professor Emeritus, Georgia State University

Compliance issues covered: mental health; business and industry; education; parenting issues

Links for more information:

- <https://impostorsyndrome.com/valerie-young/>
- http://paulineroseclance.com/prc_biography.html

Radio Health Journal is a registered trademark of MediaTracks, Inc.

Contents copyright 2020 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500

Affiliate downloads are available at <ftp://mediatracksdownloads.com> and www.mediatracks.com

Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net

Program: 20-37
Air Week: 9/13/2020

Writers/Producers: Reed Pence
Studio Production: Jason Dickey

Time	Segment	Dur.
1:43	SEGMENT 1: OVERWORKED PHARMACISTS: MISTAKES WAITING TO HAPPEN?	11:15

Synopsis: Pharmacists are often asked to do more work in less time than they need, and some experts worry it's causing medication mistakes. A pharmacist specializing in medication safety discusses pressures on pharmacists and what consumers can do to protect themselves.

Host & Producer: Reed Pence.

Guests:

- Michael Gaunt, Medication Safety Analyst and Editor, Institute for Safe Medication Practices

Compliance issues covered: consumer safety and consumerism; health care; economics; business and industry

Links for more information:

- <https://www.ismp.org/staff/michael-j-gaunt-pharmd>

14:00	SEGMENT 2: THE ANGER EPIDEMIC	7:54
-------	-------------------------------	------

Synopsis: Many people who are smart, talented and successful still believe they are incompetent on the inside and that others will eventually find out. This "imposter syndrome" can undermine careers and lead to psychological distress. Two noted experts in the field discuss origins and how to deal with the phenomenon.

Host: Nancy Benson.

Producer: Reed Pence.

Guests:

- Dr. Jean Kim, Assistant Professor of Psychiatry, George Washington University
- Dr. Ray Novaco, Professor of Psychological Sciences, University of California at Irvine

Compliance issues covered: mental health; interpersonal relations

Links for more information:

- <https://www.psychologytoday.com/us/experts/jean-kim-md>
- <https://faculty.sites.uci.edu/novaco/>

Program: 20-38

Writers/Producers: Reed Pence

Air Week: 9/20/2020

Studio Production:

Jason Dickey

<u>Time</u>	<u>Segment</u>	<u>Dur.</u>
1:48	SEGMENT 1: MORE PETS IN THE PANDEMIC	12:36

Synopsis: Pets are a comfort in difficult times, and the pandemic is no exception. Animal shelters report a surge in pet adoptions, especially puppies, in the last six months, and veterinarians are having to adopt procedures such as telemedicine to deal with the increase while still staying safe. Experts explain how adopting and training a new pet has changed in the pandemic.

Host & Producer: Reed Pence.

Guests:

- Christina Morrison, Director of Development, West Suburban Humane Society, Downers Grove, IL
- Dr. Katie Stover, veterinarian and owner, Red Barn Animal Hospital, Hampshire and Gilberts, IL
- Dr. Douglas Kratt, veterinarian, LaCrosse, WI, and President, American Veterinary Medical Assn.

Compliance issues covered: consumerism; pets and people; animal health; public health; infectious disease

Links for more information:

- <https://wshs-dg.org/about-us/who-we-are>
- <https://redbarnpetvet.com/>
- <https://www.avma.org/about/avma-staff-leadership/douglas-kratt-dvm>

15:26 SEGMENT 2: KIDS' QUESTIONS ABOUT COVID-19

7:01

Synopsis: Children are living through a scary time right now and often have little understanding of why their world has been turned upside down. A noted public health expert explains what he's found about children's concerns of the pandemic and how parents can answer their questions.

Host: Nancy Benson.

Producer: Reed Pence.

Guests:

- Dr. William Haseltine, Chairman and President, Access Health International and author, *A Family Guide to Covid: Questions and Answers for Parents, Grandparents and Children and A Covid Guide to Back to School: Questions and Answers for Parents and Students*

Compliance issues covered: children and youth at risk; education; family issues; infectious disease; parenting

Links for more information:

- <https://www.williamhaseltine.com/>

Program: 20-39
Air Week: 9/27/2020

Writers/Producers: Reed Pence
Studio Production: Jason Dickey

Radio Health Journal is a registered trademark of MediaTracks, Inc.

Contents copyright 2020 by MediaTracks, Inc. 2250 East Devon Avenue, Suite 150 Des Plaines, Illinois 60018847-299-9500

Affiliate downloads are available at <http://mediatracksdownloads.com> and www.mediatracks.com

Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net

Time	Segment	Dur.
1:49	SEGMENT 1: OBESITY BIAS IN MEDICINE	13:15

Synopsis: Studies show that medical professionals are as biased as the rest of us against people who are overweight, resulting in lectures, misdiagnoses, and patients who start avoiding the doctor. Experts explain the problem, results, and what might be done about it.

Host & Producer: Reed Pence.

Guests:

- Dr. Rebecca Puhl, Professor of Human Development and Family Studies, University of Connecticut and Deputy Director, Rudd Center for Food Policy and Obesity
- Dr. David Katz, Director, Yale-Griffin Prevention Research Center, Yale University and Founder, True Health Initiative
- Kathy Kater, psychotherapist specializing in body image, eating and weight issues

Compliance issues covered: health care; public health; discrimination; obesity; education

Links for more information:

- <http://www.uconnruddcenter.org/faculty-and-staff-rebecca-puhl>
- <https://davidkatzmd.com/>
- <http://bodyimagehealth.org/about-the-author>

16:06	SEGMENT 2: RHEUMATOID DISEASES	6:52
-------	---------------------------------------	------

Synopsis: Rheumatoid diseases number around 100, though arthritis is the most well known. They can be crippling and sometimes even fatal, but good treatments exist. The key is early detection, as an expert explains.

