

WIZN RADIO STATION

QUARTERLY ISSUES/PROGRAM LIST

OCTOBER 1, 2023 THROUGH DECEMBER 31, 2023

AGING

EDUCATION

FUNDRAISING/VOLUNTEERING

HEALTH

HOUSING

The following pages list the programs aired on WIZN during the fourth quarter of 2023. The 15-minute programs, *In Touch*, *Health Source*, and *Cross Talk*, address a variety of issues of concern in our listening area. They ran on Sundays for a half hour from 6:30am-to-7am.

GINNY McGEHEE
WIZN RADIO
HALL COMMUNICATIONS
DECEMBER 31, 2023

AGING

PROGRAM: In Touch

DATE: 10/15/23

GUEST: Marianne Apfelbaum, organizer of Vermont 50-Plus Expo

DESCRIPTION: a discussion about the full return of this annual free event starting 30 years ago focused on Vermonters 50 years of age and older to include services, education, entertainment and more

HOST: Ginny McGehee

EDUCATION

PROGRAM: In Touch

DATE: 10/1/23

GUEST: Mark Redmond, executive director of Spectrum Youth and Families in Vermont

DESCRIPTION: a discussion about the success of the organization's success in helping at risk teens with drug addiction, education and job training while providing housing and meals

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 11/5/23

GUEST: Elizabeth Boudreau, director of events with the Vermont Handcrafters Association

DESCRIPTION: a discussion about its founding 70 years ago in the Barre area, its statewide growth as a members organization made of Vermonters, who are crafters making a huge variety of items and their upcoming 3 day show in Burlington

HOST: Ginny McGehee

PROGRAM: Cross Talk

DATE: 11/19/23

GUEST: Michael Olin of the American Red Cross, NNE

DESCRIPTION: a discussion about fire safety, fire prevention and how to prevent fires around the holiday season

HOST: Sarah Lemnah, Vermont Director of the American Red Cross

PROGRAM: In Touch

DATE: 12/3/23

GUEST: Dana Baron, president of the Alliance Francais of the Lake Champlain Region

DESCRIPTION: a discussion about the organization based in Paris with programs all over the world promoting French language and culture with classes of all levels for adults

HOST: Ginny McGehee

<i>FUNDRAISING/VOLUNTEERING</i>
--

PROGRAM: In Touch

DATE: 10/8/23

GUEST: Travis Poulin of CVEOE (Champlain Valley Office of Economic Opportunity)

DESCRIPTION: a discussion about the Warmth Program, which raises money to help less fortunate pay for heat during the winter through individuals, businesses and organizations in the area

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 10/22/23

GUEST: Rob Meehan, executive director of Feeding Chittenden

DESCRIPTION: a discussion about the effort to feed those in need with groceries, warm meals and its need for volunteers and donations of food and money. Numbers in need have grown. Culinary job training is also part of the program.

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 11/12/23

GUEST: Travis Poulin of CVOEO

DESCRIPTION: a repeat of the 10/8/23 program

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 11/19/23

GUEST: Rob Meehan, executive director of Feeding Chittenden

DESCRIPTION: a repeat of the 10/22/23 program

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 11/26/23

GUEST: John Welsh, founder of Toys for Kids of Vermont

DESCRIPTION: a discussion about the toy program long before Toys for Tots by Welsh, who was a police officer called to a domestic finding a family with children on Christmas Eve with nothing for the holidays. He got them a tree, gifts and more. He got Marine buddies to help and grew the program in Vermont going statewide and it continues today

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 12/17/23

GUEST: John Welsh, founder of Toys for Kids of Vermont

DESCRIPTION: a repeat of the 11/26/23 program

HOST: Ginny McGehee

HEALTH

PROGRAM: Health Source

DATE: 10/1/23

GUEST: Dr. Joseph Rivera, Emergency Medicine

DESCRIPTION: a discussion about the new pediatric Emergency Room at UVMMC and its much-improved capability to treat kids taken to the hospital

HOST: Alex Tiersey, UVMMC

PROGRAM: Health Source

DATE: 10/8/23

GUESTS: Bridget Shea, Registered Nurse, and Emily Claremont, Registered Dietician at UVMMC

DESCRIPTION: a discussion about the benefit of vitamin D when daylight and sunshine are in short supply

HOST: Alex Tiersey, UVMMC

PROGRAM: Health Source

DATE: 10/15/23

GUEST: Dr. Bruce Trainmer, Neurosurgeon

DESCRIPTION: a discussion about the Sciatic nerve, the largest nerve in the body, how it can cause severe pain and how to relieve that pain

HOST: Michael Carrese, UVMMC

PROGRAM: Health Source

DATE: 10/22/23

GUEST: Dr. Jennifer Dundee

DESCRIPTION: a discussion about PCOS, how it can cause infertility and how to treat it

HOST: Alex Tiersey, UVMMC

PROGRAM: In Touch

DATE: 10/29/23

GUEST: Laurie Emerson, executive director of NAMI (National Alliance for Mental Health) Vermont

DESCRIPTION: a discussion about Vermont's upcoming annual conference, best practices and information on dealing with loved ones who suffer and how covid made all of us more aware of mental health

HOST: Ginny McGehee

PROGRAM: Health Source

DATE: 10/29/23

GUESTS: Emily Claremont, Registered Dietician, and Leah Prior, Chef Educator

DESCRIPTION: a discussion about food pain management and how what you eat impacts chronic pain and food that fight pain

HOST: Geriann Higgins, UVMMC

PROGRAM: Health Source

DATE: 11/5/23

GUEST: Registered Dietician Bridget Shea

DESCRIPTION: a discussion about the Ketogenic Diet and the pros and cons of the Keto diet

HOST: Alex Tiersey, UVMMC

PROGRAM: Health Source

DATE: 11/12/23

GUEST: Dr. Matthew Ailoff

DESCRIPTION: a discussion about various veins, a cosmetic nuisance ro a source of pain and how to treat the symptoms

HOST: Gina Britain, UVMMC

PROGRAM: Health Source

DATE: 11/26/23

GUEST: Dr. Thomas Delaney

DESCRIPTION: a discussion about suicide, the 8th leading cause of death in Vermont, how it has become an epidemic and prevention

HOST: Alex Tiersey, UVMMC

PROGRAM: Health Source

DATE: 12/10/23

GUESTS: Occupational Therapist Nicole Hocko and Physical Therapist Tim Bissonette

DESCRIPTION: a discussion about concussions and what to do if you or a friend suffers a concussion

HOST: Annie Macken, UVMMC

PROGRAM: Health Source

DATE: 12/17/23

GUEST: Registered Dietician Bridget Shea

DESCRIPTION: a discussion about Celiac disease, what it is and how going gluten-free is important to those who suffer with it. It is not just a diet trend

HOST: Alex Tiersey, UVMMC

HOUSING

PROGRAM: In Touch

DATE: 12/10/23

GUESTS: Kirby Dunn, executive director of HomeShare Vermont and the new incoming director, Connor Timmons

DESCRIPTION: a discussion about the unique organization that pairs homeowners with those looking for housing in exchange for help and or some rent providing those in need of some assistance with a housemate and those in need of housing with an affordable option...founded over 30 years ago

HOST: Ginny McGehee