

WDBJ - DT
Issues and Programming
Fourth Quarter 2022

Issue	Air Date	Program	Segment	Summary	Duration
Children/Education	10/19/2022 3:00:00 PM	WDBJ AT 4PM (7@four)	4P HENRY CO. CAREER ACADEMY	In Henry County, high school students are using the welding skills they've learned to make creative Halloween decorations. Welding students at the Career Academy are turning helium tanks into jack o lanterns. They strip the tanks of their paint, draw a face on them with a sharpie, and use a plasma torch to carve out the shapes. The Jack O lanterns are then sold to people in the community to raise money for the welding program.	00:00:24
Children/Education	10/19/2022 2:00:00 PM	WDBJ 3PM (here@home)	3 THC and Dabbing	Parents across our hometowns will get the chance to hear an important story of a mother who lost her son. Laura Stack says her son died by suicide after becoming psychotic from using High T-HC marijuana. It's called Dabbing, and Laura joins us now to tell us more about her nonprofit to help her son's legacy live on. Briefly tell us who Johnny was before and after marijuana use. 2. How did you come to form John's Ambassadors? 3. What do parents and youth need to know about today's high-potency THC products? How is it different than marijuana from 20 years ago? 4. Explain "gateway drug" and how marijuana fits in this category. 5. Explain THC potency and what the percentages mean. 6. Explain "dabs" and the danger. 7. In your book, you	00:01:33
Children/Education	10/31/2022 10:59:00 AM	WDBJ 12PM (NOON)	7AM KIDS HALLOWEEN SAFETY CARLILION	Today many are celebrating one of the spookiest days of the year! And we have some tips to take your holiday in full of thrills, not tricks. Dr. Kathryn Bass with Carilion Clinic says the safest way to get into a large group at someone's home or at a community center. Also- wear something reflective so drivers can see you. She also says it's important for parents to check their kids' candy before they dig in.	00:00:16
Children/Education	11/10/2022 3:00:00 PM	3PM	330 Toy Like Me	A program at Roanoke College modifies toys to reflect the 20 percent of the population with disabilities and medical issues facing children. The founder, and two students are with me today. Welcome Frances, Hope, and Tori. Toy Like Me at Roanoke College is inspired by Toy Like Me (UK) an advocacy group that lobbies major toy makers to make toys that reflect the 20% of the population with disabilities. Our group decided not to wait for the manufacturers, so we modify toys ourselves. -Our next Modification day is Sunday, November 13th, in the Life Science Building at Roanoke College. Student, Staff, Faculty, and	00:02:20
Children/Education	12/8/2022 4:00:00 PM	4PM	4P MISSING TEEN	We have an update to a story we first brought you this morning. Roanoke city police found a missing teen with autism. He was missing for nearly 9 hours before police found him at the library in downtown Roanoke. Roanoke city police, the sheriff's office and Virginia State Highway Patrol all helped in the search. The 14 year old did not have a Project Lifesaver tracking bracelet. Police say he's now going to be enrolled in the program. A captain with the police department says everyone is thankful the teen was found safe.	00:00:29
Children/Education	12/8/2022 10:59:00 PM	WDBJ AT 11PM	10 WITH ROCI SCHOOLS TRANSPORTATION WORKSHOP	Roanoke City Public Schools has been battling bus challenges with delays and cancellations since August. A transportation work group was formed to tackle those problems. WDBJ's Will Thomas tells us, today that group offered the school board more than a dozen ways to improve those bus routes. Will "The future of transportation at Roanoke City Public Schools was discussed this evening. A group found 18 ways they believe it can improve. Some they'd like to see now and others next school year." There is not a perfect solution. But what I do believe that we are bringing to you is an appropriate course of action due to the totality of the circumstances." Staffing has made it challenging for Durham School Services to fulfill its duties to Ro	00:00:20
Children/Education	12/16/2022 3:00:00 PM	3PM	3 Managing Holiday Expectations	The holidays are full of transitions. Kids are home from school, relatives come from out of town, and schedules are not as routine. That can be hard for kids as they manage their excitement with the change. Heather Harper Gunn is the director of community based services at Blue Ridge Behavioral Health and is going to talk with us about helping kids manage their expectations of the holidays season. Heather Harper Gunn, LPC Director Community Based Services Child, Youth, & Family Services Blue Ridge Behavioral Healthcare. 1. Kids and their mental health as they transition from the regular school routine into the Christmas break. 2. How mental health plays a factor in kids and their expectations of gifts as we approach Christ	00:00:50
Children/Education	12/21/2022 4:30:00 AM	WDBJ7 MORNIN (AM)	AM EY Grateful Kids	Shanna had lots of great ideas, including giving older kids and teens set amount of money that they can contribute to an organization. Have them do research and just get into a good habit of sharing and donating to good causes.	00:00:13
Children/Education	12/21/2022 3:00:00 PM	3PM	3 EY Grateful Kids	Shanna had lots of great ideas, including giving older kids and teens set amount of money that they can contribute to an organization. Have them do research and just get into a good habit of sharing and donating to good causes.	00:00:14
Community Development	10/4/2022 3:00:00 PM	4PM	4P LOCAL COLORS FESTIVAL	Welcome back to 7@four! We're here with Lisa Spencer to talk about Local Colors and their 3rd annual Hispanic Heritage Month Celebration. Thank you for coming Lisa! First let's talk about how this event got started? You had to push back this event due to the storm last weekend with the remnants of Hurricane Ian. Why is local Colors putting on this event, and tell us about the significance of Hispanic Heritage Month. What can attendees expect? Why is this important for the Latino community? Will this be an annual event going forward? The celebration is Saturday from noon to 3 at the Wells Fargo plaza in downtown Roanoke. Thank you Lisa!	00:00:41
Community Development	10/15/2022 5:00:00 PM	WDBJ AT 6PM	6P Covington HOF	"I think he really put the ball in motion for other African Americans that wanted to play sports, football, basketball anything the put their hearts to." They also induced a 1980 union, after graduating became the custodian. Gary Twitty has been working at the school ever since. He says the job helped him mature, and loves being around kids.	00:00:12
Community Development	10/24/2022 10:59:00 AM	12PM	7AM OPERATION GREEN LIGHT	Tonight, Montgomery County is going green in honor of veterans. There will be a lighting ceremony held at the Montgomery County Government Center on Roanoke Street in Christiansburg. That building along with other public safety buildings will be light up green - to support military veterans and their families. It's part of Operation Green Light which is a new national initiative ahead of the Veterans Day holiday. The ceremony will be at 6:30 tonight and the buildings will tell us green through November 11th.	00:00:29
Community Development	11/1/2022 10:59:00 AM	12PM	7AM ROCI SHERIFFS COMM ENGAGEMENT TEAM	In Roanoke, You can make a difference in your hometown by volunteering your time with the Roanoke City Sheriff's Office. Our Sophia Borrelli joins us now to tell us more about this brand new opportunity. Good morning, Sophia!	00:00:12
Community Development	11/1/2022 2:00:00 PM	3PM	3 Family Literacy Month ROCI	We've started a New Month, and November is Family Literacy month. Joining me now is Amber Lowery, the Assistant Director of Youth Services with Roanoke City Public Library. Amber thank you for coming in! Why is National Family Literacy Month important to you? What are some resources the libraries offer to the community that can help families who are wanting to teach their kids to be lifelong readers? Tell us a little bit about Star City Reads and how it promotes literacy in the Roanoke Valley. And we can't let you go without talking about the new catalog that's launching soon. We know some city	00:00:47
Community Development	11/4/2022 2:00:00 PM	3PM	3 TAP Youth Mentoring	For 50 years Total Action for Progress, or TAP has worked to help people and families achieve economic and personal independence through education, employment, affordable housing, and safe and healthy environments. And their youth mentoring program helps youth find purpose and the skills they need for success. Joining me now to tell us more are Djuan Hankins and Lateef Trent. Welcome. • Tell us about the mentoring program and why the program exists? • What does the program do? • Who is it for? • November 19 – Coaching Boys Into Men/Athletes As Leaders sessions – Attention youth advocates!	00:01:43