Host: Nancy Benson.

Producer: Reed Pence.

Guests:

- Dr. Kanika Monga, rheumatologist, University of Texas-Health Science Center, Houston

Compliance issues covered: health care; public health

Links for more information:

- <https://www.doximity.com/pub/kanika-monga-md>

Quarterly Report of Compliancy Issues & Programs List 2020-Q3 (July - September) - Viewpoints Radio

- Addiction
- Animal Welfare
- Architecture
- Arts
- Business
- Career
- Child Development
- Climate Change
- Communication
- Companionship
- Creativity
- Crime
- Culture
- Cybersecurity
- Death
- Design
- Divorce
- Education
- Engineering
- Environment
- Ethnicity & Race
- Film
- Food Production
- Gender Equality
- Genocide
- Government
- Health & Medicine
- History
- Homelessness
- Housing
- Identity Theft
- Information Technology
- International Relations
- Invention
- Labor Issues
- Law
- Law Enforcement
- Literature
- Mathematics
- Marriage
- Mental Health
- Minorities
- Music
- Natural Disasters
- Natural Resources
- Nonprofit Organization
- Online Learning
- Pandemic
- Parenting
- Personal Finance
- Photography
- Politics
- Poverty
- Production
- Psychology
- Race Relations
- Relationships
- Religion
- Research
- Science
- Science Fiction
- Social Media
- Social Movements
- Spiritual Studies
- Sports
- Streaming
- Stress
- Sustainability
- Technology
- Television
- Transportation
- Trauma
- Travel
- Urban Planning
- Violence

Program 20-27
Written & Produced: Amirah Zaveri, Annie Krall & Evan Rook
Air Week:
Studio Production: Jason Dickey

7/5/20

SEGMENT 1:	THE GOOD AND THE BAD: A BRIEF HISTORY OF THE TEXAS RANGERS	Time	Duration
Synopsis:	The Texas Rangers (no, not the baseball team) but the western law enforcement agency dating back to 1823 is known for patrolling the rugged Texas terrain. For almost 200 years, its members have protected tiny towns along the border and have helped solve numerous crimes and corruption throughout the state. However, the valiant group also has a darker history filled with corruption, murder and violence against minorities. Author and journalist Doug Swanson joins Viewpoints this week to share the full picture of the famed Texas Rangers.	1:48	10:04
Host:	Gary Price		
Guests:	Doug Swanson, journalist, author, <i>Cult of Glory: The Bold and Brutal History of the Texas Rangers</i> .		
Issues Covered:	History, Government, Law Enforcement, Race, Crime, International Relations		
Links:	https://www.texasranger.org/ https://www.thestoryoftexas.com/discover/campfire-stories/texas-ranger https://www.nytimes.com/2020/06/09/books/review/cult-of-glory-texas-rangers-doug-j-swanson.html https://www.amazon.com/Cult-Glory-Brutal-History-Rangers/dp/1101979860 https://www.writing.pitt.edu/people/faculty/doug-swanson		
SEGMENT 2:	IS INSTAGRAM THE NEW ONLINE DIARY FOR GENERATION Z?	Time	Duration
Synopsis:	While some of us still prefer pen and paper, many younger people are shifting to everything digital. And it's not just for to-do lists or communication, but also using platforms like Instagram, Twitter or Facebook as a daily, reflective 'online diary'. However, sometimes this vulnerability in such a public setting can lead down a slippery slope. We discuss the pros and cons of candidly sharing your life on social media.	13:55	8:23
Host:	Marty Peterson		
Guests:	Lilia Buckingham, social influencer, actress, producer, author, <i>Influence</i> ; Dr. Jimmy Sanderson, assistant professor of kinesiology and sports management, Texas Tech University.		
Issues Covered:	Social Media, Mental Health, Technology, Psychology, Writing, Culture		
Links:	https://www.instagram.com/lilia/ https://twitter.com/Jimmy_Sanderson https://www.depts.ttu.edu/ksm/contact/pages/JSanderson.php https://twitter.com/BuckinghamLilia https://positivelysocial.com/ https://www.nytimes.com/2020/01/17/business/instagram-likes.html		
CULTURE CRASH:	REWINDING BACK TO OUR HIGH SCHOOL SELVES	Time	Duration
Synopsis:	There's a certain amount of nostalgia when we revisit our favorite music, show and movies from those young, teenage years. This week on Viewpoints we discuss how many Americans cling to the hot pop culture of their generation.	23:18	3:08
Host:	Evan Rook		
Issues Covered:	Culture, Television, Music, Film		

Program 20-28 **Written & Produced: Amirah Zaveri & Evan Rook**
Air Week: **Studio Production: Jason Dickey**

7/12/20

SEGMENT 1: POKER: A GAME OF SKILL & LUCK
Time Duration

Synopsis: Texas Hold 'Em is the most popular poker game in the U.S. today. It's a game of strategy, psychology and quick decision-making. Writer and professional poker player Maria Konnikova joins Viewpoints to share how she was able to use her background to master the game and amass more than \$300,000 in winnings in just three years. 1:47 10:29

