WIZN RADIO STATION

QUARTERLY ISSUES/PROGRAM LIST

JANUARY 1, 2023 THROUGH MARCH 31, 2023

AGING

EDUCATION/SAFETY

EMPLOYMENT/RECRUITMENT

FUND RAISING/VOLUNTERRISM

HEALTH

The following pages list the programs aired on WIZN during the first quarter of 2023. The 15-minute programs, *In Touch, Health Source and Aging Matters*, address a variety of issues of concern in our listening area. They ran on Sundays for a half hour from 6:30am to 7am.

GINNY McGEHEE WIZN RADIO HALL COMMUNICATIONS MARCH 31, 2023

AGING

PROGRAM: Aging Matters

DATE: 1/8/23

GUESTS: Volunteers Diane, Diane, Jenny & Joel

DESRIPTION a discussion about volunteering and what they enjoy about helping

seniors and others

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 1/22/23

GUEST: Kate Gardner, director of RSVPT, Retired Volunteers and Tax season **DESRIPTION:** a discussion about the help seniors get from the program in helping

prepare taxes

HOST: Maria Alexander, SCCC

PROGRAM: Aging Matters

DATE: 2/5/23

GUEST: Rachel, program director at the Senior Citizens Senior Center in Clinton

County

DESRIPTION: a discussion about their program and the upcoming Cabin Fever

Fundraiser March 21st

HOST: Maria Alexander, SCCC

PROGRAM: Aging Matters

DATE: 2/19/23

GUESTS: Kathy Snow, director of the United Way pf the Adirondacks, and the Business

Development Manager for the organization, Jerry Manor

DESRIPTION: a discussion about free tax preparation available to individuals and

businesses with low income **HOST:** Maria Alexander, SCCC

PROGRAM: Aging Matters

DATE: 3/5/23

GUEST: Nicky Knockland, senior director for Meals on Wheels in Clinton County **DESRIPTION:** a discussion about the importance of this program providing nutritional meals to seniors and personal contact as well as the volunteers who make the home

deliveries

HOST: Maria Alexander, SCCC

PROGRAM: Aging Matters

DATE: 3/19/23

GUEST: Kathy Snow and Jerry Manor of the United Way

DESRIPTION: a repeat of the 2/19/23 program

HOST: Maria Alexander, SCCCC

PROGRAM: In Touch

DATE: 3/26/23

GUEST: Tracey Shamberger, director of business development and communications for

Age Well

DESRIPTION: a discussion about the many services they provide for much of northern Vermont to include Meal on Wheels, tax preparation, helping seniors and their loved ones connect to services and the need for volunteers

HOST: Ginny McGehee

ECONOMY

PROGRAM: In Touch

DATE: 1/15/23

GUEST: Allison Hope, executive director of Vermont Sugar Makers

DESRIPTION: a discussion about the maple industry, its history in Vermont, new

technology and its importance to farmers and small sugar makers

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 3/12/23

GUEST: Allison Hope, executive director of Vermont Maple Sugar Makers

DESRIPTION: a repeat of the 1/15/23 program

HOST: Ginny McGehee

EMPLOYMENT

PROGRAM: In Touch

DATE: 2/12/23

GUEST: Rhoni Basden, executive director for Vermont Works for Women

DESRIPTION: a discussion about the organization, its mission to celebrate women and girls and to get them into the trades and other professions that are traditionally dominated

by men

HOST: Ginny McGehee

HEALTH

PROGRAM: Health Source

DATE: 1/8/23

GUEST: Dr. Steven Leffler

DESRIPTION: a discussion about how Vermont is working to address the opioid crisis

HOST: Annie Macken, UVMMC

PROGRAM: Health Source

DATE: 1/15/23

GUEST: Dr. David Lyle

DESRIPTION: a discussion about tendon injuries. How they are treated with medicine,

physical therapy and platelet-rich plasma to speed up the process

HOST: Michael Carrese, UVMMCs

PROGRAM: Health Source

DATE: 1/22/23

GUEST: Dr. Dickerson

DESRIPTION: a discussion about the rise in rates of autism, now one in 45 children,

impacting learning, social interaction and family relations

HOST: Michael Carrese, UVMMC

PROGRAM: Health Source

DATE: 1/29/23

GUEST: Dr. Straighter

DESRIPTION: a discussion about Hep C, that there are no symptoms until it has progressed too far and its diagnosis through blood testing can guide individuals toward

treatment and prevention

HOST: Michael Carrsese. UVMMC

PROGRAM: Health Source

DATE: 2/5/23/23

GUEST: Dr. Gueillermo Laneress

DESRIPTION: a discussion about strokes, the signs and where to get help

HOST: Annie Macken, UVMMC

PROGRAM: Health Source

DATE: 2/12/23

GUEST: Bridget Shea, registered dietician at UVMMC

DESRIPTION: a discussion about the psychology of eating and eating disorders

HOST: Alex Tiersey, UVMMC

PROGRAM: Health Source

DATE: 2/19/23

GUEST: Dr. Jennifer Galway

DESRIPTION: a discussion about primary care explaining General and Geriatric

medicine and how primary care helps patients aged 18 and over

HOST: Neil Gaswme, UVMMC

PROGRAM: Health Source

DATE: 2/26/23

GUEST: Dr. Jesse Moore

DESRIPTION: a discussion about colorectal cancer, its risks and preventative

treatments

HOST: Annie Macken, UVMMC

PROGRAM: Health Source

DATE: 3/5/23

GUEST: Dr. James Wallace

DESRIPTION: a discussion about men over 50 should see a doctor for prostate cancer

screening and how it grows slowly and doesn't show symptoms

HOST: Michael Carrsese, UVMMC

PROGRAM: Health Source

DATE: 3/12/23

GUEST: Bridget Shea, registered dietician at UVMMC

DESRIPTION: a discussion about fasting and whether it is a safe effective way to lose

weight

HOST: Alex Tiersey, UVMMC

PROGRAM: Health Source

DATE: 3/19/23

GUEST: Emily Claremont. Registered dietician at UVMMC

DESRIPTION: a discussion about food management when it comes to pain and how

what you eat can impact that pain or the lack of it

HOST: Geriann Higgins, UVMMC

PROGRAM: Health Source

DATE: 3/26/23

GUEST: Dr. Jeremiah Dickerson

DESRIPTION: a repeat of the 1/22/23 program

HOST: Michael Carrese, UVMMC

SAFETY

PROGRAM: In Touch

DATE: 1/29/23

GUEST: John Montes, the Northern New England Regional Disaster Officer for the

American Red Cross

DESRIPTION: a discussion about Montes' background and training and how it prepared

him for training and response in our region with the Red Cross

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 2/26/23

GUEST: Elizabeth Gilman, executive director for Vermont 2-1-1

DESRIPTION: a discussion about the United Way hotline available 24/7 helping Vermonters connect to services and information throughout the state and its increase in

calls during the thick of Covid

HOST: Ginny McGehee