

WAXB FIRST QUARTER 2020

ISSUES AND PROGRAMS LIST

Each program is 30 minutes

Each program aired on the date indicated from

0600-0630

2020-Q1 (January – March) Viewpoints Radio Quarterly Report – Compliancy Issues & Programs List

Acting	Failure
Activism	Family
Addiction	Fiilm & film history
Adventure	Finance
Agingi	Gender
Alzheimer's & dementia	Global Issues
Animal species	Goals
Army	Government
Art	Health & healthcare
Artificial Intelligence	Higher Education
Awards	History
Baking	Hobbies
Basketball	Home Organization
Biodiversity	Homelessness
Black History	Horror
Budget	Human Development
Business & industry	Immigration
Career	Inequality
Cinema	Insurance
Coloring	Intelligence
Comedy	Internet
Communication	Journaling
Community relations	Law & legal problems
Computer science	Literature
Consumerism	Math Media
Cooking	Medicine
Corporations	Motherhood
Creativity	Music
Culture	Navy
Death	Personal Growth
Design	Pharmacology
Disease	Police
Diverity	Race
Drug Use	Relationships
Economy	Social Media
Education	Sports
Endangered Species	Startups
Engineering	Women's Rights
Entrepreneurship	World War II
Environment	Writing
Espionage	
Exercise	
Exploration	
Extinction	

Program 20-01 Writers/Producers: Amirah Zaveri, Annie Krall & Evan Rook

Air Week: 1/5/20
Studio Production: Jason Dickey

SEGMENT 1: A BRIEF HISTORY OF SKIN MARKING
Time **Duration**

Synopsis: Humans have always practiced various forms of self-expression, whether that's through written word, music, art or some other outlet. The art of tattooing is one such form that dates back to thousands of years ago. We speak with a history expert, Craig Koslofsky about some of the earliest tattoo designs and how they were achieved as well as other skin alteration methods including scarification and branding. 1:47 10:20

Host: Gary Price

Guests: Craig Koslofsky, history professor, University of Illinois at Urbana-Champaign, author, Evening's Empire: A History of the Night in Early Modern Europe.

Compliance issues covered: History, Culture, Art, Design, Literature, Religion, Disease, Health

Links for more information: <https://www.amazon.com/Evenings-Empire-History-Studies-European/dp/0521721067>

<https://earlymoderndailylife.wordpress.com/>
<https://history.illinois.edu/directory/profile/koslof>

SEGMENT 2: THE PITALLS OF SOCIAL MEDIA AS AN ATHLETE
Time **Duration**

Synopsis: Being a college or professional athlete is hard enough. Throw on top of that the constant commentary online and it can sometimes be hard to look away from what people are saying. Two football players offer up their thoughts on the pros and cons of social media and how to stay focused and positive. 14:10 8:17

Host: Marty Peterson

Guests: Joshua Perry, former linebacker, Indianapolis Colts, San Diego Chargers, The Ohio State University. Johnny Davidson, senior quarterback, Washington University at St. Louis

Compliance issues covered: Sports, Social Media, Mental Health, Technology, Education, Career

Links for more information: https://www.washubears.com/sports/fball/2018-19/bios/davidson_johnny_10a4

<http://www.nfl.com/player/joshuaperry/2555326/profile>
https://twitter.com/RIP_IJP?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor
https://en.wikipedia.org/wiki/Joshua_Perry

CULTURE CRASH THE 2020 BLOCKBUSTER LINEUP
Time **Duration**

Synopsis: A new year means a new lineup of highly anticipated movie releases. We cover some of the biggest films for 2020 from the new Top Gun sequel featuring Tom Cruise to Christopher Nolan's new action movie, Tenet. 23:27 3:00

Host & Producer: Evan Rook

Compliance issues covered: Film, Cinema, Culture,

Program 20-02 Writers/Producers: Amirah Zaveri, Pat Reuter & Evan Rook

Air Week: 1/12/20
Studio Production: Jason Dickey

SEGMENT 1: SPREADING WORD OF THE 2020 U.S. CENSUS

Time **Duration**

Synopsis: The 2020 census is just around the corner. We speak with an employee from the U.S. Census Bureau about the importance of taking part in the nationwide survey and how the government is reaching students and their families through new in-school programs.

1:48 6:44

Host: Gary Price

Guests: Victoria Glasier, Chief of the Statistics in Schools Program, U.S. 2020 Census Bureau.