Host: Gary Price

Guests: Maria Konnikova, journalist, author, *The Biggest Bluff: How I Learned to Pay Attention, Master Myself, and Win.*
Issues Covered: Career, Psychology, Mathematics, History, Gender Equality, Education

Links: <https://upswingpoker.com/history-of-poker-origins/>
<https://www.ncpgambling.org/>
https://twitter.com/mkonnikova?ref_src=twsrc%5Egoogle|twcamp%5Eserp|twgr%5Eauthor
<https://www.mariakonnikova.com/>
<https://www.amazon.com/Biggest-Bluff-Learned-Attention-Master/dp/052552262X>

SEGMENT 2: THE BUSINESS OF LAB-GROWN MEAT
Time Duration

Synopsis: Millions of Americans have embraced plant-based meat like the Impossible Burger, but how do you feel about real meat that's grown in a petri dish in a lab? If the taste, texture and smell exactly resembled meat that was traditionally farmed outside, would you eat it? Lab-grown, cell-cultured chicken, beef and pork is set to hit the mass market in just a few years. What's the science and process behind this new technology? 14:19 8:32

Host: Marty Peterson

Guests: Chase Purdy, journalist, author, *Billion Dollar Burger: Inside Big Tech's Race for the Future of Food.*
Issues Covered: Food Production, Business, Environment, Climate Change, Health, Technology, Animal Welfare, Government, Politics, Food Science

Links: <https://www.sciencemag.org/news/2020/04/lab-grown-meat-starting-feel-real-deal>
<https://www.nytimes.com/2020/07/02/opinion/lab-grown-meat.html>
<https://www.amazon.com/Billion-Dollar-Burger-Inside-Future/dp/0525536949>
<https://www.chasepurdy.com>
<https://www.ju.st/en-us>

CULTURE CRASH: THE PASSING OF DIRECTOR JOEL SCHUMACHER
Time Duration

Synopsis: Prominent Hollywood director Joel Schumacher died on June 22, 2020 at the age of 80. We discuss his legacy and some of the films he's best remembered for. 23:51 2:36

Host: Evan Rook

Issues Covered: Culture, Film, Career

Program 20-29 Written & Produced: Amirah Zaveri, Polly Hansen, Annie Krall & Evan Rook
Air Week: Studio Production: Jason Dickey
 7/19/20

SEGMENT 1: THE MANY FACES OF HOMELESSNESS
Time Duration

Synopsis: On a single night in the U.S. there are more than 550,000 people homeless – and this number is only set to rise as COVID-19 has put millions out of work and shattered the stability of the U.S. economy. As a child or teen who has to deal with homelessness at a young age, it can be a tough road of shifting from temporary housing to another shelter. Giselle Burgess and her five kids were in this position in New York City, so Burgess decided to start a Girl Scout Troop named Troop 6000 to help her girls and others in this situation. We cover the inspiring story of Troop 6000 this week on Viewpoints.

1:48 8:04

Host: Gary Price

Guests: Nikita Stewart, reporter at The New York Times, author, *Troop 6000: The Girl Scout Troop That Began in a Shelter and Inspired the World*.

Issues Covered: Homelessness, Poverty, Education, Child Development, Housing, Nonprofit Organization, Parenting

Links: <https://www.nytimes.com/by/nikita-stewart>
<https://twitter.com/kitastew?lang=en>
https://www.hud.gov/program_offices/comm_planning/affordablehousing/
<https://endhomelessness.org/>
<https://www.girlscoutsnyc.org/en/whatgirlsdo/gs-troop-6000.html>
<https://www.amazon.com/Troop-6000-Scout-Shelter-Inspired/dp/1984820753>

SEGMENT 2: THE WORLD OF CULTS
Time Duration

Synopsis: When you think of a cult, what image pops into your head? Is it one of violence or extremism? Is it people in all white praying and worshipping a guru? What exactly defines a cult? We answer these questions and more this week on Viewpoints.

11:54 10:32

Host: Marty Peterson

Guests: Dr. Janja Lalich, professor emerita, sociology, University of California State University & founder, Center for Research on Influence and Control; Dr. Robert Jay Lifton, professor, psychiatry, Columbia University and author, *Losing Reality: On Cults, Cultism, and the Mindset of Political and Religious Zealotry*.

Issues Covered: Social Movements, Religion, Violence, Culture, History, Psychology, Youth at Risk

Links: <http://cultresearch.org/about/>
https://twitter.com/janja_lalich?lang=en
https://en.wikipedia.org/wiki/Robert_Jay_Lifton
<https://www.amazon.com/Losing-Reality-Political-Religious-Zealotry/dp/1620974991>

CULTURE CRASH: THE LATEST BLOCKBUSTER FROM CHRISTOPHER NOLAN
Time Duration

Synopsis: Tenet, the newest movie from acclaimed director Christopher Nolan, is set to release next month. We take a look back at some of Nolan's biggest film triumphs including the star-filled thriller, Inception.

