

WIZN RADIO STATION
QUARTERLY ISSUES/PROGRAM LIST
APRIL 1, 2023 THROUGH JUNE 30, 2023

AGING

COMMERCE

EMPLOYMENT/RECRUITMENT

FUND RAISING/VOLUNTERRISM

HEALTH

The following pages list the programs aired on WIZN during the second quarter of 2023. The 15-minute programs, *In Touch*, *Health Source*, and *Aging Matters*, address a variety of issues of concern in our listening area. They ran on Sundays for a half-hour from 6:30am-to-7am.

GINNY McGEHEE
WIZN RADIO
HALL COMMUNICATIONS
JUNE 30, 2023

AGING

PROGRAM: Aging Matters

DATE: 4/2/23

GUEST: Jonah Milliken, new administrator for the Samuel F. Villas Home in Plattsburgh

DESCRIPTION: The home built in 1888 for women now open for 42 senior adults and regulated by the New York State Department of Health

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 4/16/23

GUEST: Attorney Heather Deirdre West, director of Legal Services for the Rural Center of New York

DESCRIPTION: a discussion about her work with seniors for estate planning, wills and trusts

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 4/30/23

GUEST: Marco DeGiralamo, program manager for the Senior Planet in Plattsburgh

DESCRIPTION: a discussion about the program under the umbrella of the Older Adult Technology Services, it is a center in the mall offering tech help classes and computer access

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 5/14/23

GUEST: Patti Colleen, assistant coordinator for the Ombudsman at the North Country Center for Independence

DESCRIPTION: a discussion about her work to advocate for residents in long term care facilities

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 5/28/23

GUEST: Tammy Count, coordinator for home meals delivery for the Senior Citizens Council of Clinton County

DESCRIPTION: a discussion about its humble start starting with West Chazy and now covering 17 routes covering 600 miles and its use of volunteers and paid drivers to reach its recipients

HOST: Maria Alexander, SCCC

PROGRAM: Aging Matters

DATE: 6/11/23

GUEST: Marianne Bardo, coordinator with the Healthy Neighborhood Program in Clinton County

DESCRIPTION: a discussion about the New York State funded program aimed at improving the health and safety of people in their homes

HOST: Maria Alexander, SCCCC

PROGRAM: In Touch

DATE: 6/18/23

GUEST: Elizabeth Gilman, executive director of Vermont 2-1-1

DESCRIPTION: a discussion about the 24/7 statewide hotline helping Vermonters with contact information to services of all kinds, a program of the United Ways of Vermont

HOST: Ginny McGehee

COMMERCE

PROGRAM: In Touch

DATE: 4/23/23

GUEST: Cecile Branon, Co-Chair of the 56th Maple Festival in St. Albans

DESCRIPTION: a discussion about the celebration of everything maple with a variety of food, antiques, art, talent show, maple recipes and crafts

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 6/25/23

GUEST: Garry Douglass, president and CEO of the North Country Chamber of Commerce

DESCRIPTION: a discussion about the multi-counties in northern New York served by the chamber, its growth, development, challenges and the impact of having the border with Canada fully open

HOST: Ginny McGehee

EMPLOYMENT

PROGRAM: In Touch

DATE: 4/9/23

GUEST: Rachel Townshend, Workforce Development Director for the Associated General Contractors of Vermont

DESCRIPTION: a discussion about a Vermont Career Fair in Essex Junction to recruit men and women into the trades, which offer good pay, training and need to grow its workforce

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 5/21/23

GUEST: Tech Sergeant Paul Popovich of the U.S.A.F., career advisor, production recruiter for the 158th Fighter Wing

DESCRIPTION: a discussion about the need and benefits available with the Vermont Air National Guard, which include training and education in a wide variety of roles

HOST: Ginny McGehee

FUNDRAISING

PROGRAM: In Touch

DATE: 5/7/23

GUEST: Suzanne Johnson, founder and director of Sail Beyond Cancer

DESCRIPTION: a discussion about the organization offering the healing of sailing for people with cancer to take their loved ones on Lake Champlain for a 3-hour cruise for free and the volunteers with sailboats and fundraising that make it happen

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 5/28/23

GUEST: Tammy Carroll, president and founder of Big Beautiful Life

DESCRIPTION: a discussion about her daughter, Addi, who had a challenging and undiagnosed rare disease that challenged her until her death at 12 years old, the joy she spread to everyone in the community and the non-profit and the Run, Walk and Roll event to help others like her