Community Development	11/8/2022 3:00:00 PM	3PM	3 Roanoke Homeless Survey	Affordable housing has been identified as a major problem in many hometowns – especially here in Roanoke. But there may be some funds that could offer some help. Joining me now with me are Keith Holland and Greg Browning from the City of Roanoke. Welcome. Tell us about the anticipated HOME-ARP funds coming to the community (why these funds were awarded, how much, who will be served) Tell us about the decision-making process for determining how these funds will be used. When can the community expect to hear more about how these funds will be used? Public Presentation and Discussion on Homelessness, Housing Instability, and Housing Needs: DATE: 11/15/22 TIME: 6:00p.m.-7:30p.m. VENUE: Belmont Christian Church Fellowship Hall 1101 Jamison Ave	00:00:41
Community Development	11/13/2022 7:00:00 AM	AM	AM FESTIVAL OF TREES	STARTING TODAY, The Festival of Trees celebrates its 27th year at the Southwest Virginia Museum. You can get yourself in the holiday mood by enjoying beautifully decorated trees, mantels, and more. Each tree decorated by volunteers represents families, churches, school, businesses and civic groups around the region. This event will last till the end of the year. If you'd like to learn more about the event, please visit the link on your screen.	00:00:27
Community Development	11/15/2022 4:30:00 AM	AM	11 MARTINSVILLE WARMING SHELTER	As colder temperatures creep into our region, the Martinsville Warming Center is opening its doors. The Center provides a warm overnight stay when temperatures are below freezing. It will be open every day this week. There will also be a warm meal, snacks, coffee, and personal care items for guests.	00:00:17
Community Development	11/17/2022 3:00:00 PM	3PM	3 Building Bridges Over Barriers	They are working to link our youth with community resources. And an upcoming event is aimed to talk directly to young men between the ages of 12 to 18. Here to tell us more are Antinette Beane from the Melrose Library and Jalen Small from Building Bridges over Barriers. Welcome. • What is Building Bridges over Barriers (Jalen Small) • Overview of Cutting Confidence (Mr. Small) • Topic discussions within Cutting Confidence (Mr. Small) • What is Star City Safe and what other programs should people know about (Mrs. Beane) Cutting Confidence / Melrose Branch Library (2502 Melrose Ave Suite D Roanoke, VA 24016) / Monday, November 21st / 6pm	00:00:33
Community Development	11/17/2022 11:59:00 AM	12PM	12P Danville DPD T Giving	Thanksgiving is one week away and the Danville Police Department is gearing up to help those in need. It's hosting its annual Thanksgiving Food Giveaway on Monday from 1 to 3pm. It's being held at I Community Way. The police department is asking participants to bring in their cars and follow directions from staff it will be on a first come, first serve basis so get there early	00:00:20
Community Development	11/30/2022 4:00:00 PM	4PM	4P 81 ROAD WORK	Happening Today. At 7:00 pm, the right lane of southbound interstate 81 in Roanoke County will be closed for overnight paving. The off ramp to exit 137 onto Woodrow Road will be closed as well. The lane and ramp are expected to remain closed until 6:00 am tomorrow morning.	00:00:15
Community Development	12/5/2022 4:59:00 PM	WDBJ7 AT 5PM	5 Vigil for Violence Victims	Jean, though the holidays are a special time for many, they are also a difficult time for residents who have lost loved ones. The "Grace to Remember" vigil tonight is a chance for you to take a moment to honor and remember the people who have lost their lives to violence. Pictures of those who have died will be displayed on a remembrance tree. This community event is open to all and we encourage you to bring photos of loved ones and have the tree and wall have the names and faces of those who have died in our county at 10 and 11.	00:00:30
Community Development	12/6/2022 3:00:00 PM	3PM	3 Goodwill Melrose	Goodwill Industries of the Valley is working to develop necessary services in Northwest Roanoke. When completed, the project will include a grocery store and more. Joining me now to talk all about it is Zenth Barrett - the vice president of Business and Community Engagement. Tell us about this initiative, it started in 2017 - why? You are partnering with several agencies - to develop a new center, what services will be there for residents? • Launched in 2017, the Northwest Roanoke Food Access Initiative was a community collaborative spearheaded by NW residents, Roanoke College, Freedom First Credit Union, Local Environmental/Agricultural Project (LEAP), United Way of Roanoke Valley, The City of Roanoke and a cross sector	00:02:23
Community Development	12/10/2022 6:00:00 PM	6PM	6P SHOP WITH A COP	Multiple law enforcement agencies came together to spread some holiday cheer. Shop with a Cop was hosted this morning in Bedford County. WDBJ's Patsy Montesinos stopped by to see what it was all about. QUOTE: "They're giving them something that I couldn't give them." Raising three grandchildren on her own has been a challenge for Michelle Tillman. But today she received support at the Shop with a Cop event hosted by the Bedford Police Department. "Because of this event this program their Christmas is going to be a little brighter and a little bit more happier." NAT Officers raised a record-breaking 11 thousand dollars, thanks to the Bedford community. They bought clothing and toys for 33 kids, the most they've ever shopped w	00:00:13
Community Development	12/16/2022 4:30:00 AM	AM	10 Go Virginia Funding	Money is coming to Lynchburg for the Airport Commerce Park Regional Development Project. The Project is a collaboration between Lynchburg, Campbell County, and the Lynchburg Regional Airport. The GO Virginia board approved a total of 190-thousand dollars in state funds for the project. The project hopes develop the site for more industrial growth and will be finished in the next year.	00:00:22
Consumer Issues & Economic Development	10/11/2022 10:59:00 AM	12PM	12P Texas Inn 87 Years	While inflation is prices going up on almost about everything – a favorite hometown restaurant is actually lowering prices – for one day only. You can get hotdogs for just 87 cents at the Texas Inn locations in downtown Lynchburg and Harrisonburg. The business is celebrating 87 years of serving the community and The owners simply wanted to show his appreciation. Until 7 tonight, the locations will be serving "inflation busting" hot dogs. The restaurant has been serving tasty treats in the community since 1935.	00:00:29
Consumer Issues & Economic Development	10/14/2022 2:00:00 PM	3PM	3 Saving for retirement	We just heard that most Americans do not have nearly enough money saved up for retirement. So how do you know how much is enough? Brian Bowen is the Founder and President of Integrity Financial Planning and joins us now with more. Welcome. How much you should have? Let's talk about what it costs to get into a retirement community. How do you plan for that stage of life.	00:00:20
Consumer Issues & Economic Development	10/19/2022 10:59:00 AM	12PM	7AM HALLOWEEN MONEY SAVING TIPS	If money is tight for you this Halloween, there are ways to save on costumes and candy. The National Retail Federation says consumers will spend 1.6 billion dollars this year. Experts say participation in Halloween will return to pre-pandemic levels. Surveys show consumers plan to spend \$100 dollars on average for Halloween candy, decor and costumes. Plan to spend around 34 dollars for a costume or 30 on candy. If these prices seem scary, there are ways to keep the fun on a budget.	00:00:11
Consumer Issues & Economic Development	10/25/2022 2:00:00 PM	3PM	3 In Demand Jobs	Here's a question - how happy are you in your job? Later in this hour we'll be talking about quiet quitting, a term used for those workers who do the bare minimum in their jobs. It's estimated that these quiet quitters make up at least 50 percent of the US workforce. So if you're looking for a new job - we have Tim Saunders from Virginia Career Works with us today to tell us about some of the most in-demand jobs in our region. Welcome. 1. Which industry offers the largest number of job opportunities in the WDBJ7 viewing area? (Answer - Healthcare and Social Assistance, which employs 75,568 people in the 26-county WDBJ7 viewing area as of the first quarter of 2022). 2. What is the average wage for someone working in Healthcare and Socia	00:00:58
Consumer Issues & Economic Development	11/18/2022 3:00:00 PM	3PM	3 Looking for Seasonal Work	If you're currently looking for work - there are lots of opportunities right now for seasonal work. Joining me now to tell us why it may be a good option. Is Tim Saunders from Virginia Career Works... Welcome. • What is seasonal work and why are there so many seasonal jobs available right now? ANSWER: Seasonal work is temporary employment that recurs around the same time every year. Businesses that primarily have more customers during specific seasons hire seasonal employees for extra help during their busiest times. Other seasonal jobs relate to weather that influences shopping trends and employment needs. For example, snowplow companies only need drivers in the winter when snow and ice conditions can pose safety risks for motorists. As we get ready to shop for friends and family this holiday season - it's so easy to get carried away and spend more than we intended. Here to tell us the do's and don'ts when it comes to holiday spending is Ryan Applegate. Welcome. • a lot of people are struggling financially this year with inflation and prices at the grocery store - budgets are already tight... what do you recommend? • Do's of budgeting. - We're hearing a lot of reports of people using a new form of lending, the buy now, pay later options this year. good idea?? If someone is looking to make holiday purchases with a credit card to earn rewards, what kind of advice do you have for them? What if someone's holiday budget this year has to be smaller than yea	00:03:04