23:26 3:00

Host: Evan Rook

Issues Covered: Film, Culture

Program 20-30		Written & Produced: Amirah Zaveri & Evan Rook	
Air Week:	Studio Production:	Jason Dickey	
7/26/20			
SEGMENT 1:	A SHIFT TOWARDS SUSTAINABLE CONSTRUCTION & DESIGN	Time	Duration
Synopsis:	Glass, wood, stone. These are some of the natural materials that are on the forefront of construction. Today, a greater number of architects and developers are not only thinking about profit and supply, but the additional - sometimes invisible - factors at play when it comes to new buildouts. These include the true benefits to humans, the environmental toll and the most practical designs that are symbiotic with nature. We uncover the modern perspective of 'conscious construction' this week on Viewpoints.	1:48	10:42
Host:	Gary Price		
Guests:	Teresa Coady, architect, founding partner, former president, B+H Bunting Coady, author, <i>Rebuilding Earth: Designing Eco-Conscious Habitats for Humans</i> .		
Issues Covered:	Environment, Architecture, Sustainability, Technology, Business, Construction, Urban Planning, Design, Engineering, Natural Resources		
Links:	https://www.usgbc.org/people/teresa-coady/0000051251 https://www.amazon.com/Rebuilding-Earth-Designing-Ecoconscious-Habitats-ebook/dp/B07VICCH6P https://parispropertygroup.com/blog/2015/rise-paris-city-center-skyscrapers/		
SEGMENT 2:	THE CHURCH OF SCIENTOLOGY	Time	Duration
Synopsis:	Scientology – is it a religion, spiritual group, business organization? The group was created in the 1950's and is headquartered in Los Angeles. There's been much mixed media coverage about Scientology, but, still, most people know little about the claimed religion. We speak with a former member about her involvement and the people who commit their faith, time and money to Scientology.	14:32	7:48
Host:	Marty Peterson		
Guests:	Sands Hall, author, <i>Reclaiming My Decade Lost in Scientology</i> .		
Issues Covered:	Spiritual Studies, Religion, Culture, History, Psychology, Literature		
Links:	https://www.amazon.com/Flunk-Start-Reclaiming-Decade-Scientology-ebook/dp/B071P44P9R https://sandshall.com/ https://www.scientology.org/what-is-scientology/ https://www.sciencedirect.com/science/article/pii/B9780081003701000056 https://wholetrees.com/		
CULTURE CRASH:	FILM HIGHLIGHTS SO FAR IN 2020	Time	Duration
Synopsis:	This year has forced the film industry – like many other industries – to adapt and do things a little differently. This means a new resurgence of drive-in theatres or the option to buy new releases straight from your home TV. We go through some of our favorite films and upcoming releases set for fall.	23:20	3:07
Host:	Evan Rook		
Issues Covered:	Film, Business, Streaming, Culture		

Program 20-31		Written & Produced: Amirah Zaveri, Annie Krall & Evan Rook	
Air Week:		Studio Production: Jason Dickey	
8/2/20			
SEGMENT 1:	BETTER UNDERSTANDING TRAUMA	Time	Duration
Synopsis:	Trauma comes in many shapes and forms throughout life. Viewpoints speaks with psychiatrist, Dr. James S. Gordon in order to better understand a person's reaction to trauma and the body's resilience in dealing with these stressful events and situations.	1:47	10:23
Host:	Gary Price		
Guests:	Dr. James S. Gordon, psychiatrist, clinical professor, Georgetown Medical School, founder, executive director, Center for Mind-Body Medicine, author, <i>The Transformation: Discovering Wholeness and Healing After Trauma</i> .		
Issues Covered:	Trauma, Stress, Psychology, Medicine, Psychiatry, Mental Health		
Links:	https://cmbm.org/ https://jamesgordonmd.com/about/ https://www.amazon.com/Transformation-Discovering-Wholeness-Healing-Trauma/dp/0062870718		
SEGMENT 2:	A DIFFERENT CAREER PATH: THE LIFE OF A PROFESSIONAL CUDDLER	Time	Duration
Synopsis:	Thousands of Americans are certified cuddlers. You might be asking - what does it mean to be a 'certified cuddler'? Christina Hepburn joins Viewpoints this week to talk about this relatively new niche and how she's working to dissolve the stigmas associated with the industry.	14:12	8:56
Host:	Marty Peterson		
Guests:	Christina Hepburn, professional cuddler.		
Issues Covered:	Career, Wellness, Companionship, Mental Health, Psychology		
Links:	https://twitter.com/chrihepburn?lang=en https://www.washingtonpost.com/news/inspired-life/wp/2018/04/24/i-went-to-get-hugged-by-a-professional-cuddler-heres-how-it-felt/ https://cuddlist.com/faq/		
CULTURE CRASH:	EXPLORING THE INDIE BAND & ALBUM "RED HEARSE"	Time	Duration
Synopsis:	The band "Red Hearse" is made up of acclaimed artists Jack Antonoff, Sam Dew and producer Sounwave. We explore the group's indie releases and what the musical trio brings to the table.	24:08	3:07
Host:	Evan Rook		
Issues Covered:	Culture, Music, Production		