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 6/4/23

GUEST: Christin Werneke, president and chief operating officer for the University of Vermont Home Health Hospice and Community

DESCRIPTION: a discussion about home health hospice enabling patients to get care in their homes, the flexibility of the job, the Respite House for end of life and the Jiggety Jog event to raise money to make it affordable to those needing financial assistance

HOST: Ginny McGehee

HEALTH

PROGRAM: Health Source

DATE: 4/2/23

GUEST: Dr. Doris Strader

DESCRIPTION: a discussion about the deadly terminal disease hepatitis , its uniqueness from one case to the other, treatment, prevention, no sign of symptoms and its effects on the liver

HOST: Michael Carrese, UVMCC

PROGRAM: Health Source

DATE: 4/9/23

GUESTS: Pamela Bidler, director of programs for the Alzheimer's Association of Vermont, and Liz Vogel whose father has the disease

DESCRIPTION: a discussion about the disease affecting 5 million Americans, how every case is different and programs and help for family members caring for a loved one with it

HOST: Annie Macken, UVMCC

PROGRAM: Health Source

DATE: 4/16/23

GUEST: Linda Tilton, , Certified Diabetes Councilor at UVMCC

DESCRIPTION: a discussion about Types 1 and 2 Diabetes, diagnosis and symptoms and how to care for it

HOST: Annie Macken, UVMCC

PROGRAM: Health Source

DATE: 4/23/23

GUESTS: Occupational Therapist Nicole Hacko and Physical Therapist Timothy Bissonnette

DESCRIPTION: a discussion about concussions, their different forms, how to prevent them and the importance of rest and therapy

HOST: Annie Macken, UVMCC

PROGRAM: Health Source

DATE: 4/30/23

GUEST: nurse dietician Bridget Shea

DESCRIPTION: a discussion about Celiac disease, an autoimmune disease putting those affected on Gluten free diets, which have gotten better offering more options to those with it

HOST: Alex Tiersey, UVMMC

PROGRAM: Health Source

DATE: 5/7/23

GUEST: Kate Fitzpatrick, nursing officer at UVMMC

DESCRIPTION: a discussion about Nurses week, the importance of nursing and the future of nursing and new opportunities

HOST: Annie Macken, UVMMC

PROGRAM: Health Source

DATE: 5/14/23

GUEST: Michelle Bell, registered nurse at UVMMC

DESCRIPTION: a discussion about ticks, tick borne diseases including Lyme Disease, symptoms and prevention

HOST: Gina Britton, UVMMC

PROGRAM: Health Source

DATE: 5/21/23

GUESTS: social worker Zapora Perry and Jay (a man with HIV

DESCRIPTION: a discussion about the virus, how it is contracted, living with it, the stigma of having it, National Testing Day in June and that encompasses more than one million Americans

HOST: Alex Tiersey, UVMMC

PROGRAM: Health Source

DATE: 5/28/23

GUEST: Dr. Daniel Weinstein, family physician and medical director of Urgent Care at UVMMC

DESCRIPTION: a discussion about summer safety in our area from heat, the sun, around water and fire and when to go the ER

HOST: Annie Macken, UVMMC

PROGRAM: Health Source

DATE: 6/4/23

GUEST: Bridget Shea, nurse and registered dietician at UVMMC

DESCRIPTION: a discussion about the Ketogenic diet and fad diets, involving food deprivation, whether it works and better diets for weight loss

HOST: Alex Tiersey, UVMMC

PROGRAM: Health Source

DATE: 6/11/23

GUESTS: Philmore Duckworth and Carly Haig, registered nurses at UVMMC

DESCRIPTION: a discussion about elder care, improving care for health system elders and continued improvement with new information

HOST: Chris Blake, CVPY (part of UVMMC)

PROGRAM: Health Source

DATE: 6/18/23

GUEST: Dr. Guillermo Linares

DESCRIPTION: a discussion about strokes, how they affect blood flow to the brain and the importance of recognizing it and getting medical help quickly

HOST: Alex Tiersey, UVMMC

PROGRAM: Health Source

DATE: 6/25/23

GUEST: Dr. Daniel Weinstein

DESCRIPTION: a discussion about summer safety, repeat of 5/28/23 program

HOST: Annie Macken, UVMMC