Consumer Issues & Economic Development	12/1/2022 3:00:00 PM	3PM	3 Budgeting for the Holidays	You've probably noticed prices are doing up this holiday season. One poll says 59 percent of Americans are stressed about buying gifts. And about 30 percent expect to go into debt for gift giving. There are things you can do to help save as you're out shopping. Nancy Alvarez has the tips. THE HOLIDAYS — IT'S ALL ABOUT THE... (Crosstalk) (OJ) AND THIS... "Wintered" (OJ) GETTING THE KIDDOS WHAT THEY WANT WILL COST MORE THIS YEAR. YOU CAN SAVE... INFLATION IS A TRICK SCROGGE! Bah-humbug! (OJ) CORRECTING TO BANIMATE.COM, 40 PERCENT OF HOLIDAY SHOPPERS SAID INFLATION IS CHANGING THE WAY THEY SHOP. HALF OF HOLIDAY SHOPPERS SAID THEY STARTED SHOPPING BEFORE HALLOWEEN. THEY'RE PLANNING TO BUY FEWER ITEMS, LESS EXPENSIVE BRANDS A	00:00:26
Consumer Issues & Economic Development	12/9/2022 11:59:00 AM	12PM	12P Metal Manufacturing	New at Noon— One hundred and thirty jobs are coming to the Town of Appomattox over the next three years. Governor Glenn Youngkin says Virginia MetalFab plans to invest 9 million dollars to expand to the former Thomasons plant, which is almost 250,000 square feet. The company is a full-service metal manufacturing provider. The company will lease the former plant to meet increased demand for its products and services.	00:00:22
Consumer Issues & Economic Development	12/19/2022 10:59:00 PM	11PM	11 BRANDON AVE DEVELOPMENT	"It's been sad best here tonight that we're facing pretty much a housing crisis in this city and somehow we've got to start working somewhere to build that up." City Council's decision comes after the planning commission recommended the development plan in a 6-1 vote.	00:00:07
Consumer Issues & Economic Development	12/20/2022 11:59:00 AM	12PM	7AM TOY SAFETY	With the holiday season – some kids are expecting toys from Santa this year, but the one thing you want to keep in mind if it's age appropriate. We've seen on the side of the toy where there is an age recommendation, and it's important to follow that. A Carilion Children's Safe Kids Coordinator says typically this time of year the most common things they see are ingestion and choking when it comes to toys.	00:00:11
Consumer Issues & Economic Development	12/22/2022 3:00:00 PM	3PM	3 When Toys Go Wrong	Moms and Dads will spend an average of 300 dollars on toys this holiday season. But before you buy, make sure the toys are safe. The Consumer Product Safety Commission says more than 224-thousand toy-related injuries were treated at emergency rooms over the past year. Nancy Alvarez tells us how to make sure the most wonderful time of year is less dangerous. ("I want a fisher, not rider... air rifle") (OJ) ("No, you'll shoot your eye out") (OJ) IT'S HARD TO SAY NO... BUT MANY REASONS WHY YOU SHOULD. (Shooting the gun and falling) (OJ) DANGERS CAN BE FOUND EVERYWHERE. FIRST KNOW THE CLASSIC TOY DANGERS, SUCH AS SMALL PARTS, STRINGS, PROJECTILES, TOXIC SUBSTANCES, RIGID MATERIALS, AND INACCURATE WARNING LABELS. "I usually look	00:00:25
Crime & Law Enforcement	10/19/2022 10:59:00 AM	12PM	12P RABBIT RIDGE GUN SHOP	We begin in Patrick County. Where there is up to a \$5,000 dollar reward for anyone who can offer information about a burglary at the Rabbit Ridge Gun Shop. Police say it happened nearly a month ago. Two unknown suspects forced their way into the Rabbit Ridge Gun Shop and stole multiple guns. If you have any information about this incident, please contact the numbers on your screen.	00:00:21
Crime & Law Enforcement	10/19/2022 10:59:00 AM	12PM	11 OCT 8 BOCO SUSPICIOUS DEATH UPDATE	In Botetourt County the Sheriff's Office has released the name of a woman found shot to death this month, and is sharing more details about her death. The Medical Examiner confirmed the woman found dead in the Glen Wilton Park and Ride lot on October 8 was Elizabeth Hensley. The Sheriff's Office says they later found her car abandoned and burned in a secluded area of Bath County. Her death is being investigated as a homicide. Anyone with information is asked to call the sheriff's office.	00:00:27
Crime & Law Enforcement	10/20/2022 3:59:00 PM	5PM	5 ROCI Operation Ceasfire	Local law enforcement programs to use state money to invest in more prosecutors. Chief Roman told me this will help everyone here at home. Track. According to the AG \$5 million dollars were allocated for Ceasfire in the budget this year. The money will be invested in three different areas. One of those is hiring up to 6 violent crime prosecutors. "With a specific emphasis on conspiracy cases, enterprise cases, Rico cases. It would be great to have a prosecutor who can dedicate most of their time to these very long term intricate but very impactful and powerful investigation." RICO cases are generally used to combat organized crime, with multiple people arrested at once for conspiring together. Chief Roman s	00:00:14

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Crime & Law Enforcement	10/25/2022 10:59:00 AM	12PM	12P Gun at airport	A Georgia man is facing a weapons charge and a federal citation after police say he tried to bring a loaded handgun onto a plane at the Roanoke-Blacksburg Regional Airport. TSA says he had his gun in his carry-on bag. Authorities spotted the gun while he was going through security and prevented it from getting on the plane. It marked the eighth gun detected by TSA at our regional airport this year.	00:00:22
Crime & Law Enforcement	10/30/2022 5:29:00 PM	6PM	6P Danville Mall Shooting	Our Top Story tonight. Today police officers conducted a heart walk at the Danville mall after a shooting happened last night that killed one person. It was all in an effort to give the community information and offer resources. WDBJ's Patzy Montesinos has been at the mall and spoke to employees, shoppers, and Danville police. LL: Police are still looking for the suspect involved in a shooting that left one person dead. It happened Saturday night inside a store in this Danville Mall. Track: Bath and Body works employee Dani Gammon says the incident left her shaken. "I could've been here. That could've been me. You never really know what's gonna happen. I could go to work today, and it could happen again." The suspect 1	00:00:21
Crime & Law Enforcement	11/3/2022 10:59:00 AM	12PM	12P Armed Pulaski	We begin with breaking news-- Pulaski police are telling people in the southside of town to shelter in place as they look for a man considered to be armed and dangerous. Take a look at your screen. This is Jerrod Brown. If you see him please call 9-11.	00:00:14
Crime & Law Enforcement	11/10/2022 11:59:00 AM	12PM	12P Lburg Walk	In Lynchburg, police have responded to three shootings in the last 11 days. Now people are coming together to take action. "One Community One Voice" and the Lynchburg Police connected with people in various neighborhoods yesterday. Lynchburg's Police Chief says solving the violence problem is in everyone's hands. He also added that he doesn't believe the recent shootings are related to gang activity but each time they happen L-P does its best to investigate.	00:00:08
Crime & Law Enforcement	11/14/2022 6:30:00 AM	AM	7AM UVA PARKING SHOOTING	Police are still here on scene near Culbreth Road. Just minutes ago- UVA Police tweeted for people to expect increased law enforcement presence at this time as they do a complete search on and around UVA grounds. The shelter in place is still in place. This is who police are looking for. Christopher Darnell Jones Junior. Police consider him armed and dangerous. They say he was possibly wearing a burgundy jacket, blue jeans and red shoes. Police say he is possible driving a black SUV with Virginia tag: TWX3350. The names of the victims have not been released and the two people injured are receiving medical treatment. Again the shelter in place is in place.	00:00:39
Crime & Law Enforcement	11/14/2022 3:00:00 PM	3PM	3 UVA Nuts and Bolts	A suspect is now in custody, after an overnight shooting left three U-V-A students dead and two more injured. WDBJ's Isabella Ledome is joining us live today from the University of Virginia. Isabella, what's the latest.	00:00:14