Air Week:	Studio Production:	Jason Dickey		
8/9/20				
SEGMENT 1:	MODERN CONTRACTS FOR NONTRADITIONAL RELATIONSHIPS			Time Duration
Synopsis:	There are millions of Americans who live together as husband and wife, but never become formally “married.” What are their rights? Who gets the house, the car and the bank accounts if the relationship ends or one of them passes away? We speak with a contract and family law attorney who has written extensively on the subject to find out how society and the courts views co-habitation relationships. We also cover what steps co-habiting couples should take to still be recognized by the law.			1:47 10:56
Host:	Gary Price			
Guests:	Martha Ertman, Professor of Law specializing in contract and family at the Carey School of Law, University of Maryland, and author of the book, <i>Love's Promises: How formal and informal contracts shape all kinds of families.</i>			
Issues Covered:	Divorce, Relationships, Personal Finance, Marriage, Law, Government, Death			
Links:	https://www.law.umaryland.edu/Directory/profile.asp?id=543 https://www.amazon.com/Loves-Promises-Informal-Contracts-Families/dp/0807033669			
SEGMENT 2:	THE INVENTION OF INSTANT PHOTOGRAPHY			Time Duration
Synopsis:	In the early to mid 1900's, capturing a picture was cumbersome and complicated and took weeks to process the film. Then, Edwin Land, the creator of the Polaroid camera, came along and revolutionized the industry. Viewpoints speaks with author Ron Fierstein who profiles Land in his book, <i>A Triumph of Genius: Edwin Land, Polaroid, and the Kodak Patent War.</i>			14:46 8:34
Host:	Marty Peterson			
Guests:	Ron Fierstein, author of the book, <i>A Triumph of Genius: Edwin Land, Polaroid, and the Kodak Patent War.</i>			
Issues Covered:	Photography, Technology, Business, History, Literature			
Links:	http://www.triumphofgenius.com/ https://www.acs.org/content/acs/en/education/whatischemistry/landmarks/land-instant-photography.html https://twitter.com/ronfierstein?lang=en https://www.amazon.com/Triumph-Genius-Edwin-Polaroid-Patent/dp/1627227695			
CULTURE CRASH:	A FATHER-SON HORROR NOVELLA			Time Duration
Synopsis:	Viewpoints speaks with father-son duo, Richard and Billy Chizmar about the combined process of writing the popular horror story, <i>Widow's Point.</i>			24:21 2:06
Host:	Evan Rook			
Issues Covered:	Literature, Culture, Writing			

Air Week: 8/16/20		Studio Production: Jason Dickey	
SEGMENT 1:	THE HOLOCAUST: SURVIVING THE GERMAN OCCUPATION OF THE NETHERLANDS	Time	Duration
Synopsis:	When Dutch forces surrendered to the Germans in May of 1940, the Nazis gained control of the Netherlands and set in action a plan to exterminate hundreds of thousands of Jews and minorities. Arguably, the most famous voice from that region is Anne Frank – the young teenage girl who wrote of her daily life in hiding until she was discovered in 1944 and died in the Bergen-Belsen concentration camp. While Anne Frank is a prominent voice, there are many other stories of those who hid out for years, evading capture and awaiting freedom.	1:47	10:21
Host:	Gary Price		
Guests:	Daphne Geismar, teacher, author, <i>Invisible Years: A Family's Collected Account of Separation and Survival During the Holocaust in the Netherlands</i> .		
Issues Covered:	History, War, Literature, Genocide, Race, Ethnicity, Minorities		
Links:	http://daphnegeismar.com/ https://www.ushmm.org/ https://www.amazon.com/Invisible-Years-Collected-Separation-Netherlands/dp/1567926592/ https://ifr.org/bureau-of-speakers/robert-jan-van-peit/ https://www.annefrank.org/en/anne-frank/go-in-depth/netherlands-greatest-number-jewish-victims-western-europe/		
SEGMENT 2:	DOT CON: PRANKING THE AUTHORS OF SPAM EMAILS	Time	Duration
Synopsis:	We've all received spam calls and fishy-looking emails that promise us a free vacation or a great bargain that's too good to pass up. Sometimes they even come from a phone contact or your boss asking for help or to download an attachment. Author and comedian, James Veitch has made a name for himself by replying to these scams and continuing the conversation, effectively wasting the scammers time as much as they waste ours. We speak with him about his trade and the major telltale signs to look out for in a scam.	14:07	8:49
Host:	Marty Peterson		
Guests:	James Veitch, comedian, author, <i>Dot Con: The Art of Scamming a Scammer</i> .		
Issues Covered:	Cybersecurity, Identity Theft, Technology, Communication, Literature		
Links:	https://veitch.me/ https://www.youtube.com/watch?v=QdPW8JrYzQ https://twitter.com/veichtweets?ref_src=twsrc%5Egoogle twcamp%5Eserp twgr%5Eauthor https://www.ftccomplaintassistant.gov/-/crmt&panel1-1 https://www.consumer.ftc.gov/articles/how-recognize-and-avoid-phishing-scams https://www.amazon.com/Dot-Scamming-Scammer-James-Veitch/dp/184949651X		
CULTURE CRASH:	A COLLECTION OF SCIENCE FICTION	Time	Duration
Synopsis:	The Forward is a new science fiction series of six short novellas written by prominent authors in the genre. We discuss the appeal and if the new release is worth the purchase.	23:56	2:31
Host:	Evan Rook		
Issues Covered:	Science Fiction, Literature, Culture		