Compliance issues covered: History, Culture, Government, Finance, Economy, Diversity, Education, Budget

Links for more information: <https://2020census.gov/en/jobs.html>

<https://www.census.gov/schools/>

<https://www.census.gov/>

SEGMENT 2: ADDICTION: WHY IT HAPPENS AND HOW TO HELP ADDICTS BACK FROM THE EDGE

Time **Duration**

Synopsis: Millions of Americans are addicted to alcohol and drugs, and many of them eventually end up unemployed, broken, separated from their families and homeless. We talk to an author who's battled alcohol and drug addiction for many years and finally found help through treatment. We also speak with a psychologist about the causes of addiction and why some people are more likely to become addicts than others.

10:35 11:32

Host: Marty Peterson

Guests: Ryan LaLumiere, psychologist, professor in the Psychology Dept., University of Iowa, and a specialist on addiction; Bob Allison, recovering addict, author of Saved by the Prince of Peace: Dungeon to Sky.

Compliance issues covered: Addiction, Health, Relationships, Education, Government, Homelessness

Links for more information: <https://psychology.uiowa.edu/> <https://www.samhsa.gov/>

https://www.amazon.com/Saved-The-Prince-Peace-Dungeon/dp/0615950175/ref=sr_1_1?ie=UTF8&qid=undefined&sr=8-1&keywords=Saved+by+the+prince+of+peace

CULTURE CRASH THE WWI EPIC, "1917"

Time **Duration**

Synopsis: We explore the new release, 1917 now playing in theaters. The new film, which is filmed by acclaimed cinematographer, Roger Deakins, has an action-packed storyline that does not disappoint.

23:07 3:20

Host & Producer: Evan Rook

Compliance issues covered: Film, War, Culture, History

Program 20-03	Writers/Producers: Amirah Zaveri & Evan Rook
Air Week: 1/19/20	Studio Production: Jason Dickey

SEGMENT 1: ARTIC EXPLORATION: THE DEMISE OF THE 1881 GREELY EXPEDITION	Time	Duration
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Synopsis: In 1881, Lt. Adolphus Greely and 24 men set out on a voyage to explore the northernmost Polar Arctic where few had ventured before. The goal was to collect vast amounts of scientific data of the unknown region and hopefully reach the North Pole. But the expedition soon went awry when no resupply made it to the camp for two years and the men were left to fend for themselves. Starvation, frostbite and even tales of cannibalism soon followed in this historic tale of exploration and survival.

1:47 12:01

Host: Gary Price

Guests: Buddy Levy, author, Labyrinth of Ice: The Triumphant and Tragic Greely Polar Expedition

Compliance issues covered: History, Exploration, Adventure, Army, Navy, Health, Science, Polar Arctic

Links for more information: <https://www.pbs.org/wgbh/americanexperience/films/greely/>
https://www.amazon.com/Labyrinth-Ice-Triumphant-Tragic-Expedition/dp/1250182190/ref=sr_1_1?crid=16RL48KEMVNWQ&keywords=labyrinth+of+ice&qid=1578677548&srefix=laby%2Caps%2C152&sr=8-1
<http://buddylevy.com/index.html>

SEGMENT 2: WHY ARE YOUNG PEOPLE STRUGGLING MORE THAN PREVIOUS GENERATIONS?	Time	Duration
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Synopsis: Roughly 15 percent of 25 to 35-year-olds are back living with their parents, according to a 2016 study by Pew Research Center – and this number is only on the rise. Higher rent, cost of living and student debt are all contributing factors, however, there are some young adults stuck in an unmotivated, directionless state labeled as “failure to launch” We break down the term and what parents can do to nudge their young adults along.

15:50 7:31

Host: Marty Peterson

Guests: Doctor Mark McConville, author, Failure to Launch: Why Your Twentysomething Hasn't Grown Up...and What to Do About It

Compliance issues covered: Parenting, Higher Education, Personal Growth, Career, Mental Health, Psychology, Relationships, Stress, Finance, Social Media

Links for more information: <https://www.penguinrandomhouse.com/books/607785/failure-to-launch-by-mark-mcconville-phd/>
<https://www.amazon.com/Failure-Launch-Twentysomething-Hasnt-Grown/dp/0525542183>
<https://www.nytimes.com/2019/09/03/opinion/college-graduates.html>
<https://www.nytimes.com/2017/10/11/magazine/why-are-more-american-teenagers-thar-ever-suffering-from-severe-anxiety.html>

CULTURE CRASH: DAVE EGGERS: A LEADER IN LITERARY WRITING	Time	Duration
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Synopsis: Author Dave Eggers has been a cult hero since his 2000 memoir A Heartbreaking Work of Staggering Genius took readers on a wild and enthralling ride. Now, almost two decades later he's still producing novels that push the boundaries of dialogue and prose.