Crime & Law Enforcement	11/17/2022 4:30:00 AM	AM	7AM FOREST PARK BLVD SHOOTING	We begin with breaking news out of Roanoke. A man was taken to the hospital with a gun shot wound early this morning. Police say the suspected shooting happened near the 1100 block of Forest Park Boulevard. The call came in around 4:07 a.m. The injuries to the man shot are non-life threatening. The incident is under investigation.	00:00:19
Crime & Law Enforcement	12/13/2022 4:59:00 PM	5PM	5 Lburg OIS	We start with breaking news tonight, an officer involved shooting in Lynchburg. Police tell us that the shooting happened this morning around 9 when they were attempting to serve a warrant to Aaron Hadley Roberts the third. He is wanted for possession of a firearm by a felon, violation of a protective order, and brandishing a firearm. During the attempted arrest he barricaded himself in his home, and police say he then displayed a handgun after two hours of negotiations. An officer then fired at the man but did not hit him. Police took him into custody shortly after. He is being held without bond and state police are investigating.	00:00:35
Crime & Law Enforcement	12/15/2022 3:00:00 PM	3PM	3 Porch Pirates	As we inch closer to Christmas those holiday deliveries are beginning to arrive at our front doors. But that excitement over a package can soon turn sour if a criminal beats you to it. Roanoke County Police say they work to catch those greedy grinches, but the best way to protect your stuff is by planning ahead. It's a quick crime - a criminal sneaks up to your stoop and before you know it... your delivery is gone. "That's one of the reasons it's so prolific. You can get the package, get in your car and leave and you know, it's kind of like a game. Did you get something valuable? Did you get something valuable?" That game can cause heartache for families hoping to put those packages under the tree, since those stolen items are next to impossible.	00:00:19
Crime & Law Enforcement	12/21/2022 11:59:00 AM	12PM	10 1YH Child Porn Arrest	In Lynchburg, a man has been arrested on child pornography charges. 44-year-old Joseph Campbell was arrested on Tuesday following a months-long investigation. Lynchburg Police say the investigation initially started thanks to a tip through a task force that focused on internet crimes against children. Campbell is being held without bond at the Blue Ridge Regional Jail.	00:00:21
Crime & Law Enforcement	12/30/2022 4:30:00 AM	12PM	7AM DONLEY ARREST UPDATE	We have an update this morning-- The suspect in the sexual assault of a child in Martinsville is now in custody after a car chase. Yesterday, Police followed tips that Lucas Donley may have been in Kernersville, North Carolina. Officers from Kernersville P-D found Donley. When they approached his vehicle, Donley sped away. During the high-speed chase, the suspect lost control of his car and crashed in Davis County, North Carolina. He was then taken to a hospital to treat his injuries and arrested. He will be extradited to back to Henry County, Virginia on the six felony charges. Donley will also face charges in North Carolina related to the pursuit.	00:00:40
Environment	11/7/2022 4:59:00 PM	5PM	530 Deer Season Watch Out	Daylight saving time is over and that means in Virginia most people will be commuting home during twilight hours when the deer are out. So make sure to pay attention or you could be paying the price. ACCORDING TO TRIPLE-A AND AUTO BODY SHOPS IN THE AREA, DEER-RELATED CAR CRASHES ARE STARTING EARLY THIS SEASON. SPOKE WITH THEM TO LEARN MORE ABOUT WHAT A COLLISION COULD COST YOU AND THE WAYS TO PREVENT HITTING THEM IN THE FIRST PLACE. Dillard Cosner, Manager at Cosner Brothers Body Shop, "When the weather turns cooler, we're seeing more deer related collisions. They're starting to pick up now that the weather is starting to turn just a little bit. Volume has increased a considerable amount." TRIPLE-A SAYS THIS MONTH ESPECIALLY, DRIVERS SHOULD B	00:00:14
Environment	12/21/2022 4:30:00 PM	AM	AM Recycle The Grease 1221	Lilly Meighan // Education and Outreach Coordinator // runs O-20 // you have those emergency plumber bills, that can add up really quickly if you are calling a plumber last minute, middle of the night or on a holiday, those bills can really add up and then in the city if it happens, we do have crews that will go out and fix that, but that's taking them away from their families, from their holiday celebrations." The kits are available at a number of locations in Lynchburg and Bedford county through December. You can also recycle cooking oil and grease year round by dropping off a sealed container at the Lynchburg Regional Water Resource Recovery Facility.	00:00:15
Environment	12/21/2022 11:59:00 AM	12PM	12P Hurley Youngkin	More relief is on its way to homeowners in Hurley after devastating flooding last summer. Governor Glenn Youngkin says more than two million dollars will be distributed through the Hurley Relief Fund. Payments are available to Virginia residents with real property damages caused by the flooding that happened last August in Hurley. After that flooding, FEMA denied the state's and individual's requests for help. Earlier this year, the General Assembly created the Hurley Flood Relief Fund and gave 11.4 million dollars in aid to those affected by the flooding. To find out more information or to apply for the funding, contact Buchanan County D-5-5 at 276-935-6806.	00:00:38
Government	10/24/2022 3:59:00 PM	5PM	5 Ukraine Dirty Bomb	New tonight, the war in Ukraine could be escalating to devastating new heights. Russia now says that Ukraine is planning to detonate a dirty bomb on its own people. But both America and Ukraine say that the claim is not true, and that it actually Russia planning to use nuclear materials on the Ukrainian people. A dirty bomb is a regular bomb containing nuclear materials, that spreads radiation around the blast zone. It's not as serious as a full blown nuke, but could still ruin a city for years.	00:00:18
Healthcare	10/3/2022 2:00:00 PM	3PM	3 Thyroid Cancer Inview	And joining us now to tell us more about thyroid disease and how it's treated is Tiffanie Beckner - an Oncology Nurse Navigator with Lewis Gale Medical Center. Welcome, what is the navigator in your title? 1. Remind viewers exactly what the thyroid gland does. 2. Are there different types of thyroid cancer and there are three most common types? 3. Are their risk factors for thyroid cancer? 4. Are there any signs and symptoms to look for that may signal the thyroid may be compromised? 5. What is the importance of screening and performing self-checks? 6. If it is caught, what are the treatment options? 7. How can someone get more info or speak with you about their risk?	00:00:37
Healthcare	10/4/2022 2:00:00 PM	3PM	330 BrightView Interview	A recent report from the CDC shows deaths related to drug overdoses may be going down here in Virginia. For those who do become addicted to opiates or other drugs, the recovery process is very difficult because of the extreme withdrawal symptoms. So patients need services and treatments that take on an individual basis - to help with recovery. Joining us now to tell us more are Michael Cherry and Thomas Fratelloni from BrightView. Welcome. What is addiction? What does it mean? How many people in the state of Virginia struggle with addiction? What types of treatment help people recover best from Substance Use Disorder? (Treatment on demand) What is treatment like? What happens when someone walks thro	00:00:54
Healthcare	10/7/2022 2:00:00 PM	3PM	3 Treatment for Food Allergies	Milk, soy, eggs - the list goes on. There are more than 32 million people who have food allergies in this country. One bite of the wrong food could kill them. New therapies were approved just as the pandemic began, so researchers worry not everyone is aware of them. Here's a look now at how it works. ("I'll just take that one.") (01) A POPSCICLE IS SAFE FOR ADELINA ZIEMANN (Zee-man) BUT NOT EVERYTHING IS. "I was throwing up and my, like, skin was really rashy." (03) ADELINA IS ALLERGIC TO PEANUTS AND SHE KNOWS ALL TOO WELL THAT SHE CAN'T ENJOY EVERYTHING HER LITTLE SISTER ZOE (20-ee) CAN. "She and her friend got into a bad what they thought was M&M's but were Reese's pieces." (04) ONE IN 50 KIDS HAVE A PEANUT ALLERGY	00:00:20
Healthcare	10/7/2022 10:59:00 AM	12PM	12P ENVISION CENTER	New at now, Roanoke City has a new community center in a familiar building offering services including a computer lab and garden. The former Melrose Library in the City's northwest neighborhood has been transformed into the EnVision Center. Community partners filled the parking lot to see the official ribbon cutting. The center, developed by the Roanoke Housing and Redevelopment Authority, will be open Monday through Friday to residents and members of the public. Several community partners will co-locate here to be more accessible to the surrounding community.	00:00:32
Healthcare	10/11/2022 2:00:00 PM	3PM	3 Breast Cancer Interview	And joining us now with more on breast cancer diagnosis and treatment options is Dr. Jolene Henshaw from LewisGale Medical Center. Welcome. 1. October is Breast Cancer Awareness Month, how important is it for women to schedule their annual mammograms? 2. How does mammograms reduce risk of death from the disease? 3. What safety protocols have been instituted to help ensure that women can safely continue to get their yearly mammograms? 4. Are you seeing an increase in breast cancer diagnoses? 5. Any other advice you have for women getting scheduling their annual mammograms?	00:00:35