Air Week:	Studio Production:		
8/23/20	Jason Dickey		
SEGMENT 1:	HOW TO TRAVEL ONCE WE CAN ALL TRAVEL AGAIN	Time	Duration
Synopsis:	For most people this year, traveling seems like a distant memory. Getting on a plane, taking a train or even using public transport on a daily basis has been largely abandoned with COVID-19. But once it is safe to travel again – where’s the first place you’d like to go? Acclaimed travel guide, writer and TV host, Rick Steves joins Viewpoints this week to share how you can get the most out of your travels and fully immerse yourself in the local culture, people and history.	1:47	9:36
Host:	Gary Price		
Guests:	Rick Steves, travel writer, television show host, travel guide, author, <i>For the Love of Europe: My Favorite Places, People, and Stories</i> .		
Issues Covered:	Travel, Culture, History, Food, Writing, Literature		
Links:	https://www.ricksteves.com/ https://www.theguardian.com/travel/2020/jun/18/end-of-tourism-coronavirus-pandemic-travel-industry https://www.amazon.com/Love-Europe-Greatest-Hits-Steves/dp/1641711310/		
SEGMENT 2:	MURDER ON THE HERBERT FULLER	Time	Duration
Synopsis:	Rewind back to 1896 aboard the voyager ship, the Herbert Fuller. Just a week into the journey, three people aboard were murdered and there were multiple suspects. The murder trial that follows is historic and helped shape modern law today.	13:22	9:28
Host:	Marty Peterson		
Guests:	Gerard Koeppe, historian & author of <i>Not a Gentleman's Work: The Untold Story of a Gruesome Murder at Sea and the Long Road to Truth</i> .		
Issues Covered:	History, Law, Government, Literature, Law Enforcement, Crime		
Links:	http://gerardkoeppe.com/ https://twitter.com/koeppeg?lang=en https://www.amazon.com/Not-Gentlemans-Work-Gruesome-Justice/dp/0306903385 https://crimereads.com/the-high-seas-murder-that-shocked-and-baffled-the-world/		
CULTURE CRASH:	TAYLOR SWIFT'S SURPRISE ALBUM	Time	Duration
Synopsis:	The new summer release, Folklore, by artist Taylor Swift heads in a stylistically different direction than what she’s largely known for. We discuss the new album and some of our favorite songs.	23:50	2:35
Host:	Evan Rook		
Issues Covered:	Music, Indie, Culture, Songwriting		

Air Week:	Studio Production: Jason Dickey			
	8/30/20			
SEGMENT 1:	REHABILITATION WHILE IN PRISON: GETTING TO THE ROOT OF THE PROBLEM		Time	Duration
Synopsis:	The U.S. has the largest prison population in the world with more than 2.3 million inmates. Each year, prisons cost taxpayers 80 billion dollars. But with two thirds of those incarcerated returning back behind bars within a few years, clearly something is broken. We discuss how some popular reforms do more harm than good and what needs to change within the system.		1:47	9:14
Host:	Gary Price			
Guests:	Maya Schenwar, editor-in-chief, Truth Out, co-author, <i>Prison by Any Other Name: The Harmful Consequences of Popular Reforms</i> .			
Issues Covered:	Criminal Justice, Crime, Government, Mental Health, Addiction, Psychology, Race, Poverty, Politics			
Links:	https://www.themarshallproject.org/ https://www.aclu.org/other/aclu-policy-priorities-prison-reform https://www.mayaschenwar.com/ https://www.amazon.com/Prison-Any-Other-Name-Consequences/dp/1620973103/ https://truthout.org/articles/in-the-age-of-abolition-many-reforms-constitute-incarceration-by-another-name/ https://twitter.com/MayaSchenwar?ref_src=twsrc%5Egoogle twcamp%5Eserp twgr%5Eauthor			
SEGMENT 2:	SLEEPING SOUNDLY: THE INTERCONNECTED BENEFITS OF GETTING GOOD REST		Time	Duration
Synopsis:	All humans need some amount of rest – whether that’s five hours or eight. But how we sleep and the quality of that slumber can vary widely. We speak with sleep expert, Matthew Walker, a professor at California-Berkeley, who says getting restful sleep each night is the single biggest thing we can do to vastly improve both our mental and physical health.		13:03	9:01
Host:	Marty Peterson			
Guests:	Matthew Walker, professor of neuroscience and psychology at the University of California-Berkeley and author, <i>Why We Sleep: Unlocking the power of sleep and dreams</i> .			
Issues Covered:	Health, Medicine, Stress, Technology, Research, Literature			
Links:	https://www.amazon.com/Why-We-Sleep-Unlocking-Dreams/dp/1501144316/ref=asap_bc?ie=UTF8 https://newsinhealth.nih.gov/2013/04/benefits-slumber https://health.gov/myhealthfinder/topics/everyday-healthy-living/mental-health-and-relationships/get-enough-sleep https://www.health.harvard.edu/sleep/8-reasons-why-youre-not-sleeping			
CULTURE CRASH:	EXPLORING THE WORKS OF CHARLIE KAUFMAN		Time	Duration
Synopsis:	Writer & director Charlie Kaufman is known for several hit movies including <i>Eternal Sunshine of the Spotless Mind</i> and <i>Synecdoche, New York</i> . We explore some of his biggest career triumphs and the upcoming release of his new Netflix original, <i>I’m Thinking of Ending Things</i> that’s based off the novel written by Iain Reid.		23:04	3:23
Host:	Evan Rook			
Issues Covered:	Film, Culture			

