

# KROH - Nine One One

## Quarterly Issues and Programs List

01-09-2024

### Issue – Alzheimer’s Disease – Can It Be Prevented or Improved?

Alzheimer's is a devastating disease affecting millions of people, but there is hope for those who are suffering the effects of dementia. John Bradshaw discusses the issue with special guest Dr. Wes Youngberg as they sit down to identify risk factors and discuss simple lifestyle changes that anyone can make to help prevent and even reverse cognitive decline.

#### Program - It Is Written

"Clearing the Fog – A Conversation on Depression Part 1" - 28 minutes - 10-14-2023 @ 12:25pm & 10-15-2023 @ 6:26am

"Clearing the Fog – A Conversation on Depression Part 2" - 28 minutes - 10-21-2023 @ 12:25pm & 10-22-2023 @ 6:26am

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### Issue – Raced-Based Discrimination is Highly Destructive in Any Setting

Racism is a serious problem that challenges societies all around the world. The Bible addresses the issue in an unlikely New Testament story, showing how **God** feels about racism and demonstrating that **love and unity CAN be accomplished** when the Holy Spirit is allowed to **change hearts**. John Bradshaw discusses the issue looking back hundreds of years in many parts of the world. It's NOT just a black vs White encounter!

#### Program - It Is Written

"Jesus and Racism" - 28 minutes - 11-04-2023 @ 12:25pm & 11-05-2023 @ 6:26am

"The Trail of Tears" - 28 minutes - 11-25-2023 @ 12:25pm & 11-26-2023 @ 6:26am

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### Issue – The Dangers of Labeling

“ADD” – “Bi-Polar” – Hyperactive. Being Labeled Can Have Its Own Negative Impact. Labeling affects the way children see themselves. The way parents (or other adults) label a child can have a lasting impact on how that child thinks of him or herself. When a child has been labeled, that label will become a part of his or her identity. Labels often do more damage than good by putting children in boxes.

#### Program – Lifestyle Magazine

Dr. Michael Gerson and Sheila Matthews joined Mike and Gayle Tucker discussing parenting and how labeling one's child can be destructive and how it can sabotage the child for a lifetime.

"The Effect of Child Labeling" - 22 minutes - 10-08-2023 @ 18:00.

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## **Issue – Conflict Resolution – Achieved Easiest Early or Later at Great Cost. Wars Have Had Incredibly Small Beginnings!**

In today's increasingly polarized world any disagreement can so easily be interpreted as a personal attack and our ability to communicate will have all but vanished. Host Roy Ice discusses the issue with guests, Nolan Higdon and Mickey Huff to help us find ways to bring some peace to these negative personal encounters with their book, Let's Agree to Disagree.

### **Program - Lifestyle Magazine**

"Conflict Resolution with Nolan Higdon and Mickey Huff " - 22 minutes - 10-15-2023 @ 18:00.

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## **Issue – Chronic Pain That Affects EVERYTHING Else in Life**

Did you wake up with an ache or a pain this morning? Today's guest has a heart for the healing process. So much so that he's treated other DOCTORS dealing with their own conditions. Specializing in pain relief, he's learned to treat TMJ/TMD (a debilitating condition), which is often mistreated. Host Roy Ice discuss this disorder with special guest Dr. Issac Kashani joined by his previous patient, Elodia Sosa, who shares her story.

### **Program - Lifestyle Magazine**

"The TMJ Whisperer" - 22 minutes - 11-05-2023 @ 18:00.

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## **Issue – Animal Abuse**

According to the Humane Society the shocking number of animal cruelty cases reported every day is just the tip of the iceberg—most cases are never reported. Unlike violent crimes against people, cases of animal abuse are not compiled by state or federal agencies, making it difficult to calculate just how common they are. The animals whose abuse is most often reported are dogs, cats, horses and livestock.

So, who abuses animals? Cruelty and neglect cross all social and economic boundaries and media reports suggest that animal abuse is common in both rural and urban areas. Intentional cruelty to animals is strongly correlated with other crimes, **including violence against people.**

Hoarding behavior often victimizes animals. Sufferers of a hoarding disorder may impose severe neglect on animals by housing far more than they are able to adequately take care of. Serious animal neglect (such as hoarding) **is often an indicator of people in need of social or mental health services.**

Surveys suggest that those who intentionally abuse animals are predominantly men under 30, while those involved in animal hoarding are more likely to be women over 60. Host Roy Ice discusses this important issue with veterinarian Dr. Giselle Concepcion and actresses Susan Olsen and Kate Linder.

### **Program - Lifestyle Magazine**

"Voice for the Voiceless" - 22 minutes - 12-03-2023 @ 18:00.