Healthcare	10/17/2022 2:00:00 PM	3PM	3 VDH Flu Season	The CDC has begun monitoring the progress of the flu in our region... and we may be in for a bad season... Right now, the state of Virginia is reporting moderate levels... but that could soon change. Joining us now with more on the flu and what we need to prepare is Christie Willis from the Roanoke City and Alleghany Health District. Welcome... When does flu season actually begin? When should you get a flu shot? Why do some believe this could be a bad flu season? Can you get the flu even if you got the flu shot? What is COVID-19 vaccine still a factor, how can you tell the difference between COVID-19 and the flu symptoms? Can you get the flu vaccine and the updated COVID-19 vaccine at the same time?	00:00:42
Healthcare	10/24/2022 2:00:00 PM	3PM	3 Drug Take Back	That's right Natalie, unused or expired prescriptions in your home can become a public safety issue. Here to tell us why are Adam from RAYSAC and Nancy from the Prevention Council of Roanoke County. Welcome. o Why is it so important to properly dispose of your unused/expired medications? o What happens to the medicine when I give it to them? o Do I need to worry about the label on the bottle of medication? o Where can I find a site close to where I live? o How can we make Take Back an Every Day occurrence? National Prescription Drug Takeback Day- October 29th, 2022 from 10am-2pm. Sites are listed on www.takeback.org Extra Info: Pharmaceutical drugs can be just as dangerous as street drugs when taken without a prescription	00:01:07
Healthcare	10/26/2022 2:00:00 PM	3PM	3 Lead Poisoning	This week is Lead Safety Prevention Week. Christie Willis from the Roanoke City Alleghany Health District is with me now to talk about why lead is so toxic. What is lead and why is lead something parents should be concerned about? Why are children your top concern when it comes to lead poisoning? What should parents do? So if your home was built before 1978, there's a high chance there's lead paint - what can families do? RSV cases are on the rise - what can you tell us about the virus in our hometowns.	00:00:32
Healthcare	10/27/2022 2:00:00 PM	3PM	3 Blood Pressure Program	It's estimated that one in every 12 pregnancies are complicated by preeclampsia - a serious disease related to elevated blood pressure. Huddle Up Moms created the Moms Under Pressure Program. Here to tell us more are Dr. Jaclyn Nunziato, Brittanee Vogen along with Christie Steele Garcia. Welcome. Dr. Nunziato, Tell us about Moms Under Pressure and the aim of this program. What is preeclampsia and what are the signs? Who is affected - how common is this? Your goal is to distribute 50 blood pressure cuffs to those who need it? Why is this so important? What is your personal connection with this?	00:01:02
Healthcare	10/31/2022 2:00:00 PM	3PM	3 Allergies and Halloween	While we debate the best treats, many trick-or-treaters are ready to go hunting for those sweets. And for some families they'll be looking closely at what's coming home in those bags. That's because people with food allergies need to be cautious during the holiday. Dr. Laura DiIorio (Jay-jay) says communication is key. For families who have allergies, let your children know ahead of time what foods they can and cannot eat so there's no disappointment when they take away certain sweets. And for the rest of us, incorporating non-food treats can make Halloween a little more inclusive.	00:00:34
Healthcare	11/2/2022 2:00:00 PM	3PM	3 Aftershock	It is estimated that black women are three times more likely to die from a pregnancy-related cause than white women. Multiple factors contribute to these disparities. The US maternal health crisis is being described as one of the most pressing health issues of our time - and now a new film, called AfterShock - is shedding light on the problem. Here's a sneak peak of the trailer: My daughter's story is loud, colorful and artful. She was awake, alert, aware and active. And yet she still died. Joining me now to talk about this crisis and what's being done locally is Ryan Bell, the Founder of the Black Father Family Initiative. Tell us a little bit about this film. o What role do fathers play in this crisis? o Tell us the role organizations	00:01:06
Healthcare	11/3/2022 3:30:00 AM	AM	AM Helmet and Bicycling Safety 1103	Happening today-- The Virginia Tech community and Virginia Blue Ridge TWENTY24 women's cycling team are joining forces. They're teaming up to promote safety. WDBJ's Janay Reece joins us in studio with more. Good morning, Janay! What are they doing to encourage safer bicycling?	00:00:16
Healthcare	11/3/2022 2:00:00 PM	3PM	3 End of Life Conversations	We're tackling a topic today that is both difficult and uncomfortable - but is very necessary. That's End of Life Conversations. There's an event coming up Monday that will help people learn how to open that door. Joining us now with more information is Portia Tomlinson with the Palliative Care Partnership of the Roanoke Valley. Thank you for coming on the show. We know end of life conversations are tough, and many people don't like to think about it. What is your advice for someone who needs to bring it up? Ideally, when should these conversations take place? The event Monday is at the Grandin Theater and features Donald Davis. He's written 18 books and has recorded more than 25 storytelling albums. Why	00:01:00
Healthcare	11/7/2022 3:00:00 PM	3PM	3 Daylight Saving and Bone Health	We opened an extra hour of sleep this weekend because of the end of Daylight Saving time, but experts say the change could impact your bones. Here @ Home's Kate Capodanno tells us how some simple changes could protect your health. THE SWITCH FROM DAYLIGHT SAVING TIME TO STANDARD TIME DOESN'T JUST MEAN AN EXTRA HOUR OF SLEEP. Dr. Caitlin Nicholson // Sports Medicine at Midwest Orthopaedics at Rush "What you're looking at is a change in the daylight hours and when you might be exposed to sunlight." (05) LESS SUNLIGHT DURING THE WINTER MONTHS IS ASSOCIATED WITH LOW VITAMIN D LEVELS. BONES NEED CALCIUM AND CALCIUM NEEDS VITAMIN D TO KEEP BONES STRONG. NORMALLY SUNSHINE IS BEST WAY TO GET THE NUTRIENT INTO YOUR SYSTEM. Holliston "So, in those sho	00:00:13
Healthcare	11/8/2022 3:00:00 PM	3PM	330 Nelson Co Care Fair	Aging in place can sometimes be a tricky thing to navigate. A lot of times we think about how our loved ones can stay safe in their home for as long as possible. The Nelson County Care Fair this week aims to help answer questions just like that. WDBJ's Leanna Scachetti spoke with Gordon Walker of Here to Stay, a non-profit, volunteer organization serving Nelson County about the fair. "I think it's difficult oftentimes for people to ask for help. But as a result of us having a strong trust community sense about our mission, oftentimes, these are people that are referred by neighbors, and so really that the best way is word of mouth." Gordon Walker is a board member for Here to Stay. He says the organization directs volunteers to help older res	00:00:22
Healthcare	11/11/2022 3:00:00 PM	3PM	3 Veterans Mental Health	Studies have found that many soldiers suffer from some form of mental illness, and rates of many of these disorders are much higher in soldiers than in civilians. Joining me now to tell us some of the most common issues facing Veterans are Dr. Francis Cannizzo and Dr. Delmar Short from the Salem VA Healthcare System. Welcome. Regarding Mental Health for Dr. Short - 1. What are the most common mental health issues among veterans and how does this compare to the general population? 2. What options do you have for treating mental illness and the mental illness of Veterans? 3. What are some of the barriers to diagnosis and treatment of mental illness? Regarding the PACT Act for Dr. Cannizzo 1. The PACT Act was recently signed into law - what	00:00:40
Healthcare	11/16/2022 3:00:00 PM	3PM	3 Lung Cancer Awareness	November is Lung Cancer Awareness month, which is the leading cause of cancer deaths worldwide. Joining us now to tell us more and about the treatments being done here locally is Dr. Nelson Green from Lewis Gale Physicians. Welcome. Dr. Green is the first physician in Virginia to commercially use a new robotic bronchoscope that provides continuous, direct vision throughout lung nodule biopsy procedures, which could enable earlier, more accurate diagnosis, and treatable lung cancer. 1. November is Lung Cancer Awareness Month, what is the importance of 2. Is there a particular reason why lung cancer is the leading cause of cancer deaths worldwide? 3. You mentioned early signs of lung cancer are not always detectable, are there symptoms to	00:01:14