Air Week:	Studio Production:		
9/6/20	Jason Dickey		
SEGMENT 1: A VIOLENT WILDFIRE SEASON IN THE WEST		Time	Duration
Synopsis:	It's only September and this year's wildfires in California are already worse than last year with still months left in peak fire season. We explore the growing challenges facing Californians and what the future holds for The Golden State.	1:47	9:35
Host:	Gary Price		
Guests:	Stephen Pyne, fire expert, emeritus professor, School of Life Sciences, Arizona State University; Kendra Atleework, writer, author, <i>Miracle Country: A Memoir</i> .		
Issues Covered:	Climate Change, Natural Disasters, Pandemic, Science, Literature		
Links:	https://www.fire.ca.gov/ https://twitter.com/kendraatleework?lang=en https://www.workman.com/products/miracle-country https://datebook.sfchronicle.com/books/review-in-miracle-country-kendra-atleework-pays-tribute-to-her-rural-california-roots https://twitter.com/StephenJPyne?ref_src=twsrc%5Egoogle twcamp%5Eserp twgr%5Eauthor http://www.stephenpyne.com/		
SEGMENT 2: THE CURRENT SCOPE OF SURVEILLANCE IN THE U.S.		Time	Duration
Synopsis:	Today, ex-government employee, Edward Snowden is recognized around the world for his role in leaking highly classified information about government mass surveillance. We explore the benefits and consequences of modern surveillance and how both private business entities and governments are acquiring information from millions of Americans.	13:24	9:31
Host:	Marty Peterson		
Guests:	Barton Gellman, journalist, The Atlantic, author, <i>Dark Mirror: Edward Snowden and the American Surveillance State</i> ; Dr. Marcus Rogers, professor, executive director, Cybersecurity Programs, Purdue Polytechnic Institute at Purdue University.		
Issues Covered:	Cybersecurity, Technology, Government, Politics, Information Technology		
Links:	https://twitter.com/bartongellman?lang=en https://polytechnic.purdue.edu/profile/rogersmk https://twitter.com/Snowden?ref_src=twsrc%5Egoogle twcamp%5Eserp twgr%5Eauthor https://www.barnesandnoble.com/w/dark-mirror-barton-gellman/1122928803		
CULTURE CRASH:	THE SOOTHING SOUNDS OF FRANK OCEAN	Time	Duration
Synopsis:	It's no surprise that many of us are always looking for new ways to de-stress and relax this year. Whether you're cooking, driving or just relaxing, the music of Frank Ocean is a fantastic choice.	23:55	2:32
Host:	Host: Evan Rook		
Issues Covered:	Music, Culture		

Air Week:	Studio Production:	Jason Dickey		
9/13/20				
SEGMENT 1:	PEAK HURRICANE SEASON 2020		Time	Duration
Synopsis:	Hurricane Laura ramped up to a Category 4 hurricane late last month and was the strongest storm to hit the Louisiana coast in more than a hundred and sixty years. Each year, the most powerful storms during the Atlantic hurricane season typically form between the end of August and early October. We speak with two experts to better understand the history of hurricanes and the destruction they wreak each year.		1:48	11:14
Host:	Gary Price			
Guests:	Eric Jay Dolin, author, <i>Furious Sky: The Five Hundred Year History of America's Hurricanes</i> ; Dr. Barry Keim, Louisiana state climatologist, professor, Department of Geography & Anthropology.			
Issues Covered:	Meteorology, Science, Climate, Natural Disasters, Government, History			
Links:	https://www.nhc.noaa.gov/breakpoints/ https://twitter.com/NHC_Atlantic?ref_src=twsrc%5Egoogle twcamp%5Eserp twgr%5Eauthor https://www.redcross.org/about-us/our-work/disaster-relief/hurricane-relief.html https://lsu.edu/ga/people/faculty/barry-d-keim/ https://www.ericjaydolin.com/ https://www.amazon.com/Furious-Sky-Five-Hundred-Year-Americas-Hurricanes/dp/1631495275/			
SEGMENT 2:	FUELING CREATIVITY: FUNDING MODERN, INDEPENDENT INVENTION		Time	Duration
Synopsis:	Without inventors like Benjamin Franklin or visionaries like Elon Musk, the world would look a bit different. Both of these people and countless others followed their passion, but sometimes it can be hard to slow down and take a risk. Do you enjoy writing? Tinkering with tech? Creating music? Art? It's never too late to forge a different career path or side hobby. We speak with Kickstarter co-founder, Yancey Strickler about some of the barriers to entry creatives face today and how to find support within a community.		15:04	7:19
Host:	Marty Peterson			
Guests:	Yancey Strickler, co-founder, Kickstarter, author, <i>This Could Be Our Future: A Manifesto for a More Generous World</i> .			
Issues Covered:	Invention, Career, Business, Technology, Music, Arts, Creativity, Literature			
Links:	https://www.kickstarter.com/ https://twitter.com/ystrickler?lang=en https://www.penguinrandomhouse.com/books/591594/this-could-be-our-future-by-yancey-strickler/			
CULTURE CRASH:	THE LASTING LEGACY OF ACTOR CHADWICK BOSEMAN		Time	Duration
Synopsis:	Chadwick Boseman passed away from cancer at the age of 43 on August 28. We honor his legacy and his many contributions to film from starring in Black Panther to his portrayal of baseball player, Jackie Robinson in the 2013 movie 42.		23:23	3:04
Host:	Host: Evan Rook			
Issues Covered:	Film, Culture, Death, Race Relations			