24:15 2:12

Host & Producer: Evan Rook

Compliance issues covered: Literature, Writing, Culture

Program 20-04 Writers/Producers: Amirah Zaveri & Evan Rook

Air Week: 1/26/20
Studio Production: Jason Dickey

SEGMENT 1: FINDING JOY AGAIN THROUGH SMALL CHANES

	Time	Duration
<p>Synopsis: When life gets tough it can be hard to find gratitude and joy in the little things. We speak with two authors about how to take small steps each day in order to think positive and refocus on what's important</p> <p>Host: Gary Price</p> <p>Guests: Sarah Ban Breathnach, author, Simple Abundance: 365 Days to a Balanced and Joyful Life. Rachel Bertsche, journalist, author, The Kids Are in Bed: Finding Time for Yourself in the Chaos of Parenting.</p> <p>Compliancy issues covered: Literature, Mental Health, Journaling, Parenting, Social Media, Failure</p> <p>Links for more information: https://twitter.com/simpleabundance?lang=en https://www.barnesandnoble.com/w/simple-abundance-sarah-ban-breathnach/1130780118?ean=9781538735022 https://twitter.com/rberch?lang=en https://www.amazon.com/gp/product/1524744018/ref=dbs_a_def_rwt_bibl_vppi_i0 http://www.sarahbanbreathnach.com/</p>	1:48	11:01

SEGMENT 2: A NEW MINDSET ON EXERCISE: TAKING SMALL STEPS TO MAKE A BIG DIFFERENCE

	Time	Duration
<p>Synopsis: Hate the stairmaster? Dread the treadmill? Exercise doesn't have to be an anxiety-inducing, hour-long activity. It can be getting a group of friends together for an axe-throwing session or even going on a ten-minute walk during lunch. Each little bit of movement matters. We uncover how taking on a different mindset to activity can lead to better habits and a happier life.</p> <p>Host: Marty Peterson</p> <p>Guests: Kelly McGonigal, research psychologist, author, Joy of Movement: How Exercise Helps Us Find Happiness, Hope, Connection and Courage; Davonian Mackenzie, personal trainer, Southport Fitness in Lakeview, Chicago.</p> <p>Compliancy issues covered: Exercise, Health, Mental Health, Relationships, Gym, Hobbies, Personal Care</p> <p>Links for more information: https://www.southportfitness.com/ https://www.ted.com/talks/kelly_mcgonigal_how_to_make_stress_your_friend http://kellymcgonigal.com/ https://www.facebook.com/SouthportFitness/</p>	14:51	8:01

CULTURE CRASH: OSCAR SEASON

	Time	Duration
<p>Synopsis: This year's Oscar nominations are out and there are some good contenders in the mix, but a few movies that were looked over. We delve into some of our favorite films from 2019 that didn't make the nomination cut, but are still worth the watch.</p> <p>Host & Producer: Evan Rook</p> <p>Compliancy issues covered: Films, Awards, Acting</p>	23:46	2:41