Healthcare	11/21/2022 3:00:00 PM	3PM	3 Pancreatic Cancer	November is Pancreatic Cancer Awareness Month. And our next guest specializes in a minimally-invasive treatment of the disease. Dr. Dominique Dempham from Lewis Gale joins us now with more. welcome. when we hear pancreatic cancer, we think this is a fatal diagnosis, are you seeing much success in treating this disease?? 2. What is the function of the pancreas? 3. What factors can increase your risk of pancreatic cancer? 4. What are the symptoms of pancreatic cancer? 5. What are the available treatment options? 6. You specialize in the pancreatic Whipple Procedure - what is it and what does it do? 7. Anything else you'd like to add?	00:00:38
Healthcare	11/22/2022 3:00:00 PM	3PM	3 Smart Food Swaps	Americans eat about 45-hundred calories during a Thanksgiving gathering. That's about twice the recommended daily intake. But there are some simple ways to make your favorite not-so-healthy holiday foods healthier. Take a look. THANKSGIVING IS ABOUT FAMILY, FRIENDS, AND FOOD - LOTS OF FOOD. ("The sweet potato casseroles.") ("I really like stuffing.") ("I could put gravy on anything.") AND ALL THAT GRAVY CAN ADD UP TO EXTRA POUNDS PRETTY QUICKLY. ("There is no unhealthy foods at Thanksgiving.") HOLISTIC CARDIOLOGIST MONA SHAW SHARES SOME HEALTHY CHOICES - FOR DEVILED EGGS SWITCH OUT THE MAYONNAISE WITH OLIVE OIL OR YOGURT. BETTER YET - "So swap out the mayo with olive oil, mix avocado in there and make a guacamole and put it back in	00:00:16
Healthcare	11/28/2022 3:00:00 PM	3PM	3 AARP Caregiving	If you or someone you know is caring for a senior - whether a parent or family friend - you know, it's one of the most important and challenging roles you'll ever experience. So having the resources you need will make the process easier. Joining us now with more on how to access those resources is Brian Jacks, Associate State Director from AARP. Welcome. 1. Could you give us a sense of what "Family Caregiving" involves? 2. Why has AARP focused on the issue of "Caring for Caregivers" over the years? 3. What resources are available for family caregivers in our area? 4. What other issues is AARP working on currently? AARP is teaming up with the Alzheimer's Association to offer a Community Conversation on Dec. 8th @ 10:30am (Melrose	00:02:27

WDBJ - DT
Issues and Programming
Fourth Quarter 2022

Issue	Air Date	Program	Segment	Summary	Duration
Healthcare	11/29/2022 3:00:00 PM	3PM	3 JRFJ Award	A Salem resident was recently honored with a national award from JRFJ for her tireless work and research for diabetes research. Joining me today is the Erwin Laurie Award... Sally Southard... Welcome and congratulations! Tell us about your journey with Type 1 Diabetes, you were diagnosed at 10? The doctors told you - There will be a cure in your lifetime... do you agree? Type 1 diabetes isn't caused by diet or lifestyle, but rather by an autoimmune development. Tell me about JRFJ? What is the Erwin Laurie Award? What does JRFJ do in the Roanoke Valley? How do viewers get more information about JRFJ? Back ground for Natalie. We want to signal boost the news that Sally Southard is a Roanoke Valley resident and a Roanoke College grad.	00:01:12
Healthcare	12/5/2022 3:00:00 PM	3PM	3 Women and Alzheimer's	This time of year, families will be gathering - some for the first time in months. This also can be a time when you may notice some changes going on in our families... and that's why there is a community conversation focused on Women and Alzheimer's... Here to tell us more is Brooke Gill. Welcome... o Your event invites members of the community to share their ideas about what is needed in the way of resources for those with Alzheimer's and dementia. Who do you want to attend? o The program will also explain what Alzheimer's and dementia are - the warning signs. That seems like that is especially important information during the holiday season when families are getting together and may not have been around each other in a while... and notice	00:00:58
Healthcare	12/8/2022 4:59:00 PM	5PM	5 Affordable Care Act Enrollment	Today's top story... There's one week left to enroll in the affordable care act health insurance for 20-23... WDBJ's Isabella Ledonne shows us what people can expect when applying and what changes to look out for... NAT: TYPING THE DEADLINE FOR HEALTH COVERAGE STARTING ON JANUARY 1ST IS COMING UP ON DECEMBER 15TH. THIS YEAR, ROANOKE VALLEY RESIDENTS CAN CHOOSE FROM MORE COVERAGE PLANS AND INSURANCE CARRIERS... "The consumers now have a much broader choice. So the decisions have been a little bit more difficult because we now have four insurance companies on the marketplace up from two for 2022 and we have 40 plans." 139 NAVIGATORS LIKE LUIS KILLARY (SP) RECOMMEND YOU CHECK YOUR COVERAGE PLAN, EVEN IF YOU'LL BE AUTO ENROLLED FOR 20-23	00:00:12
Healthcare	12/9/2022 3:00:00 PM	3PM	3 Tough Topics at the Holidays	The holidays are a time for getting together with family, and maybe you haven't been able to see them in a while... Januwa Davis is joining me now to talk about the importance of mental health during this time year, and all year round. Januwa Davis, prevention and wellness manager at Horizon Behavioral Health • Why is it important to have conversations about mental health? Why is this especially important around the holidays? o Unlike physical health challenges - like scrapes and cuts or the flu - mental health and substance use challenges often remain unseen. And because we can't always see mental health challenges, it's important that we feel comfortable having conversations about them. ? Conversation starts o With ml We just heard some good advice when it comes to our cars and preparing for winter weather... But what should you have inside your car this time of year? Daniel Murray is the Botetourt County Emergency Manager and has some advice for us... welcome... "Emergency Kits • Emergency kits can be vital during the first 72 hours of an emergency. Even though you can generally stop and get items while you are traveling in your car, it is still a good idea to keep a few items just in case you get stuck out on the road for an extended period of time. (car kit) • It can be important to create a few "travel habits" as well in addition to your kit. Things like: o Filling your tank when its between ¼ and ¾ o Keeping fresh food and water o Keep	00:04:20
Healthcare	12/14/2022 3:00:00 PM	3PM	3 Winter Car Essentials	As you gather with friends and family members this year, you may deal with a senior that may be experiencing dementia... Here to offer advice on building connections with those living with dementia is Karen Ellexson from Richfield Living's Memory Care unit... Welcome... 1. How can we build connections throughout the holidays with people living with dementia? 2. What are some ways that dementia can change the way people communicate? 3. What are some things family members should keep in mind over the holidays if they're spending time with a loved one experiencing dementia? 4. What are some of the strategies you teach healthcare professionals at Richfield Living? 5. Why is more awareness of dementia important for our society?	00:00:43
Healthcare	12/19/2022 3:00:00 PM	3PM	3 Tripledermic Threatens Kids' Health	As families prepare for the holidays, the threat of a so-called tripledermic remains... Three viruses that can make kids seriously sick - R-S-V, the flu, and COVID... Martie Salt has the information parents need... (Baby crying) (01) FROM INFANTS AT DAY CARE, TO PRESCHOOLERS AND GRADE SCHOOL STUDENTS, YOUR KIDS ARE, ONCE AGAIN, IN CLOSE QUARTERS ALL DAY WITH OTHER KIDS... "Remember, also, they've had two plus years where they haven't had that ongoing exposure to this virus and that virus, their immune systems are not on that same level of constant vigilance." (10) ALL THAT TOGETHERNESS MEANS KIDS MAY NEED ADDITIONAL PROTECTION, FOR STARTERS, THE UPDATED COVID BOOSTERS BECAME AVAILABLE FOR KIDS AGES FIVE TO 11 IN MID-OCTOBER... "So this will be like, 'Christie Wilts with the Roanoke Allegheny Health Districts... What tips do you have for those hosting a holiday gathering? Is it safe to gather indoors? Is a potluck-style gathering safe? If someone has been sick, for example with the flu, how long should a person wait before they are safe to gather with others? Do you have any other tips for overall wellness this season?"	00:00:13
Healthcare	12/20/2022 3:00:00 PM	3PM	3 VDH Healthy Holidays	The holidays are here and a lot of people are fighting viruses or other illnesses... Here to help us make sure our gatherings are as safe as possible is Christie Wilts with the Roanoke Allegheny Health Districts... What tips do you have for those hosting a holiday gathering? Is it safe to gather indoors? Is a potluck-style gathering safe? If someone has been sick, for example with the flu, how long should a person wait before they are safe to gather with others? Do you have any other tips for overall wellness this season?"	00:00:31