Air Week:	Studio Production:	Jason Dickey		
9/20/20				
SEGMENT 1:	BACK TO SCHOOL 2020: LEARNING THROUGH TECH		Time	Duration
Synopsis:	Navigating back to school this year has been challenging to say the least. With switching policies and protocols, everyone is just trying to get through the fall one day at a time. Viewpoints speaks with two education experts about the biggest barriers to learning and what online education technology can really offer students.		1:47	10:15
Host:	Gary Price			
Guests:	Justin Reich, assistant professor, Massachusetts Institute of Technology, director, MIT Teaching Systems Lab, author, <i>Failure to Disrupt: Why Technology Alone Can't Transform Education</i> ; Dr. Sanjay Sarma, professor, Massachusetts Institute of Technology, vice president, Open Learning at MIT, co-author, <i>Grasp: The Science Transforming How We Learn</i> .			
Issues Covered:	Education, Technology, Online Learning, Parenting, Child Development			
Links:	https://tsl.mit.edu/ https://openlearning.mit.edu/ https://www.pbslearningmedia.org/ https://www.khanacademy.org/ https://www.coursera.org/ https://www.edx.org/ https://twitter.com/bjfr?lang=en https://cmsw.mit.edu/profile/justin-reich/ https://www.hup.harvard.edu/catalog.php?isbn=9780674089044 https://openlearning.mit.edu/about/our-team/sanjay-sarma https://www.amazon.com/Grasp-Science-Transforming-How-Learn/dp/0385541821/ https://www.weareteachers.com/free-online-learning-resources/			
SEGMENT 2:	THE HIDDEN GEMS ACROSS CHICAGO AND EVERY U.S. TOWN		Time	Duration
Synopsis:	Suffering from a travel bug that can't be quenched this year? Chicago writer, Jessica Mlinaric believes that if you look hard enough you don't have to leave your town or city to experience something new. We cover some of the interesting, historical sights around Chicago and how you can explore your own area.		14:03	8:18
Host:	Marty Peterson			
Guests:	Jessica Mlinaric, writer, author, <i>Secret Chicago: A Guide to the Weird, Wonderful, and Obscure</i>			
Issues Covered:	Travel, Community, Music, Education, History, Sports, Arts			
Links:	https://www.secretchicagobook.com/ https://jessica-mlinaric.square.site/ https://blog.ihg.com/chicago-hidden-gems			
CULTURE CRASH:	THE THEATRE RELEASE OF "TENET"		Time	Duration
Synopsis:	The blockbuster release, "Tenet" by prominent director Christopher Nolan is one of the first major films to make a theatre release in several months. Is it worth the watch?		23:20	3:06
Host:	Host: Evan Rook			
Issues Covered:	Film, Culture, Revenue			

Air Week:	Studio Production:		
9/27/20	Jason Dickey		
SEGMENT 1:	INSIDE THE GROCERY INDUSTRY	Time	Duration
Synopsis:	Americans spent 700 billion dollars on groceries in 2018. Across the U.S., there are more than 38,000 supermarkets, each stocking thousands and thousands of distinct products. But what is the human cost of this mass consumerism? Well, the burden largely falls on low-paid workers at each level of food production and distribution - and the pandemic has only exacerbated many of these problems.	1:47	11:49
Host:	Gary Price		
Guests:	Benjamin Lorr, writer, author, <i>The Secret Life of Groceries: The Dark Miracle of the American Supermarket</i> ; Jerry Nash, co-founder, Prairie Food Co-op.		
Issues Covered:	Business, Food Production, Pandemic, Transportation, Labor Issues		
Links:	https://www.nytimes.com/2020/09/08/books/review/the-secret-life-of-groceries-benjamin-lorr.html https://www.onegreenplanet.org/lifestyle/reasons-to-buy-local/ http://www.prairiefood.coop/ http://www.prairiefood.coop/jerry_nash https://twitter.com/BenjaminLorr?ref_src=twsrc%5Egoogle&twcamp%5Eserp&twgr%5Eauthor https://www.penguinrandomhouse.com/books/253715/the-secret-life-of-groceries-by-benjamin-lorr/		
SEGMENT 2:	YOUNG LEARNERS & THEIR DEVELOPMENT DURING COVID	Time	Duration
Synopsis:	The 2020 school year feels a bit different for the millions of students 'back to school' in whatever form that may be. We speak with two child development experts, Dr. Irene Koolwijk and Lindsay Jones, about some of the available resources and methods that parents can use to keep their young ones on track.	15:38	7:32
Host:	Marty Peterson		
Guests:	Dr. Irene Koolwijk, developmental behavioral pediatrician, UCLA Medical Center; Lindsay Jones, president & CEO, National Center for Learning Disabilities.		
Issues Covered:	Education, Parenting, Child Development, Health, Mental Health, Technology		
Links:	https://www.uclahealth.org/irene-koolwijk https://www.vox.com/2020/8/6/21353154/schools-reopening-covid-19-special-education-disabilities https://www.ncld.org/checklist/ https://www2.ed.gov/about/inits/ed/earlylearning/inclusion/resources-for-families.html https://www.ncld.org/about/team/lindsay-e-jones-esq/		
CULTURE CRASH:	REVISITING OUR FAVORITE FILMS & BOOKS	Time	Duration
Synopsis:	2020 has not been as full of new releases as in previous years due to the pandemic, so we're rewinding back to some of our favorite selections from a few writers and directors.	24:10	2:16
Host:	Host: Evan Rook		
Issues Covered:	Culture, Film, Literature		