Program 20-06	Writers/Producers: Amirah Zaveri & Evan Rook	
Air Week: 2/9/20	Studio Production: Jason Dickey	
SEGMENT 1: VOTER ERROR: HOW A TRIP TO THE DMV TURNED INTO YEARS OF LEGAL WOES		
Synopsis: Can it ever be too easy to cast a ballot in an American election? The answer is yes. Filipino immigrant Elizabeth Keathley mistakenly registered to vote while at a DMV in Illinois through a law best known as the Motor Voter Law. This originally well-intentioned program is now trapping hundreds of immigrants into federal charges and possible deportation for an act they didn't fully comprehend to begin with.	Time 1:48	Duration 11:28
Host: Gary Price		
Guests: Richard Hanus, immigration lawyer; Elizabeth Keathley, immigration client		
Compliance issues covered: Immigration, Voting, Law, Legal Problems, Culture, Government, Politics		
Links for more information: https://www.usavisacounsel.com/about-us		
http://waterwell.org/production/courtroom/		
https://caselaw.findlaw.com/us-7th-circuit/1609918.html		
SEGMENT 2: WHAT HAPPENS WHEN MATHETMATICAL CALCULATIONS GO WRONG?		
Synopsis: The field of mathematics is still seen as a boring and overly complex field by many. But Matt Parker, a former math teacher turned popular YouTuber, is working to fix that stubborn mindset. In his new book, he illustrates the powerful and interesting side of math through real-life examples that have failed because someone's calculations were just slightly off.	Time 15:12	Duration 7:32
Host: Marty Peterson		
Guests: Matt Parker, mathematician, YouTuber, author Humble Pi: When Math Goes Wrong in the Real World		
Compliance issues covered: Math, Education, Industry, Career, Science, Engineering, Computer Science		
Links for more information: https://www.penguinrandomhouse.com/books/610964/humble-pi-by-matt-parker/		
https://www.youtube.com/channel/UCoxcjq-8xIDTYp3uz647V5A		
http://standupmaths.com/		
https://www.youtube.com/channel/UCSju5G2aFaWMqn-0YBtq5A		
CULTURE CRASH: REMEMBERING THE LEGEND: KOBE BRYANT		
Synopsis: It can sometimes still feel unreal that NBA superstar Kobe Bryant is gone. The retired Los Angeles Lakers player was more than just an athlete, but a tremendous idol to millions of people across the world. We discuss his legacy and the fragility of life.	Time 23:44	Duration 2:43
Host & Producer: Evan Rook		
Compliance issues covered: Sports, Basketball, Death, Mentor, Culture, History, Career		

Program 20-08		Writers/Producers: Amirah Zaveri & Evan Rook	
Air Week:	Studio Production:		
2/23/20	Jason Dickey		
SEGMENT 1: REDEFINING SUGAR: ENJOYING SWEET TREATS WITHOUT THE GUILT		Time	Duration
Synopsis: From sugary lattes to grocery staples like yogurt and bread, sugar still seems to be lurking everywhere. Even with greater awareness, it can still be hard to avoid the cookies and cake if you're craving something sweet. Viewpoints speaks with baking blogger, Elif Yamangil and cookbook author, Jennifer Tyler Lee about the importance of limiting sugar in your diet and how to do so while still indulging in some healthier sweets.		1:48	12:09
Host: Gary Price			
Guests: Elif Yamangil, engineer at Google, creator of the blog, Plenty Sweet; Jennifer Tyler Lee, author Half the Sugar, All the Love			
Compliance issues covered: Baking, Cooking, Health, Sugar Intake, Disease, Education, Motherhood			
Links for more information:			
http://www.plentysweet.net/ / https://www.instagram.com/plentysweet200/ https://www.52newfoods.com/ https://www.amazon.com/gp/product/1523504234/ref=dbs_a_def_rwt_bibl_vppi_i0 https://www.wellplated.com/			
SEGMENT 2: BORN INTO SLAVERY: FIRSTHAND PERSPECTIVES OF FORMING ENSLAVED MEN AND WOMEN		Time	Duration
Synopsis: Imagine being born into slavery in the South. You have not a dime to your name, received no education and all you know are the surrounding fields of a plantation. What would you do after slavery is abolished? How would you start over? February is Black History Month. As we remember the past and the history of slavery in America, it's important to not only take in the perspectives of historians and educators, but also direct firsthand accounts from the people who lived through this experience. Viewpoints' speaks with historian and photographer, Richard Cahan, co-author of the new book River of Blood: American Slavery From the People Who Lived It.		15:59	6:57
Host: Marty Peterson			
Guests: Richard Cahan, co-author, River of Blood: American Slavery From the People Who Lived It			
Compliance issues covered: Black History Month, Education, History, Literature, Inequality, Race, Poverty			
Links for more information:			
https://www.cityfilespress.com/books/river-of-blood/ https://www.amazon.com/River-Blood-American-Slavery-People/dp/0991541855 https://www.loc.gov/collections/slave-narratives-from-the-federal-writers-project-1936-to-1938/about-this-collection/ https://twitter.com/picturetweeter?lang=en			
CULTURE CRASH: THE JOY OF TV COMEDY SPECIALS		Time	Duration
Synopsis: Sometimes you don't want a critically acclaimed show or Oscar-worthy movie, but rather something funny like a cheesy rom-com or a bit of classic stand-up. We discuss two Bo Burnham comedy specials that are now streaming on Netflix		23:56	2:30
Host & Producer: Evan Rook			
Compliance issues covered: Television, Culture, Comedy, Streaming			