Healthcare	12/27/2022 3:00:00 PM	3PM	3 Polio Making a Comeback	If it seems like we've been battling one virus after another the past two years, you're right... Federal officials are now stepping up to monitor and potentially limit the spread of polio... It's a disease that spreads from person to person and can cause paralysis in people who are not vaccinated... Martie Salt has more... IF YOU'RE SEVENTY OR OLDER, YOU'LL REMEMBER IMAGES LIKE THESE... A MACHINE CALLED THE IRON LUNG KEPT POLIO PATIENTS BREATHING... "Before the polio vaccine, polio was a very scary disease." (03) BUT NOW, DECADES AFTER JONAS SALK'S POLIO VACCINE WAS APPROVED FOR USE, POLIO IS MAKING HEADLINES AGAIN... THIS SUMMER, HEALTH EXPERTS IDENTIFIED ONE CASE OF PARALYTIC POLIO IN AN UNVACCINATED MAN IN NEW YORK... YALE INFECTIOUS DISEASE	00:00:22
Healthcare	12/28/2022 3:00:00 PM	3PM	3 Making Moms Breakthrough Uterine Transplant	If you've been trying to have a baby but are having difficulty conceiving, you're not alone... One in five women are unable to get pregnant after one year of trying... There are many reasons, with the most common cause of female infertility being failure to ovulate... There are treatment options like IV-F, but what about women who have other treatable conditions? Until now, they were faced with the option of adopting or using a surrogate... But as Martie Salt reports, now there's another way... (She's here... Hello... YAHHHHH) (04) FINALLY! LITTLE INDY PEARL EDWARDS MADE HER APPEARANCE IN THE WORLD. IT TOOK HER PARENTS THREE YEARS TO REACH THIS MOMENT... "It's still surreal to me, I get to wake up with her every morning and be like, Oh my g... Gossip - It's an emotional charge that can help spark a dull day... But, experts say that urge to talk negatively about others could be harmful to your health... Nancy Alvarez has the story... (Whispering and laughing) (01) RESEARCH SHOWS THAT MORE THAN SEVENTY PERCENT OF OUR DAILY CONVERSATIONS REVOLVE AROUND TALKING ABOUT SOMEBODY ELSE... ("You'll never guess what I know.") (01) GOSSIPING CAN TAKE A TOLL ON YOUR HEALTH... WHEN ADRENALINE SPIKES, SO DOES CORTISOL, WHICH IS A STRESS HORMONE, AND BOTH OF THESE INCREASE WHEN WE RETELL PAINFUL STORIES OF BEING HURT OR WRONGED BY SOMEONE... "Your cortisol goes up, which means your fuel consumption goes up. So, what happens, you actually fired up your body. And if you keep it that way, it's like	00:00:31
Local Entertainment & Recreation	10/7/2022 3:00:00 PM	4PM	4P GRANDIN THEATRE'S 90TH ANNIVERSARY	Welcome back to 780'Four, There's a GRAND celebration happening Saturday, October 22... The Grandin Theatre will be having their 90th Anniversary Gala. Ian Fortier is here to tell us all about it. Welcome Ian! How are you celebrating? Tell us a little bit about the impact the theatre has had on the community and the role it plays in our area. What can people expect? How can people get tickets? What's the future look like for the theatre? The Grand Theatre 90th Anniversary Gala will be Saturday, October 22 at 6:30pm. For more info you can check out Grandin Theatre dot com.	00:00:36
Local Entertainment & Recreation	10/7/2022 10:59:00 AM	12PM	7AM FORT CHISWELL ZOO TEACHERS DAY	Teachers and school staff, listen up! The Fort Chiswell Animal Park in Wythe County has a deal just for you! This weekend is your annual Teacher Appreciation Event, where area teachers and a guest get free admission to the zoo... A work ID or a pay stub is required to get in for free... This event is open for teachers and school staff in Wythe County has a deal just for teachers and school staff... This weekend is your annual Teacher Appreciation Event, where area teachers and a guest get free admission to the zoo... A work ID or a pay stub is required to get in for free... This event is open for teachers and school staff	00:00:26
Local Entertainment & Recreation	10/7/2022 3:00:00 PM	4PM	7AM FORT CHISWELL ZOO TEACHERS DAY	The Fort Chiswell Animal Park in Wythe County has a deal just for teachers and school staff... This weekend is your annual Teacher Appreciation Event, where area teachers and a guest get free admission to the zoo... A work ID or a pay stub is required to get in for free... This event is open for teachers and school staff	00:00:27
Local Entertainment & Recreation	10/11/2022 5:30:00 AM	4PM	AM TEXAS INN 87 YEARS	We go to Lynchburg now, where a hometown legend is celebrating 87 years in business... That's where you'll meet Sophia Bonelli live with how they're marking the occasion. Good morning, Sophia. Tell us more.	00:00:12
Local Entertainment & Recreation	10/11/2022 3:00:00 PM	4PM	12P PEACE CENTER Kick Off	No tricks here, this one is all treats... people in Danville will soon have the chance to get free Halloween costumes and a whole lot more... The Danville Police Department's PEACE Center Fall Kickoff will be held this Thursday. It's happening from 2:00 p.m. to 5:00 p.m... Organizers say there will be thousands of items to giveaway. Attendees must bring their own bags. The P.E.A.C.E. Center focuses on building positive relationships between the kids and local law enforcement.	00:00:28
Local Entertainment & Recreation	10/27/2022 10:59:00 AM	12PM	12P Danville Market Monster Mash	Ghouls, ghosts and goblins are all descending into Danville for a monster mash... But hopefully they won't cause too much trouble... Danville Parks and Recreation is holding the annual Market Monster Mash on Monday, aka Halloween... Kids can participate in trunk or treating, face painting and more... A heads up to everyone in Danville, starting at 4pm on Monday, parts of downtown will be closed to allow people to walk safely through the area.	00:00:24
Local Entertainment & Recreation	10/27/2022 3:59:00 PM	5PM	12P Danville Market Monster Mash	Ghouls, ghosts and goblins are all descending into Danville for a monster mash... But hopefully they won't cause too much trouble... Danville Parks and Recreation is holding the annual Market Monster Mash on Monday, aka Halloween... Kids can participate in trunk or treating, face painting and more... A heads up to everyone in Danville, starting at 4pm on Monday, parts of downtown will be closed to allow people to walk safely through the area.	00:00:28
Local Entertainment & Recreation	10/28/2022 2:00:00 PM	3PM	3 Halloween Safety	As you finish up your costumes and trick-or-treating plans, the Lynchburg Fire Chief says you need to keep a few things in mind... We're traveling to the Hill City to hear ways you can protect your little monsters during this spooky season... A walk through this Lynchburg neighborhood is going to look a little different come Monday with the goblins and ghouls searching for those Halloween sweets... But this year, you don't want your kids sneaking in the shadows... The Lynchburg Fire Chief says instead you want them to be seen and safe... "We know everybody wants to have a cool costume. And it's hard to have something reflective on your costume. But something reflective is super important. And that way they're easily seen." That means simple things... Like a s	00:00:14
Local Entertainment & Recreation	10/31/2022 10:59:00 AM	12PM	12P Danville Market Monster Mash	And for all you Ghouls, ghosts and goblins who are looking for some fun tonight... Why not go on down to Danville for a monster mash... Danville Parks and Recreation is holding the annual Market Monster Mash today... Kids can participate in trunk or treating, face painting and more... A heads up to everyone in Danville, starting at 4pm on Monday, parts of downtown will be closed to allow people to walk safely through the area.	00:00:23
Local Entertainment & Recreation	10/31/2022 9:59:00 PM	11PM	11 TRICK OR TREATERS TURNOUT	Kate, tonight was full of fun and a bit of fright... Hundreds of kids dressed up in all different costumes were out with their baskets asking for candy... I ran into doctors, cow girls, monsters and my favorite was a trick or treat dressed up as a pile of leaves... Neighbors sat on front porches greeting the little ones... A couple I spoke with recently moved back to the star city and says they love being able to meet their community... Houses in neighborhoods were decorated out for the spooky season... But there was one house in particular kids come to every year and wait in line for a special treat.	00:00:34
Local Entertainment & Recreation	11/30/2022 4:00:00 PM	4PM	12P ROANOKE COUNTY TREE LIGHTING	Looking ahead, Roanoke County is holding their annual tree lighting this Monday, December 5th... The ceremony is taking place at the South County Library... This year's theme is "Christmas Classics"... The tree lighting will take place at 6:30 p.m... Christmas carols will be performed by students from Oak Grove Elementary School's after school program... There will be crafts and activities for children including 3-D printed ornaments and large light snowman luminaries... Santa Claus will arrive in style in a train with the kids... The event will also have roasted marshmallows, refreshments, and Christmas tents from the Cave Spring High School Jazz Band.	00:00:37
Local Entertainment & Recreation	12/6/2022 11:59:00 AM	12PM	11 SANTA HOLIDAY VILLAGE	The YMCA at Virginia Tech is bringing back Santa's Holiday Village! The event returns after a 2 year break... It will be this Saturday from 11am to 3pm... Holiday Elves will help take pictures and then lead children into a special kids only shopping area... They will help kids find fun presents for their family members	00:00:17