Program 20-09	Writers/Producers: Amirah Zaveri & Evan Rook
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Air Week: 3/1/20
Studio Production: Jason Dickey

SEGMENT 1: BODY-WORN CAMERAS: IS FAST-CHANGIN TECH LEADING TO BETTER POLICING?	Time	Duration
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Synopsis: Today, body-worn cameras are a mainstay in many police departments across the country. While the new technology increases transparency, is it leading to better relationships between the public and police? How are innovations in the field - including the incorporation of artificial intelligence - changing officers' day-to-day duties?

1:48

10:48

Host: Gary Price

Guests: Daniel Lawrence, Senior Research Associate, Urban Institute; Rick Smith, Founder, CEO, Axon Enterprise Inc.

Compliance issues covered: Police, Community Relations, Minorities, Technology, Artificial Intelligence

Links for more information: <https://www.axon.com/products/axon-body-3>

<https://www.urban.org/author/daniel-lawrence>

<https://www.cam.ac.uk/research/news/use-of-body-worn-cameras-sees-complaints-against-police-virtually-vanish-study-finds>

SEGMENT 2: THE ROLE OF COMPANIES IN PROTECTING THE PLANET'S BIODIVERSITY	Time	Duration
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Synopsis: 1,000,000 animal and plant species now face the threat of extinction. As more than 80 percent of all global biodiversity lives on private land, what is the role of corporations when it comes to protecting these endangered species? Viewpoints speaks with Margaret O'Gorman, president of the Wildlife Habitat Council, about the creative and adaptive policies companies can take to make a difference.

14:38

8:04

Host: Marty Peterson

Guests: Margaret O'Gorman, President, Wildlife Habitat Council

Compliance issues covered: Biodiversity, Animal Species, Human Development, Business, Economy, Environment, Extinction, Endangered Species, Corporations, Global Issues

Links for more information: <https://www.wildlifehc.org/>

<https://www.wildlifehc.org/bio/margaret-ogorman/>

https://twitter.com/OGormanWHC?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor

<https://www.gmsustainability.com/manage/operations.html>

CULTURE CRASH: THE ENDLESS TWISTS IN NBC'S THIS IS US	Time	Duration
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Synopsis: The hit drama, This is Us has led its viewers down a puzzling, sometimes draining series of twists and turns throughout the last four seasons – but is the show finally fizzling out?

23:42

2:46

Host & Producer: Evan Rook

Compliance issues covered: Television, Culture

Program 20-10		Writers/Producers: Amirah Zaveri, Polly Hansen & Evan Rook	
Air Week: 3/8/20	Studio Production: Jason Dickey		
SEGMENT 1: GLOSSIER TO WARBY PARKER: STARTUPS THAT ARE REDEFINING THE RETAIL GAME	Time	Duration	
<p>Synopsis: If you take a look at some of the newer brands that are shaking up retail – from Dollar Shave Club to Casper mattresses – all of these ideas are based off traditional products rather than new inventions. How are some of these startups outperforming the big-name, traditional brands that have ruled the consumer market for decades?</p> <p>Host: Gary Price</p> <p>Guests: Lawrence Ingrassia, former business editor, deputy managing editor, The New York Times, author, The Billion Dollar Brand Club</p> <p>Compliance issues covered: Business, Startups, Entrepreneurship, Internet, Social Media, Revenue</p> <p>Links for more information: http://www.larryingrassia.com/ https://www.wsj.com/articles/billion-dollar-brand-club-review-clicking-the-disrupt-button-11580773644 https://www.amazon.com/Billion-Dollar-Brand-Club-Disruptors/dp/1250313066 https://www.mckinsey.com/industries/technology-media-and-telecommunications/our-insights/thinking-inside-the-subscription-box-new-research-on-ecommerce-consumers</p>	1:48	9:24	
SEGMENT 2: MOVE OVER ALBERT: UNCOVERING FEMALE SCIENCE GENIUSES OF THE PAST	Time	Duration	
<p>Synopsis: What exactly classifies a person as a genius? Are there biological differences between male and female geniuses? Viewpoints' explores these questions and highlights a few overlooked female scientists throughout history.</p> <p>Host: Marty Peterson</p> <p>Guests: Janice Kaplan, author, The Genius of Women, From Overlooked to Changing the World; Catherine Whitlock, author, Ten Women Who Changed Science and the World</p> <p>Compliance issues covered: Science, Gender, Research, History, Health, Literature, War, Women's Rights</p> <p>Links for more information: https://www.catherinewhitlock.co.uk/ https://www.amazon.com/Women-Changed-Science-World-Levi-Montalicini/dp/1635766109 https://twitter.com/JaniceKaplan2?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwtgr%5Eauthor https://www.amazon.com/Genius-Women-Overlooked-Changing-World/dp/1524744212 https://www.janicekaplan.com/</p>	13:16	9:24	
CULTURE CRASH: THE BEAUTY OF "BETTER CALL SAUL"	Time	Duration	
<p>Synopsis: Better Call Saul is the show we never knew we needed after the hit show Breaking Bad came to a close. Season 5 of the show is now airing on AMC.</p> <p>Host & Producer: Evan Rook</p> <p>Compliance issues covered: Television, Culture</p>	23:41	2:46	