Local Entertainment & Recreation	12/9/2022 11:59:00 AM	12PM	12P Bedford Library	We all know Santa is extra busy this time of year... But he's still finding time to visit with kids at the Bedford Library... On Wednesday, December 21st, the library is hosting a visit from the north pole... They'll have snacks, crafts, and a holiday story time... If you can't make it, no worries, the library hosts Rock-A-Bye Reader every Wednesday at 10:30am	00:00:19
Local Entertainment & Recreation	12/13/2022 4:00:00 PM	4PM	4P MMPT PERFORMANCES CANCELLED	Mill Mountain Theatre has cancelled the December 14th, 15th and 16th performances of "Ivring Berlin's Holiday Inn" due to a COVID-19 outbreak among the cast and crew... The decision to cancel the performances was made in consultation with healthcare advisors for the safety of cast, crew, and audience members... You can check for any updates through their box office, social media, and Mill Mountain Theatre's website.	00:00:23
Local Entertainment & Recreation	12/19/2022 6:30:00 PM	AM	AM HENRIETTA LACKS STATUE PREVIEW	Happening tonight... The Roanoke community will learn more about a new statue that will be placed in the Star City... WDBJ7's Sophia Bonelli joins us in-studio to tell us who it honors... Good morning Sophia.	00:00:11
Social Services	10/6/2022 2:00:00 PM	3PM	3 Triad Senior Event	Telemarketing scams are all too common... But seniors and those 60 years of age or older are often frequent targets of these scams... That's where the Roanoke County TRIAD comes in... They work to help reduce those crimes by educating seniors and raising awareness... Here to tell us more about what they do and some events they have coming up are Larry Taber and Stephanie Landis... Welcome... Tell us more about Roanoke County TRIAD? Roanoke County TRIAD formed in April of 2015... TRIAD's goal are to: Reduce the fear of crime and victimization among seniors by increasing awareness of scams and frauds that target them. We want to strengthen relationships between law enforcement and senior communities, and educate seniors on resources that are available	00:01:47
Social Services	11/10/2022 4:30:00 AM	AM	3 AMEY Prevention Council	The Prevention Council is celebrating its 22 years with a fundraiser tonight... It's happening at the Vinton War Memorial on Washington Avenue, starting at 5-30... You'll find a link to tickets on our website... And Neesey, I'm very excited to get to serve as the emcee of tonight's fundraiser... It's a great organization that I have done a lot of stories with over the years.	00:00:21
Social Services	11/12/2022 6:00:00 PM	6PM	6P ROCK ANTI VIOLENCE	Gun violence continues to be a concern for many, and so far this week we've seen three shootings alone... More than 60 community members joined an Anti-Violence Walk here at home this morning... WDBJ7 Patsy Montesinos tells us how they're trying to stop gun violence in the star city... NAT What do we want? PEACE... When do we want it? NOW! Churches, community groups and residents are taking on gun violence in Roanoke... PRAYERS UP GUNS DOWN By walking 2.7 miles in the Northwest community... One of the areas organizers say has been the most affected... "And we just want you to know we're here. Here at Hill Street. Here in the community. We are here and we can do it all together..." The Anti-Violence Walk was organized by Hill Street Baptist Ch.	00:00:28
Social Services	12/8/2022 3:00:00 PM	3PM	3 Elderly Safety Driving Awareness	During the holiday season it's important to remember to be safe while on the roadways... And this week is actually Older Driver Safety Awareness Week... John Saunders is the director of Highway Safety for the DMV and is joining us this week - welcome back! John Saunders, Virginia Department of Motor Vehicles Director of Highway Safety 1 - Driver Safety Awareness Week 2 - Grand Driver Program (In Virginia, driving is based on ability, not age.) 3 - Tips to Assess Driving Ability/ Car Fit Program 4 - Medical Review Process 5 - Mature Driver Law	00:00:19
Weather Concerns	12/22/2022 11:59:00 AM	12PM	12P Road Travel	Delays aren't just happening in the sky... WDBJ's Janey Reece joins us in live in Roanoke with a look at the current conditions... Good afternoon, Janey, what are you seeing?	00:00:22
Weather Concerns	12/22/2022 10:59:00 AM	12PM	11 WITH LEXINGTON ROAD CONDITIONS	Road conditions are likely to become dangerous... WDBJ's Will Thomas was around Lexington today and spoke with experts on things to keep in mind when traveling... Will "The worry throughout most of Thursday was the rain... Now overnight and into Friday, that worry becomes what the temperature drop will do to the roads..." Ken Slack VDOT Staunton "We're expecting to see an extreme drop in temperatures, we're hearing anywhere from a 20 to 30 degree drop over a several hour period, this is going to cause a flash freeze for anything that's not dry..." The VDOT crews will be treating the roads throughout the night, but the hope is that the roads will have enough time to dry before the temperatures drop... Slack "Anything that's wet is going to turn into black ice."	00:00:02
Weather Concerns	12/23/2022 4:00:00 PM	4PM	4P POWER OUTAGE MAP	Many people across our hometowns are dealing with power outages... And just to give you an idea of what we're talking about this is a look at AEP's outage map of our area... Right now a lot of people are in the dark and cold - and timelines vary for when the lights and heat will come back on... And like Brent said it is dangerously cold - so please check on your neighbors, friends and family - and if you've got heat or a generator be generous - you could save a life.	00:00:26
Weather Concerns	12/23/2022 4:59:00 PM	5PM	5 Power Outage Map	And just give you an idea of what we're talking about in terms of power outages this is a look at AEP's outage map of our area... Right now thousands of people are in the dark and cold - and timelines vary for when the lights and heat will come back on... And like Brent said it is dangerously cold - so please check on your neighbors, friends and family - and if you've got heat or a generator be generous - you could save a life.	00:00:23
Weather Concerns	12/23/2022 10:59:00 PM	11PM	11P WITH POWER OUTAGES	Power outages have impacted more than 50,000 Appalachian Power customers today... With the high winds continuing into the weekend, it's not clear when power might be back... WDBJ7's Will Thomas reports... NAT of wind. Chuck Moody RoCo resident "We have out of town guests from South Carolina, North Carolina, we got people coming in tonight from the East Coast, so all the grandkids are here for once, so this is a miserable time to be here for that..." Since Friday morning, thousands of Roanoke County residents have been without power... Something, that's never easy to navigate, but even harder on a holiday weekend... Moody "We have two firefighters, one upstairs, one downstairs, I've got those going so fast it's not a problem... Our problem is what we're got."	00:00:13
Weather Concerns	12/26/2022 3:00:00 PM	3PM	3 Importance of Travel Insurance	The winter weather last week is still creating travel headaches for people across our hometowns and the country... Chuck Lionberger is an Independent Vacation planner, he's joining us to talk about the importance of trip protection... Chuck Lionberger, Independent Vacation Planner affiliated with MEI-Travel and MousefanTravel • Trip protection (more than just insurance) - cancellations - travel delays - baggage delays - medical emergencies (evacuation flights)	00:00:26
Weather Concerns	12/27/2022 10:59:00 PM	11PM	11 PMO PIPE PROBLEMS	We have continuing coverage tonight... after this weekend's freezing conditions, rising temperatures have pipes bursting and causing trouble for many of you... Good evening, I'm Logan Sherrill, thank you for joining us... The Western Virginia Water Authority and plumbing companies are seeing a spike in calls... "Just this past weekend, we've had about 25 breaks, seven additional ones today... And a normal December is about 50 breaks for the entire month..." BUTTED "We're typically only getting 100 plus calls over a weekend... We were getting 800 plus calls..." Crews have shared that it's going to take time to service every body... But the water damage to homes is evident... WDBJ7's Patsy Montesinos spoke to a man whose property had 2 inches of water after a frozen pipe.	00:00:37
Weather Concerns	12/28/2022 4:59:00 PM	5PM	5 Horse Stuck in Pond	We start tonight in Bedford County... Emergency crews have now rescued two different horses from frozen ponds in Bedford County in two days... We told you how crews responded on Monday night to a horse being stuck in a pond... Just last night, the crews pulled out a horse from a different frozen pond off Leesville Road... Unfortunately, that horse died from the cold water... Both of the incidents happened in the Hudleston district area... Crews are reminding people to make sure animals have drinking water nearby and check on them often during the cold weather.	00:00:08