Program 20-11		Writers/Producers: Amirah Zaveri, Pat Reuter & Evan Rook	
Air Week:	Studio Production:		
3/15/20	Jason Dickey		
SEGMENT 1: GETTING THINGS DONE: HINTS ON HOW TO DO IT BETTER		Time	Duration
Synopsis:	If you take a look at some of the newer brands that are shaking up retail – from Dollar Shave Club to Casper mattresses – all of these ideas are based off traditional products rather than new inventions. How are some of these startups outperforming the big-name, traditional brands that have ruled the consumer market for decades?	1:47	13:00
Host:	Gary Price		
Guests:	David Allen, productivity consultant and author of Getting Things Done: The Art of Stress-Free Productivity; Steve McClatchy, founder of Alleer Training and Consulting, author of Decide: Work Smarter, Reduce Your Stress and Lead by Example		
Compliance issues covered:	Productivity, Career, Goals, Writing, Communication, Literature, Parenting		
Links for more information:	https://www.cnbc.com/2020/02/14/stanford-scientist-on-proven-habits-that-will-make-you-more-productive.html https://www.cnbc.com/2019/09/05/a-simple-guide-to-becoming-more-productivity-that-millions-swear-by.html https://gettingthingsdone.com/ https://alleer.com/		
SEGMENT 2: WHAT YOU DIDN'T KNOW ABOUT AMERICA'S FOUNDING FATHER		Time	Duration
Synopsis:	The white hair, rosy cheeks and stark complexion are what we often picture when we think of our first president. But behind his looks and historic accomplishments, what are some facts that are not as well publicized? Viewpoints' speaks with history buff and author, Alexis Coe to learn more about the man, the myth: George Washington.	16:50	6:13
Host:	Marty Peterson		
Guests:	Alexis Coe, author, You Never Forget Your First: A Biography of George Washington.		
Compliance issues covered:	History, Presidency, Politics, Government, War, Culture, Literature		
Links for more information:	https://www.whitehouse.gov/about-the-white-house/presidents/george-washington/ https://twitter.com/alexiscoe?lang=en https://www.alexiscoe.com/ https://www.amazon.com/gp/product/0735224102/ref=dbs_a_def_rwt_hsch_vapi_taft_p1_j0		
CULTURE CRASH: THE APPEAL OF MYSTERY MOVIES		Time	Duration
Synopsis:	From the classic 1985 film, Clue to the more recent release, Knives Out, the mystery genre can be just the right pick-me-up when you fall into a post-Oscar season movie slump. Viewpoints' discusses some of our favorites from this genre.	24:06	2:21
Host & Producer:	Evan Rook		
Compliance issues covered:	Film, Culture, Film History		

Program 20-12		Writers/Producers: Amirah Zaveri & Evan Rook	
Air Week:	Studio Production:		
3/22/20	Jason Dickey		
SEGMENT 1: THE WONDERS OF REMOVING CLOTHING CLUTTER		Time	Duration
Synopsis:	Ever feel like each morning you look at your closet, and despite the large number of clothes, never really have anything to wear? This abundance of extra fabric not only takes up space but also can be a burden to your headspace. We speak with two experts about how to shop and consume less as well as best organize the items you already have.	1:47	8:48
Host:	Gary Price		
Guests:	Courtney Carver, author, Project 333: The Minimalist Fashion Challenge That Proves Less Really is So Much More; Rachel Rosenthal, founder & CEO, Rachel & Company		
Compliance issues covered:	Consumerism, Waste, Shopping, Mental Health, Finance, Home Organization		
Links for more information:	https://bemorewithless.com/ https://twitter.com/bemorewithless?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor https://www.rachelrosenthal.co/ https://twitter.com/rachelorganizes		
SEGMENT 2: THE RESURGENCE OF HAND EMBROIDERY: CRAFTIVISM THROUGH CROSS-STITCHING		Time	Duration
Synopsis:	In a moment where many are practicing 'social distancing', it can be a good opportunity to put down your phones and pick up a stress-relieving solo hobby. We speak with Shannon Downey, creator of Badass Cross Stitch, about the simplicity and art of cross-stitching as well as how she's used it to channel social issues	12:39	10:29
Host:	Marty Peterson		
Guests:	Shannon Downey, creator of Badass Cross Stitch.		
Compliance issues covered:	Art, Craft, History, Activism, Hobby, Education, Community, Mental Health		
Links for more information:	https://www.instagram.com/badasscrossstitch/?hl=en http://www.badasscrossstitch.com/ https://www.projectfirechicago.org/		
CULTURE CRASH: THE NEW SCI-FI MYSTERY SERIES "DEVS"		Time	Duration
Synopsis:	Devs has only released a handful of episodes on Hulu so far, but the sci-fi thriller has already generated a lot of buzz for its gripping plot and eerie feels. We dive into the limited series featuring leads Nick Offerman and newcomer, Sonoya Mizuno.	24:10	2:17
Host & Producer:	Evan Rook		
Compliance issues covered:	Television, Science Fiction, Streaming		

Program 20-13	Writers/Producers: Amirah Zaveri & Evan Rook	
Air Week: 3/29/20	Studio Production: Jason Dickey	
SEGMENT 1: CANNIBIS: A COMPLICATED HISTORY		
Synopsis:	Human use of cannabis dates back to tens of thousands of years ago. And the drug wasn't just used in medicinal or recreational settings, but also part of religious ceremonies or used by warriors before wartime battle. We speak with pharmacology expert Dr. Richard Miller about the drug's global history and its prohibition in the U.S. over the last 70 years.	Time 1:47
Host:	Gary Price	Duration 10:10
Guests:	Dr. Richard Miller, professor of pharmacology, Northwestern University Feinberg School of Medicine.	
Compliance issues covered:	History, Medicine, Health, Pharmacology, Drug Use, Politics, Propaganda	
Links for more information:	https://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=12007 https://news.northwestern.edu/for-journalists/faculty-experts/expert/richard-miller-phd https://www.history.com/topics/crime/history-of-marijuana	
SEGMENT 2: FALLING THROUGH A CLOUD: LIVING WITH COGNITIVE DECLINE		
Synopsis:	World-renowned flutist and CBS correspondent Eugenia Zukerman was diagnosed with dementia and Alzheimer's three years ago. She details her experience living with the progressive disease and how she keeps a positive mindset despite the losses.	Time 14:01
Host:	Marty Peterson	Duration 8:53
Guests:	Eugenia Zukerman, flutist, writer and journalist, author, Like Falling Through a Cloud: A Lyrical Memoir of Coping with Forgetfulness, Confusion and a Dreaded Diagnosis	
Compliance issues covered:	Alzheimer's, Dementia, Aging, Senior Citizen, Health, Family, Music	
Links for more information:	https://www.eugeniazukerman.com/ https://www.npr.org/2019/11/09/777569730/in-like-falling-through-a-cloud-eugenia-zukerman-explores-her-changing-mind https://www.amazon.com/Like-Falling-Through-Cloud-Lyrical/dp/1732491224	
CULTURE CRASH: PASSING THE TIME DURING THIS PERIOD OF "SOCIAL DISTANCING"		
Synopsis:	We discuss some of the best selections now streaming on Netflix as millions turn to movies right now for evening entertainment.	Time 23:54
Host & Producer:	Evan Rook	Duration 2:39
Compliance issues covered:	Film, Culture, Streaming	